

### POISON IN THE ASHES

What the Mt. Lebanon Shakers Found—Incident in the History of a Quiet Community.

The Mount Lebanon (New York) Shakers are a quiet community, secluded from the fret and worry of the outside world. They are widely known, however, for their strict honor and probity in business.

The Shakers believe that nature has a remedy for every disease. A few have been found—the rest are as yet unknown. Many were discovered by accident. Others came to light as the result of patient experiment and research.

Nervous Dyspepsia is a comparatively new disease, growing out of the conditions of modern life. It is a joint affection of the digestive organs and of the nervous system. These two were formerly treated as separate ailments, and it was left for the clear-sighted Shakers to prove that the basis of this terrible and often fatal complication lies chiefly in the disordered and depraved functions of digestion and nutrition. They reasoned thus:—"If we can induce the stomach to do its work, and stimulate the excretive organs to drive out of the body the poisonous waste matters which remain after the life-giving elements of the food have been absorbed, we shall have conquered Nervous Dyspepsia and Nervous Exhaustion. And they were right. Knowing the infallible power of Shaker Extract (Seigel's Syrup) in less complicated though similar diseases, they resolved to test it fully in this. To leave no ground for doubt they prescribed the remedy in hundreds of cases which had been pronounced incurable—with perfect success in every instance where their directions as to living and diet were scrupulously followed.

Nervous Dyspepsia and Exhaustion is a peculiarly American disease. To a greater or less extent half the people of this country suffer from it—both sexes and all ages. In no country in the world are there so many insane asylums filled to overflowing, all resulting from this alarming disease. Its leading symptoms are these: Frequent or continual headache; a dull pain at the base of the brain; bad breath; nauseous eructations; the rising of sour and pungent fluids to the throat; a sense of oppression and faintness at the pit of the stomach; flatulence; wakefulness and loss of sleep; disgust with food even when weak from the need of it; sticky or slimy matter on the teeth or in the mouth, especially on rising in the morning; furred and coated tongue; dull eyes; cold hands and feet; constipation; dry or rough skin; inability to fix the mind on any labor calling for continuous attention; and oppressive and sad forebodings and fears.

All this terrible group Shaker Extract (Seigel's Syrup) removes by its positive, powerful, direct yet painless and gentle action upon the functions of digestion and assimilation. Those elements of the food that build up and strengthen their mission, while all waste matters (the ashes of life's fire) which unremoved, poison and kill, are expelled from the body through the bowels, kidneys and skin. The weak and prostrated nerves are quieted, toned and fed by the purified blood. As the result, health, with its enjoyments, blessings and power, returns to the sufferer who had, perhaps, abandoned all hope of ever seeing another well day.

Stricken With Blindness. A Kalamazoo (Mich.) Telegraph Reporter gives the following statement of Dr. C. Francoise, the well known veterinary surgeon of that city, in reference to a case of blindness. The Doctor says: "Four years ago last spring little Willie, the four year-old son of Mr. Peter De Witt, a relative of mine, residing at that time in Milwaukee, Wisconsin, was taken with the measles. The disease struck in on him, and the poor little fellow was left blind. "Distinguished physicians in Milwaukee and Chicago were consulted, and said that nothing could be done for him, and that, blinded thus early, he would continue sightless during his entire life. While at Hot Springs Mr. De Witt had heard the S. S. S. remedy, manufactured at Atlanta, spoken of very highly. How it happened I don't know, for S. S. S. is not guaranteed to cure blindness; but by some happy chance it was decided to test its efficacy in Willie's case. By the time he had taken a bottle and a half his eyes had so far recovered that he could play out of doors. After taking four bottles he was completely cured. His eyes seemed perfectly sound, and have continued so ever since. "Here, Willie, Willie, come here," shouted the doctor suddenly to an active little boy dressed in knickerbockers, who was playing in the street. "This is Willie De Witt. His father used to be a railroad conductor, but he is out West now on business, and Willie is staying with us until he gets back. He goes to the East Avenue school every day, and never has the least trouble with his eyesight. See, his eyes look as well as yours or mine."

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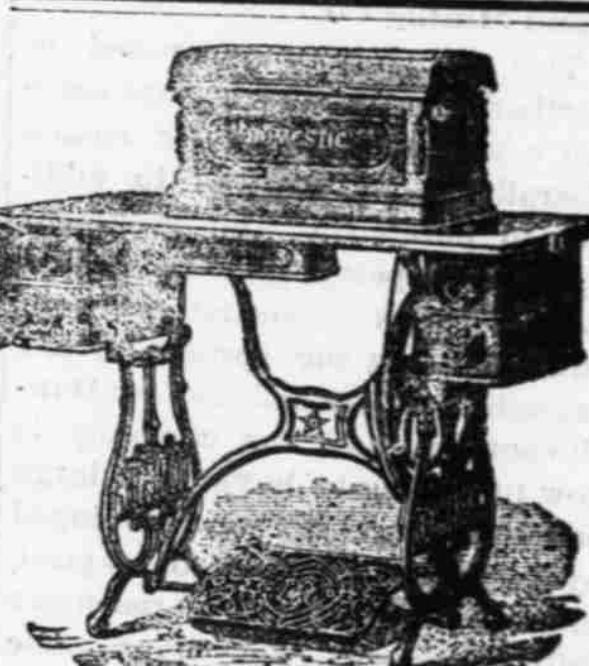
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