BY Dr. FREDERICK A. COOK

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The Cook expedition was equipped at Glassevere. Mass., and was ready to sart on July 3, 285. Dr. Cook and Rusiolph Francisc were put assner at Amsorost. Greenland, with ample stores and during the winter made preparations for the polar dash. the Feb. B, B& the main expedition started for the polar dash. the Feb. B, B& the main expedition started for the polar with a major stores and during the winter made preparations for the polar dash. the Feb. B, B& the main expedition started for the pole with eleven mon. Bit does and eleven heavily loaded steels. Going a little morth of west, the party on March is remained. Leaving only two young Eokinson to accompany Dr. Cook, with two loaded sledges and twenty-six miles were made and the next day twenty-sea. Then two more of the mon returning. The real tack in the pole now began. On March is twenty-six miles were made and the next day twenty-sea. Then two more of the mon returning. The real tack in the pole now began. On March is sixteen miles were covered, twenty-nine miles on the list, twenty-in the following day and afterward for several days an average of excenteen or eighteen. Near the sorthern edge of Grant Land a great epen iscal was encountered, which was crossed with some perfi on the group, lea, Sorne days later after a severe storm the ice spit open under the groot, and Dr. Cook in his sleeping tag sans into the crevice, being drauged to safety by the young feakines. The sorting genuinely warm. The congenial appearances were all deception, but death offered only cold comfort. There was no advantage in suicide.

We should have enjoyed this curious experience, but with cadless hedlify discomber to the one hundred and second meridian. Dr. Cook a own account of his dash from Bradley Land to the pole is the first of the pipe and the pipe of meridian. Dr. Cook's own account of his dash from Bradley Land to the pole is We now changed our working hours

was nothing substantial upon of the chronometers.

were forced, the incidents and the po-gitions were recorded, but the adven-er we traveled night or day-all hours tures were promptly forgotten in the mental bleach of the next day's effort, had no accustomed time of rest, no blocks. Over it a direct air time course The night of April 7 was made notable
Sundays, no holiday, no landmarks or was possible. Progress, however, was by the swing of the sun at midnight. For a number of nights it made grin pend the energy accumulated during fack. The snow was crusted with large crystals. An increased friction reduced the speed, while the surface, northern sea at midnight, had given



PR. PREDERICK A. COOK.

ed into a basin with flaming fires, to risk this adventure. burning behind a curtain of frosts;

We had therefore followed the sun's and ice drifts were tabulated.

polar gateway to Its sweep of the northern ice at midnight. From the termination. end of the polar night late in Febru-Now we had the sun unmistakably at midnight, and its new glory was quite an incentive to our life of shiv-ers. Observations on April 8 placed camp at latitude 86 degrees 36 min-utes, longitude 94 degrees 2 minutes. In spite of what seemed like long marches we had advanced only 106 miles in nine days. Much of our bard work was lost in circuitous twists high, irregular fields of very old ice. The drift ice was throwing us to the east with sufficient force to give us some anxiety, but with eyes closed to danger and hardships the double days of fatigue and glitter quickly followed

The temperature, ranging between 36 and 40 degrees below zero F, kept persistently near the freezing point of and, though the perpetual sun gave light and color to the cheerwastes, we were not impressed Bradley Land Passed-Steam From Frozen Scas-Half the Food Allowance Used - Maddening Effect of Polar Clitter-Despair of Ahwelah, "Beyond Is Impossible" -o-

There was a welrd play of orgies, the positive assertion of either seemingly most impressive at this sen for this area.

The ice gave a cheering prospect. A

from day to night, beginning usually at 10 and ending at 7. The big march-VER the newly discovered coast in and protocized hours of travel with lines was written Bradley Land, which fortune favored us earlier were in honor of John R. Bradiey, no longer possible. Weather condition benefactor of the expeditions were more important in determining the day's run than the hands

which to its the eye.

There was at no time a perfectly clear horizon, but the weather was good enough to permit frequent nautical observations.

When the storms increased between start was delayed, and in strong blows the march was shortened, two in one way or another we usually found a few hours in each turn of the dial durent observations. cal observations.

Thus day after day the marches log which a march could be forced be-

The observations of April 11 gave latitude 87 degrees 20 minutes, longitude 85 minutes 10 seconds. The pack disturbance of Bradley Land was less keenly felt. disturbance of Bradley Land was less and less noted in the northward move. It is not often that man's horsepow ger and less crevassed.

Including delays and detours, this gave an average of nearly thirteen miles was filled up again—not with things curious advantages for celestial stag-ing; setting into this haze, we were There remained an unknown line of to feed the inner fires, while the ear unable to determine sharply the ad- 100 miles before our ambitions could sought the soft side of ice to disper unable to determine sharply the adverte our ambitions could sought the soft side of ice to disperent of the midnight sun.

