

Education Meet Is Held At Duke On Future Plans

Durham, Aug. 22.—The North Carolina Education Association Summer conference of the colleges of Eastern North Carolina was held at Duke University on August 20. This was one of three one-day conferences held throughout the state...

The meet, sponsored by the committee on college cooperation, which is under the direction of Dr. B. G. Childs of Duke University, was an all-day affair. The morning session, which was presided over by Holland Holton, director of summer schools at Duke, was devoted to an opening address and a forum on critical problems facing colleges...

Among the points touched in the controversy were: Proposed Federal grants to colleges and universities (public and private), promotion of research, amendments to the G. I. Bill of Rights and the compulsory military training question.

Following a luncheon recess the group discussed the work of the North Carolina Education Association and possibilities of a department of higher education. This phase of the group's activity was led by two eminent authorities in the field of education. They were Dr. Ralph W. McDonald, executive secretary of the National Education Association and Dr. J. Harold Goldthorpe of the American Council on Education.

YANKS NOT TO TAKE NEW ATOMIC BOMB ON JAPAN INVASION

Manila, Aug. 22.—(AP)—The world's deadliest weapon, the atomic bomb has probably made its last appearance in this war. There is no reason for further use of the bomb, say reliable authorities, on the basis of any foreseeable development in concluding peace with Japan.

Plans are going forward to make the occupation a well-coordinated operation involving tens of thousands of Americans. The high command obviously would not risk carrying atomic bombs in a bomber covering landing forces.

Landing forces will be prepared for any eventuality, but if trouble comes it undoubtedly will come only from relatively small bands of hot-headed fanatics.

The atomic bomb was designed to wipe out whole cities, factory areas, and naval bases and patently it is not practical as a weapon against small groups.

Americans have demonstrated that they are as anxious as the Japanese to make this peace stick. Hence, obviously, they would not use a weapon which would wipe out thousands of innocent civilians and probably rekindle a full-scale war.

PLENTY OF SUGAR

Wilson, Aug. 22.—Wilson's rationing board actually advertised today for applicants—for canning sugar. J. B. Gray, head of the sugar rationing, issued a statement to the press to the effect that he hoped all persons who needed more canning sugar would apply for the certificates at once as "we still have some of our 1945 allotment that has not been used up."

Waterfowl Rules For 1945 Season Are Made Public

Raleigh, Aug. 22.—Federal migratory waterfowl regulations for the coming season, as they apply to North Carolina, were announced today by John D. Findlay, North Carolina commissioner of game and inland fisheries. In the list below are the name of the game, open season dates, daily bag limit and possession limit.

Dove (split season): open season, Sept. 16-Oct. 15, Jan. 2-Jan. 31; daily bag limit, 10; possession limit, 10.

Duck: open season, Nov. 2-Jan. 20; daily bag limit, 10; possession limit, 20.

Goose and Brant: open season, Nov. 2-Jan. 20; daily bag limit, 2; possession limit, 4.

Coot: open season, Nov. 2-Jan. 20; daily bag limit, 25 (75% possession limit, 25).

Sora: open season, Sept. 1-Nov. 30; daily bag limit, 25 (75% possession limit, 25).

Rail: Marsh hen: open season, Sept. 1-Nov. 30; daily bag limit, 15; possession limit, 15.

Gairdole: open season, Sept. 1-Nov. 30; daily bag limit, 15; possession limit, 15.

Woodcock: No Open Season. Jacksnipe: No Open Season.

Possession of one woodcock in daily bag limit or in possession limit is lawful.

No open season on Ross's Goose, Swan and Snow Goose.

The bag limit on coot and sora is 25 singly or 25 in the aggregate a day but not over 25 in aggregate in possession at one time.

Restrictions: Illegal to hunt waterfowl or dove on or over baited area.

Illegal to use live decoys or to pull or chase with airplane, power boat, sail boat or other floating device.

Illegal to take migratory game birds from or by aid of automobile, airplane, sinkbox, battery, power boat, sail boat, any boat under sail, any floating craft or device of any kind towed by power boat or sail power, or by use of cattle, horses, or mules.

Illegal to shoot waterfowl prior to one-half hour before sunrise or after sunset.

Illegal to use shotgun larger than 10 gauge, or an automatic or hand-operated repeating shotgun capable of holding more than three shells, the magazine of which has not been cut off, or plugged with 1-piece metal or wooden filler incapable of removal without the aid of a tool.

Migratory birds illegally taken may be held in possession 90 days following the close of the open season in the state where killed.

