

# Society News

NORTHERN DAWN.

Sharp in the frosted blue of western sky  
The fragile silver shell of waning moon declines  
Against clear silver spill of winter morning stars  
Against gleaming black stiffness of immovable pines.

Now reach the crystal planes of freezing ice.  
Now reaches the bough with rigid iron cold.  
As one runs far and echoing cackles  
And all the east is washed with misty gold.

Frederick Ebricht

### Book Club Meeting

The Contemporary Book Club will meet Thursday afternoon at 3:30 p.m. at the home of Mrs. Ishan Raper, 100 South Burnett street. The announced today.

### Goes To Portsmouth.

Mrs. Rena King has gone to Portsmouth, Virginia, where she will visit her brother-in-law and sister, Mr. and Mrs. T. A. Vaughan and two weeks.

### Visiting Parents.

Mrs. Helen Thompson, daughter of Mr. and Mrs. R. E. Thompson, is visiting her parents during the vacation between semesters of study at the Woman's College, Greensboro.

### Goes to Washington.

Mrs. Christine Owen, daughter of Mr. and Mrs. G. J. Owen, Route 2, Henderson, left this morning for Washington, D. C., where she has accepted a position in the Labor Department.

### Here from Greensboro.

Mrs. Eunice Mitchell, a student at the Woman's College, Greensboro, is visiting her parents, Mr. and Mrs. B. Mitchell, Miss Mitchell has just completed examinations for the first semester.

### WMS Meet Postponed.

WMS of the Baptist church will not meet Friday, as was previously announced. It was stated that it will meet Tuesday evening, February 6, at 7:30 o'clock in the home of Mrs. Baker Shotwell.

### Christian W. M. S. Meeting

Christie No. 2 of the Woman's Missionary Society of the Congregational Christian church will meet Thursday night at 8 o'clock at the home of Mrs. C. D. Henton. It was stated that Mrs. J. Frank Apple will be the leader.

### Visiting from Greensboro.

Mrs. Ovella Ellis, a student at the Woman's College, Greensboro, is visiting her parents, Mr. and Mrs. T. W. Ellis, on Montgomery street. Mrs. Ellis has just completed examinations for the first semester.

### WITH THE SICK

At Home from Hospital  
Mrs. L. W. Huff, Sr., has returned to her home after undergoing treatment at Maria Parham hospital. It was reported that she was improving substantially.

### Ill at Hospital.

W. S. Briggs, route 4, Henderson, undergoing treatment at Maria Parham hospital, it was learned today.

### Books Presented Library In Memory of J. P. Zollicoffer

A number of outstanding books have been presented to the H. Lessie Henry Memorial Library by Mrs. J. P. Zollicoffer. These books are now on the exhibit table in the library and may be seen by library patrons. The titles are: "The Gospel Bible" by Browne; "A Thousand and One Gems of English Prose" by Mackay; "Home Life in the Bible" by March; "Night Songs in the Bible" by March; "Women of Achievement" and "Museum of Antiquity" by Young and Haines.

### Children's Training Pants

Made of cotton with elastic top.  
Sizes 2 to 8  
39c

**PHRADLE**  
Everything for Baby  
Shops

## Marian Martin Pattern



Easy as falling off a log to make in Pattern 9183. Suggesting feminine dress, convenient from closing. Wear it everywhere. Make in plain or printed cotton or rayon.

Pattern 9183 sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42 and 44. Size 16, 3 7/8 yards 35-inch.

Send TWENTY CENTS in coins for these patterns to Daily Dispatch Pattern Dept., 232 West 13th St., New York 11, N. Y. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

JUST OUT! Send Fifteen Cents now for our Marian Martin Spring pattern. Easy-to-make clothes or all FREE Home Pattern printed right in the book. Send Now.

★ ★ ★ ★ ★  
★ WITH THE COLORS ★  
★ ★ ★ ★ ★

Promoted to Sergeant  
Bill Jackson, son of Mr. and Mrs. E. P. Barker, who is stationed in the Pacific, has been promoted to the rank of sergeant, it was learned today.

On Leave Here.  
Pvt. Joseph P. Tillotson, son of Mr. and Mrs. R. W. Tillotson, of Middleboro, is spending a few days at home after finishing training at Camp Joseph T. Robinson, Arkansas. He will report for further duty at Monterey, California.

Wounded in France.  
Word has been received by Mrs. Fannie Newton, of Virginia, Va., that her son, Pvt. George Newton, was slightly wounded in France on January 5. Pvt. Newton has written since the message was received from the War Department and stated that he suffered a leg injury and that he is getting along fine. He entered the army in April, 1944, and has been overseas since last December.

