

AFTER DINNER

Shoemaker Tells How He Found Relief From Painful Spells of Stomach Trouble, and Grew Stronger.

Tryon, N. C.—"About five years ago I had a very serious stomach trouble," says Mr. T. G. Tucker, of this town. "I had a number of these spells. I would get cold and just shake, and had very severe pains in my chest. "I suffered a great deal. I kept using different remedies and did not get results. I would suffer till I would break out in cold perspiration. I knew something must be done. "I had taken Black-Draught, but just an occasional dose for constipation. I decided it might do me good in these spells. I took a dose after meals, and, sure enough, it did. "It helped me so much until now I keep it in the house all the time. I am a shoemaker, and when I have my dinner sent to my shop I have a package of Black-Draught where I can take it afterwards. It is a splendid medicine. I am glad to praise it for the suffering it saved me. "I have used Black-Draught five years, and these spells grew less frequent after a couple of doses. Now I am much stronger than I have been in years, due to Black-Draught."

Thedford's Black-Draught is purely vegetable, pleasant to take, and acts in a prompt and natural way. So many thousands of persons have been benefited by the use of Black-Draught, you should have no hesitancy in trying this valuable, old, well-established remedy, for many liver and stomach disorders. Sold everywhere.

Hubby as a Shopper.

With an air of great daring the meek-looking man walked into the department store.

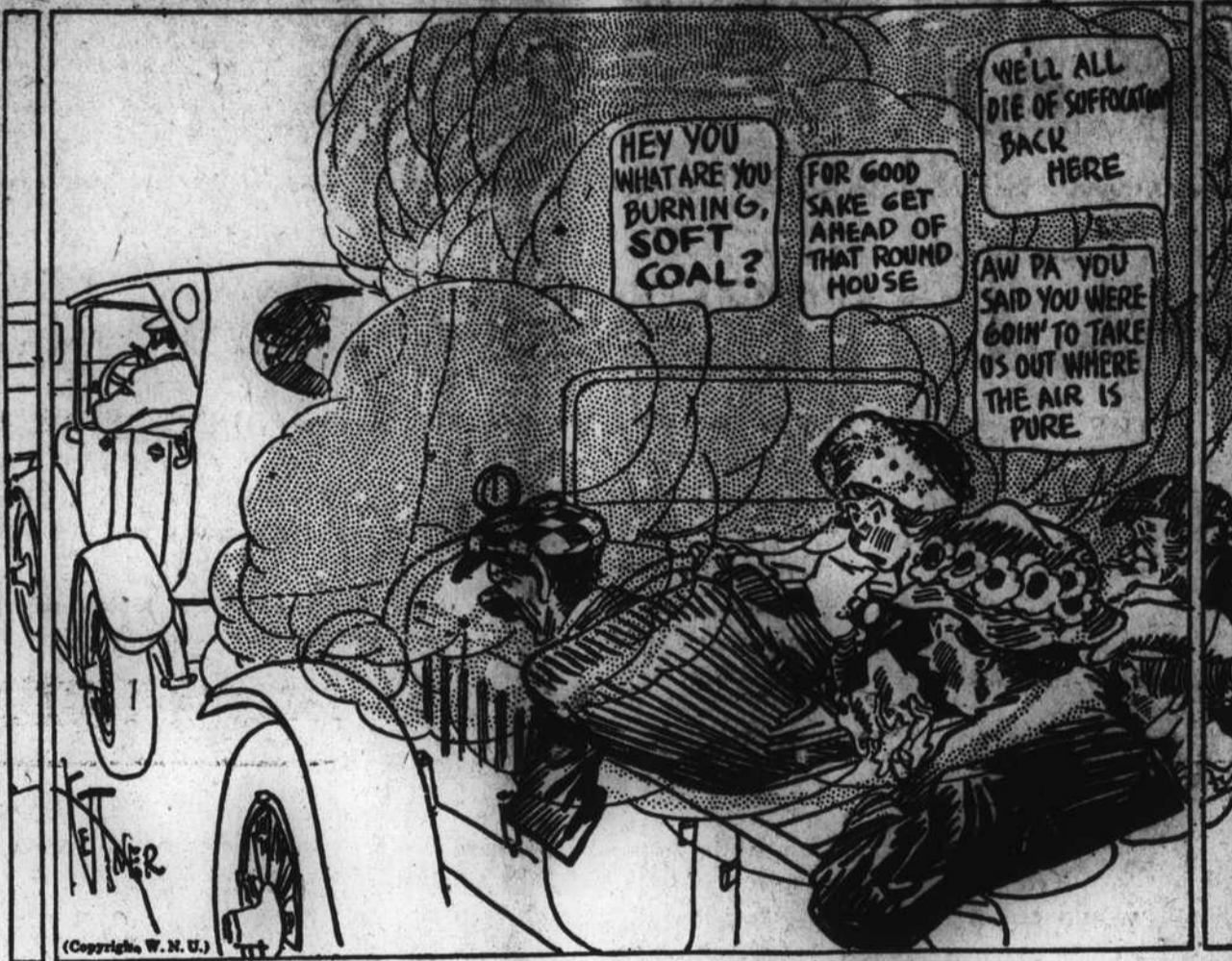
"I—er, want a pair of gloves for my wife," he said shyly.