VERNON M. RENN IS AWARDED AIR MEDAL

Staff Sergeant Vernon M. Renn has recently been awarded the Air Medal in recognition of courageous service to his combat organization, his fellow American airmen, his country, his home, it was learned here today. Renn was cited for meritorious achievement while participating in aerial flights in the Pacific area from December 21, 1944, to February 22, 1945. The citation stated: "These operations, consisting of bombing missions against enemy air bases as well as attacks on naval and cargo vessels, aided considerably in the present successes in this theatre."

The citation was sent by General George C. Kearney from the headquarters in the Far East Air Forces. Renn is the son of Roy H. Renn, Route 1, Henderson.

NEW BERN TO TEST NEW INSECTICIDE

New Bern, Aug. 22.—New Bern is one of four North Carolina cities chosen for a thorough test of the new method of controlling and eradicating all types of harmful insects through the use of DDT, a new type of spray developed by the United States Army and used effectively during World War II.

Public health service representatives will make the test here in about two weeks, at no cost to the city or any of its citizens. Mayor L. C. Lawrence has been informed. They propose to cover the city house by house and block by block. In neighboring communities they will use the spray at homes where disease has been traced by insects.

Wilson, Wilmington, Clinton and New Bern are reported to be the four cities selected for the tests in North Carolina, according to Mayor Lawrence. The material has already been used successfully at Cherry Point, he says.

The new insecticide comes in powder form. It is mixed with kerosene and used as a spray. It is said to eliminate almost completely all flies, mosquitoes, gnats, cockroaches, body lice, fleas and all other pests of the kind. However, it is not harmful to animal life. Unless permission is withheld, it will be used inside local homes as well as through the streets.

NEWSPAPERS TOLD FULL ARMY STORY

Atlanta, Ga., Aug. 22.—Newspapers of the Fourth Service Command performed an outstanding job in reporting news of service command activities, public relations officers at 30 major installations reported today.

A total of 24,555 newspaper pages not sold without advertising, were required to reproduce the news stories printed by newspapers in the twelve months of July, 1944, through June, 1945.

This is based on measured publication of news stories by papers published near the major Fourth Service Command installations and does not include a large volume of releases sent to papers circulating in other regions, it was announced.

ALL-SOLDIER SHOW WILL VISIT BUTNER

Camp Butner, Aug. 21.—An all-soldier show from Shick General Hospital, Charleston, S. C., is slated to visit this post on Thursday, Friday, August 20-21, to entertain patients in the U. S. Army General Hospital, according to word received at Camp Butner yesterday.

The troupe announced plans to entertain the wards of the hospital from 2 to 4 both afternoons, and will present one performance in the Red Cross recreation hall Friday night at 7.

The troupe of GIs is being brought to Butner by the Army Special Services division.

TAYLOR GETS VETERAN'S AID POST AT OXFORD

Oxford, Aug. 22.—Edward F. Taylor, Oxford attorney and service officer for Ernest F. Hart post of the American Legion for the past year, has been employed as part-time veterans' service officer for Greenville county and is entering upon his duties, R. K. Taylor, a member of the board of county commissioners and chairman of a special committee named to employ a service officer, said today.

The board of commissioners, at their August meeting, authorized the employment of an officer on a part-time basis at a salary of \$100 per month.

The Commonsense Viewpoint About A Common Complaint

By HERMAN N. BUNDESEN, M. D.

HABITUAL constipation or sluggish action of the intestines is a disorder of the colon or large bowel. Many people are constipated but few really suffer any pain or other symptoms from the condition, and those who do, suffer more in mind than in body.

According to Doctor T. L. Hardy of England, constipation, in practically all cases, is the result of faulty training. Individuals vary a great deal in the number of bowel movements they have each day. A survey was made of people between the ages of 14 and 63 years, and it was found that about one-half had a bowel action once a day, two-fifths more than once a day, and the remainder less often than once a day; yet, all of these people were normal in every way. In other words, being constipated does not depend on the frequency of the bowel action, but upon regularity and the absence of discomfort or undue effort.

Various Causes

Many things, such as change of occupation, change of climate, simple glandular disturbances, and emotional aspects, may disturb regularity of habit. It has been stated that, perhaps one of the most common causes of constipation is the suppression of the desire at various times during the day.

In treating constipation it is important that there be no feeling of anxiety because bowel action does not occur. Another factor

which contributes to the development and maintenance of constipation is the wrong use of laxatives. In the survey referred to above it was found that about one-fourth of those studied took laxatives twice a week or more often. Some people take laxatives because they are afraid they may occasionally miss an action of the bowels. Then, there are others who begin the habit to get rid of a symptom, which they think is due to constipation, such as headache, tiredness or excessive gas in the intestines. There are still others who start the habit because they are influenced by advertising or in other ways.