Now the great bulk was drawn out take which we had made on the pack of the southing to arouse the sout from egg shaped, with horizontal lines drawn through it. Again it was pressible days. There were food and fuel enough to solve the south from the pack of the pole in thirteen the first by inclosure.

blue at other times, it appeared like a doings there appear numerous tabe we had not his advantage of an agree huge vase, and it required very little lations of work and observations. In able climate and a comfortable stable Imagination to see purple and violet the new cracks the thickness of the at night. flowers. The change was often like magic, but the last display was invariably a face—distorted faces of men or animals were made to suit our fancy.

Words and pictures cannot adequate by describe the maddening loftuence water and ice temperatures were taken of this sameness of polar glitter, combined with bitter winds, extreme cold and an overworked body. To me there

northward advance—from its first peep at midday above the south ice of the of dangerous failure in strength, for cess, but for my young savage com of dangerous failure in strength, for serious disability now meant a fatai panions it was a torment almost be

A disabled man could neither conmry to the first of the double days and those nor return, but every examina- and an indifferent urging of the dogs, midulght suns we had forced a trail thou gave another reason to push hu. They were, however, brave and faiththrough darkness, blood hardening man endurance to the limit of the ful to the bitter end, seldom allowing temperature and over leg breaking irregularities of an unknown world of hard work which followed, under an passions seriously to interfere with the ice to an area 200 miles from the pole. occasional burst of burning sunbeams, main effort of the expedition. brought intense thirst.

difficult to await the melting of the ice | reaches. at camping time.

at camping time.

In two sittings—evening and morning—each took an average of three quarts of water daily. This included the tea and also the luxury of an occasional soup. There was water about everywhere in heaps, but it was in crystals, and before the thirst could be quenched several ounces of precious fuel, which had been carried thousands of miles, must be used. And still this water, so expensive and so necessary to us, ultimately became the greatest bane to comfort. It escaped through the pores of the skin, saturated the boots, forced a band of ice under the knee and a belt of frost of sales. The wall to dischard the boots, forced a band of ice under the knee and a belt of frost colored." ("It is well to dischards the color of address the under the knee and a belt of frost colored." ("It is well to dischards the color of address the under the knee and a belt of frost colored." ("It is well to dischards the color of address the undersigned.")

No torment could be werse than that never ceasing rush of tey air. Ahwe as the never ceasing rush of tey air. Ahwe the power of the sale and refused to move.

RALEIGH, N. C.—Account Farmers' National Congress, Nov. 3 and 2 and for all trains to arrive in Raleigh before noon Nov. 1 and 2 and for all trains to arrive in Raleigh before noon Nov. 2; final return limit Nov. 12. Fare from Monroe, \$5.35.

NEW ORLEANS, LA.—Lakes to the Gulf Deep Waterway Association, Oct. 30-Nov. 2. Tickets on sale Oct. 27, 28 and 29; final return limit good returning 15 days from date of sale. Rate from Monroe \$23.05; rates on same basis from other points.

RALEIGH, N. C.—North Carolina Industrial Association (colored) to trurn limit good returning 15 days from date of sale. Rate from Monroe \$23.05; rates on same basis from other points.

RALEIGH, N. C.—North Carolina Industrial Association (colored) to sale and the first trurn limit good returning 15 days from date of sale. Rate from Monroe \$23.05; rates on same basis from other points.

RALEIGH, N. C.—North Carolina Industrial Association through the pores of the skin, satu-rated the boots, forced a band of ice under the knee and a belt of frost about the waist, while the face was

part of our hard lot in life, and we mrned to take the torture philosoph leally.

From the eighty-seventh to the two days over old ice without pressu ice. The barometer indicated no eieing surface of glacial ice, with only superficial crevasses. The water obtained from this was not safty, but all the frost of the air pierce with a more ludicate a drift, but nevertheless the combined tabulations do not warrant



The fields became heavier, iar-of less crevassed. er is put to the test as ours was. We were compelled to develop a working We had now passed the highest energy to the limit of animal capacity, reaches of all our predecessors and Day after day we had pushed along

the food limits and the advancing sea-son we could not prudently continue heavy.

We had dragged ourselves 300 miles over the polar sea in twenty-four days.

Then came the arduous task of building a snow horse. In this the eyes, no longer able to wink, closed, but soon

to risk this adventure.

In the diary of the succeeding days' ahead of the other, was our stendy to cation, like the horse to the cart, but

Words and pictures cannot adequate was always the inspiration of anti-iyoud endurance. Their weariness was made evident by a lax use of the whip

Forcing the habit of the camel, we of agitating torment reached a breakmanaged to take enough water before ing point. For days there had been a starting to keep sufficient liquid in the steady cutting wind from the west. veins for the day's march, but it was which drove despair to its lowest

No torment could be worse than that

## Doors and Sash. Rowley, the English violaties, was bard to best on his perseverance against one who had incurred his fit

times or hummocks. There was no dis- We have opened a full line of Doors, Sash, Blinds and Mantels in a fields, and it was quite impressible to a store room north of court house. We can fill large or small orders insecutia for first. After one or two promptly, and can furnish odd sizes in Doors and Sash. We also Rowley Isought out the next door vation, but the ke had the hard, war- keep at our shops north of town a full stock of

> Flooring, Ceiling, Mouldings, Balusters and Brackets. :: ::

frozen sess. In marching over the plain of purple and blue ran in easy golden gifter snow scales the face, while the nose is bleached with frost. work to be the best. Come to see us when you have lumber to sell, Gut our prices before you buy; no trouble to figure.

