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 MONDAY, OCT. 1, 1917
 CONGRATULATIONS
 To the untiring efforts of N. W. Clark, president, and to his board of directors, who never let up from last fall to this, the success of this year's fair is due. Mr. Clark was on the job all the time and he performed his duties in a manner that must meet with the approval of all persons who have an interest in the institution.
 We have demonstrated this year that people will pay good money to visit the exhibits. Under President W. J. Shuford last fall the fair as it is now known was more or less of an experiment; and though a big success, there might have been doubt as to this year. Well, there are no Doubting Thommies any longer.
 We are expecting to see the fair grow better and better each year. There is every reason why it should. Frankly, we should like to see it ahead of the State Fair, and if there is the proper interest in it each year, the Catawba County Fair may come to represent all this section of North Carolina.
 We want to congratulate President Clark, Secretary Deaton and the officers of the fair on their good work.
 THOROUGHLY CONVINCED
 The time has past when the newspaper reader, running his eye along a new exposure of German intrigue or atrocity, will say to himself, "That is a prevarication." People have been fed on so much information of Prussian misconduct in every country on the globe that they are ready to believe anything that they are told.
 The American people do not hate the German people, and we hope they never will, but it is a fact that their sense of decency and justness is being outraged so often that it will take years to overcome their repugnance to all that is Prussian. The American people are not to blame. We know they have fought against this feeling.
 As soon as they had forgot one thing another, probably worse would come up. For "supermen," the Prussians have behaved towards the rest of the world like vipers.
 Frank H. Simonds recalls attention to the fact that the only two decisive battles of the war on the western front were won by the French—almost single-handed at that against the entire German force—at the Marne and at Verdun. Though numerically weaker than the Germans, the French parried the deadliest thrusts of their enemies and inflicted on them two stinging defeats. That being so, this greatest of all military observers sees no reason why the western allies, with Britain and Italy doing their full part and the United States ready by spring to hurl 500,000 men against the Germans, should not be able to win a decision on the offensive. If Germany persists in the war, Mr. Simonds says, its man power will be exhausted and Germany's recovery after the war will be much slower than that of any of the other belligerents. The Teutons are losing a man for every soldier lost by any of their opponents.
 Mr. R. W. Haywood, one time owner of the Greensboro Telegram and for the past three years connected with the News and Observer, has been made editor of that paper during the absence of Secretary Daniels in Washington. Mr. Haywood is well known by the newspaper men in the state and his selection to succeed Mr. Britton will be received with much favor. Mr. Haywood is able, well educated and fearless and in addition to being a strong writer is an all round man. The Record congratulates both him and the News and Observer as well as that paper's readers.
 The absence of war news from the British front for the past few days mean almost anything, but we can't guess what.

North Carolinians who had followed the course of events in Washington were keenly disappointed at the failure of the president to name Mr. Travis as a member of the interstate commerce commission. It was a position that he would have held with entire credit, and members of the commission desired his level head to assist them.
 You can't draw Mr. Cansler into a controversy, the Charlotte lawyer defying the efforts of the yellow journalists to make him write more than 4,000 words in one breath.
 WAR'S HELPFUL LESSONS
 Atlanta Constitution.
 This war is a dreadful thing, the most horrible calamity, in many respects, that ever befell the world, but out of it are coming lessons that we have sorely needed, and which will prove of incalculable benefit to us throughout the years to come.
 Every class and branch of American industry will in the long run be greatly helped by the war, rather by the application of lessons which only the war could teach.
 The railroads of the country, for instance, have learned the wastefulness, the uselessness and the unreasonableness of hauling empty or only partially loaded cars. They are not doing that now because the exigencies of the war will not permit it, and a way has been found to avoid it.
 According to the latest official bulletin issued by the railroads' war board, of which Fairfax Harrison is the most efficient chairman, the excess of unfilled orders for cars has been cut from 106,644 on May 1 to 31,951 on September 1, notwithstanding the tremendous increased demands during that period for cars for the transportation of military materials, lumber for training camp construction etc., and the extra demand upon track, terminal and other facilities for the movement of troops and military supplies.
 It has simply been that the railroads had a hitherto unheard of situation to meet and found a way to meet it.
 The hauling of "empties," and the waste of freight-storage in cars and in freight has been reduced to the minimum; every locomotive and every car has been made to perform its capacity service. Railroad operations have simply been more efficiently systematized, that's all, and what the carriers are doing now they could have been doing during the last three years of rail "congestion" only they have not known before how to do it.
 And the experience of the railroads in the matter of increased efficiency has had its counterpart in nearly every other line of industry, especially those of a public utility character.
 Then, while the railroads and the other big industries of the country have been learning how to conserve energy and to facilitate the performance of their functions, the householders of the country have been learning how to economize—how to curtail waste. They have learned how to clean the garbage can.
 We Americans have been the most wasteful and the most extravagant people in the world, but we are not now and probably never will be so considered again—all because of the war!
 And while the industries, the households and the public generally have been learning these useful and much needed lessons, the young manhood of the country has been learning how to stand and walk erect! And after the war is over we shall have some hundreds of thousands of young "veterans" of robust physique, stout hearts, tough muscles, well developed bodies, straight spines and plenty of self-reliance, because of service on the drill grounds, in the training camps and on the field where the walking has no place.
 In more ways than one the hardships, the horrors and the terrors of war have their compensations.