Nervous Disorders

There is a certain type of constipation which is due to nervous disorders. This is called spastic constipation. The individual with this condition should endeavor to overcome the excessive nervousness. Strain, both emotional and physical, should be avoided, and the patient should be taught to have no anxiety concerning the matter of bowel action.

Diet is helpful in the treatment of all kinds of constipation. In the type due to nervousness, a bland diet should be used, that is, one which is free from highly-seasoned and bulky foods.

Severe constipation is a disorder which should be treated under the direction of a physician. He will decide what type of constipation is present and outline the treatment which will correct it most quickly.

Notice Of Sale Of Land For 1944 County Taxes

Under the authority of the laws of North Carolina, the undersigned tax collector of Vance County will sell for taxes on Monday, September 3, 1945, same being the first Monday of said month, at the court house door in Henderson, N. C., beginning at 12 o'clock noon, all such property as listed below which has not been redeemed before that time. Following is the list showing in whose name listed, description of property and amount due.

Frank M. Dorsey, Tax Collector of Vance County.

Table listing land parcels for sale, including names of owners and amounts due. Includes entries for Henderson Township (White) and various individual lots.

HENDERSON TOWNSHIP (COLORED)

Table listing land parcels for sale in Henderson Township (Colored), including names of owners and amounts due.

HENDERSON TOWNSHIP (WHITE)

Table listing land parcels for sale in Henderson Township (White), including names of owners and amounts due.

KITTRELL TOWNSHIP (COLORED)

Table listing land parcels for sale in Kittrell Township (Colored), including names of owners and amounts due.

KITTRELL TOWNSHIP (WHITE)

Table listing land parcels for sale in Kittrell Township (White), including names of owners and amounts due.

Table listing land parcels for sale in various townships, including names of owners and amounts due.

WATKINS TOWNSHIP (COLORED)

Table listing land parcels for sale in Watkins Township (Colored), including names of owners and amounts due.

DABNEY TOWNSHIP (WHITE)

Table listing land parcels for sale in Dabney Township (White), including names of owners and amounts due.

DABNEY TOWNSHIP (COLORED)

Table listing land parcels for sale in Dabney Township (Colored), including names of owners and amounts due.

WILLIAMSBORO TOWNSHIP (WHITE)

Table listing land parcels for sale in Williamsboro Township (White), including names of owners and amounts due.

WILLIAMSBORO TOWNSHIP (COLORED)

Table listing land parcels for sale in Williamsboro Township (Colored), including names of owners and amounts due.

TOWNSVILLE TOWNSHIP (WHITE)

Table listing land parcels for sale in Townsville Township (White), including names of owners and amounts due.

TOWNSVILLE TOWNSHIP (COLORED)

Table listing land parcels for sale in Townsville Township (Colored), including names of owners and amounts due.

NUTRUSH TOWNSHIP (WHITE)

Table listing land parcels for sale in Nutrush Township (White), including names of owners and amounts due.

NUTRUSH TOWNSHIP (COLORED)

Table listing land parcels for sale in Nutrush Township (Colored), including names of owners and amounts due.

MIDDLEBURG TOWNSHIP (WHITE)

Table listing land parcels for sale in Middleburg Township (White), including names of owners and amounts due.

MIDDLEBURG TOWNSHIP (COLORED)

Table listing land parcels for sale in Middleburg Township (Colored), including names of owners and amounts due.

SANDY CREEK TOWNSHIP (WHITE)

Table listing land parcels for sale in Sandy Creek Township (White), including names of owners and amounts due.

SANDY CREEK TOWNSHIP (COLORED)

Table listing land parcels for sale in Sandy Creek Township (Colored), including names of owners and amounts due.

ALLOWED TO LIST, ENTIRE COUNTY

Table listing land parcels for sale throughout the county, including names of owners and amounts due.

Things are warming up...Have a Coca-Cola



...or throw another log on the fire There's no surer way to make it a perfect picnic than to serve Coca-Cola. Have a Coke just naturally means What a swell way to spend an evening! It says Let's do this again! Indoors or out, the pause that refreshes with ice-cold Coca-Cola is the symbol of friendly feelings.

Coca-Cola Bottling Company Of Henderson, Inc. Hear Morton Downey WHNC 2:15 P. M. Bottled under authority of the Coca-Cola Company by.