"Yes, sir," replied the salesgirl, blithely, "what color? Kid suede or hiale, and how many buttons—two, four, six, eight—"

"I don't care," replied the man boldly, "so long as they don't button down the back."

OUR COMIC SECTION

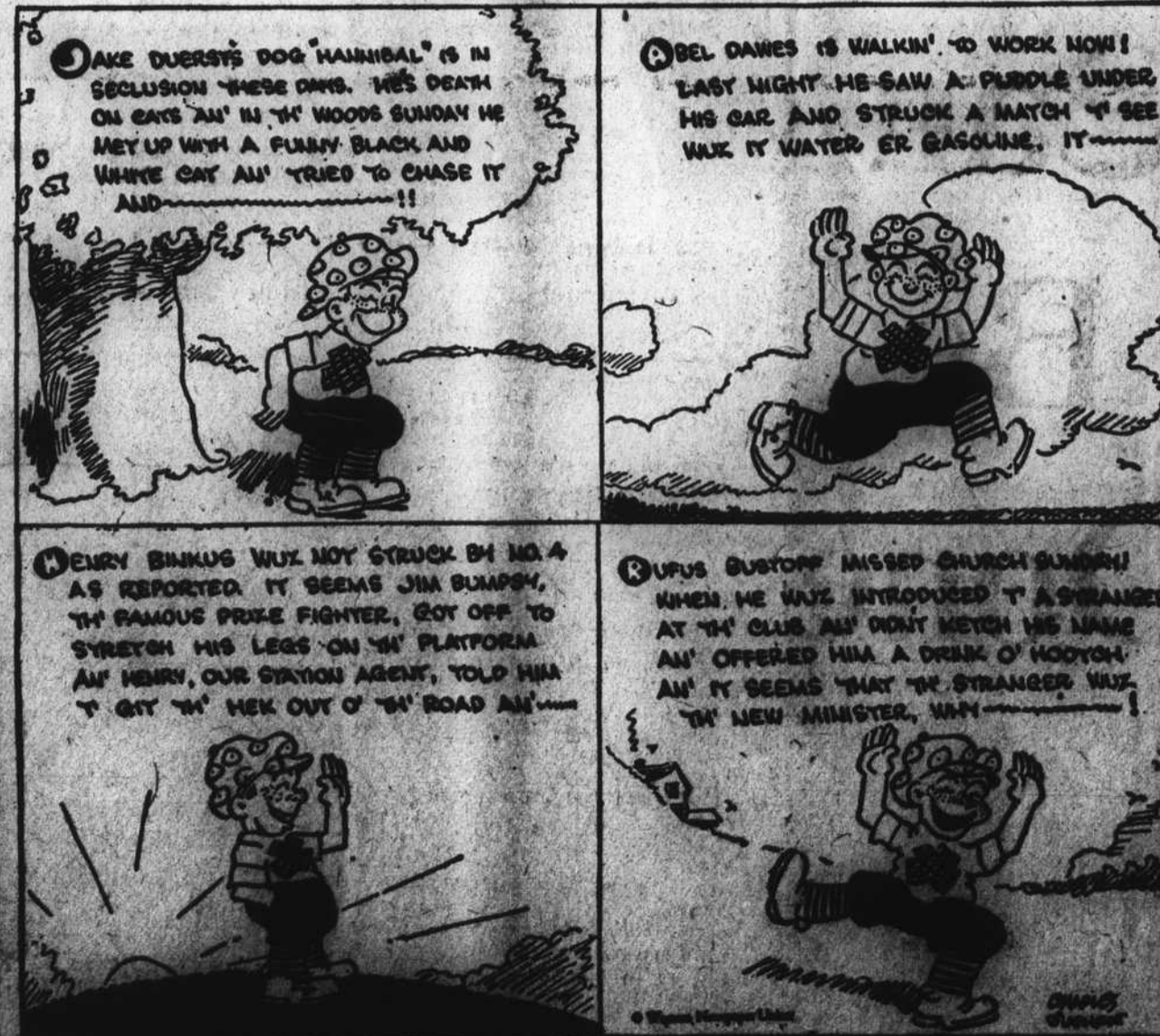
On the Concrete



The Calorie Business Is Too Much Trouble



Write Your Own Endings



Community Building

CULTIVATION OF VACANT LOTS

Work Scientifically Undertaken in City Has Proved Beneficial and Profitable.

In 1898 Charles C. Grout, of the Indianapolis Charity Organization society, thought gardening a good thing and from that time until it was taken over by the Patriotic Gardeners' association, the first year of the World war—a period of 18 years—the plan was kept in operation as a branch of the charity organization work, being designated as "Vacant Lot Cultivation and Home Decoration." The "home decoration" part of it meant cleaning up and beautifying of yards by whatever means would accomplish the purpose. Franklin Vonnegut was long the chairman of the vacant lots committee, and to him and Mr. Grout in particular was largely due the good that was accomplished in those 18 years. The source of support was an annual campaign for subscriptions. These rarely if ever ran over \$500. The returns, as far as the money value could be figured, were estimated at from \$1,500 to \$2,500, while the improvement of surroundings and the effects upon character were not to be estimated—in dollars at all. Many schools, especially in parts of the city where land could be easily obtained, took up the work with zeal. In his report of 1910 Mr. Vonnegut says that the neighborhood about Christamore settlement was transformed by the work of as many as forty families that had painted or whitewashed their fences and turned their yards into gardens, and that the most direct benefit had accrued to families that had been depending on charity. The land thus cultivated, that year amounted to 850 full-sized lots that would otherwise have been waste, and many of them dumping grounds for trash. The first plowing and the seeds were furnished free and the gardeners did the rest.—Indianapolis News.

ADVICE FOR HOME BUILDER

Young People May Be Too Enthusiastic, but the Project Is a Profitable One.

To the young couple just starting out in life a home of their own means, in the first place, a definite goal towards which to work, without which people are apt not to get anywhere in particular, writes a banker in the Kansas City Star.

Statistics will show that where a family is to be located permanently in a city it is cheaper to own a modest home than it is to pay present-day rentals.

The home builder will find plenty of money offered him by banks and loan companies at a very nominal interest rate, providing he is able to furnish at least one-half of the amount needed to buy his lot and erect his residence.