SIDNEY COOPER IN BOMBING OF NAZIS  
15th AAF IN ITALY.—(By Mail) Part of a B-24 Liberator combat crew, Sgt. Sidney P. Cooper, Henderson, North Carolina, has flown 12 combat missions over highly defended German targets.

Sgt. Cooper, 15th Air Force gunner, is a member of a veteran group that has flown over 100 missions against the Germans. Arriving in Italy in the fall, Cooper began flying against targets in the Balkans, recently he has flown more often into Germany, hitting installations in Munster, Vienna, Linz and Blechhammer.

A graduate of Riverside Military Academy, Cooper was employed by the Vance Trucking Company until he entered the Air Forces in May, 1943.

TOM SMITH GIVEN OAK LEAF CLUSTER  
Sgt. Thomas H. Smith, son of Mrs. J. W. Smith, Henderson, has been awarded the Oak Leaf Cluster for wounds received in action in Belgium, it was learned today. Sgt. Smith is serving with the artillery in the 33rd division and has been overseas since April, 1944. The exact nature of the injuries was not learned.

Sgt. Smith was awarded the Purple Heart in July for wounds received in service. He has sent the second award to his mother with instructions to pin it to the Purple Heart Medal.

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COMPARE POTENCY  
COMPARE PRICE  
The Multi-Vitamin capsule for all the family.  
PARKER'S  
100% REXALL DRUG STORE

**WALLACE POSEY FOR SCULPTOR**  
FORMER VICE PRESIDENT of the United States, Henry A. Wallace is shown as he posed for a bust of himself being completed by Jo Davidson, celebrated sculptor, at the latter's New York studio. (International)

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## Is Coffee Harmful?

By LOGAN CLENDENING, M.D.

I HAVE always stated in this column that coffee drinking was not a harmful habit. In fact for many people it is beneficial. It keeps the circulation going at an even rate in the heart and kidneys.

Dr. Clendenning will answer questions of general interest only, and then only through his column.

People subject to "heart attacks" do very well with it, using no other medication. Of course for the same reason that it increases the rate of circulation in the heart and kidneys it increases circulation also in the brain and, for this reason, tends to keep one awake. But that is a minor disadvantage that can be avoided by not taking coffee with the evening meal.

Some Reservations  
Now, perhaps I will have to make certain reservations about the entire harmlessness of coffee. I say perhaps because I am by no means convinced by the evidence, but I will present it in complete fairness.

Three Chicago investigators, Drs. J. A. Roth, A. C. Ivy and A. J. Atkinson, report that coffee and coffee beverages increase the secretion of the stomach and hence predispose to the formation of ulcer. They also suggest that by studying the prolonged stomach secretion response to coffee it is possible to spot those people who are predisposed to have ulcer.

They produce no case histories on human beings which would indicate such a relationship, but in experiments on rats where the inside of the stomach can be observed the use of coffee causes a "blushing reaction" over the lining membrane, and it is believed there is some epithelial denudation and small erosions which might turn into ulcers if they were further irritated.

Cat Experiments  
I must confess I am not much impressed with this evidence. I have lived through a good many periods when people have produced small multiple erosions in the stomachs of animals by one means or another. One was with high cultures of certain germs. One was with infected wounds. For the real difficulty of acceptance was that all these erosions promptly healed up.

I suppose we all have small ulcerations in the stomach from time to time, after making a round of the latest rich club.

Atkinson, who is stationed in the Pacific, has been promoted to the rank of sergeant, it was learned today.

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attending a fraternity banquet. But that isn't the same thing as having an ulcer of the stomach, which is a chronic affair and really dire.

The ulcer patient has had tobacco and all alcoholic beverages taken away from him because they increase his secretion. My experience with real ulcer patients is that they are perfectly content to let the alcoholic drinks alone because they are in a state of discomfort by them that the pain outweighs the pleasure.

Coffee Neutralizes  
But I never once heard one say that coffee made him uncomfortable. And if one puts enough cream in the coffee it will neutralize the excessive secretions, cream being one of the most favored articles of diet for ulcer.

The idea that the secretory response to coffee helps to pick out the ulcer susceptible person is somewhat complicated. It is probably true that the person who develops an ulcer of the stomach or duodenum has a special type of human constitution—atomy and physiology, response to stimuli, etc. But the evidence is not by any means clear or agreed upon by all observers.

I once asked one of these human constitution experts to pick out in a ward of patients, about none of whom he knew anything, which ones had ulcer. He only made a mistake of 20%. So I have no great confidence in this procedure as a practical measure. I do not believe Drs. Roth, Ivy and Atkinson after giving their coffee secretary test to a hundred people would be willing to commit themselves to a prophesy that any certain individuals were destined to be ulcer patients within the next five years.

