

# State Democratic Rules Need To Be Reorganized

BY LYNN NISBET, Daily Dispatch Bureau

Raleigh, Feb. 27.—The state Democratic executive committee is not expected to do anything about amending the plan of organization at its meeting next Tuesday night, other than to authorize a committee to revise the party rules and report to the state convention in May or June. There has been no important change in the plan of organization in a good many years, and numerous suggestions have been made for amendments.

**HODGE PODGE**—The present plan was adopted in its essential feature in 1918, but there had been numerous changes in practice permitted by common consent between that date and 1937. When Gregg Henry became chairman he called a special meeting of the committee and accepted practices were codified and written into the present text which was adopted on July 30, 1937. Many party leaders believe the time has come for completely revising the plan to more nearly fit existing conditions.

**ROTATION**—One of the items pending change is that freeing senatorial rotation agreement on the 1936 basis. Formal protest against this item has been filed by Catawba county. Catawba is still bound by an old agreement which gives Iredell, a smaller county, twice its senatorial representation. There are also rumors that long standing agreement in the second district may be challenged this year.

**CHALLENGE**—The second district is composed of Beaufort, Dare, Hyde, Martin, Pamlico, Tyrrell and Washington counties. Understanding has been that Beaufort or Martin would have a senator each term, with the other senator coming from one of the five smaller counties; and custom has been for Beaufort to have two terms followed by Martin with two terms. This agreement is not in written form and has not been rigorously adhered to. In 1943, for instance, the two senators came from Beaufort and Martin, but that is said to have been with consent of the small counties. E. A. Daniel of Beaufort came back in 1945. Roy Hampton of Washington. This year Hugh Horton of Martin has announced and Hampton is a candidate for re-election. Reports from the district are that John Rodman of Beaufort is also running and the little counties don't like it. Beaufort has more than one-third the population of the district and can outvote the small counties.

**CONVENTIONS**—Another suggested change is to reduce the number of accredited delegates to the state convention. Present plan gives one delegate and one alternate for

each 150 votes cast for governor in the preceding general election. This allocation is the last two state conventions, and will accept more than 7,000 this year. That is approximately double the seating capacity of the Raleigh auditorium. Furthermore, custom in many counties is to certify all Democrats in good standing as delegates to the convention and the county units caucus to determine how the accredited number of votes will be cast.

**TOO BIG**—When the present allocation of one delegate for 150 votes was adopted in 1918 the state's population was much smaller and women suffrage had not arrived. The normal Democratic vote was around 200,000—less than one third present size. In those days attendance of 22,000 at a state convention was unusual.

**SUGGESTION**—One suggestion advanced but which may not reach the point of actual consideration is to allow each county three delegates regardless of voting strength and one delegate for each 500 votes or major fraction thereof in the preceding election for governor. Advocates of this plan say it would reduce the total number of delegates to approximate seating capacity of the state's largest auditoriums, would protect the smaller counties without doing too much violence to the idea of full democratic representation. They further contend it is more democratic than the method of distributing membership in the house of representatives.

**ALTERNATES**—Another suggestion is to restrict each county's representation to one for each 150 votes, eliminating the alternate provision and limiting convention seats to the accredited delegates. Advocates of this plan argue that it will assure more equitable representation to distant counties by discouraging large delegations from counties close to the convention city. There may be many other ideas on this subject. The one relatively certain thing is it will be given thought when Democrats get around to revising their plan of organization.

**LIQUOR**—State ABC officials have no immediate plans for reinstating a coupon rationing system, but they admit some concern about the present situation. The state board will get together sometime this week to discuss the problem. Unofficial reports from ABC counties surrounded by counties in which liquor cannot be legally sold indicate that patrons from these allegedly arid areas are depleting supplies as fast as they are put on the shelves—and there is also very definite impression it is not all being bought for individual consumption by original purchasers.

# Odd Facts In Carolina . By Carl Spencer



CHARLIE RUSSELL, OF TROY, SOLD HIS NEIGHBOR, AULEY MORRIS A HOG. WHILE MR. RUSSELL WAS AWAY FROM HOME IN SEARCH OF A CRATE IN WHICH TO DELIVER THE HOG, IT BROKE OUT OF THE PEN AND WENT TO THE HOME OF ITS NEW OWNER. WHEN MR. RUSSELL RETURNED HOME AND FOUND THE HOG GONE, HE WENT TO THE MORRIS HOME TO EXPLAIN HIS LOSS AND FOUND THE HOG SAFE IN A PEN!

VALENTINE IN THE RAW FORMED FROM A KNOT WHILE CUTTING A 2 BY 4 BOARD!—SAWED AT THE STRICKLAND BROS. SAW SMITHFIELD.

CAT SITS IN AN UPRIGHT POSITION AND CUPS HER FOOD UP WITH HER RIGHT PAW AS THO' IT WERE A SPOON!—SHE WILL NOT EAT AS OTHER CATS DO. OWNED BY MRS. HAROLD FRIS, GREENSBORO.

