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ROYAL

BAKING POWDER
Absolutely Pure
The only baking powder made from Royal Grade Cream of Tartar
NO ALUM, NO LIME PHOSPHATE

...AT THE...
WESTERN HOSPITAL
By Mrs. S. F. Watson
(Continued from page five.)

assistant physicians, seventy-six nurses and fifty attendants. In the wards where those who are confined who are not injured by seeing visitors, one might imagine in some good hotel, the corridors, with their pleasant sitting rooms and groups of patients, with their sewing, fancy-work, reading, etc., the pictures, billiard tables, pianos, etc., all give such a pleasant effect. No one would imagine that many of them were not as reasonable as those who visit them. One pathetic touch went to our hearts: a gentlemanly man, looking out of a window, said to another, "Those ladies are from South Carolina." One could imagine the homesick longing in the poor wandering brain that made him think any whose appearance pleased him had come from his beloved Palmetto State. Returning from our tour of the grounds we saw the conservatory, with its fountains, its great palms, its lovely flowers and the thousand potted plants which are eagerly bought by visitors, so reasonable is their cost. This is one of the items that makes the amount of fuel used at the hospital between two and three hundred car-loads each year. Though this is but a small part of what we would like to say, space compels us to write not much more, but it would ill become me to conclude without the warmest thanks to Dr. Albert Houck, assistant physician, known and loved all over this State. He spared no pains to give us every information in his power, taking time from his urgent duties to do so. If ever a man were in his right place, it is this good, great-hearted, tender Christian physician and gentleman. As

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I can furnish building material for any kind of a job all first class work and will save you money.
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Women of Middle Age
From 40 to 50 Woman's Critical Period.
Such warning symptoms as sense of suffocation, hot flashes, severe headaches, melancholia, dread of impending evil, palpitation of the heart, irregularity, constipation and dizziness are promptly treated by intelligent women who are approaching the period of life.
This is the most critical period of woman's life and she who neglects the care of her health at this time invites incurable disease and pain. Why not be guided by the experience of others and take Lydia E. Pinkham's Vegetable Compound? It is an indisputable fact that this grand old remedy has helped thousands of women to pass through this trying period with comfort and safety. Thousands of genuine and honest testimonials support this fact.
From Mrs. HENRY HEAVILIN, Cadiz, Ohio.
Fort Worth, Texas.—"I have taken Lydia E. Pinkham's Vegetable Compound and derived great benefit from its use. It carried me safely through the Change of Life when I was in bad health. I had that all gone feeling most of the time, and headache constantly. I was very nervous and the hot flashes were very bad. I had tried other remedies and doctors, but did not improve until I began taking Lydia E. Pinkham's Vegetable Compound. It has now been some time since I took the Compound and I have had no return of my old complaints. I always praise your remedies to weak women."—Mrs. HENRY HEAVILIN, R. F. D. No. 5, Cadiz, Ohio.
From Mrs. EDWARD B. HILBERT, Fleetwood, Pa.
Fleetwood, Pa.—"During the Change of Life I was hardly able to be around at all. I always had a headache and I was so dizzy and nervous that I had no rest at night. The flashes of heat were so bad sometimes that I did not know what to do.
"One day a friend advised me to take Lydia E. Pinkham's Vegetable Compound and it made me a strong, well woman. I am very thankful that I followed my friend's advice, and I shall recommend it as long as I live. Before I took the Compound I was always sickly and now I have not had medicine from a doctor for years. You may publish my letter."—Mrs. EDWARD B. HILBERT, Fleetwood, Pa.
From Mr. F. P. MULLENDORE, Munford, Ala.
Munford, Ala.—"I was so weak and nervous while passing through the Change of Life that I could hardly live. My husband had to nail rubber on all the gates for I could not stand to have a gate slam.
"I also had backache and a fullness in my stomach. I noticed that Lydia E. Pinkham's Vegetable Compound was advertised for such cases and I sent and got a bottle. It did me so much good that I kept on taking it and found it to be all you claim. I recommend it to all women afflicted as I was."—Mrs. F. P. MULLENDORE, Munford, Ala.
Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.

