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It relieves a person of all desire for strong drink or drugs, restores his nervous system to its normal condition, and reinstates a man to his home and business.

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POLICY ON HAND when a conflagration is raging is a source of great comfort and consolatiou. Any one is lacking in common wisdom and prudence who neglects her or his insurance. If you will consult us, we will have you protected in a firstclass company at lowest rates.

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PREPARE THIS YOURSELF.

For those who have and form of blood disorders; who want new, rich blood and plenty of it, try this:

Fluid Extract Dandelion, one-half ounces; Compound Largon, one ounce, Compound Syrup Sarsaparillia, three

Shake well in a bottle and take in teaspoonful doses after each meal and discuss this question. I seldom at bedtime. Any good pharmccy can supply the ingredients at small cost.

You will be satisfied, and so will the buyer of your tobacco if you improve the quality and increase the weight of your tobacco by using 500 to 800 lbs. of Virginia-Carolina Fertilizer per acre, ten days before planting. These fertilizers give an early start to the plant, which very scon grows large enough to withstand the ravages of insects. Soils that under ordinary conditions would make a yield of poor, papery tolacco, lacking in gummy or oily matters, will produce a very high type of tobacco by liberally using Get from your dealer one of Virginia-Carolina Fertilizer

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This is the prescription which, when made up, is called "The Vegetable Treatment;" by others, the "Cyclone Blood Purifier." It acts gently and certainly does wonders for some people who are sickly, weak and out of sorts, and Is known to relieve serious, longstandin6 cases of rheumatism and chronic backache puickly.

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Twenty-eight years experience
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T. W. Wood & Sons, Seedsmen, RICHMOND, - VA.

Seven Springs News.

young chicks. We have nice ease and independence in old cabbage and onions in our gar- age; but don't worry about it, or den. They are growing right old age will come before it is along through cold weather.

dies suggest that the legislature for it will do you good. passa law to make it a misdemeanor for a man to do as he pleases. Quit! Marion Butler may imagine that the general assembly is playing into his hands, The following simple home made mixbut with all the evidence of radicalism the festive Marion has another think coming. We are strengthen the Kidney and Bladder, taught, whether it be true or not, that there is on royal road the stage of Bright's disease: Fluid to heaven, that the way is narrow and full of obstacles.

The writer does not propose to discuss politics or religion, yet I will venture the casul remark that the aforesaid road is either narrow and rough or broad and smooth according to the viewpoint of those who travel it. I believe it is easy to do right, and that the doing of it will not only make others happy, but will add happiness and contentment to or Rheumatism should give this pre ourselves. You have all, no scription a trial, as no harm can posdoubt, observed that some pec- sibely follow its use, and it is said to ple work mighty hard to be de wonders for some people. mean. The man who gets up out of bed of a frosty night and walks four miles to steal a half bushel of potatoes, digging them himself, works harder for his potatoes than the man who plants and cultivates them.

see the board nor need its admonition. But the way of the transgressor is hard, and at last he dies friendsless, and without reward here or hope in the great beyond. But my dear friends, I am not writing to turn the dark side of the pictures of life to your view. How to be happy, ah! if we only knew. Nine people out of ten make the mistake of looking ahead for happiness. They seem to think that when they amass a certain amount of property when they attain this end or that, then they are going to be happy. Heaven help them. They don't seem to know that they are putting happiness further away from them, and that when they reach their goal, there is a chasm between them and happiness that can never be bridged. Happiness cannot be bought. You can neither coax or bribe it. You must allow it to absorb you. After all, it is a good deal in the way we look at things in this life. I have seen a party of young folks dressed cause of its promptness in driving from in the height of fashion, caught rhe blood and system every vestige of in a heavy shower of rain at a catanhal poison, relieving this foul and picnic and their laughter and dread disease, no matter where located. merriment indicated that they To prepare the mixture: Get from any regarded it as a great joke. Yet good pharmacy one-half ounce Fluid if some of them had been simi- Extract Dandelion, one ounce Comlarly caught in the field at work pound Kargon and three ounces Comin their old clothes, they would pound Syrup Sarsaparilla. Shake well have considered it as a great and use in teaspoonful doses after each hardship. So it is a good deal in meal and at bed time. the way we look at it; we can be happy even in misfortune. Don't ture, which has a peculiar action upon look ahead for happiness. It is the eliminative tissues of the Kidneys, right at your door. It will come assisting them to filtnr and strain from in if you will invite it; and every the blood and system all catarrhal day must provide for itself. In poisons, which, if not eradicated, are the morning make up your mind absorbed by the mucous membrane, to be happy. Hold your temper and an open sore of catarrh is the reand smile. If there is no sun-sult.

