# Women of Middle Age

From 40 to 50 Woman's Critical Period.

Such warning symptoms as sense of suffocation, hot flashes, severe headaches, melancholia, dread of impending evil, palpitation of the heart, irregularity, constipation and dizziness are promptly treated by intelligent women who are approaching the period of life.

This is the most critical period of woman's life and she

who neglects the care of her health at this time invites incurable disease and pain. Why not be guided by the experience of others and take Lydia E. Pinkham's Vegetable Compound? It is an indisputable fact that this grand old remedy has helped thousands of women to pass through this trying period with comfort and safety. Thousands of genuine and honest testimonials support this fact.

From Mrs. HENRY HEAVILIN, Cadiz, Ohio. Fort Worth, Texas.—"I have taken Lydia E. Pinkham's Vegetable Compound and derived great benefit from its use. It carried me safely through the Change of Life when I was in bad health. I had that all gone feeling most of the time, and headache constantly, I was very nervous and the hot flashes were very bad. I had tried other remedies and doctors, but did not improve until I began taking Lydia E. Pinkham's Vegetable Compound. It has now been sometime since I took the Compound and I have had no return of my old complaints. I always praise your remedies to weak women."—Mrs. Henry Heavilin, R. F. D. No. 5, Cadiz, Ohio.

From Mrs. EDWARD B. HILBERT, Fleetwood, Pa. Fleetwood, Pa.—"During the Change of Life I was hardly able to be around at all. I always had a headache and I was so dizzy and nervous that I had no rest at night. The flashes of heat were so bad

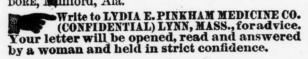
sometimes that I did not know what to do.

"One day a friend advised me to take Lydia E. Pinkham's Vegetable Compound and it made me a strong, well woman. I am very thankful that I followed my friend's advice, and I shall recommend it as long as I live. Before I took the Compound I was always sickly and now I have not had medicine from a doctor for years. You may publish my letter."—Mrs. Edward B. Hilbert, Fleetwood, Pa.

From Mrs. F. P. MULLENDORE, Munford, Ala. Munford, Ala.-"I was so weak and nervous while passing through the Change of Life that I could hardly live. My husband had to nail rubber on all the gates for I could not stand to have a gate slam.

"I also had backache and a fullness in my stomach. I noticed that Lydia E. Pinkham's Vegetable Compound was advertised for such asses and I sant and got a bottle.

vertised for such cases and I sent and got a bottle. It did me so much good that I kept on taking it and found it to be all you claim. I recommend it to all women affilicted as I was."—Mrs. F. P. MULLEN-





### L. L. Moss, Cabinet Shop

I can furuish building material for any kind of a job all first class work and will save you money.

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Cotton seed meal, hulls and dairy feeds a specialty. We also carry a full line of seed oats, clover and grass seeds. Get our prices before buying.

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# 

Would it not be wise to take time by the forelock and take a few shares of stock in Our Association, so as to be prepared for the future.

Our New Series 1913 "D" is now open and you are invited to take stock in this series.

The systematic saving of a small part of your earnings is what counts.

Just think of it! 25c. per week for \$\frac{1}{8}\$ 332 weeks in Our Association amounts to \$100.00

If you need help in Buying, Building, or Improving a home, call at our office and allow us to explain the Building and Loan way of helping you. We are always glad to help those who are trying to help themselves.

In our Loan Department we use the Miller's Rule: First come, first served.

Be wise and call and take out stock and file your application at once.

### First

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### STEAMER BURNS IN MID-ATLANTIC

Heroism Saves 521 From Tragic Death-135 Lives Reported Lost.

London, England, Oct. 12.-Not since the Titanic sank has the world been so thrilled as by a wireless message yesterday telling of the burning in mid-Atlantic of the steamship Volturno with a loss so far as known of 135 lives and the rescue of 521. The survivors were put abcard a fleet of steamers summoned by the Volturno's call for help.

The Volturno sailed from Rotterdam on October 2 for New York. According to the official statement she carried 22 first cabin passengers, 538 steerage and a crew numbering 96.

