

# WOMEN WHO CHARM

Health is the First Essential Toward Making a Woman Attractive.



MISS HULDA KUGLER

MISS ELIZABETH WYNN

There is a beauty and attractiveness in health which is far greater than mere regularity of feature.

A sickly, irritable, and complaining woman always carries a cloud of depression with her; she is not only unhappy herself but is a damper to all joy and happiness when with her family and friends.

It is the bright, healthy, vivacious woman who always charms and carries sunshine wherever she goes.

If a woman finds that her energies are flagging and that everything tires her; if her feminine system fails to perform its allotted duties, there is nervousness, sleeplessness, faintness, headache, bearing-down pains, and irregularities, causing constant misery and melancholia, she should remember that Lydia E. Pinkham's Vegetable Compound will dispel all these troubles. By correcting the cause of the trouble it cures where other treatment may have failed.

Miss Elizabeth Wynn, of No. 205 8th Avenue, New York City, writes:

Dear Mrs. Pinkham:— I suffered with dreadful headaches, pain in the back and severe hemorrhages. I was weak and out of sorts all the time. Lydia E. Pinkham's Vegetable Compound helped me when all other medicines had failed. It seemed to be just what I needed and quickly restored my health.

Miss Hulda Kugler, of No. 25, West 15th Street, New York City, writes:

Dear Mrs. Pinkham:— "For months I was ill with an internal trouble. I suffered terrible agony, was nervous, irritable, and sick all the time. I took different medicines without benefit. Lydia E. Pinkham's Vegetable Compound was recommended and within six months I was completely restored to health and I want to recommend it to every suffering woman."

Women who are troubled with painful or irregular functions, backache, bloating (or flatulence), displacements, inflammation or ulceration, that bearing-down feeling, dizziness, indigestion, or nervous prostration may be restored to perfect health and strength by taking Lydia E. Pinkham's Vegetable Compound.

### Mrs. Pinkham's Invitation to Women.

Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham, at Lynn, Mass. From the symptoms given, the trouble may be located and the quickest and surest way of recovery advised. Out of her vast volume of experience in treating female ills Mrs. Pinkham probably has the very knowledge that will help your case. Her advice is free and always helpful.

## LENOIR COLLEGE

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Degree Courses with Electives, High Standard, Able Faculty, Thorough Work. Literary, Musid, Expression, Art, Preparatory, Laboratory, Reading Room, Library

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Catalogue free. Find out the facts about Lenoir College, and you will be a patron. R. L. FRITZ, Pres.

## GOOD OLD SUMMER TIME

Goods is What You Are Looking For

The most handsome line of Dress Goods, Silks, Embroideries and beautiful Shirt Waist Goods.

### We Have the Stock to choose From

EVERYTHING IN THE NOTION LINE IS FOUND IN OUR STORE.

Come and get a bargain

# W. G. FOX

Hickory, N. C.

**KRESODIP**  
(STANDARDIZED)  
**For All Live Stock**  
EASY AND SAFE TO USE.  
KILLS LICE, TICKS, FLEAS, MITES. CURES WANGE, SCAB, RINGWORM, SCRATCHES, ETC. DESTROYS DISEASE GERMS AND DRIVES AWAY FLIES.  
NON-IRRITATING. EFFECTIVE. INEXPENSIVE.  
THE IDEAL DIP  
FOR SALE BY  
**W. S. MARTIN & CO.,**  
Druggists, Hickory  
ASK FOR FREE BOOKLETS.

### To the Base Ball Public

On July 18, 1907, President Fritz, by letter, conferred upon us "full authority" to do any thing we thought ought to be done during his absence to make things go right on Lenoir College ball grounds.

Lenoir College is the property of a christian denomination and under its control, it is, therefore, church property.

We believe that the managers of the base ball interest of Hickory are doing all they can to respect our property rights and give a clean, honest exhibition of our national sport, but we regret that the efforts of the managers coupled with our own, have not been able to make things "go right" at the games at Lenoir College. There is swearing and obscene language, there is drinking and rowdyism, and, worse than all, there is open and flagrant gambling at nearly every game.

