

# The Lincoln Courier.

VOL. VIII.

LINCOLNTON, N. C., FRIDAY, AUG. 10, 1894.

NO. 16.

## A Cure for Disease Without Medicine.

### RHEUMATISM.

DEAR SIR:—I have been a great sufferer with rheumatism and neuralgia for five years, and have been greatly distressed with indignation for two years. I could not have an action from my bowels without taking medicine in some form. I tried doctors and remedies till I despaired of obtaining relief; at times I was almost helpless, but since using the Electro-Poise I feel like a new man. I have used no medicine since I bought the Electro-Poise; before that, my drug bill was considerable every month. The Electro-Poise has proved a wonderful benefit to myself and family, and I heartily recommend it to the suffering. Yours truly,  
GEORGE W. HOLL.

### Electro-Poise

"Cure when all else fails."  
We print testimonials from people of your own State, thus affording you an easy chance to prove our statements. We have similar evidences of efficacy FROM ALL OVER THE WORLD.  
Address, ATLANTIC ELECTROPOISE CO., Washington, D. C.

## BELWOOD INSTITUTE

Prepares boys for the Sopomore Class at Trinity College and girls for the Senior Class at Greensboro Female College. Excellent advantages in the study of vocal and instrumental MUSIC.

Thorough Instruction. Instruction in Book keeping, Commercial Arithmetic, and Commercial Law.  
Board and tuition in English course \$7.00 per month. Fall term opens Aug. 2. For Catalogue, giving full information address,

### REV. D. P. TATE, HEADMASTER BELWOOD, N. C.

### CHARLOTTE COLLEGE OF MUSIC AND ART.

18 SOUTH TRYON ST.,  
THE LEADING SCHOOL FOR MUSICAL TRAINING IN THE

### Southern States.

### THE MOST IMPROVED EUROPEAN METHODS

Many free advantages. Modern Languages taught only by native teachers.  
Accommodations for non-resident lady students in College Building. Every modern convenience. Special courses in PAINTING, DRAWING, and EDUCATION.  
Catalogues sent on application. Call on or address  
CARL S. GAERTNER, Director.

Aug 10, 1894

### Professional Cards.

**J. W. SAIN, M. D.**  
Has located at Lincolnton and offers his services as physician to the citizens of Lincolnton and surrounding country.  
Will be found at night at the Lincolnton Hotel.  
March 27, 1894

**E. M. ANDREWS**  
Wholesale and Retail Dealers in

### DENTAL NOTICE.

Dr. A. W. Alexander will be a his office at Lincolnton, June, August, October, December, February and April. Will be in Mt. Holly, July, September, November, January, March and May.  
Patrons solicited. Terms cash and moderate.

### SICK-HEADACHE

Makes life miserable. All other ailments are as nothing in comparison. Women especially know its suffering, and few escape its torture.

### THE RELIEF AND CURE IS



Many people take pills, which gripe and purge, weakening the body. More take Simmons' Liver Regulator, liquid or powder, because more pleasant to take, does not gripe, and is a mild laxative, that also tones up the system. The relief is quick. It is Nature's own remedy, purely vegetable.

"I never found anything to do me any good until I used Simmons' Liver Regulator. It has been three years since I first used it and I have not had Sick-Headache since. I sent my sister (who had from one to two attacks of Sick-Headache every week one-half of a package, and she has not had it since."—C. S. MORRIS, Brownsville, W. Va.

42—EVERY PACKAGE HAS OUR Z Stamp in red on wrapper, J. B. ZEHLIN & CO., Philadelphia, Pa.

FOUR BIG SUCCESSSES  
Having the needed merit to more than make good all the advertising claimed for them, the following four remedies have reached a phenomenal sale. Dr. King's New Discovery, for Consumption, Coughs and Colds, each bottle guaranteed—Electric Bitters, the great remedy for Liver, Stomach and Kidneys. Bucklen's Arnica Salve, the best in the world, and Dr. King's New Life Pills, which are a perfect pill. All these remedies are guaranteed to do just what is claimed for them, and the dealer whose name is attached herewith will be glad to tell you more of them. Sold at Dr. J. M. Lewings Drug Store.

### Celebrated Animals.

I suppose you have all heard of Gen. Stonewall Jackson, one of the bravest soldiers of the Confederacy. Little Sorrel was his favorite horse. The General had other horses, some of them much finer than this one, but none ever took the same place in his affections. He rode the faithful animal in nearly every battle in which he was engaged, during the war, and he was mounted on Little Sorrel when he received the wounds of which he died, at the battle of Chancellorsville.

