

\$10,000 Jewelry Sale!

Sale Starts **WEDNESDAY, December 15th.**
Prices smashed to pieces. All goods must go.



Consisting of Diamond Rings, Diamond Lavaliers, Solid Gold and Gold Filled Watches—Elgin's, Hampden, South Bend, etc; Rings of every description, Sterling Belt Buckles, Sterling Vanity Cases, Cameo Brooches, Cameo Rings, Pearl Necklaces, Lavaliers of every description, Watch Chains, Emblem goods, Diamond Shrine Pins, Scarf Pins, Cuff Links, Waldemar Knife Sets, Knives, Alarm Clocks, Belts, Shaving Sets, Ladies' Elgin, Hampden, Waltham Watches, all kinds and sizes; Sterling Cigarette Cases, Pencils, etc. Every article we sell has got to be exactly as represented or your money refunded. Look our goods over. We will be glad to show you whether you buy or not.

SALE STARTS WEDNESDAY, DEC. 15, AND LASTS THROUGHOUT CHRISTMAS.



A. W. McCALL, Jeweler.

Mountain Apples

Grown 3000 feet above sea level on the slopes of Mt. Mitchell, Yancey county, N. C.
Will have a solid car load of Yorks, Raegans and Staymen Winesaps for Christmas trade.
DR. J. B. EWING,
Old Crowell Building, East Jefferson St., Monroe, N. C.

This Bank

is for
PEOPLE WHO WANT TO IMPROVE
THEIR FINANCIAL CONDITION.

Will You Let Us Serve You?

A checking account is most convenient in the payment of bills. A savings account is the sure road to an eventual competency.

The Savings, Loan and Trust Co.

R. B. Redwine, President. H. B. Clark, Cashier

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COTTON RECORDS AND FEDERAL INCOME TAX RECORDS

We are specializing on fire insurance, and can give prompt and efficient service. We represent Companies with assets aggregating over One Hundred Million Dollars, and are therefore prepared to give you the very best protection at lowest rates.

FARM PROPERTY

Our policies covering farm property, protect you against loss from fire, lightning and wind storm, and covers live stock anywhere within the county. We write this in three and five year terms and give you the privilege of paying one-fifth cash and the balance in equal annual payments. It will pay you to see us before placing your insurance.

GORDON INSURANCE & INVESTMENT CO.
Farmers & Merchants Bank Building,
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YOUR CREDIT IS AS GOOD AS YOU MAKE IT

The value of credit with a good bank may not appeal to you until you need it.

Good Credit has been the secret behind many a large and small fortune.

Without Credit no business or individual can be permanently successful.

Open an Account at this Bank Now.
Establish your Credit. It will serve you in time of need.

FIRST NATIONAL BANK
MONROE, N. C.

TOO MUCH THINKING NEVER CAUSED NERVOUS DISORDERS

Neither Has Over-Study, Says Famous Scientist—Recipe for a Normal, Happy Life.

(From the Type Metal Magazine.)
There has been a lot of discussion of the question of how much work a man can do.

This implies that the human body contains a certain amount of energy—that a man has so much work "in him," and that increased effort means increased fatigue.

But this idea is now being questioned, and psychologists tell us that under proper incentives men can double or treble their output without advancing the line of fatigue.

"The more the mind does," said William James, the more it can do."

Dr. Boris Sidis, the eminent specialist in nervous and mental diseases, observed that he had not met a single case of nervous or mental trouble caused by too much thinking or over-study.

What produces nervousness is worry, emotional excitement, and lack of interest in the work, he said.

This seems to be proved by the experience of all time.

The great, dynamic men of history were most long-lived and healthy throughout life.

Frail women, suddenly called upon to assume sole responsibility for the rearing of a family, have been known to assume tremendous burdens and actually to grow strong under them.

A woman who used to do the writer's family washing several years ago told how she had undertaken to support herself and her three children upon the desertion of her husband.

This woman said she was so delicate that at first she had to leave her work many times during the day and lie down until she had recovered sufficient strength to go back to the tub.

