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THE FIRST NATIONAL BANK

3. H. LEE, President. DR. J. E. ASHCRAFT, Vice Pres. J. W. LANEY, Cashier

Wasting ? Saving Which?

Our entrance into the war, has brought as in the point where it becomes a national duty for every gluzen to save and eliminate every form of waste. Not only the fate of the girlliged parties of the old world, but our own as well is almost whall dependent upon the manner in which we PRODUCE AND SAVE.

You can busband your financial resources by saving the pennies and DEPOSITING THEM IN THIS BANK. If will prevent your wishing them on useless and it will things

when later they will be in demand for the necessities.

This bank invites you, as a loyal eitigen, to begin saving now. If you are not a depositor, open an account, and you can deposit at any time in any sum you may wish.

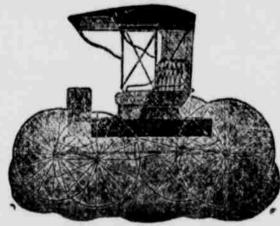
The Savings, Loan and Trust Co. R. B. Redwine, President. H. B. Clark, Cashier

Get Read

For Big Meetings By Buying a New Buggy.



The biggest-and best-and most stylish lot of buggies is to be seen in our vehicle department. We sell the famous Tyson-Jones, High Points, Corbitts, Southern Queens. Southern Beauties, Empress, Richmond, Lynchburgs and other high grade buggies. We have Top Buggies, Open Buggies, Basket Seat Buggies, one-half Stick Seat Top Buggies - all colors of paint and styles you are looking for. Our Buggies the Best - our Prices are Right - Now is the time to buy a New Buggy.



The Sikes Co.

LARGEST BUGGY DEALERS IN THE STATE.

Has Just Been Issued

by the weighing and measuring test, and germs. West, and just published.

service in the first draft were found cows out of wild onlons. to have physical defects which ren- 23. Fruit jars are nice to bring dered them unfit. Many of these de- your milk in, and have them free between two and six years of age is put into clean white papers with your often the time when such defects name written on the same, so that make their first appearance. "Child we may ask for it again. Care" has been prepared in the hope 30. The person placing his pro-that it will enable mother to under-duce in the most attractive and sanindicate the need of special care, and certainly get his full price also to give mother a better understanding of the simple laws of hy- and measurement. giene through which it may be poscially useful to thousands of mothers play. who have learned by weighing and measuring test of defects and weak. Smoot remarked: "That the Amerinesses in their children which need can garbage can was the fattest in particular attention.

from two to six years of age and is ed us to lick the platter clean, the third issue in the series which 34. Every woman in the co fully compiled directions about pro- you desire it. of books on child care and training Court will get less money.

addressing the Children's Bureau. for its cheese. Now, why can't our United States Department of Labor, good women with milk to feed the Washington, D. C.

Splendid Advice to the Farmers.

ly didn't volunteer to speak to you and fruits. this morning. I must admit that I was drafted, and not wanting to be based as a slarker is the only reason they make, and thus prepare the

1. Economy is right at our doors.

take complete control. To accomplish the best results you come the market will de glasted necessary factors toward success. in this work the cooperation of our each one is expected to do his part town and county is most essential.

business of every man who meets the public in any capacity, be it ever so der to get rich .- MRS H. R. LANEY. humble.

5. Honesty in weight and measure

absolutely necessary.

would be a failure.
7. I suggest the establishment of a here

market with stalls as we see in cities, or an operative and delivery system lette visited the latter's sister. Mrs. for the distribution of poduce. 9. Our country friends could bring

heir products in sy o'clock in the morning. 10. Vegetables should be gathered Furr of Monroe.

early, kept in a cool place and pro-11. Onion, beets and carrots should Emanuel cemetery.

be well washed and tops left on to Mr. Elsey Ormond of Camp Jack-make them more attractive. Then son spent Saturday and Sunday with they should be tled into bundles at relatives here. so much per bunch.

and sold by the quart

13. We desire our vegetables fresh and crisp through the growing months spent Saturday and Sunday here. and wholesomely canned and preserved for use in winter.

supply without cost of transportation baskets. or storage and without profits from the middle man-

our county, some expense would be atached the first year in material and

16. As you know in canning vegetables and fruits (to preserve their was the color of a mask melon, natural flavors only the very best Mr. Ben T. Stegall has gone to

vegetables should be used.

