Hearne To Hold Summer Clinic In Music On June 10

W. T. Hearne, director of Henderson high school band, will conduct a summer school in music beginning June 10 at the high school, he announced today.

Advanced classes on instruments will be held and there will also be beginners classes and classes in theory. The course will be held in two-weeks sections.

It is preferred that beginners start now instead of the fall in order that more individual attention may be given, Hearne said.

For the past three or four summers, Hearne has taught in the summer music clinic at the University of North Carolina, Chapel Hill but with the large enrollment of veterans there this summer the music course will not be held. The clinic here will be patterned after that course.

Any one interested in taking the course is asked to call Hearne immediately. Any one who is planning to enroll and need an instrument is asked to let Hearne know at once so that the instrument might be obtained.

How's Your I. Q.?

Can you answer seven of these quiz questions? Turn to Page four for the correct answers.

1. Copy is [illegible] true or false?
2. The [illegible] beard female Eskimos [illegible] tanned white?
3. Where [illegible] the Navy [illegible] the Army [illegible] during World War II, where the units are not under enemy [illegible]?
4. Do [illegible] [illegible]?
5. Of the [illegible] Azerbaijan, [illegible] the Army [illegible] during World War II, where the units are not under enemy [illegible]?
6. Do [illegible] [illegible]?
7. The War [illegible] believes th[illegible] ties for [illegible] up, or will [illegible] dispute of surplus?
8. Name the Argentine [illegible] the U. S. from the Watergate?
9. [illegible] which [illegible] Civil War prison of Andersonville?
10. Name the author of the book [illegible] "This House Against This House"?

ELMIRA FLOOD VICTIMS RESCUED

SEATED IN A ROWBOAT, five victims whose homes were flooded by raging torrents in Elmira, N. Y. are towed to safety by a rescue worker. One woman holds a youngster on her lap. Four in the city have already lost their lives in the swirling waters and a state of emergency has been declared in Elmira. Thousands were made homeless. (International)

FINDS DAUGHTER AFTER 21 YEARS

REUNITED IN DETROIT, MICH., Ben Brickner is shown with his daughter, Rae Schear, who was adopted by Mrs. Ella Schear, 21 years ago. Brickner has been searching for her since that time. When found by her father, Rae learned that she is heiress to a trust fund established at the death of her mother. She was 2 years old when adopted. (International)

Outdoor Court Of Honor For Boy Scouts Is Held

An outdoor Boy Scout Court of Honor was held yesterday afternoon on the lawn of Holy Innocents Episcopal church, conducted by Rev. Ray Holder.

The court was opened with the singing of "America" and the giving of the Scout oath, Scout law and pledge of allegiance.

The following merit badges were presented by Eagle Scout Preston Lanston: H. M. [illegible] Home repairs; Reginald Mason, troop 33, reading; [illegible] Billy Noel, troop 31, photography; John Hegelhurt, troop 31, physics; Bobby Jones, troop 33, automobiling; Ben Gary, troop 30, physical development; [illegible] first aid.

Star Scout award was presented to Billy Noel, of troop 31, by Eagle Scout Harold Crowder. Life Scout awards were presented to Billy Jones, of troop 16, and Ben Gary, of troop 30, by Eagle Scout Dewey Wells.

Award for 75 hours' civic service was presented to John Hazelhurst by Eagle Scout John Falkner. Bobby Jones was presented a den chief award by the Rev. Ray Holder.

Following the presentation of awards a dispatch taken [illegible] was read by Scoutmaster [illegible] troop 31 [illegible] Troop 33 [illegible]

Prayers for all Scout and Scouters who gave their lives in World War II concluded the court.

Flat Feet, Poor Circulation, Among Causes of Leg Cramps

By HERMAN N. BUNDESEN, M.D.

DOCTORS are not surprised when their elderly patients complain of cramps in the legs, particularly at night, but most would not expect to find this disorder among young people.

Nonetheless, medical examination of numbers of young men during the war, disclosed that they also suffer from night attacks of cramps in the leg muscles.

According to Doctors Joseph H. Nicholson and Abraham Falk of the Army Medical Corps, such patients are free of leg pain while they are sitting or walking. When they go to bed, no symptoms are present but they are awakened by a cramping pain in one or both legs.

Calf Muscles

The calf muscles are hard and tender. These are the muscles which are usually affected, but any muscles of the leg may be involved. In rare cases muscles in other parts of the body are affected.

Vigorous rubbing or massage of the muscles, or hopping, gradually brings relaxation from the cramping but often there is some soreness present in the muscles which lasts for several hours. An attack may occur once during the night or several attacks may occur during one night.

Muscle cramps in older persons are due to disturbances in the circulation because not enough blood is brought to the tissues. The muscle cramps in younger persons are not produced in this way. According to some, these cramps are due to irritation produced by arthritis or inflammation of the joints, weak feet or some inflammation in the nerves or muscles of the legs.

Standing or Sitting

When a person is standing or sitting the muscles of the legs are partially contracted. When a person lies down these muscles relax and lengthen. When this lengthening occurs it causes a spasm of the muscle to develop, which is the attack of cramping.

In treating muscle cramps, patient should be put at complete rest for a period of time. The patients treated by Doctors Nicholson and Falk were also given quinine sulfate at night before going to bed. No other medicines were employed. Practically all of the patients were relieved at least to some extent by this treatment.