Occasionally you will find me at the breakfast and luncheon table with a large pot of coffee before me—at least until more evidence accumulates that it is doing me any harm.

QUESTIONS AND ANSWERS  
R. C. S.—Is smoking cigarettes injurious to one's heart with high blood pressure?  
Answer: Tobacco is a direct constrictor of the blood vessels, raises blood pressure and may precipitate attacks of angina pectoris.

J. K.—Is ice water harmful to drink all the time?  
Answer: It has never been proved harmful. The stomach has a great capacity for retaining all the ice water, warming it, hot or cold, before it is used.

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## Mr. Truman Believer In Old Maxims

By HELEN ESSARY  
Central Press Columnist

Washington.—Perhaps one of the things wrong with the world is its lack of interest in copy book maxims. You know the old ones: "Honesty is the best policy" and "Time and tide wait for no man," and so on.

The new vice-president believes in maxims. His favorite maxim, Truman gave to Mrs. Bertha Joseph, secretary to Senator George Radcliffe of Maryland. It hangs in clear type and well framed on the first wall you see as you enter Mrs. Joseph's Capitol door and says: "It's what you believe after you know it all that counts."

Senator Harry Byrd also has had a stout-hearted maxim framed for his friends. His philosophy reads: "If it won't help win the war—forget it."

Gen. George C. Marshall received many Christmas and New Year presents from admirers. One offering was two cases of pinch bottle Scotch!

Yet with such a store of good cheer, the general's holiday dinner had to be eaten with dry bread. Like other people less highly placed in the world, the Marshalls had no ration points for butter.

Gen. Henry H. Arnold, chief of the Army Air Forces, says children. He raises them in his own back yard at Fort Meade, Va. Posters, too.

I understand, however, that the "sisters" have succeeded to the detriment of the Army post and do not "room" until ordered.

This reminds me that Miss L. R. Rugh, who is visiting her brother, Speaker of the House Sam Rayburn, found it hard to worry about ration points when she is home in Texas. On her brother's farm Miss Louise she is affectionately called, raises fowl, beef and pork on the hoof and burns the family butter from a herd of Rayburn cows. Sounds a lovely life to me.

I was alerted this morning by a letter that called these "old" maxims of mine "outdated." The word "subversive" was used. I am not sure I can believe it is "outdated" to call attention to a few public matters at home and abroad that seem to me to hold danger for you and me.

I believe there's no harm in such good in out-of-date thinking at his time provided the out-of-date thinking does not affect the progress of the war.

Surely it is not the moment to outlaw every effort of this or any other administration that holds such "outdated" power over millions of people.

Now, or certainly during the next few months, comes the test of President Roosevelt's leadership, his greatness. His international success during the next few months will spell the record history of his life.

I repeat, it does not speak a fact of admiration for his qualities to "outdate" our old what is going on here and there and why. Instead, I think there is a tremendous amount.

We are, after all, a democracy. We are not only the right but the duty to inquire into the conduct of a so-called war. I am sure that Mr. Roosevelt expects such inquiries. Probably many more than he is receiving.

The need of nurses for overseas duty continues to trouble both the Army and medical people. Some of my friends concerned with the work of the "Visiting Nurses" association tell me that the association is struggling along with 45 nurses. Two years ago 35 nurses were maintained by the association and cared for many capital ships, who otherwise would have had no medical care. Now 20 of this number have volunteered for

CARD OF THANKS.  
We wish to express our appreciation to our many friends for their kindness in the illness and death of Mrs. Bessie Tietz and for the beautiful flowers. It will always be remembered and may God bless each one.

Jim Tietz and family and her mother, Clarence Vowell, U. S. Army Air Forces.

IN MEMORIAM  
In memory of my husband Edgar Dempsey who passed away twelve months ago today, January 30, 1944.

Just one year ago my husband passed away. And we know there is no one else upon this earth can take his place.

It has left such a vacant spot in my lonely home and heart.

For the dear one I loved and depended on death has taken us apart.

Oh, what sorrow it brings to be without him.

But our heavenly Father knows best to sleep on, Edgar, and take thy rest.

Only those that have experienced can sympathize.

For it is beyond others to realize. What a heartache it leaves to know that he will be with me no more. You were such a wonderful husband.

It was hard to see you go. My heart still aches with sorrow. As it did twelve months ago. Why should it be I cannot tell. But God who death all things well. The answer holds in His own hands. Some day I will know and understand.

Write, Mrs. Janice Dempsey.

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FOR EVERY OCCASION  
Phone 380 Day or Night  
BRIDGERS The Florist

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