

# THE KINSTON FREE PRESS

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The boys on the Rhine ate Christmas dinner in a snow storm. But that was far better than to have partaken of it in a hail of bullets.

Wise is the young man who now accepts the challenge of educational opportunity rather than the glitter of gold of present commercial and industrial place.

### RECORD INVULNERABLE.

There may seem to be an unnecessary delay in discharging soldiers to the loved ones at home who are anxiously awaiting their return, but when it is considered that America has called to the colors four or five million raw recruits from civil life, has trained them to fighting forces that yielded to no superior in the world's history, has transported about half of the number three thousand miles through a submarine impeded ocean, has thereby added the needed strength requisite to defeating the enemy, has returned several thousand to home shores and mustered out about half a million men, all in the space of twenty-one months, the record is hardly attackable.

### RESULTS OF PROPER DIETING.

But Daniel purposed in his heart that he would not defile himself with the portion of the king's meat, nor with the wine which he drank. —And at the end of ten days their countenances appeared fairer and fatter in flesh than all the children which did eat the portion of the king's meat.—Daniel 1:8 and 15.

The wisdom of Daniel has perhaps been better exemplified since the United States entered the great world war and food conservation has been a reality with the people of this country than ever before. Certainly there has been a more general application of dietary principles. Simple, wholesome foods have been exacted to man's benefit as never before.

Soldier boys returning from training camps are living examples of the virtue of the simple life. College girls and boys at home on vacation show the unmistakable signs of "good keep."

American people can find little, if any, excuse for returning to the old practices of gormandizing and disrespect for the laws of nature as they apply to diet. Ignorance played an important part before the war but the dissemination of knowledge relating to food values has been so extensive and general, such ignorance has little reason for existence now.

## GEORGE SECOND, 40 HINDENBURG LEADS BLIND TIGERS, SIX ARMY TO RESTORE ALDERMEN, MAYOR ORDER AT BERLIN

(By E. B. Lewis)  
Kinston is situated east of Neuse River and west of Liberty Hill. It was incorporated in 1862 by George Webb, and mostly painted by George Curtis. It has 10 churches, 30 houses of ill-fame, 40 blind tigers and six policemen. It has six aldermen, one to each policeman, and one Mayor. It has 12 miles of asphalt streets, a water and light plant, and a bonded debt of \$800,000.  
Grow a Grove and Give 'Em Fresh Air.

It has enough school children to fill five school houses and three buildings to put them in. It has a police court and a public health officer. I have seen the health officer in the police court but he did not indict the city government for maintaining a nuisance. It has 2,000 kitchens and 19 cooks, 3,000 stoves and fireplaces and 44 cords of wood; \$10,000 worth of gas mains and no gas plant; three railroads and no passenger station; 500 babies and no park; 2,000 families, one "wash-parlor," and 17 washerwomen.

### In Logical Sequence.

It has 500 boys and no Y. M. C. A., building, one modern county jail, and one hog-pen for a town calaboose. It pays 18c for a quart of milk and \$8 for a quart of monkey-rum. The milk dealer is under the strictest regulations. The monkey-rum business is not under any regulation and is not even required to use individual cups.

It has several hundred soldier and sailor boys who have received the

(By The United Press)

The Hague, Dec. 28.—The Ebert government has virtually been overthrown, according to a dispatch filed at Berlin Thursday and received here today. The dispatch said Philip Scheidemann, socialist member of the government, had fled from the city. It predicted that a new cabinet would be formed, including Karl Liebknecht and George Ledebour, and that the central soviet would be summoned.

Berlin, Dec. 28.—Government troops renewed their bombardment of the royal palace this morning, killing several of the mutinous sailors entrenched there. The defenders finally surrendered. Field Marshal Von Hindenburg with an army of loyal troops is reported to be marching on Berlin to restore order. The bolsheviks still control the former social newspaper Vorwaerts.

### New Commandant.

London, Dec. 28.—Brutus Molkenshur, supporter of Karl Liebknecht, has been made commandant at Berlin, according to a dispatch from that city to the Daily Mail.

thanks of the greatest nations of the earth for their services to mankind, and no plan for their welcome home.

### Sure—Hold a Mass Meeting.

It is your town, your home, and will doubtless be your abiding place till you make your last visit to Maplewood Cemetery. Don't you think you could make it a better town and a better home for your children?

### THE "JIM CROW" LAW.

The suggestion of Judge George Pell of the North Carolina Corporation Commission that government ownership of railroads will mean the elimination of the "Jim Crow" cars in the South, is worthy of most serious consideration. It is already reported from Washington that negro leaders are protesting against the segregation of the races in public carriers in the South and endeavoring to have the railroad administration take cognizance of the matter.

One element of the criticism and complaint launched against the "Jim Crow" car is warranted. That is the poor accommodations that are, as a rule, provided for the negro. The Free Press believes that the railroads should unquestionably be required to provide comfortable cars and adequate seating for the negroes, who pay the same fare that is exacted of the white passengers. Legal provision for this is made in the southern states where the "Jim Crow" laws are in effect but there is a laxity in its enforcement that justifies complaint from the black man. The elimination of separate cars, however, is entirely a different matter. It is not one to be decided by misguided and misinformed agitators of the North. One may ride for days in the North, where there is no "Jim Crow" law and come in contact with but few negroes. Not so in the South. They crowd every train. The "Jim Crow" laws are based on principles that are sound. They are not simply the outgrowth of race prejudice as some northern sympathizers suppose.

