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HAPPY AND HEALTHY.

A Beautiful Canadian Girl Saved From Catarrh of the Lungs by Pe-ru-na.



MISS FLORENCE KENAH.

Miss Florence E. Kenah, 424 Maria street, Ottawa, Ont., writes: "A few months ago I caught a severe cold, which settled on my lungs and remained there so persistently that I became alarmed. I took medicine without benefit, until my digestive organs became upset, and my head and back began to ache severely and frequently. I was advised to try Peruna, and although I had little faith I felt so sick that I was ready to try anything. It brought me blessed relief at once, and I felt that I had the right medicine at last. Within three weeks I was completely restored and have enjoyed perfect health since."

"I now have the greatest faith in Peruna." R. E. KENAH. WOMEN should beware of contracting catarrh. The cold wind and rain, and mud of winter are especially conducive to catarrhal derangements. Few women escape. Upon the first symptoms of catching cold Peruna should be taken. It fortifies the system against colds and catarrh. The following letter gives one young woman's experience with Peruna. Miss Rose Gerbing is a popular society woman of Crown Point, Ind., and she writes the following: "Recently I took a long drive in the country, and being too thrifty eld I caught a bad cold which settled on my lungs, and which I could not seem to shake off. I had heard a great deal of Peruna for colds and catarrh and I

THE PEOPLE OR THE SALOON?

Shall the People Govern the State or Shall it be Controlled by the Saloon and its Evil Influences?

Charlotte Daily News. The Southern people have always had a genius for government. Scratch any Southerner and you will find a politician. From Washington to Lincoln the South ruled the nation, and taking the three departments of the Government, Legislative, Judicial and Executive into consideration, during that whole period it was never without a controlling voice in public affairs. This is not to say that the governing function was always wisely used, or that serious blunders were not sometimes made. But the fact is that the South was "in the saddle" as the phrase was.

During the war the same genius for government was displayed and probably no nation in history, whose whose career was spent in the midst of war's alarms and war's confusion, ever governed itself better or had so many statesmen who were competent to the task, as the Confederate States of America.

Since the war, the defeated section has had to play a smaller part in national affairs. But they had a task sufficient to absorb all their interest and attention in the sphere of local government, and the way the ruling race, in spite of overwhelming odds, has erected the government from the hands of the weaker race and won recognition of its right to do so from its former enemies, spite of bayonets and constitutions, will grow a larger and larger wonder in the perspective of the years.

be recruiting the Democratic Party with voters. But the menace is an idle one so far as negro rule is concerned. The saloon is turning for help to the most degraded of the white people and to the politician who needs the influence and the money of the saloon to get himself elected to office, or who fears that the saloon can defeat him if he turns elsewhere for help. The man that controls the saloon vote is the man that is controlled by the saloon vote. The man that controls the saloon vote is the man that will control the saloon vote. And so the question becomes a very practical one. Shall the people control the saloon or shall the saloon control the people?

It might have been better if the law of the land had never laid its hand upon the business. But it is a hundred years too late to talk about that now. In the midst of the battle it is idle to waste breath wishing that the conflict had never begun. It is true that the people have the legal power to control the saloon in any way they please or to blot it out altogether. The proceeds of a hundred years would have to be set at naught to make that no longer true. Revolution never rolls backward. There is no prospect of surrender on either side. Those who are fighting the saloon think that they are doing the will of God and it is of such stuff that martyrs are made. Those who are fighting for the saloon are influenced by the motives that appeal most strongly to the class which they influence at all, the love of money and the love of power. In ultimate solution it is the conflict between right and wrong. And hence it remains inevitable, that until the saloon is controlled by the people, that most malign of all political influences is going to debauch the electorate and bulldoze the representatives of the people so that the government in its last analysis does not rest with the people but with the coterie of saloon-keepers that meets in the back of a bar room.

And the point is made that there can hardly be any worse government than this. There is one thing that even negro rule could never have done while the hills stood, namely, debauch the conscience of the white voter. Besides, the saloon does not stand by itself. It is in intimate alliance with the gambling den and the house of shame. Where the saloon rules a city you have a "wide open city," where a man who has boys to raise or girls to give in marriage should hesitate to live, and whether a decent man should hesitate to come lest he be pitching his tent toward Sodom. The man who is subservient to the saloon is not fit to hold any official position. And where the saloon is in control he is the only man allowed to fill any official position.