But eventually she became strong and succeeded in raising and educating her children by means of her earnings.

James L. Jeffries, former heavy-weight champion pugilist of the world, told in his autobiography of an instance where this latent store of energy came to his aid in enabling him to save a man's life.

Jeffries was a structural iron-worker before entering the ring, and one day a great girder slipped and rolled over, crushing the legs of the workman who was helping him.

Jeffries said that, although he would never have attempted to move the heavy weight under ordinary circumstances, and probably could not have budged it, he seemed to be suddenly possessed of superhuman strength when confronted by the emergency, and, throwing every ounce of power into play, lifted the girder from his friend's body.

Most of us can do what we want to do or have to do.

Floods, earthquakes, cyclones, panics and other great disasters which force us into new situations and responsibilities prove that the human body is capable of generating energy in much larger quantities than are ordinarily used.

All that we need is the stimulation of new conditions or new necessities and we are transformed.

But some of us don't care to wait for an earthquake to give up this new fund of energy. We want to accomplish all we can right now.

To those who feel this way, we pass along what Professor Thornly calls "My rules for being able to work all the time:"

Sleep all that is possible.

Get rid of all physical ills.

When one interest lags, find a new one.

Keep on hand a supply of motives or desires.

Never learn by a roundabout method what can be learned directly.

Never allow the mind to dwell on a subject that may not be useful.

Waste no effort. Never worry. Never become excited unnecessarily.

Think about what should be done and then do it without talking about it.

In a word, the whole doctrine is: "Interest and motive for efficiency; and for protection, sleep."

Conclusive Evidence.

William and Henry, chauffeurs, were discussing the ill-luck of a fellow chauffeur, Clarence, who had the day before been fined for taking out his employer's car without permission.

"But how did the boss know Clarence had taken the car out?" asked Henry.

"Why," explained William, "Clarence ran over him."—Harper's Magazine.

SAYS VIRTUOUS GIRLS WILL BE OSTRACIZED

Raleigh Preacher Speaks Plainly And Quotes Plain Statement of Prominent Man.

In a sermon last Sunday that made his congregation twist in their seats, Dr. Weston Bruner, pastor of the Tabernacle Baptist church in Raleigh applied the analogy of the cloud that came down from Mt. Sinai four thousand years ago and out of which the Lord God spake to Moses and through him to his people, for a scathing arraignment of the present pursuit of sensuality and greed that is sweeping America. In substance, Dr. Bruner's remarks as reported by the Raleigh News and Observer, were as follows:

"There has come to light out of the cloud of war so amazing a spirit of sensuality and immorality as would make the days of heathen Rome blush with shame," he declared to his great congregation.

"When the brazen immorality of the City Auditorium dances and the Country Club dances came to light, some of us hoped that it was a local epidemic of leprosy, but, alas, it is widespread.

"The automobile, the dances, and the laxity of parental discipline, raise the tide of licentiousness to an amazing height. Not only in Raleigh, but in every quarter of the State this terrible thing that is eating away the souls of our young people goes on. A man whom you would all know, and in whom you have the utmost trust, told me that in his town, in the set that stands highest in society, every young girl in that set had been guilty of gross immorality save two, and that the boys had told them that unless they surrendered their virtue they would be ostracized."

The Foundation of a Big Industry.

(From Raleigh News and Observer.)

The death of L. Banks Holt recently suggests thoughts connected with the cotton mill industry in North Carolina. Mr. Holt was born in 1842. It was about 1837 that his father, Edwin M. Holt, had built the mill on Alamance creek, equipped with 528 spindles and 16 looms, where it is said the first colored cotton goods made south of the Potomac were turned out. At that time a mill had been put in operation in Cumberland county, one at Mocksville, one at Haw River and one at Cane creek, in Alamance, and mills were also operating in Lincoln county, in Greensboro and in Edgecombe. "The Holts were therefore early in the game, and have been conspicuous in it to the present day.