The rescue ships reached the scene of the disaster in plenty of time to save all, but for hours stood by the blazing vessel unable to to reach, because of the storm, the agonized men, women and children crowding the after part of the ship, a stone's throw

All night Thursday the lifeboats made a desperate effort to get alongside the Volturno but the waves Leat them back again and again and not until the storm abated at daylight Friday did the rescuers succeed in removing the survivors from the doomed ship. Even now only the fringe of one of the most thrilling tales of the sea is available.

The Volturno was well equipped with boats, sufficient, the agents sav for 1000 people, but the boistorous sea or lack of boat drill, or panic among the passengers, prevented the succesful employment of them.

## DISCOVERY OF LAND LARGE AS GREENLAND

Members of the National Geographical Society said that the reported Russian discovery of a continent 500 miles north of Asia, if true, would be the last great discovery of land. They pronounced it the most important discovery within the Artic circle in the last century.

The report from St. Michaels, Alaska, that Commander Wilkitzky, in command of the Russian Government steamers Taimyr and Waygatch, has arrived there and announced the discovery of a body of land as large as Greenland, extending beyond lattitude 81 North and longitude 102 east, came as a distinct surprise to the members of the society. It was known that the Russian Government for years had pursued a survey in the Siberian ocean, but no word had reached them of regular exploring expeditions into the frozen north. The expanse north of Canada, Alaska and Siberia has long been regarded as an inviting field for investigation, however, and the Canadian Government sent Viljhalmar Stefansson into the thearea last summer on a three-year expedition.

### WOMEN SUBJECT TO

stant sufferer with severe pains in my back and was on the verge of nervous prostration resulting from kidney troable and other complications. A friend of mine recommended Dr. Kilmer's Swamp-Root as a sure cure for these roubles. Acting upon her advice I began taking Swamp-Root and began o improve before I had finished the first bottle. I continued its use until I had taken several bottles and conoletely cured. I am happy to say that I am as well as any woman on earth get into the large church build-and have been so for the past nine ing. The isles were packed and years, thanks to Dr. Kilmer's Swamp-Root, and I cheerfully recommend it to all who suffer from kidney troubles.

this 21st day of March, 1912.

JOHN J. BALL,

Notary Public.

### TESTS LOYALTY TO

Mexico City, Oct. 15. - There has been endless speculation here regarding the effect of Provisional President Huera's coup d'etat. Many appear to believe that the logical result will be a split in the army, which they assert has been held together only by the force of general Huerta's personality The argue that there has been dissat sfaction over Huerta's course in general and that this will test loyalty fo to the danger point. They look for startling developments in the near

On the other hand, there is a large

Children Cry FOR FLETCHER'S CASTORIA

# This Beautiful Hair



Is like what you want your hair to be-

> Lustrous, bright and glossy; soft, silky and wavy.

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# HARMONY HAIR BEAUTIFIER

It's just what its name implies - just to make the hair glossy, and lustrous, and more beautiful - just to make it easier to dress, and more natural to fall easily and gracefully into the wavy lines and folds of the coiffure, just to give that delightful fresh and cool effect, and leave a lingering, delicate, elusive perfume.

Will not change or darken the color of the hair. Contains no oil; therefore, cannot leave the hair sticky or stringy.

Very pleasant to use, very easy to apply simply sprinkle a little on your hair each time before brushing it. To thoroughly clean your hair and scalp,

### Harmony Shampoo

A liquid shampoo to keep the hair clean, soft, smooth and beautiful. It gives an instantaneous rich, foaming lather, penetrating to every part of the hair and scalp. It is washed off just as quickly, the entire operation taking only a few moments.

It leaves no lumps or stickiness.

- Just a refreshing sense of cool, sweet cleanliness. - Just a dainty, pleasant and clean fragrance. Both in odd-shaped ornamental bottles, with sprinkler tops.
Harmony Hair Beautifier, \$1.00; Harmony Shampoo, 50c. Both guaranteed to please you, or your money back.

Sold only by the more than 7000 Rexall Stores—The World's Greatest Drug Stores—and made in our own big Boston Laboratories, where all the delightful HARMONY, VIOLET DULCE and BOUQUET JEANICE P riumes and Toilet Preparations are made.