Quinine was beneficial in the majority of instances, but there was a tendency for the attacks to recur at a later date. Flat feet seemed to be the most frequent single factor in producing the muscle cramps in these patients. Hence, when such cramps occur, the correction of any abnormal foot conditions is advisable.

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Awarded Scholarship.

Chapel Hill, May 31.—Miss Ruth Celeste Young, a senior in the Chapel Hill High School, has been awarded the Southern Regional Scholarship to Bryn Mawr College, Bryn Mawr, Pa.

TRAFFIC FINES.

Fines of $1 each were paid at the city clerk's office this week by W. C. Mullins, Henry Davidson, T. J. Harrington, Henry A. Orr, Mack Pattillo, M. G. Carroll, S. W. Greenway, F. E. Hight, and James Edwards for violations of traffic regulations.

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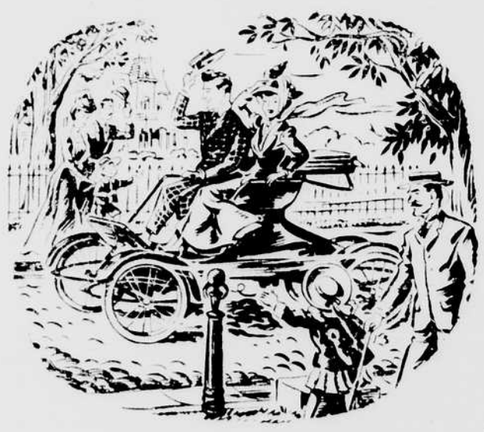

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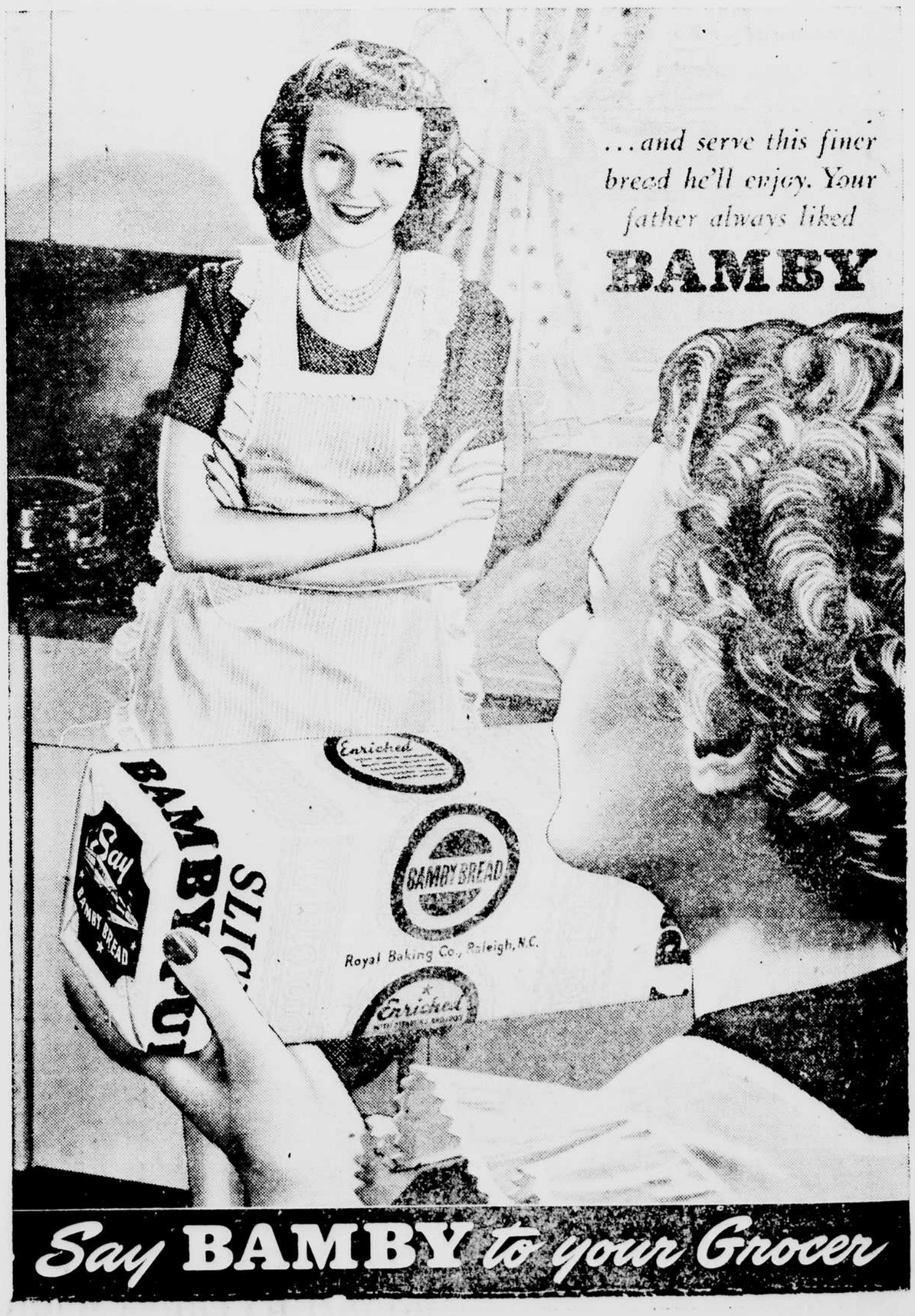

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