Any banker or reliable loan company would be glad to discuss plans and methods of financing with the prospective home-owner.

It is a good idea to use caution in attempting to buy a home beyond one's means. Sometimes the monetary enthusiasm occasioned by the chance to obtain a beautiful home at a bargain will cause the buyer to assume contracts which will be impossible for him to meet later.

Garage Should Conform to Home.

Architects and builders, as well as developers of subdivisions of class are giving serious consideration to the problem of the garage, now that we are rapidly becoming a nation of automobile owners.

Rising costs have simplified building design and people have awakened to the fact that the simpler this design and the freer from gewgaws, the prettier it is.

In this improvement it is imperative that the garage shall conform to the architecture of the house and that an owner who puts real money into his home is very foolish if he permits the unsightly "woodshed" type of garage to be built. It is as much out of place as the practice of some builders who use Spanish tile on a colonial house. The owner should see to it that if his house is Dutch colonial his garage shall be Dutch colonial, too, and if Spanish that he get a Spanish type garage. But whatever the type, it is to be hoped there will be a rapid disappearance of the "woodsheds."

Adversity Finds Few Friends.

Ovid aptly compares a broken fortune to a falling column; the lower it sinks, the greater weight it is obliged to sustain. When a man's circumstances are such that he has no occasion to borrow, he finds neighbors willing to lend him; but should his wants be such that he sees for a trifle, it is two to one whether he will be trusted with the smallest sum.—Goldsmith.

Wiseacre's Indiana Town.

Pendleton, Ind., though a community of only 1,500 people, has transformed an abandoned railroad site and an unsightly rock quarry into a municipal park and swimming pool. The cost, \$8,000, was repaid the first year by a ten-cent admission charge to out-of-town visitors.—Chicago Daily News.

Pisco's War Memorial.

San Francisco's war memorial buildings, to be located in the civic center, will consist of an opera house, museum and American Legion headquarters.

THIS LITTLE BABY GIRL

Was Benefited by the Good Her Mother Got from Lydia E. Pinkham's Vegetable Compound

Pittsburgh, Pa.—"I took Lydia E. Pinkham's Vegetable Compound before my little girl was born, and the effect it had was wonderful. This will be the first child I have nursed, as I had to bring my two boys up on the bottle. I was very nervous and worried tired all the time, and after I read about the Vegetable Compound I tried it and kept on with it. I still continue its use and recommend it to my friends. You may publish these facts as a testimonial for your medicine."—Mrs. W. M. KLING, 169 Plymouth St., Pittsburgh, Pa.

It is remarkable how many cases have been reported similar to this one. Many mothers are left in a weakened and run-down condition after the birth of the child, and for such mothers the care of the baby is well-nigh impossible. Not only is it hard for the mother, but the child itself will indirectly suffer.

Lydia E. Pinkham's Vegetable Compound is an excellent tonic for the mother at this time. It is prepared from medicinal roots and herbs, and does not contain any harmful drugs. It can be taken in safety by the nursing mother.

Women Made Young

Bright eyes, a clear skin and a body full of youth and health may be yours if you will keep your system in order by taking



The world's standard remedy for kidney, liver, bladder and uric acid troubles, the enemies of life and looks. In use since 1696. All druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation.

FRECKLES

Don't Hide Them With a Veil; Remove Them With Othine—Double Strength

This preparation for the treatment of freckles is usually so successful in removing freckles and giving a clear, beautiful complexion that it is sold under guarantee to refund the money if it fails.

Don't hide your freckles under a veil; get an ounce of Othine and remove them. Even the finest applications should show a wonderful improvement, some of the lighter freckles vanishing entirely.

Be sure to ask the druggist for the double-strength Othine; it is this that is sold on the money-back guarantee.

Mitchell Eye Salve For SORE EYES

AVOID dropping strong drugs in eye save from Alcohol or other irritation. The old simple remedy that brings comforting relief is best. 25c, all druggists.