The first appearance of Little Sorrel was at Harper's Ferry, where he was captured by the Confederate army, along with a whole carload of horses that were bound for Washington for the use of the Government. Two of them were bought by Gen. Jackson, and the smaller one he called Fancy, though he does not seem to have been generally known by the name.

Fancy was a well built animal and always kept fat and in good condition notwithstanding the hard work and privation he endured. He never seemed to feel tired by the long marches, and his gait was as easy as the rocking of a cradle.

He had the most beautiful eyes, large and soft like a gazelle's, and so intelligent and expressive that he could almost speak with them. When the command halted for rest Little Sorrel would lie down like a dog. His master made a great pet of him, and many an apple he received from the General's hand.

Little Sorrel had really a happy time all through the war until the terrible battle of Chancellorsville. Then he had the great misfortune to lose his master, whom he loved so dearly, and for a time he was lost, but he was found by a Confederate soldier and sent home to Gen. Jackson's family in North Carolina. There he lived for many years. Nothing was too good, you may be sure, for old Sorrel. He passed his time in the greenest of pastures. For a long time he was the riding horse of the old minister, Gen. Jackson's father-in-law. It must have been a change indeed, and no doubt he found it dull work jogging along to the country churches after all the excitement of battles. But old Sorrel had a contented mind, and he was quite happy. Sometimes the thought of his master and the soldiers who had been so devoted to him made him sad, but then he diverted himself in various ways.

One of these was to let himself out of his stable, for he could lift down bars and lift latches with his mouth just as well as a man with his hands, and then he would go to the doors of all the other horses and mules, let each one out and march off, followed by all the rest, like a soldier leading his command, to the green fields of grain on the farm, where they would eat as much as they wanted. You see, old Sorrel was not selfish. He wanted to give all the other horses pleasure as well as to take it himself. He would have thought it a mean trick to leave them shut up while he was off enjoying a holiday.

Fences were no obstacle to him. He could life off the top bars with his nose until they were low enough to jump over.  
Of course he did a great deal of mischief, but he was such a pet that he had his own way in everything, and no one was ever allowed to punish him for his freaks. So he lived, honored and respected, till he was over thirty years old, and then when he died his skin was stuffed and mounted, and he stands now in the library of the Soldiers' Home in Richmond, where some of you may perhaps see him.—Ex-

### Judge Baker on Lawless Strikes.

In a recent decision Judge Baker, of the United States Circuit Court for Indiana, considers whether it is to the interests of labor to encourage lawlessness during strikes or at other times, and reaches the conclusion that labor would be one of the first victims of the triumph of might over right. "If society were overthrown," he says, "and men turned back into conditions of anarchy, as they were in large measure during the dark ages, when power and force made right, the condition of the laboring man would not be bettered. If such were the conditions of society, the man or the men with great intellectual power and great wealth would become the masters of the laboring world, little better than a slave." Assaults upon property to compel concessions are declared to be in effect robbery. "Whoever compels me," he says, "by force or terrorism, to give up one dime's worth of my money or one dime's worth of my property is equally guilty, whether it be the man who meets me on the street corner in the night time or an organized band of strikers who take possession of property and deprive me of its use."

But the worst result is the general demoralization. Men are led to contempt of human right. "It has been said on the floor of the United States Senate," says the Judge, "that the laborer has a sort of equitable lien on the property of the man for whom he works, whose money brought the property, together with the right of perpetual employment. It may do for men that are reckless of the welfare of human society—who care nothing for its peace and good order—to imperil life, property and liberty, and perpetuity of our institutions by teaching such doctrines, but the Judge who tolerates it ought to be stripped of his gown and be driven from the sacred temple of justice." Old fashioned common sense like this is not unwelcome at a time like this when men in high place use language that saps the very basis of sound morals.

### Bob Peak's Letter.

It has been sometime since I have asked the indulgence of the COURIER but will indulge in indulgences again. Notwithstanding the tardiness of the U. S. Senate and the course of David B. Hill in regard to the tariff reform movement yet in the face of all this tomfoolery I am feeling good over the prospect of democratic success and perpetuation of democratic dominations. I have said and see nothing to change my opinion that President Cleveland is the ablest statesman in the United States if not in the world. I have always endorsed his administration as strictly democratic and therefore honest and always safe in honest Grover's care. Democratic principles are eternal and the name Grover Cleveland is immortal. Why? Because he has made a record that will live in the archives of the nation and in the hearts and minds of the American people as long as there is one left to grace the American soil. Language fails me when I attempt to discern this great man and the son of American parentage. Notwithstanding the many silly and uncalled for epithets that have been hurled at him about his financial policy, on the 4th day of March 1897 when turns over the office which he now so ably fills he will be more popular than he was on the 8th Nov. 1892. During his administration Silver will be fully restored to its proper recognition and both gold and silver will be fully restored to its proper recognition and both gold and silver will be coined without any undue discrimination against either metal. Grover loves silver