repeat the dose every day. If you think you can't be happy for Seven Springs, March 5.—The a whole day at a time, try it for realth of this section is good. half a day, or until 10 o'clock. It At this writing we have 25 is all right to work for comfort,

due. You don't need to sacrifice Tom Watson, the populist, says happiness to that end. Smile in his Jeffersonian Magazine that when you get out of bed in the at railroad eating houses in South morning. Smile as you go to Carolina negroes dine with white breakfast; smile when you start people without being intimidat- to work; smile at your wife, but ed, disturbed or lynched. This be careful how you smile at othis news to the public and espec- er men's wives; smile at everyially to those persons who pa- body but the girls on the street. tronize the quick lunch estab- Smiles are cheaper than frowns, lishment. And the statement is and they beautify the features. about as near the truth as the While frowns will make wrinaverage statement of the popu- kles, bring gray hairs, and impair the health. Let us all be Some of the Seven Springs la- happy, and read the Democrat

Success to the Democrat. Luke Lightning.

This is worth saving.

ture is said to relieve any form of Rheumatism or backache, also cleanse and overcomes all urinary disorder, if taken Extreck Dandelion, one-half onces Compound Kargon, one ounce; Com-

pound Syroup Sarsaparilla, three ounces. Mix by shaking well in a bottel and takel in teespoonful doses after meals and at bedtime.

A well-known authority states that these ingredients are mainly of vegetable extracts and harmless to use, and can be obtained at small cost from any good prescription pharmacy. Those who thick they have Kidney trouble or suffer with lame back or weak bladder

If You Read This

It will be to learn that the leading medi-cal writers and teachers of all the several schools of practice recommend, in the strongest terms possible, each and every ingredient entering into the composition of Dr. Pierce's Golden Medical Discovery and cultivates them.

There is an innate principle in our hearts that is ever admonishing us for the right and against the wrong. It is the finger board pointing out the good way. Evil influences may lead us away, and continue to do so until drunk with wickedness, 'we no longer see the board nor need its ad-

especially efficacious in producing perfect cures. It contains Black Cherrybark, Golden Seal root, Bloodroot, Stone root, Mandrake root and Queen's root—all of which are highly praised as remedies for all the above mentioned affections by such minent medical writers and teachers as Prof. Bartholow, of Jefferson Med. College; Prof. Hare, of the Univ. of Pa.; Prof. Finley Ellingwood, M. D., of Bennett Med. Cilege; Chicago; Prof. John M. Scudder of D., of Cincinnati; Prof. John M. Scudder of Chicago, and scores of others conally eminent in their several schools of practice.

The Golden Medical Discovery is the third more than any number of ordinary testionals of professional endorsement—worth more than any number of ordinary testionals. Open publicity of its formula is the best possible guaranty of its merits. A glance at this published formula will show that "Golden Medical Discovery" contains no poisonous, harmful or habitforming drugs and no alcohol—chemically pure, triple-refined glycerine being used instead. Glycerine is entirely unobjectionable and besides is a most useful agent in the cure of all stomach as well as bronchial, throat and lung affections. There is the highest medical authority for its use in all such cases. The "Discovery" is a concentrated glyceric extract of native, medical authorities, endorsing its ingredients mailed free on request. Address Dr. R. V. Pierce, Buffalo, N. Y.

Home-made Catarrh Cure.

Any one can mix right at home the best remedy of its kind known. The name "Cyclone" is given to the following prescription, it is suppored, be-

This is a harmless, inexpensive mix-

shine, think how nice it will be Prepare some and try it, as it is the when it does come. The next prescription of an eminent catarrh spemorning do the same thing, and cialist of national reputation.

TIRED AND SICK YET MUST WORK

In order to keep the home neat and pretty, the children well dressed and tidy, women overdo and often suffer in silence, drifting along from bad to worse, knowing well that they ought to have help to overcome the pains and aches which daily make life a burden.

It is to these women that Lydia

E. Pinkham's Vegetable Compound,
made from native roots and herbs,
comes as a blessing. When the spirita are depressed, the head and back
aches, there are dragging down pains, nervous



reluctance to go anywhere, these are only symptoms which unless beeded, are soon followed by the worst forms of Female Complaints.

Lydia E. Pinkham's Vegetable Compound keeps the feminine organism in a strong and healthy condition. It cures Inflammation, Ulceration, displacements, and organic troubles. In preparing for child-birth and to carry women safely through the Change

of Life it is most efficient. Mrs. Augustus Lyon, of East Earl, Pa., writes:— Dear Mrs. Pinkham:—"For a long time I suffered from female troubles and had all kinds of aches and pains in the lower part of back and sides, I could not sleep and had no appetite Since taking Lydia E, Pinkham's Vegetable Compound and following the advice which you gave me I feel like a new woman and I cannot praise your medicine too highly."

Mrs. Pinkham's Invitation to Women Women suffering from any form of female weakness are invited to write Mrs Pinkham, at Lynn, Mass. Out of her vast volume of experience she probably has the very knowledge that will help your case. Her advice is free and always helpful.

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