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Surgeon and Diagnostician.

Medical Expert.

Consultation and Exam-



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thest north for ourselves. The time was at hand, however, to consider seriously the necessity of an early return. Nearly half of the food allowance had been used. In the long marches supplies had been more liberally used than anticipated, and now our dog teams were much reduced in numbers. A hand necessity but forced the cruel law of the survival of the firest, for the day's pull under the less useful dogs were fed to the steady working survivors. Owing to the food limits and though the property winds, shorter in strong winds had been indeed in the firest property winds, shorter in strong winds had been for the fire was fighted little surprised by the first of the fire of all Nervous Deparability. Fatish the following Pressure of Menna, Neuralica, Melanchella, Nervous Deparability, Spiral Irritation, Hysteria, Parelysia, being it will be to your adment may have took than anticipated, and now our dog teams were much reduced in numbers.

A hand necessity bad forced the cruel law of the survival of the fittest, for the day's pull under the lash of duty. We worked until stand the less useful dogs were fed to the steady working survivors. Owing to the food limits and though and solids, shorter in strong winds had been more limited from the fittest of the day's pull under the lash of duty. We worked until stand the less useful dogs were fed to the steady working survivors. Owing to the food limits and though and the last of the fittest of the

pimples, etc. He wants to meet all ark persons who suffer from Chronic Charlination,
Obstipation, Intestinal irritation, Indigestion,
Obstipation, Intestinal irritation, Indigestion,
Dyspepsia, Ulceration or Dilation of the
Stomach or Intestines, Hermia, Rupture of
the Borote, Appandicinis, I idea, Raching blooding, protrading or unternal in Character,
Tapewern Diseases of the liver, such as enlargement or displacement, or congestion,
Cirriboot, burdening or engargement, Disease,
on of the Kidneys like Bright's Disease, Prinbites, Dropsy, Gravel, Urea Acad. Scalding or burning Urine, Bed westing or ton frequent of
Cenation, Sexual Imposence, weakness or irritability, Diseases of the bladder, Catarrh in all its forms, Purchent, diseharing or Dry
Catarrh of the head, Threat, lung, or Bronichal tubes, Stomach, Bladder, Kidney or
Systemic, This enemy of the human race,
He many able to cure in a short time by it
original and new method of Osmais, of a secreption, Asthans in all its forms, Conessimption in the early Stages, before destructions of living heady Stages, before destructions of living heady Stages, before destrucbion of living head in the Language of the plant of the secry Stages, before destrucbion of living head of the language of the plant of the plant of the secretary of the secretary of the plant of the

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Men, Women

and Children.

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ginal and new method of Osmasis of will be charged only it the class can be freaten. Ashmas in all its forms, Concontrol, Ashmas in all its forms, Concontrol, Conco

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ATLANTA, GA.—Account Automobile Races, Nov. 6-13th. Tickets on sale various dates from Nov. 7 to 12 inclusive; final return limit Nov. 16, extension, however, can be secured until Nov. 30. Rate from Monroe, \$8.20. Rates on same basis from other points.
WILMINGTON, N. C.—President Taft Day Celebration. Special trains and exceedingly low rates, Nov. 9. Special rates and schedules of special trains will be announced later. Tickets to be sold Nov. 9, limited returning to leave Wilmington Nov. 10.

CHARLOTTE, N. C. – Account Mecklenburg Fair, Oct. 26-29th.

Tickets on sale Oct. 25 to 29 inclusive; final return limit Oct. 30th. Rate from Monroe, \$1.45. Above rate includes admission to Fair. SAVANNAH, GA.—Account Grand Chapter Royal Arch Masons, Nov. 8 to 13. Tickets on sale Nov. 6 and 7; trains scheduled to ar-rive in Savannah before noon Nov. 8. Rate from Monroe, \$7.75; rates on same basis from other points.

RALEIGH, N. C.—Account Farmers' National Congress, Nov. 3

turn limit good returning 15 days from date of sale. Rate from Monroe \$23.05; rates on same basis from other points.

RALEIGH, N. C.—North Carolina Industrial Association (colored)
Fair, Oct. 25-30. Tickets on sale Oct. 23 to 30 inclusive; final return

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will. Rowley had a quarrel with a trivial matter, but Rowley took the bought a cornet and proceeded to make seighbor and followed with plane and cornet. Brant went to law, but for he could do nothing. Falling, he took a detached house. Then Rowley hired brass bands and organs and assailed This was actionable, and How ley paid \$1,000 for his revenge.-Lou

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