as much as any other American citizen ought to, and will do so much for its restoration as a standard circulating medium as any man in the world. There are no prophecies, but only predictions made in good faith. Don't condemn for false assertion until you are sure I have missed the mark at which I aimed. I will now come to the greatest hero of North Carolina, and that man is Matt. W. Ransom, now gracefully filling a chair in the U. S. Senate. Associated with him is Thomas Jefferson Jarvis. Both are an honor to North Carolina. The question now is, shall they both remain in the Senate, or shall one be relieved, and if so, which one? I prefer that both remain as Senators, either of whom will represent North Carolina's interest as faithfully as any Western man without any discrimination as to sections, east or west. They are both honest and could not afford to do otherwise. Why try to turn down either when both are unobjectionable and able, honest patriots? It seems such a course would be unwise. Let both senators be their own successors for at least one term, and if we see they don't tote fair, it is a very easy matter to get rid of the lame duck. Not that I love Gov. Thom less, but I love Gen. Matt. more. Consulting my own feelings, I would not see Matt. displaced to give any man in the good old State a place, for various reasons. He is eminently qualified and has practice enough to know exactly how, when and where to strike, and never fails to do it. He has done more in the U. S. Senate for N. C. than any Senator ever did. He talks less and gets more than any Senator on the floor. He exerts the greatest influence with the executive of both parties than any Senator N. C. ever had in Washington, and is now the strongest administration Senator belonging to that august body; yet with such a record I hear some would-be democrats say turn down old Matt and give Jarvis a chance. I am more than willing to leave both right where they are, but will never consent to see Gen. Matt's place vacated to give any man I ever saw the place. Such a course would be homicide to the old Roman and suicide to North Carolina. I have adopted this course and mean to stick to it that I will support no man for either house of the Legislature that will not declare for Ransom. Our next is a very important Legislature. It elects both United States Senators, which very seldom occurs, and democracy should exercise sound judgment or we may get in an anarchist from down about Goldsboro and then we would be in a mess. Let every democrat do his full duty now and hereafter and all will be well for our state and nation, otherwise evil awaits us. Hurrah for Cleveland, Ransom, and the eternal principles of Democracy and that will include the COURIER.  
BOB PEAK.  
Cherryville, N. C., July 30, 94.

My boy was taken with a disease resembling bloody flux. The first thing I thought of was Chamberlain's Colic, Cholera and Diarrhoea Remedy. Two doses of it settled the matter and cured him sound and well. I heartily recommend this remedy to all persons suffering from a like complaint. I will answer every inquiry regarding it when stamp is enclosed. I refer to any county official as to my reliability. Wm. Roach, J. P. Primary of Campbell Co., Tenn. For sale by Dr. W. L. Crouse, Druggist.

### Proceedings of Lincoln County Teacher's Institute.

WEDNESDAY A. M.

Devotional exercises, consisting of singing and prayer were conducted by Rev. T. C. Wetmore. Copies of the Old North State were distributed, and it was sung with spirit.

Prof. Curtis gave a lesson on Primary Reading, giving first the eight different methods of teaching reading in the order in which they have been used. The three prominent methods used at the present time are the Word Method, the Object Method and the Groupe Method. Suggestions on Teaching Primary Reading:

1. Pronounce at Sight.
2. Reading in natural tones.
3. Correct reading.
4. Distinct Articulation.
5. Train pupils to catch the thought.
6. Writing lesson on slate and board.
7. A COMBINATION of methods.
8. Give short lessons.
9. Ask questions and get children to talk.
10. Teach necessary diacritical marks.
11. Thorough preparation on the part of the TEACHER.

After singing, the work on History continued from Tuesday was taken up and the following methods of conducting recitations given:

1. History should be taught mainly by topics.
2. Have oral and written lessons.
3. Use questions freely.
4. Give outlines of topics.
5. Conversational lessons.
6. Teach Geography and History together.

A regular lesson on United States history was then given. The five periods of U. S. History are

1. Period of Discovery.
2. Period of Settlement.
3. Colonization.
4. Revolution.
5. Independence.

A recess of ten minutes. Miss Sallie Hoke performed at the organ and the "Old North State" was again sung. Roll was called and minutes read. The number of teachers was found to have increased to fifty-five. Mr. J. N. Haus, of the Statesville Graded School gave an interesting lesson on Geography, his hints on map-drawing especially being very helpful.