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Doctor Says Nuxated Iron Will
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 In many instances—Persons have suffered untold agony for years doctoring for nervous weakness, stomach, liver or kidney diseases or some other ailment when the real trouble was lack of iron in the blood—How to tell.
 New York, N. Y.—In a recent discourse Dr. E. Sear, a Boston physician who has studied widely both in this country and in great European medical institutions, said: "If you wish to make an actual blood test on all people who are ill you would probably be greatly astonished at the exceedingly large number who lack iron and who are ill for no other reason than the lack of iron. The moment iron is supplied all their multitude of dangerous symptoms disappear. Without iron the blood at once loses the power to change food into living tissue and therefore nothing you eat does you any good; you don't get the strength out of it. Your food merely passes through your system like cork through a mill with the result that as a result of this continuous blood and nerve starvation, people become generally weakened, nervous and all run down and frequently develop all sorts of conditions. One is too thin; another is burdened with unhealthy fat; some are so weak they can hardly walk; some have nervous depression; some are unable to sleep; some can't sleep at night; others are sleepy and tired all day; some fussy and irritable; some generally unwell, but all lack physical power and endurance. In such cases, it is worse than foolishness to take stimulating medicines or narcotic drugs, which only whip up your fading vital powers for the moment, maybe at the expense of your life later on. No matter what any one tells you, if you are not strong and well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary Nuxated Iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens of nervous, run-down people who were ailing all the time double, and even triple, their strength and endurance and entirely got rid of their symptoms of dyspepsia, liver and other troubles in from ten to fourteen days' time simply by taking iron in the proper form, and this, after they had in some cases been doctoring for months without obtaining any benefit. You can talk as you please about all the wonderful wrought by new remedies, but when you come down to hard facts there is nothing like good old iron to put color in your cheeks and good sound, healthy flesh on your bones. It is also a great nerve and stomach strengthener and the best blood builder in the world. The only trouble was that the old forms of inorganic iron, like tincture of iron, iron acetate, etc., often ruined people's teeth, upset their stomachs and were not assimilated, and for these reasons they frequently did more harm than good. But with the discovery of the newer forms of organic iron all this has been overcome. Nuxated Iron, for example, is pleasant to take, does not injure the teeth and is almost immediately beneficial."
 NOTE—The manufacturers of Nuxated Iron have such unimpeachable evidence in its favor that they authorize the announcement that they will forfeit \$100 to any doctor, pharmacist or chemist who can take any man or woman whose body lacks iron and increase their strength 100 per cent. or over in four weeks' time, provided that no person capable of doing so will refuse to enter in any case in which Nuxated Iron does not at least double their strength in the given time. It is enclosed in each one of all our drug stores.

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 Brethren cordially invited to be present.
 F. L. MOOSE, W. M.
 D. L. MILLER, Sec'y.

Piedmont Council
 No. 43, Jr. O. U. A. M.
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 D. D. TAYLOR, Councilor.
 W. I. Caldwell, Rec. Sec.

Catawba Lodge No. 54
 K. of P.
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