## Diabetes, Cause and Control

By HERMAN N. BUNDESEN, M.D.  
DURING the past few decades, there has been an increase in the number of cases of diabetes that have come to the attention of the doctors of the country. In this disease, the body is not able to properly utilize sugars and as a result the amount of sugar in the blood increases.

Diabetes is due to a lack of secretion from the gland known as the pancreas, but we do not as yet know why this gland does not function as it should. Therefore, the actual cause of diabetes is not known. It would appear probable that the disease does run in families and that perhaps overweight may be a factor in many cases.

**Longer Life**  
The increase in the number of cases, according to Dr. Verne S. Caviness of North Carolina, may be due in large measure to the fact that people are living longer. Diabetes occurs most commonly in persons between 45 and 55 years of age. Then, too, methods of treatment have been improved so that persons with diabetes survive for a much longer time. The average duration of the disease has increased from three years to twenty years or more.

Diabetes starts gradually. Usually the first symptom is the excretion of large amounts of urine. There is increased thirst and hunger. Weakness soon develops and gradually becomes worse. Itching of the skin in various parts of the body is often present. As the disease continues, there follows loss of weight and in some instances the development of skin infections, such as boils and carbuncles. Pains in the legs are an annoying symptom in some patients.

**Difficult Diagnosis**  
As a rule, it is not difficult to diagnose diabetes. If sugar is found in the urine and there is an increase in the amount of sugar in the blood, it may be assumed that the disease is present.

The blood sugar is determined by withdrawing a little blood from a vein and testing it chemically. It is important that an estimation of the amount of sugar in the blood be made since there are some persons who may excrete sugar in the urine but still not have diabetes.

The treatment of diabetes must begin with a regulation of the diet. The diet prescribed by the doctor must be followed strictly, and it should, of course, supply the patient with all the necessary food parts and enough calories to keep up his nutrition.

If this cannot be done without causing the blood sugar to rise and sugar to be excreted by the kidney, then injections of insulin must be administered. It is also important that the patient take enough exercise each day, since exercise speeds up the activities of the body and will cause the sugars to be utilized with greater efficiency. Of course, the amount of exercise must be kept within reason.

I have outlined some suggestions which may be of help to diabetics in following their physician's advice which I shall be glad to send to those who write in, enclosing a self-addressed, stamped envelope. Names will not be used.

**QUESTIONS AND ANSWERS**  
C. H.: I am bothered with soreness in my breasts. I also get pains through my chest and my heart seems to flutter. Is this due to nerves or might I have a heart condition?

Answer: It is impossible to state just what is causing your trouble, although it is not likely that it is due to a heart condition. The symptoms might be due to nerves, to some nerve inflammation, or to inflammation of tissues in the breasts.

The proper thing for you to do is to have a careful study made by your physician to determine just what disorder is present.

## A Lift For Today

Which hope we have as an anchor of the soul both sure and steadfast.—Hebrews 6:19.

FOUR ANCHORS we may cast over today to hold our lives steady; the anchor of prayer; of faith in God; of hope in Christ; and the anchor of God's word.

May we learn, O Lord, to trust more and more to the security of love and guidance.

## THE TAR HEEL GARDENER

By JOHN H. HARRIS, N. C. State College

The tomato is that most widely grown vegetable in the home garden. Its popularity is probably due to its productivity plus the fact that it is easy to cultivate and has an agreeable taste. It is most fortunate that it is also an excellent food, being high in vitamin and mineral content.

Tomatoes can be grown on most soils provided they are free of wilt. There are two kinds of wilts; the fusarium wilt and the bacterial wilt. There are several varieties such as Marglobe, Pritchard, and Rutgers which are resistant to fusarium wilt. There is no control for the bacterial wilt, and all tomatoes are subject to its attack. The only way to avoid losses from this wilt is to make plantings in soil free of the disease.

Tomatoes should be planted in a 4 to 6 rows, about 3 to 3 1/2 feet apart in the row as soon as danger of frost is over. The plants should be set in a rather deep hole and the soil gradually filled in around the plant as the plant grows. Well rotted manure mixed with the soil will help hold moisture and also furnish plant nutrients for the plant. In addition to, or independent of, the manure, a complete fertilizer such as 5-7-5 or 5-10-5 may be used at the rate of two to three quarts to a 50 foot row. This fertilizer may also be applied by using 2 to 3 tablespoons to each individual plant. In either case the fertilizer should be placed 2 to 3 inches from the roots of the plant and thoroughly mixed with the soil.

**HOSPITAL INVENTORY.**  
College Station, Raleigh, Feb. 26.—Dr. C. Horace Hamilton, head of the Rural Sociology Department at State College, now on a 15-month leave of absence to serve as director of Sociological Research with the Commission on Hospital Care in Chicago, is assisting with the first complete inventory of the nation's hospitals, and soon will complete work in the state of Michigan, according to reports received here today.

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### CARTON'S Department Store



ESCORTED BY CHICAGO POLICE, two of eleven CIO pickets arrested at the W. H. Jones Foundry and Machinery Co., Chicago, Ill., are led to a patrol wagon. Rioting began when non-union workers tried to enter the plant and strikers attempted to overturn their cars. (International)

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