Adjourned to meet at 1:30. WEDNESDAY P. M.  
Institute assembled at 1:45 and after singing, the subject of Penmanship occupied the attention of the teachers for half an hour. The prime objects in teaching Penmanship are first, To train the EYE to perceive and judge of correct and beautiful forms; second, To train the HAND to execute and produce form correctly. The three important ends to be attained are legibility, rapidity and beauty.

Two hymns were sung before the subject of N. C. History was reconsidered. A preliminary talk was made by Prof. Curtis and the subject of N. C. History was continued until Thursday.

A recess of ten minutes was given followed by "The Old North State. The subject of School Hygiene as an introduction to Physiology, came afterward. Only a short time was given to this, but it proved very instructive to the teachers.

The time until the close was occupied in a live discussion of the question: "How many times during the day should a child recite his reading lesson." Some of the teachers claiming that there should be as many as five or six recitations, others holding that one or two were sufficient. The question was left undecided. Adjourned to meet at 9:30 a. m. Thursday.

THURSDAY A. M.  
Institute met promptly at 9:30.

### The devotional exercises consist-

ing of singing, reading a Psalm, and prayer, were conducted by Rev. J. J. George, of Cherryville. Prof. Curtis gave a lesson in U. S. History taking up the Period of Discovery first and giving outlines for presenting the subject.

Prof. George, of Cherryville, gave some excellent hints on teaching Language.

A recess of ten minutes was given. Roll call and reading of minutes. A lesson on Arithmetic was made very interesting by Prof. Sylvanus Erwin, of Waco.

The subject of Physiology was taken up, and the lesson on the Skeleton was presented in a very lucid manner, by Prof. Curtis.

Adjourned to meet at 1:30. THURSDAY P. M.  
After a recess of an hour and a half the contents of the question box were examined and twenty minutes were devoted to discussing the points brought out by these questions.

The next lesson was one on Language by Prof. George.

A recess of ten minutes after which the teachers were addressed by Prof. Sylvanus Erwin and Rev. J. J. George. The exercises throughout the day were interspersed with singing.

The number enrolled was increased to 64. Adjourned to meet Friday morning at 9:30.

FRIDAY A. M.  
The Institute assembled at 9:40. Devotional exercises were conducted by Rev. Mr. Jones, of the Gastonia Baptist Church.

A short address was also made by Rev. Jones.

Prof. Curtis gave an interesting lesson on the muscles, using the chart. He also gave an outline and some test questions for the use of the teachers.

After singing, Mr. Haus continued his most excellent lesson on Geography, showing how it may be taught by topical outlines. A device for remembering the relative sizes of the continents, also an outline map showing the different belts, were given.

An intermission of ten minutes after which the teachers and visitors joined in singing the Old North State.

Some questions handed in by Anxious Inquirers were discussed. Adjourned to meet at 1:30. Friday P. M.

Institute met at 1:45. Singing by the choir.

U. S. History was the first subject taken up, and Prof. Curtis showed how it might be taught from outlines, using as examples the outline for the colony of Va., and of Mass.

After music a lesson on the nervous system occupied the attention profitably for three quarters of an hour, of the Institute.

Recess of ten minutes.

(Continued on inside.)

### FOR THE HEALING OF THE NATIONS.

**Botanic Blood Balm**  
THE GREAT SOUTHERN REMEDY FOR All Skin and Blood Diseases.  
It purifies, builds up and enriches the blood, and never fails to cure the most inveterate BLOOD AND SKIN DISEASES, if directions are followed. Thousands of grateful people sound its praises and attest its virtues.

**WRITE for Book of Wonderful Cures, sent free on application.**

If not kept by your local druggist, send \$1.00 for large bottle, or \$5.00 for six bottles, and medicine will be sent, freight paid, by BLOOD BALM CO., Atlanta, Ga.

**For Malaria, Liver Trouble, or Indigestion, use BROWN'S IRON BITTERS**

In order to introduce Chamberlain's Cough Remedy here we have sent several dozen bottles on which guarantees and have found very little did our service. We have used it our eyes and think it a error to any other. W. I. McCall, Jarvisville, W. Va. For sale by Dr. W. L. Crouse, Druggist.

**FOR DYSPEPSIA, Indigestion, and Stomach Disorders, use BROWN'S IRON BITTERS.**

All dealers keep it. \$1 per bottle. Genuine has trade-mark crossed red lines on wrapper.