One life time covers the span of cotton milling in North Carolina, or very nearly, for the little mills built prior to 1842 were few and small. From that little start has come a giant industry which makes North Carolina the second cotton manufacturing State of the Union, and in many respects the first. Identified with practically every development was the name Holt, and father and son were powerful influences in what has been done. Today the South spins more cotton by far than the North, and more than any other country, yet the South is young in the manufacture of cotton goods. The example set by the Holts has attracted capable men in all parts of the State and big mills and multiplying factories are the rule now. The little Alamance cotton mill with its sixteen looms looks interesting now, but the outcome of that movement, backed by the energy and confidence of the men who were the pioneers in the work is one of the industrial surprises of every sort.

The South was slow to take up the manufacture of cotton goods. Able men argued that raising cotton was a proper occupation for the people, but that the factory was desirable. So conspicuous a man as Jefferson argued against the cotton mill. But the Holts and their kind believed otherwise. Today North Carolina owes these a debt that will never be paid, for their good sense and courage have been a wonderful help to North Carolina development.

Unequal Losses.

Frederick was sitting on the curb, crying, when Billy came along and asked him what was the matter.

"Oh, I feel so bad 'cause Major's dead—my nice old collic!" sobbed Frederick.

"Shucks!" said Billy. "My grand-mother's been dead a week and you don't catch me crying."

Frederick gave his eyes and nose a wipe with his hand and, looking up at Billy, sobbed despairingly:

"Yes, but you didn't raise your grandmother from a pup."—Harper's Magazine.

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There is satisfaction in having things done right, and we insist that things be done right or not at all. An organization that has been held together for a long period of time insures to you a service second to none. Our merchandise is exactly as represented—honest goods at lowest prices. Here you will find furniture that will suit any room in your home, and the proper selection of furniture depends a great deal upon the store in which you buy. All these years we have been giving dependable merchandise and good values. We are doing the same today. Come and see us.

J.P. Dillon & Sons
FURNITURE UNDERTAKING
EST. 1893
AT THE OLD STAND
MEMBER CHANDLER COMMERCE MONROE, N. C.

Babe's Lifeless Body Found in a Greensboro Store.

A dispatch from Greensboro says that the lifeless body of a new-born babe, wrapped in no clothes at all and lying in a shoebox, was found about twelve o'clock yesterday in the ladies' rest room on the second floor of Gilmer Bros. store, on south Elm street. It was discovered by three employees at the store when they entered the room to eat their lunch. They immediately notified W. T. Herrin, manager of the store, who in turn notified police officers, and the body was turned over to a local undertaker.

The shoebox was tied with a cotton string, according to Manager Herrin, and was lying beside a cot in the rest room. When the box was opened it was discovered that putrefaction had set in; and it was therefore impossible to tell whether the child had ever breathed or not.

It had apparently been dead three or four days, according to physicians who saw the body, and indications were that no attention whatever had ever been given it since it came into the world. The body was fully developed.

Ate a Bushel of Apples.

(From the Rural New Yorker.)
The following note has been going out through the papers:

Roanoke, Va., Oct. 29.—"I ate a bushel of apples for my breakfast this morning," said a guest at the once de Leon Hotel to-day. Then he explained that he had sold two thousand bushels of apples on his orchard in Bedford county for thirty cents per bushel on the trees, and had paid the proceeds of one bushels for a baked apple on a Norfolk & Western dining car. Of course he got a small pitcher of alleged cream. But the apple was a small one.

We had the same experience in Raleigh, N. C. We ordered a baked apple without looking at the price. The waiter brought a small apple with a bill for thirty cents. Of course the "alleged cream" came with it, but it ran true to name. We have frequently been obliged to exchange a peck of potatoes for one baked tuber. At present prices the cotton grower must give up about ten pounds of raw cotton for one pound of cotton cloth. What we all want to know is, who gets the money? Why do not the teachers of political economy tear themselves away from abstract principles and get down to concrete facts about this consumer's dollar.

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Near Freight Depot.

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ALSO SOME FINE BROOD MARES.

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