one who had been under his care once in the time he practiced in Statesville, I was not surprised to see the eager affection with which his poor patients came to him; how their eyes sought him as one who, they dimly understood, sought ever for their relief. Verily, like St. Luke, this is to be "a beloved physician."
I have thought it well to say something in regard to modern treatment of the insane. Until recent years, nothing more horrible than the manner in which they were tormented could be imagined. Confined in underground dungeons, tortured by whips, sleeping on straw, no wonder that "Bedlam" was a word that conjured up maelstrom horrors and that frantic efforts were made by those connected with the insane to keep them at home, even when to do so was dangerous. What Howard and Elizabeth Fry were to the convict and felon, that Sicilian nobleman, Count Pisani, was to the ailing, helpless, afflicted and the who were deprived of man's noblest attribute, the reason. Becoming intensely interested in their treatment, he gave up so them his magnificent estate, Castelnuovo, resigned to them nearly all his income, lived in a cottage and in the plainest manner himself, sought out the wisest and most humane physicians, still desiring the right to do as he felt best, in many cases and, by his intelligence, patience, skill and love, proved to a jeering world that cure was possible in many cases and, where impossible, that the patient's condition could be greatly improved and his suffering made as happy as it could be by the use of gentle, humane methods, with confinement in healthful conditions where the case might be a homicidal or suicidal one. It was he who through the fondness of his patients for "La Tarentella," the national dance, discovered the beneficial effect of such merriment upon the insane. Through his hospital the new treatment spread over all the civilized world until now we see the outcome in such institutions as the one here described. And in the faces of those in charge of these patients, the self-sacrifice, patience, firmness, gentleness marked on them is seen that God has led the right sort of men and women to care for his afflicted ones. May He help them in their work.

Newton High School defeats Hickory High School in a baseball game at Newton Friday afternoon by the score of 17 to 2.
Most Prompt and Effective Cure for Bad Colds.
When you have a bad cold you want a remedy that will not only give relief, but effect a prompt and permanent cure, a remedy that is pleasant to take, a remedy that contains nothing injurious. Chamberlain's Cough Remedy meets all these requirements. It acts on nature's plan, relieves the lungs, aids expectoration, opens the secretions and restores the system to a healthy condition. This remedy has a world wide sale and use and can always be depended upon sold by all dealers. adv

Children Cry FOR FLETCHER'S CASTORIA

The Iron Cross.
(By Pearl King Stevens.)
I.
"Brave Soldier, tell me the story Of the little Iron Cross— Why you wear it—what it stands for Does it stand for GAIN or LOSS?"
II.
Then the Soldier, proudly smiling, Tho' his form was bent and gray, Stood "attention" to the question, And his look was far away
III.
And I knew a far-off vision Of the battle field then came, To this hero of the Lost Cause, Who had never fought for fame,
IV.
But to save the Southern honor He had entered in the fight, Bravely he had sought to shield her, To maintain the South's own Right.
V.
Thus the Soldier, smiling, answered— "I am proud to wear this cross, And to me it stands for HONOR— Neither GAIN or LOSS."
VI.
When the Southern Rights were threatened, And the call, 'to arms' was heard, Straight I marched to the conflict And I questioned not a word
VII.
Marshalled were the forces 'round me And the foe were near at hand, 'Courage, onward' calls the Captain 'Fight for home and Dixie Land!"
VIII.
And altho' to some came horror, Rank and file, in the fray No insinuations sought I after And content I am today.
IX.
Proud am I to wear this token Of the great Confederacy, Pinned by hand of tender woman— Highest honor this to me.
X.
And it does not stand for malice, Neither envy, loss or gain, But it marks a Southern Soldier Which means more than rank or fame.
(The above poem was written by Mrs. R. H. Stevens of this city, a member of Greenville Chapter, U. D. C., for the historical evening of the recent U. D. C. Convention held in Charleston.)