Kill All Fleas! THEY SPREAD DISEASE

Destroy every FLEA FLY ELLER, mosquito, and all other pests. Kills all flies, mosquitoes, and all other pests. The old simple remedy that brings comforting relief is best. 25c, all druggists.

FARRER'S HAIR BALM

Removes Dandruff, Itching, and all other scalp troubles. Keeps the hair clean, cool, and healthy. Sold in 25c and 50c bottles. All druggists.

HINDERSON'S

Removes Dandruff, Itching, and all other scalp troubles. Keeps the hair clean, cool, and healthy. Sold in 25c and 50c bottles. All druggists.

FREE ADVICE ON HOW TO BECOME SUCCESSFUL

in real estate and insurance business. For literature, send 10c to: Realty Company, Dept. 5, San Diego, Calif.

We Still Feed the World.

The world's greatest provider continues to be our Uncle Sam. The Department of Commerce tells us that last year the United States exported to the rest of the world foodstuffs valued at \$1,382,900,000—by far the largest in history. Export of breadstuffs amounted in value to \$748,000,000, to which wheat contributed more than half. The most surprising figures showed that eggs valued at \$10,000,000 went to China; the original home of the hen and greatest egg-exporting country in the world.

Better Not Doubt.

"But if I don't say anything they'll think me a fool." "Well, if you do they'll be sure of it."

Sure Relief FOR INDigestion

Removes Dandruff, Itching, and all other scalp troubles. Keeps the hair clean, cool, and healthy. Sold in 25c and 50c bottles. All druggists.

Clear Your Complexion with This Old Reliable Remedy—HANCOCK SULPHUR COMPOUND

For pimples, black-heads, freckles, blotches, and tan, as well as for more serious face, scalp and body eruptions, hives, eczema, etc., use this scientific compound of sulphur. As a lotion, it soothes and heals; taken internally, a few drops in a glass of water—it gets at the root of the trouble and purifies the blood. Physicians agree that sulphur is one of the most effective blood purifiers known. Remember, a good complexion isn't skin deep—it's health deep. Be sure to ask for HANCOCK SULPHUR COMPOUND. It has been used with satisfactory results over 25 years. 60c and \$1.20 the bottle at your druggist's. If he can't supply you, send his name and the price in stamps and we will send you a bottle direct. HANCOCK LIQUID SULPHUR COMPANY, Baltimore, Md.

"Cutting teeth is made easy" MRS. WINSLOW'S SYRUP

The Infants' and Children's Regulator. As all druggists. Non-Narcotic, Non-Alcoholic. Oakland, Neb., Feb. 28, 1930. Anglo-American Drug Co. Gentlemen: I am more than glad to tell you of the experience and results obtained from your wonderful Baby Medicine. Our second baby is now seven months old and has never given us a moment's trouble. The first and only thing she has ever taken was Mrs. Winslow's Syrup. She has four teeth and is always smiling and playing. Cutting teeth is made easy by the use of Mrs. Winslow's Syrup. Most sincerely, (Name on request) ANGLO-AMERICAN DRUG CO. 215-217 Fulton Street, New York. Gen. Selling Agents: Harold F. Bittick & Co., Inc. New York, Toronto, London, Sydney.

ALLEN'S FOOT-EASE FOR THE FEET

Sprinkle one or two Allen's Foot-Ease powders in the Foot-Bath and soak and rub the feet. It takes the sting out of Corns and Blisters and Sores, Aching Feet. Then for lasting comfort, rub Allen's Foot-Ease into your shoes. It takes the friction from the shoe, keeps the feet and makes walking a delight. Always use it for dancing parties and to break in new shoes. Over One Million Five Hundred Thousand pounds of Powder for the Feet were used by our Army and Navy during the war. Third package and a Foot-Ease Walking Shoe sent post-free. Address: Allen's Foot-Ease, Le Roy, N. Y.