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No. 2 7.00 a. m.

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5.35 p.n

Lv

in order to hear the message of the distinguished North Caro-

Very truly yours, MRS. ALVA BAXTER, 407 Cypress St. Orange, Texas Subscribed and sworn to before me

Prove What Swamp-Root Will Do For You. Send 10c to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. It will convince anyone. You will also receive a booklet of valuable information, telling all about the kidneys and bladder. When writing, be sure and mention the Hickory Democrat. Regular fifty-cent and one-dollar size bottles for sale at all drug stores. (adv.

# THE BREAKING POINT

elment which believes President Hueria took the only possible course and ex press wonder that he had not taken the step long ago. Huerta's friends say it is no secret that had the deputies believed any substantial part of the army would stand with them they would have overidden Huerta and taken the reigns of government wholly in their hands.

### Crowd. Way Durham, Oct. 12 - Josephus

Daniels, secretary of the navy, opened the first of a series of monthly meetings for men at the First Baptist church this afternoon with an address on character, which he said was the basal structure in the American republic, Mr. Daniels was heard by over 1,200 men, and there were many who could not get into the large church buildpeople stood all around the walls

connecting at Maxton with A. C. L. for points north: No. 16—8:00 P. M.—Handles local sleep-

mond to New York. WEST BOUND.

fordton, connecting at Bostic with C. C. & O. for all points on that line to Johnson City, Tenn. Connects at Lincolnton with C & N. W. for all points. No. 31-3:00 P. M.-Local for Ruther-

fordton, from Raleigh, connecting at Bostic with C. C. & O. for Marion, Mt. Mitchell and Alta Pass; connecting at Lincolnton with C. & N. W. for points on that line. Connects at Lincolnton with C. & N. W. for Newton,

Hickory and Lenoir.
TRAINS ARRIVEIN CHARLOTTE.
No. 15—9:10 A. M.—From East.
No. 34—10:05 A. M.—From West.
No. 19—12:10 P.M.—From Wilmington.
No. 31—2:40 P. M.—From Raleigh and

East.
James Ker, Jr., T. P. A.,
Charlotte, N. C. H. T. Orr. Ticket Agent, Charlotte, N. C. J. T. West, D. P. A. Raleigh, N. C.

" 24 9.30 " ':6 11.00 · " The above schedule, figures and connection pul ished only as information and are not guaranteed C. V. PALMER, Gen Pas. Agent Charlotte, N. C. E. O. JENNINGS, Com. Agent.

### Seaboard Air Line Rail-

TRAINS LEAVE CHARLOTTE, EF-FECTIVE APRIL 27, 1913. EAST AND NORTH BOUND.

No. 14-5:00 A. M.—Through train for Wilmington, with parlor car attached. Connecting at Hamlet with train for Portsmouth, Nor-folk, Raleigh and all points north. Dining car service, vestibule coaches and sleeping cars to Washington and New York, connecting at Maxton for A. C. L. points north. No. 34—10:10 A. M.—For Raleigh and

all local points. Parlor car Charlotte to Raleigh.
20-4:50 P. M.—For Wilmington, sleeping car passengers can stay in all night at Wilmington. This train connects at Hamlet for Savannalı, Jacksonville and all points south and north and

er Portsmouth-Norfolk, connecting at Monroe for Atlanta and all points west and southwest; also connects at Monroe with fast train for Norfolk, Richmond, Washington and New York, through vestibule coaches, Pullman electric lighted sleeping cars to New York, dining cars Rich-

No. 15-9:10 A. M.-Local for Ruther-

all local points.

No. 16-7:50 P. M.—From West.

No. 13-11:00 P. M.—From Wilming-

ington and all local points North and

C. B. Ryan, G. P. A. Norfolk, Va.

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EXPEDITING TRAVEL TO AND FROM TEXAS AND THE SOUTHWEST Electrically lighted equipment, including Coaches and Pullman Sleepin Cars. Meals a la carte in the diner. Good Connections—Fine Service

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