Wood's Seeds.
Cow Peas, the great forage and soil-improving crop.
Soja Beans, the most nutritious and best of summer feed crops.
Velvet Beans make enormous growth; are splendid for summer grazing and as a soil renovator.
Write for "WOODS CROP SPECIAL," giving full information about these and other Seasonable Farm Seeds.
T. W. WOOD & SONS,
Seedsmen - Richmond, Va.
Our stocks of Cow Peas and Soja Beans are choice reclaimed stocks of superior quality and germination.

Henry Ford has built more automobiles than any man who ever lived. He knows how. That's the reason he can build "The Universal Car" at a wonderfully low price. Better get yours now—if you want a Ford this season.
Our great factory has produced nearly a quarter of a million Model T's. Prices: Runabout, \$525; Touring Car, \$600; Town Car, \$800—l. o. b. Detroit with all equipment. For full particulars get "Ford Times"—an interesting automobile magazine. It's free—from
M. V. Dunavant & Co.
Burke and Caldwell County and Hickory and Cline Township
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"Clincher" Paint
We know a paint which holds to the wood like a driven nail. Seasoned lumber is porous. The pores are the empty sap-cells. White lead paint, which dries on the wood in the form of a solid, elastic film, fastens into these pores, and the whole coat of paint is actually riveted like armor-plate to the surface it decorates and protects.
Lewis White Lead and Pure Linseed Oil
(Dutch Boy Trade-Mark)
make the paint that spreads into a solid body. It becomes a part of the wood itself—an outer layer that preserves the life of the lumber.
We sell it as well as other painting requisites. Come in and have a talk with us about painting.
D Shuford Hardware Co.

"FAGGED-OUT" WOMEN
Will Find a Helpful Suggestion In This Letter.
Overworked, run-down, "fagged out" women who feel as though they could hardly drag about, should profit by Miss Richter's experience. She says: "Last winter I was completely run down and felt fagged out all the time, was nervous and had indigestion.
"One of my friends advised me to take Vinol, and it has done me great good. The tired, worn-out feeling is all gone, and I am strong, vigorous and well. The stomach trouble soon disappeared and now I eat heartily and have perfect digestion. I wish every tired, weak, nervous woman could have Vinol, for I never spent any money in my life that did me so much good as that I spent for Vinol." Marie Richter, Detroit, Mich.
Thousands of women and men who were formerly weak and sickly owe their present rugged health to the wonderful strength-creating effects of Vinol. We guarantee Vinol to build you up and make you strong. If it does not, we give back your money. Moser & Lutz druggist, Hickory, N.C.

His Last Wish.
An Irishman lying on his death bed was questioned by his inconsolable prospective widow. "Poor Mike," said she, "is there anything that you'd make ye comfortable? Anythin' ye ask for Oi'll get fer ye."
"Plase, Bridget," he responded "I tink I'd loike a wee taste of the ham I smell a-boilin' in the kitchen."
"Arrah, go on," responded Bridget. "Divil a bit of that ham ye'll get 'Tis fer the wake."
—New York Evening Post.

Rheumatism Quickly Cured.
"My sister's husband had an attack of rheumatism in his arm," writes a well known resident of Newton, Iowa. "I gave him a bottle of Chamberlain's Liniment which he applied to his arm and on the next morning the rheumatism was gone." For chronic muscular rheumatism you will find nothing better than Chamberlain's Liniment. Sold by all dealers. adv.
A little girl was lost on the street, and was brought into the police station. The officers tried in every way to learn her name. Finally one of the officers said: "Tell me, little girl, what name does your mother call your father?"
"Why," responded the child innocently, "She don't call him any name; she likes him."—The Youth's Companion.
Cure for Stomach Disorders.
Disorders of the stomach may be avoided by the use of Chamberlain's Tablets. Many very remarkable cures have been effected by these tablets. Sold by all dealers. adv.