The "Jim Crow" laws should be enforced to guarantee to the negro that he is accorded just treatment and what he pays for, but their repeal will never be tolerated so long as the purest Anglo-Saxon blood in America flows in the veins of southern men and women. The southerner believes in fair play for the negro and will accord him just treatment if not provoked to do otherwise by meddlers from other sections.

### EDUCATION OR GLITTER OF GOLD.

The call of the schools was never more timely for the youth of the land, than it is to-day. The coming of peace and reconstruction opens doors of opportunity to the young man and the young woman never before dreamed of. Problems are already confronted that summon master minds for their solution. The larger questions, as they emerge from a world labyrinth, will unquestionably engage the attention of trained minds to a greater proportion in the future than in the past.

There are conspicuous example of successful careers, which had no college beginning. They are comparatively few, however, and such careers are on a descending rather than ascending scale. Men and women who have taken leading places in life without the benefit of college training, have been unusual characters and only through diligent application and self education have they attained their positions. What might their successes have been had they enjoyed the college preparation?

The University of North Carolina, through display advertising, is bringing this important matter to the attention of the young men of the State and is urging those who entered in the Students Army Training Corps, to continue their studies even though the Government's appropriation for their maintenance has been withdrawn. This call should be very thoughtfully considered by both father and son.

The young man can enter commercial and industrial pursuits now, perhaps, more easily and at better initial pay than ever before. Unfortunately, however, if he yields to such present opportunities which of necessity must bring home to him in the future the stern realization of his limitations. Life's most outstanding successes are not the men who started with the largest salaries. Exactly to the contrary, few who thus make their start ever advance beyond the average humdrum existence.

## SOUTH KNOWS WHAT IS COMING TO THE PEOPLE OF EUROPE

"The enthusiasm, the team work, the dauntless spirit, which characterized the Liberty Loan committees, the banks, the press, and all the other agencies in the Fifth District that contributed to the success of the Fourth Liberty Loan, find most gratifying results in the enclosed analysis of subscriptions," says a letter from the Federal Reserve Bank of Richmond made public by local Chairman J. F. Taylor.

"This achievement is the more marvelous when we remember that 50 years ago most of what is now the Fifth Federal Reserve District was the worst war-torn, poverty-stricken area in America. Now, but two generations later, we respond to the call of the Nation with the flower of our manhood and with an outpouring of money second only to New England in oversubscription of the fourth loan.

A Great South. "These fine evidences of patriotism, of readiness to suffer for ideals, and of financial resources never before dreamed of, much less realized, are reassuring as they are sobering to the Liberty Loan workers upon whom has rested a financial task that three years ago would have been called impossible.

"Our people, better than any other in America, know that the war is not yet over. Recalling our weed-grown fields of the '60s, the nightmare of 'reconstruction' that followed Appomattox, the months that lengthened into years and then into decades before we came back into our own again, we know the needs of Belgium and of France, needs which America must meet.

Reconstruction; Oh! "We know that selfishness, brute force, 'carpet-bagging,' political self-seeking must remain beaten and trodden under foot, and that the splendid idealism of modern America must find realization in the treaty of peace, in the framework of the governments, and in the common thought of the peoples of the world. To forget the responsibilities of the world leadership through world service, to which America has come so notably in these latter days through the martyrdom of her sons, is to turn traitor to our best, to revive selfishness, and provincialism in our National life, and to prove unworthy of that high spirit which has burned away for us the baser motives of war.

"America has more than met the demands of war; she will make worthy response to the more difficult task of peace. For it has been easier to destroy the military machine of the Hun than it will be to stamp out of our National and international life the principles of brute force and the ideals of selfishness which his marvelous propaganda has sown throughout the civilized world.

Will Carry On. "We must 'carry on'—to the end. To complete our task will cost much in sacrifice and in money; but to fail to complete it is to endanger the future peace of the world. The testing of America is at hand."

The letter is signed by George J. Seay, governor of the bank.

### ASQUITH DOWNED.

LONDON, Dec. 28.—Herbert Asquith, former premier and leader of the opposition in Parliament, was defeated for reelection, it was revealed in election returns made public today. Sprit was elected from Asquith's district. Premier Lloyd-George was re-elected to Parliament by a huge majority. He defeated his opponent, Harrison, independently, overwhelmingly.

### A Tonic Laxative

that will remove the bile from the liver and cleanse the system THOROUGHLY without griping or disturbing the stomach is truly a Perfect Laxative.

LAX-FOS WITH PEP-SIN is the name of a Reliable and Perfect Laxative which soon relieves Sick Headache, Dizziness, Indigestion, Stomach Troubles, Gas and Piles caused by a Torpid Liver and Constipation. Always use a Reliable Laxative in the treatment of Colds, Grip and Influenza.