17. By the way I found some dell- Wentz have gone to Camp Jackson. tious beans canned by one of our oung ladies of the county. I wish I visit to home folks.

ad kept her name.

to buy squashes that had gone to Friends Monday and Tuesday here.

19. A great many people need in- class at Ebenezer Monday with a good struction along that line before offering anything for sale.

20. Berries should not be brought to us in tin vessels. Only granite or

enameled ware should be used. 21. When your apples are ripe, separate the good from the bad and the price you get for the good apples will even up on the sorry ones that can be used for pies and jelly. These are, of course, the infecior fruits that will not demand a market, but the choice fruit always has a ready sale at the very best price.

22. A year or so ago I bought six hens at thirty-five cents each. They iting here this week .- Fairness. were not very fat and four had deformed breasts. Of course, I did not find that out until they were dressed. Later I paid fifty cents for a beautiful Rhode Island Red that had been well fed and which produced three tea-cups of fat which you will find is favors. more to be desired by the housekeep-

23. You farmers should raise more turkeys, goese, ducks, guineas, after tests which proved that the and pigeons for sale. An old pigeon is almost as nice as a quail and they

are used plentifully in hospitals. 24. All of you know that we are fond of rabbits and squirrels, so let the little boys get their boxes ready

for this winter's supply. 25. When people are dishonest enough to sell stale eggs, we soon find them out and refuse to buy from

Sometimes we have to pay forty cents a pound for butter to find it several ounces short. You would come back on the merchant if you Mondays of each month and at Matfound a shortage in your sugar, or thews second and fourth Monday.

a law against such practice, but from new on I hope it will not be necessary to enforce it. Having bought Valuable Booklet on Care of Children from one of our prominent farmers for twenty years' and have never had cause to complain in any respect. Things every mother must know Keep your cows. Give them only the if the Nation is to meet the health purest of water to drink. Milk into needs of its children as indicated by vessels that have a piece of cheese the draft, and still further revealed cloth over the pail to keep out dust

are made available by the Children's 27. Some gentlemen could put Bureau of the United States Depart- out a sign as the "fresh egg" department of Labor in its new bulletin on ment. Date your eggs or so do busi-Child Care, prepared by Mrs. Max ness with us that we can take your

est, and just published.

A third of the men examined for 28. Do your best to keep your

feets might have been overcome if from fruit or vinegar odor. Your they had been recognized and dealt butter should be accurately measured with in early childhood. The period and moulded into pound blocks, Then

stand and recognize symptons which itary manner before the public will

31. I suggest a standard weight

32. Should we be successful in se sible to prevent the development of curing our depot or market, each man such defects at all. It will be espe- can select a place as his own for dis-

33. Several yeas ago Senator the world." but times have changed "Child Care" deals with children since Mr. Hoover has come and ask-

34. Every woman in the county include "Prenatal Care" and "Infant should be making vinegar, out of the It contains simple rules of cares and pealing of apples. I have health and bygiene, including care- a splendid recipe for the same, should I bought a half galper food, suitable clothing, suggest ion last year and before I used it all tions for play and exercise, for dis- it ato the entire top off of the glass cipline and training. It gives sim- jar lid. Make your cider into good ple menus for young children. A list vinegar and, therefore, the recordor's

25. There is a colony of dunk-The booklets may be obtained by ands living in Norfolk that is noted hags get busy and begin at once to make some? Suppose you try.

36 Give us plenty or home-grown The following paper was read be- corn, for we are fired of using the fore the recent cooking demonstra- shipped need that is generally mould-

ut. We are looking to the coun-Ladies and Gentlement -- I certain- ty boys and girls for our vegetables

28. Keep them interested in their gardens by giving them the money on better cit zenskip.

35. Phin your work so I'm what so let's open them, wide that she may notion chopping time comes we will not be without vegetables. If you do, 2. Ambition and injustry are two the stores will order them and when

4. Another asset toward success is and none of us want to indirectly kill courtesy. Common courtesy is the know how in order to gain confidence. Sell the best we have in o

