EIGHT PAGES

## Gained Ten Pounds

Before Taking ZIRON, Alabama Man Was Weak, Nervous, Had No Appetite, But is Now Strong.

VERY man and woman, who is in a run-down, weak condition, with reading of Ziron and decided I would bad complexion and poor appe try it ....

tite, due to lack of iron in their blood, "Will say that Ziron is a good medi-cine. I have gained ten pounds in should find Ziron helpful and strengthfour months. Am strong and have a building.

It is a scientific, reconstructive tonic, good appetite." Ziron is a mild fron tonic, good for composed of ingredients recommended

by leading medical authorities. Describing his experience with Ziron, Mr. George W. S. Lanler writes from work, under-nourishment, caused by Jones, Ala .: "Sometime back, I was in stomach or bowel disorders, or as a a terrible condition. I was weak and nervous, and had a tired feeling all the time. My skin was muddy. I sells it on a money-back guarantee

THE CHRISTMAS BADGE By MRS. NAN CARLILE

Kate came home from school one a nice child. I, for one, had more day looking very cross, and slung her pleasure in Lucy than in any ten of satchel into the corner with a slam your school-fellows. Was there any that made her mother raise her eye-brows in surprise. It is enough to "Of course not mother." Kate's make anybody mad, explained Kate, face was getting red. "Was it a con-Every girl in our class has subscrib- dition of your Guild of Help," coned to the "Christmas Guild of Help" tinued her mother, that the girl who downright mean. I'm afraid I don't full liftle badge, that you expected ced rheumatism and sciatica to yield understand, said Mrs. Dixon quietly. Lacy to give what she could not af-And we asked her to our Christmas ford, and no doubt too honest and party mother, you know, and on my considerate to ask her parents for, birthday as well; and everybody And rou thought you were entitled to knows the Browns never give any domand it in return for my hospital-parties back themselves. I do think ity "But the money wasn't for me."

Brown anyway. Mrs. Dixon put down her sewing and Kate began to fool a little un-comfortable at the sight of her grave face. "I feel quite sure," she said, "that some of the very vulkar ery pressions I have just been pained to hear you use were picked up from girls very unlike my little friend Lucy Brown. When I sent you to a big day-school, my dear Kaie, I trust-ed you to choose your compaines bet-ter. What de you mean by saving that ter, What do you mean by saying that quarters -- not all, I am sure, selish his hunting license had expired, you are "on the right side with or unselfish one. I was calling at "Eh? What's that?" exclaimed you are "on the right side with or unselfish one. I was calling at "Eh Lucy?" Kate shrugged her shoulders the Browns when Lucy came in from novice. and giggled foolishly.

I giggled foolishly. "Well of course, everybody knows mother for an hour or two. Very day," repeated his friend. "Well of course, everybody knows motion that and was tired Mrs. Brown to be re-the Browns get more out of us than glad was tired Mrs. Brown to be re-we do out of them," she becan. Mrs. beved of them I can tell you, though first thing I've caused to expire since we do out of them," she becan. Mrs. Dixon sighed. Do you remember she is sorry for Lucy to give up has-

the hospital."

ket-ball practice after school which you enjoy so much. We peeped into the nursery before I came away There the three little ones sat, quiet as mice, listening open-mouthed to a fairy-story. Lucy was either remen bering or making it up for she had no book, and all the time her fingers were busy. I asked her what she was knitting, and she told me she was re-footing her old stockings. It was not Lucy but her mother who explained the matter to me. Lucy was dismatter to me. tressed that she had nothing to give to the school Christmas guild, and hit on the plan of mending and knit ting over some old stockings Mr. Brown let her have for the purpose She had anravelled still older ones provide the wool, and is quite busy and happy with her labor of love Her stockings will be a real comfor some poor child leaving the ho-al. I have just bought her a nic-142121\_ blg skein of now wool.

THE MONBOE JOURNAL,

"Oh mother, please may I go to Lucy's home at once? I want to a this minute to ask her to forgive me Kate what you wrote on the invita-tions you sent out for your last par-ty? "Requests the pleasure of so and so's company." Well you had

· the pleasure of Lucy's company, and said her mother; but she smiled, to a very steat pleasure it was to me to she knew her little lecture had gon \* \* \* feel that you had for your friend such home.

### TRY THIS TO BANISH ALL RHEUMATIC PAINS

People who have been rheumatic sufferers for years-yes, even

we are on the right side with Lucy protested Kate; "it goes to the cot in has a supply of Rheuma and guar-

"Eh? What's that?" exclaimed the

"Your game license expires to-"Let it." said the novice. "It's the

# Give Music This Christmas

Cive your family a Columbia Grafonola with Columbia Records this Christmas. Then all through the year you all can enjoy the famous exclusive Columbia artists.

TUESDAY, DECEMBER 21, 1920.

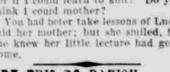
Call and let us demonstrate the Grafonola's exclusive Non Set Automatic Stop. Nothing to move or set or measure. Never stops before it should. Always stops at the very end. / This is the gift that's always new.

ed to the "Christmas Guild of Help except Lucy Brown. She's the mean- collected most money was to have a crippeld that they were unable to est girl I know. "Perhaps," said badge. Then I think it a very harm- help themselves-have been brought est girl i know. "Perhaps," said badge: Then I think if a very harm-kate's mother quietly. Lucy has her ful way of exciting interest, and I own reasons for not subscribing." I should be sorry to ree my little girl should say she had very good reasons rewarded because she happens to be-for subscribing said Kate a little long to the class containing the chil-purity. To begin with, she's my dren of the richest or most indulgent and the treater the long of the richest or most indulgent purity. To begin with, she's my dren of the richest or nois munigent you have longed for. It helps anta-chum, and I'm treasurer for our parents. You remember perhaps that class, and she knew I was just awful- the half dollar you were so profid to by keen on curs being the best; give came straight out of your fathwe only wanted one quarter more to er's pocker, without any trouble or ners should completly disappear.

we only waited one quarter more to era pocker, without any trouble or hers should completly disappear. win the badge, just one quarter and self denial on your part. And it was she wouldn't give it, and now those for your own benfit, and to gratify horrid tenth lot have got it. I call it your ambition to wear this wonder-dowaright mean. I'm afraid I don't ful little badge, that you expected

W. J. RUDGE COMPANY

Charles Charle



EIGHT PAGES

-A FEW SUGGESTIONS WHICH WILL BEA SAVING FOR YOU AND A PLEASURE TO THE RECEIVER.		
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