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Fine Residence and Difficult Remodeling a Specialty.
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Regular Visits to Hickory.
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THE OLD RELIABLE
For First Class Haircutting and Shaving.
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Honest service promised all who employ him to attend to their legal rights.
Will practice in all the courts of this State.

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Trained Nurse
Will be glad to serve Physicians in adjacent towns and country as well as in Hickory
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Electric Bitters
Made A New Man Of Him.
"I was suffering from pain in my stomach, head and back," writes H. T. Alston, Raleigh, N. C., "and my liver and kidneys did not work right, but four bottles of Electric Bitters made me feel like a new man."
PRICE 50 CTS. AT ALL DRUG STORES.

Freckled Girls
It is an absolute fact, that one 50 cent jar of WILSON'S FRECKLE CREAM will either remove your freckles or cause them to fade and that two jars will even in the most severe cases completely cure them. We are willing to personally guarantee this and to return your money without argument if your complexion is not fully restored to its natural beauty. WILSON'S FRECKLE CREAM is fine, fragrant and absolutely harmless. Will not make hair grow but will positively remove TAN, PIMPLES and FRECKLES. Come in today and try it. The jars are large and results absolutely certain. Sent by mail if desired. Price 50c. Mammoth jars \$1.00. WILSON'S FAIR SKIN SOAP 25c. For sale by

A NOTE TO YOU **HICKORY, N. C., April 30, 1913.**
It is in an effort to prevent a lapsus memoriae, on your part, of the fact that we are here, selling always the best of everything in the Drug line, that we persist in sending you these notes.
If you pass our door intentionally, then we have nothing to say; but if you forget we're here we know that's our fault, hence these frequent reminders.
Yours truly,
MOSER & LUTZ
"On the Corner" **Two Phones: 17 & 317**

In every community there are people who want the best of everything. More especially should this be practiced in the purchase of a piano.
You positively take no chance if you buy a
Sohmer Piano
one of the great art creations of the piano world.
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Over 25 years' experience in the piano business.
"Knows a Piano"
Fine piano tuning and repairing

Not a Matter of Cost
We see men every day on the streets who if they spent the money wisely on their clothes that they do spend in dress they could be well-dressed all the time. . . .
Right dressing depends on a right selection of materials, the right make, the right patterns, the right furnishings to correspond, we give you our knowledge of these matters gladly, consult us in the selection of your spring outfit. . . .
Our clothes are "correct" in material, style, quality and price. . . .
Call in today and look them over.
Moretz-Whitener Clothing Co.
"The Quality Shop"

You want your car to reflect in its name the judgment you exercise in choosing it. You want to mention the name with pride, not apology. You ask no odds of anybody, or of any car—no matter what its price—if yours is an Overland.
To manufacture an automobile that will give fairly good service with expert supervision is not a very difficult matter. But to produce a first-rate automobile, a car that gives uniform and unflinching satisfaction in the hands of the average user, was it to The Willys-Overland Company.
The Overland has been, and is, a splendid proof of its makers' conviction that a motor car of sterling qualities can be sold to the public at a price lower than that demanded by other manufacturers of similar cars.
Automobile values must be looked at from several different angles. You must consider not only the price, but what that price buys you. You must take into consideration the power, the strength, the beauty, the construction, the size, the appearance and the equipment of the car. You must judge a car by the material in it, the workmanship on it, the methods employed to produce it, and last but not least, the facilities behind the production methods.
"Take the equipment item alone. The car has a 'Willys' speedometer—the best made; a fine mohair top and top covering—a clear-vision windshield; a self-starter and Prestolite tank—every practical accessory made for an automobile. And all for no "extras."
Only enormous capital and gigantic preparation can accomplish this. The Overland has both, and in this regard is in a class by itself.
Model 69-T
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rches—110 in.
ition—Remy Magneto and battery.
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ires—32 x 3 1/2 in. Quick detachable rims.
Paints—Overland blue, gray wheels, nickel aluminum trimmings.
Come in and let us give you a trial ride. No obligation.
The Overland Car Co., Hickory, N. C.
Let US Print for YOU---We Print for Others.