In view of the fact that these grounds are church property, in view of the fact that christian parents live adjoining the ball ground and must be compelled to have themselves, women and children, and see this improper and debasing conduct, we serve notice now and here that such conduct will not be longer tolerated. Those who come to drink, and gamble and swear and fight will be prosecuted for each particular offense and for improper conduct of church property as well. As a final word, if those interested in a clean, honest game are unwilling to stand up and see that hereafter these disreputable features shall no longer be practiced, then the lovers of the sport must not complain when we close Lenoir College grounds against all public use of the same for the summer.

Respectfully,

C. L. Miller,  
B. A. Whitener.

July 23, 1907.

### More About the Press Association.

The next meeting of the N. C. Press Association will be held at Charlotte.

Our trip to Washington from Morehead: The Editors and party left Morehead City early Friday a. m., for Washington. Arriving at Newbern, we were given a special train over the new road of the Norfolk & Southern that has just been opened up from Newbern to Norfolk, Va. We were accompanied on this trip by two of the officials who did all they could to make us enjoy every moment of the time, and we did. They not only furnished a splendidly and newly equipped train, but furnished cigars to all that smoked on the trip. We arrived at Washington about 10:30 o'clock a. m., and were met at the depot by a committee of the Chamber of Commerce and citizens of the town. Our party consisted of about forty and we were all taken for a drive over the city.

They have many handsome residences and enterprises we could speak of but will only mention the graded school. This building cost \$40,000 and is one of the best in the State. After this drive we were taken to Hotel Louise where we were well taken care of through the night.

We were further entertained at Washington by a game of ball between the leagues of Washington and Wilson, and a sail down the Potomac river on sail boats by moonlight and upon our return a banquet was given us at the Elks Hall. The town of Washington and surrounding country have made wonderful progress during the past few years and promises to be at not a far distant day one of the foremost city's of the East.

Miss Laura Josephine Bridgman, "Reader, we are pleased to note, is expected to visit Hickory again soon. Miss Bridgman was here about a year ago.

Mr. J. D. Quinn, of Houston, Tex., is here visiting his sister, Mrs. L. R. Summerow. Mr. Quinn has been gone from this country for 26 years. He will spend a few weeks here on this visit.

## DR. PRICE'S WHEAT-FLAKE CEREAL FOOD

if eaten daily, there will be a daily action of the bowels—waste removed—nutriment retained. It is made from the whole wheat berry.

For sale by all Grocers

### JAMESTOWN EXPOSITION

No. folk, Va  
April 26 to Nov 30, 1907

The most important event of the year, This beautiful Exposition, now open, is attractively located on the shores of Hampton Roads, adjacent to Norfolk and Old Point Comfort. SOUTHERN RAILWAY affords superior service and accommodations to the Jamestown Exposition both via Norfolk and Richmond.

R. L. Vernon,  
Traveling Passenger Agent  
Charlotte, N. C.

J. H. Wood,  
District Passenger Agent,  
Asheville, N. C.

S. H. Hardwick,  
Passenger Traffic Manager,  
W. H. Tayloe,  
General Passenger Agent,  
Washington, D. C.

## The Keeley Cure

### WHEN FERTILIZERS SHOULD BE APPLIED.

As a general rule, which has but few exceptions, the greater part of the fertilizer should be applied to the soil before planting the crop. It is intended by this rule not only in accord with theoretical considerations, but is also abundantly sustained in actual practice, as shown by carefully conducted field experiments instituted for the express purpose of ascertaining the truth, says Hon. S. Redding, Director Georgia Experiment Station, Department of Agriculture, in Virginia-Carolina Fertilizer Almanac.

The organic substances which are largely used in the making up of commercial fertilizers for the purpose of supplying nitrogen to the plants—such as cotton-seed meal, dried blood, fish scrap, tankage, etc. also require time in which to undergo chemical decomposition and such change of form as will enable the roots to absorb and use the nitrogen. Nitrate of soda is the one chemical fertilizer salt that is immediately available, producing a very prompt effect when applied to a growing crop (and it should be applied to none other).