Indian Trail Route 1 Items

6. Confidence in each other is a July 24.—Mr. and Mrs. Sanford great factor, without which life itself Morris of Mint Hill spent Saturday and Sunday with friends and relatives

Mr. and Mrs. W. H. Sikes of Char-

Tom Kirk, who is quite sick. Last Thursday night about fifty inmblad in the home times a week, not later than 9:00 of Mr. and Mrs. D. L. Furr at a reception given in honor of Miss Clara

Every interested person is asked to tected from the sun during transpor- meet early Saturday morning, August 3rd, for cleaning off the gounds at

Mr. Elsey Ormond of Camp Jack-

Misses Lillie and Pearl Hill recent-12. Butter beans should be shelled by visited their friend, Miss Wilma

Pice of Unionville. Mr. Horace Simpson of Allen's

On August third Mr. Elias Helms will have a reunion at his residence, 14. This is the best form of food and invites all to bring well filled

On August 10th there will be a re union at Mr. J. C. Simpson's, Music 15. This being a new departure in and speakers will be selected for each of the above occasions.

Mr. Sanford Ford has a cabbage in his garden that resembles a large pine When the head was firm it

should be canned. Always the tender Camp Hancock, and Messrs. Worth vegetables should be used. Stilwell, Charlie Ford and George

Mr. Elmore Ford has been on a Misses Ollie Mae Price and Wilma

18. I have been asked by farmers Price of Unionville were the guests of Prof. Moser started his singing

> enrollment. The noise of the thresher is now heard in this section. Some crops are good and others are only about half.

The little son of Mr. and Mrs. R. J. Simpson is improving. Rev. C. H. Martin of Polkton will

preach at Ebenezer the second Sunday in August. Protracted meeting begins at Mill Grove the 11th of August.

Mr. Daniel Wentz lost a valuable mule a few days ago, and his wife is

quite sick at this writing. Miss Fannie Price of Monroe is vis-

For Sheriff

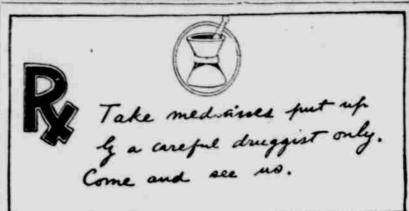
Vote for the man you would go to if in trouble or need. Gratitude is noble. Remember Culi C. Sikes' past EXPERIENCE.

The aircraft production bureau of the war department announces that Bristol airplane was of no military value its manufacture as a war plane has been discontinued.

Secretary Baker says that the progress of the Frano-American offensive continues "entirely satisfactory.

Dr. B. C. Redfearn, Dentist. Office over Heath-Morrow Co., MONROE, N. C.

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Let us fill the prescriptions the doctor gives you. We can be wholly relied upon to put them up correctly. We are certain of what we do when we fill prescriptions. We read the doctor's orders carefully and use only the ingredients he tells us to. We are extremely careful not to make the slightest mistake. This is most important.

English Drug Co.

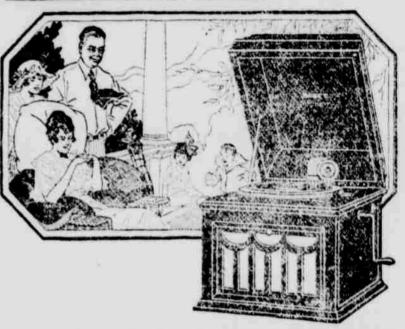
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Monroe, N. C.



with the silver tone voice.



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THE W. J. RUDGE COMPANY.



WE ARE EQUIPPED TO SUPPLY YOUR EVERY WANT IN THE FUR-NITURE LINE. OUR STOCK IS LARGE, VARIED AND COMPLETE. IT IS RIGHT HERE FOR INSPECTION BEFORE YOU BUY. MORE THAN ALL, WE STAND BEHIND EVERY SALE WE MAKE AND YOU ARE SATISFIED ALL OF THE TIME IF YOU TRADE HERE.



You never get old, stale groceries at this store. Our policy is always to move our stock as rapidly as possible, keeping it

FRESH AND PURE.

Our canned and bottled goods especially are carefully looked after. These goods lose in quality if kept beyond a reasonable time.

In the interest of your health, come to us for pure, fresh groceries.

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