LAX-FOS WITH PEP-SIN is a Liquid Digestive Tonic Laxative which in its effect on the System, both as a Tonic and as a Laxative, it is just as good for Children as for Adults. Pleasant to take. Children like it. See Made and recommended to the public by Paris Medicine Co., St. Louis, Mo., manufacturers of Grove's Tasteless Chili Tonic.

### DR. R. FITZ'S OSTEOPATH

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### For Expert Work

Gas Engine, Blazing, Etc. Call

A. Spencer 409 College St. Phone 496

## WANT ADS

Turner's Almanac for 1919 at Hood's drug store. Dly 12-27, 28, 30, 31; 1-1, 2. Sw 1-1 to 4.

For Sale—One 12 year old mare. Perfectly gentle, works anywhere, weighs 1,200 pounds. B. F. Scarborough, R. F. D. 2, Kinston. Sw 1-1 to 15.\*

For sale at 25 cents pound, 2 grade cows from registered Jersey dam and registered C. I. G. sire and bred to my registered Jersey board, Richard IV. Also 2 boats at same price. See H. W. Russell at Kennedy's Mill. Sw 1-1, 4.

Colds, Coughs, Grip and Influenza LAXATIVE BROMO QUININE Tablets remove the cause. There is only one "Bromo Quinine." E. W. GROVE'S signature on box. 30c.

### PROLIFIC TOBACCO SEED.

If you want to produce as much tobacco on four acres as you have been producing on five get your seed from Pinkney Arthur, who gathered these seed from Joseph Arthur's farm which made an average of 1,737 pounds per acre and sold on the warehouse floor for \$865.00 per acre.

See what others have to say about this tobacco: Mr. W. C. Turnage says he was walking in a neighbor's tobacco patch and noticed some stalks of tobacco that were different from any he had seen and liked it so well that he secured seed from this neighbor to sow next year and has made a success for the last three years; and two years ago he made over 2,000 pounds of tobacco per acre and it grew so large that he gave it a name, "The Big Tobacco." He says he would not change his seed to plant his next crop of tobacco for any other seed that he knows of for \$100.00.

"We sold on our floor November the 11th a load of tobacco for the above parties grown from these seed that weighed 4,000 pounds, for the sum of \$2,707.50 or an average of over fifty cents."

"We highly recommend these seed as they produce a large bright tobacco that is most in demand. We know that you will do the right thing in planting them.

"Respectfully, "KNOTT BROS."

"I think the above seed are the kind our farmers need as they produce a selling tobacco. I intend to plant 200 acres from these seed the coming year.

"Respectfully,

"B. B. SUGG." On receipt of one dollar, I will send to any address postpaid enough of the above seed to sow a plant bed containing 100 square yards and as many more as you want at the same price. Be sure and write your name and post office plainly. Send money by registered letter or postoffice money order.

Address all orders to PINKNEY ARTHUR, Kinston, N. C. P. O. Box 237. adv.

### The Strong Withstand the Winter Cold Better Than the Weak

You must have Health, Strength and Endurance to fight Colds, Grip and Influenza. When your blood is not in a healthy condition and does not circulate properly, your system is unable to withstand the Winter cold.

GROVE'S TASTELESS CHILI TONIC Fortifies the System Against Colds, Grip and Influenza by Purifying and Enriching the Blood.

It contains the well-known tonic properties of Quinine and Iron in a form acceptable to the most delicate stomach, and is pleasant to take. You can soon feel its Strengthening, Invigorating Effect. 60c.

APPROXIMATELY \$5,000,000.00

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A remarkable record—and every seller and every purchaser a satisfied customer.

If we can sell property satisfactorily for the other fellow, and hundreds of endorsement letters testify to that fact, doesn't it stand to reason that

WE CAN SELL YOUR LAND TO ADVANTAGE.

It's not too late—even though your farm may be rented for the year 1919, we can sell it without disturbing your tenant.

Place your City, Suburban or Farm Property with us for quick and profitable disposal. We subdivide and sell at auction all kinds of property.

Completely equipped with an efficient corps of publicity experts, accurate surveyors, energetic auctioneers and sales force. Our methods have won the confidence of the public.

Write today for booklet explaining our methods.

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ATLANTIC COAST REALTY CO. THE NAME THAT JUSTIFIES YOUR CONFIDENCE

PETERSBURG, VIRGINIA—OFFICES—GREENVILLE, N. CAROLINA

References: Any Bank in Greenville, N. C. or Petersburg, Va.

FIRST NATIONAL BANK OF KINSTON

CAPITAL, SURPLUS AND UNDIVIDED PROFITS OVER \$200,000

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CORNER HERITAGE AND GORDON PHONE 189

INSURE Your Country Property AT COST

In The Farmers Mutual Fire Insurance Association

Through The Lenoir County Branch, which has about 400 policy holders, with about \$350,000 insurance

The 24th annual meeting of the policy holders will be held in the court house here next Saturday, Jan. 4th, at 11 o'clock.

Oscar Hardy, Sec.-Treas. John H. Barwick, Pres.  
Seven Springs, N. C. Grifton, N. C.