Acid phosphate and potash may be applied to the soil and bedded on from two to six weeks before planting time. It is claimed by some experts that potash may be applied with benefit even several months before planting. A more practical and convenient rule, however, is to apply complete fertilizers three weeks before planting the crop, when the latter is a corn, cotton, tobacco, or other summer-growing crop, always taking care to mix the fertilizer thoroughly with the soil of the open bedded furrow in which it shall be applied, and then "distressing" or throwing two furrows on it.

Experiments on the farm of the Georgia Experiment Station, projected for the purpose of comparing the effect of the effectiveness of a complete fertilizer applied two weeks before planting, and on the other hand, the effectiveness of the same quantity of the same fertilizer applied in the furrows with the seed, were followed by an unexpected and surprising result—viz., the cotton seeds planted on the plots in which the fertilizer had been applied, came up quicker and gave a more uniform stand of more vigorous plants than resulted on the plots in which

Mr. Harry Link and family, of Fort Mills, S. C., returned home Monday after a visit here with his parents.

### Notice.

All persons wishing to make settlement with the estate of Thomas W. Setzer, deceased, will please present same and make settlement with me within twelve months from date

C. A. LITTLE, Admr.

Gamewell, N. C., July 11, 1907.



### Much in the Method

We can't all be beautiful, it appears, but we can all make

### BEAUTIFUL PICTURES

We make the sort which are interesting and lovely, whether or not your proportions are absolutely correct or your complexion faultless.

G. M. HARDIN,

Photographer.

Morgantown St. Hickory.

### A CERTAIN CURE FOR ACHING FEET.

Allens Foot-ease, a powder; cures Tired Aching, Sweating, Swollen feet. Gamp sent FREE, also Sample of Foot Ease Sanitary Corn Pad, a new invention; Address, Allen S. Ohmsted, Le Roy, N. Y.

### DO YOU KNOW WHAT IT DOES?

It relieves a person of all desire for strong drink or drugs, restores his nervous system to its normal condition, and reinstates a man to his home and business.

For Full Particulars, Address

The Keeley Institute,  
GREENSBORO, N. CAROLINA.  
Correspondence Confidential.

the fertilizer was applied in the furrows with the seeds. While this result was not contemplated, it was quickly explained by the fact that the fertilizer that had been in the ground two weeks had undergone the chemical changes already alluded to, and its plant food was ready for the immediate wants of the young plants. This result suggests that it may be expedient, in any case, to apply a small quantity—say 25 to 50 pounds—of nitrate of soda in the same furrow with the cotton-seed or corn seeds, which may be done with perfect safety with cotton seeds, and without danger to corn if not placed in immediate contact with the seed.

### APPLYING FERTILIZER AT THE TIME OF PLANTING.

This may be understood to mean either applying the fertilizer, bedding on it and immediately planting the seeds, or it may refer to the practice of putting the fertilizer in the furrow with the seed. In the latter case, there is always a manifest danger that the coming growing season may be unusually dry, in which event the fertilizer, being so lightly covered, may not be dissolved and properly disseminated through the soil. It may also follow that the fertilizer being so concentrated in mass, as it were, around the tender rootlets of the young plants that the latter may be injured, or "burned"—a not inconsiderable danger. The plan is not advisable except when a very light application is to be made per acre.

This caution is especially applicable to seeds that are planted in very shallow furrows and but lightly covered, such as cotton, and it is generally safer to interpose some soil, or better, deposit the fertilizer in one furrow and plant the seeds in a furrow immediately beside; or, vice versa, plant the seeds first in the furrow, and then the fertilizer in a furrow close beside it. But the preferred plan is to bed on the fertilizer, and then plant the seeds, after harrowing down the beds, and I have often applied 25 to 50 pounds of a "complete" fertilizer per acre in the furrow with the cotton seeds; but it was "away back" in the late sixties and early seventies when fertilizers sold at \$40 to \$50 a ton, and very light applications were supposed to be in the interest of a wise economy. We did not know much about fertilizers in those days, and were afraid to "put too much guano on the cotton." That time has passed and gone, and the up-to-date farmer has found that 50 and 60 pounds of fertilizer for cotton, a properly balanced high-grade fertilizer, to each acre of cotton is not dangerous or excessive, but simply liberal and judicious. Indeed, it is a question of simple arithmetic. If 500 pounds per acre is profitable, and it costs no more labor to cultivate an acre with 100 pounds of applied fertilizer, then why not increase the amount invested in fertilizers, and thereby increase the return on the acre and the labor account?

Now, the well-informed farmer only wants to know if the fertilizer is properly balanced for the crop he wishes to grow, and is sold at a fair price, and he is liberally, just as he would do in buying anything at such a price, that he may sell at a profit of from 25 to 50 per cent the amount he paid for it. A high-grade fertilizer will meet this requirement. There is another justification for the practice of applying fertilizers at the time of planting, and when the farmer has failed to put in his order at the proper time. He may then, according to the "better" plan, take the fertilizer and put it in the furrow with the seed, or

## NATURE'S GREAT BLOOD TONIC

### Piedmont-Bedford Concentrated Iron & Alum Water

(Representing the Famous Bedford Alum & Iron Springs of Va.)

contains 17 of the most powerful Mineral Tonics.

An 18-oz. bottle contains all the minerals in a barrel of the average water. We furnish the minerals, you furnish the water.

We have certificates both from the public and from eminent physicians, telling of its virtue in **Dyspepsia, Rheumatism, a large variety of Female Diseases, Chronic Diarrhoea and Dysentery, General Debility, Anaemia, Malar, a. Ulceration of the Throat, Diabetes, Piles, Chronic Eczema, Nervousness, Chronic Constipation, and many showing the wonderful cures in that dreadful disease, Scrofula.**

Dr. T. L. KABLER, for fifteen years a resident at the Springs, says: "For Scrofula, that fearful destroyer of human health and happiness, we have in this water a remedy which neither science nor fortune accident has hitherto found an equal. It is in this malady, and some forms of secondary and tertiary Syphilis, that this water when carried to its full alterative effect, displays its highest curative powers. In all forms of diseases peculiar to females, this water will be found to exert a curative influence second to none in Virginia."

I have given your Concentrated Water a fair trial, and say with pleasure I have been greatly benefited. For some years I have suffered more or less with Indigestion, followed by Constipation and other attendant ills. Within the past two months I have found such relief from your remedy that I have improved in strength and weight; have eaten what I have dared to do for a long time, and have done harder work than I have been able to do before for years.

REV. OSCAR LITTLETON,  
Presiding Elder, Lynchburg, Va.

Since 1894 I have been afflicted with Chronic Diarrhoea. About six months ago I commenced using your Concentrated Iron and Alum Water with the most wonderful and satisfactory results. For three or four years past I have been deprived of the privilege of visiting friends or going to church, as my trouble kept me in constant apprehension, having lost almost entirely the control of my bowels; but now I am happy to state that also using about a half dozen bottles of your remedy I am entirely cured, not having used any for the last four months. I can confidently and most gladly recommend your remedy for Chronic Diarrhoea.

CAPT. RUFUS AMIS, Virginia, Va.

I was an intense sufferer from some months with Indigestion, and could get no relief from the ordinary remedies. During the month of January I began the use of your Concentrated Water, and one bottle has entirely relieved me. I can now digest any diet and an entirely free from suffering. I take great pleasure in giving this testimonial.

REV. H. M. BLAIR,  
Editor N. C. Christian Advocate,  
Greensboro, N. C.

I have used and prescribed waters from several Iron and Alum Springs, but none of them begin to come up to your Concentrated Water in all that goes to make the ideal alternative, strengthener, appetizer and restorative. It is at once a fine tonic and flesh-builder. Have advised several recently to try it, and always with fine and quick results. In January I had a bottle sent from one of your dealers to a lady, with the understanding that if it did not at once improve her digestive apparatus, I would pay the \$1.00 myself. She not only willingly paid the bill, but used a part of one-half dozen more bottles, and is now completely cured of a long and annoying Stomach Trouble. This seems to be the case with all who try it.

S. P. HILLIARD, M. D.,  
Rocky Mount, N. C.

For Sale by C. M. SHUFORD, HICKORY, N. C.

## REFRIGERATORS

Our Refrigerators are up-to-date  
Our Refrigerators are right in price  
Our Stock is complete  
Our terms are cash or installment  
Our advice is to buy early  
And get what you want from our complete assortment

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Staple and Fancy Groceries  
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