From the community upward to the State itself the evil grows. Since the Legislature has the exercise of the police power so that it can protect the decent citizens even in a saloon ridden town, the legislator who wishes to be nominated or elected must get on his knees and make his obeisance to the saloon. And finally with the building up of a saloon controlled political machine, the very highest offices in the gift of the people are dictated by the lowest of all political influences. Even the courts become corrupted and the ermine itself cannot be worn by any man who is not willing to prostitute his high office to the saloon and decide in its favor the cases that come before him.

The saloon sees its interests in legislation that would not be supported by the inexperienced to touch us. We have known it to unite the negro vote in solid mass against a proposition of the white property-owners to tax themselves for the education of both races. The saloon thought that the people might learn to do without the whiskey tax for education. And the trouble about the saloon politician is, that he is almost infallibly on the wrong side in every question in which there is a moral issue. The church and the school are both against the saloon and the saloon-politician sides with the saloon. Whatever affects the moral and educational as well as the political life of the people is decided against the highest interests of the people, Government by the saloon is government by the devil.

This is the issue before the people of this state, of all the states except where the saloon is so strongly entrenched that the issue need not be made. It has been made in this state and in the South, where the purified elector is more clearly concerned with the questions that affect the moral and educational life of the people than any body of voters anywhere. The saloon is fighting for its life with all the desperation of a despair. No good citizen can keep out of politics when the saloon is in the people, this great Anglo-Saxon people of unmix blood, who

have never been governed by anybody but themselves, when once the issue of self-government has been raised, should meet this issue as they have met other issues, with the same indomitable spirit, with the same intolerance of opposition. We are not even suggesting expedients. But we insist upon the gravity of the issue and upon the right of the people to govern themselves without the help of any special interest, least of all the lowest of all. The people should set their power of the saloon and match its wrath with their wrath; till every representative of the people shall learn that his duty is to them and not the saloon; until the man who tempts with the saloon vote will commit political suicide; until the fear of the people shall control and not the time shall come, government by the people, for the people, is a roaring furore, and government of the people by the saloon is the dismal reality.

Building and Loan Associations. The Spartanburg Herald says that Spartanburg is the home of building and loan associations and that they have been more "successfully managed" there "during the past quarter of a century than in any other section of the South." This is a broad claim, which, if put to the test, could probably not be supported. We have no doubt that the Spartanburg associations have been properly managed, but none could have been better or more successful than those of Charlotte, which invariably mature their stock on schedule time, and sometimes earlier, and have never lost a dollar. Spartanburg is to be congratulated upon its building and loan associations; so is Charlotte upon its, so is every other town or city that has one or more of these institutions. But the opportunity offers here to warn people against becoming stockholders in any concern bearing this name which is not purely domestic in its character, which is not managed absolutely and exclusively by the members of the community. The name is an honored one and it has been made the cloak of many fraudulent affairs which, if not begun for robbery, at least ended with this result to its stockholders. There are not a few North Carolinians who can testify to this, to their sorrow. Such is the beneficence of these home institutions, especially to the salaried and wage earning people—the industrious and well-to-do of the population—holding over the shareholders as they do a gentle whip which keeps them up to the payment of the weekly dues and thus inculcates the habit of saving, that the general assembly should hold its protecting hand over them and foster them by every proper means, while it would discharge an equal duty by levying such tax upon the foreign concerns as would forbid them doing business in North Carolina.—Charlotte Observer.

Bill to Pension Ex-Slaves. Senator Hanna Wednesday introduced a bill granting pensions and bounties to all ex-slaves who were freed by the proclamation of President Lincoln during the Civil War. It provides that persons over fifty years of age and less than sixty, whether male or female, shall receive a cash bounty of \$100 and monthly pensions of eight dollars per month; persons between 60 and 70 years old bounty of \$500 and a pension of twelve dollars per month, and persons over 70 years old a bounty of \$500 and a pension of \$15 per month. The bill also provides for the payments of the bounty and pension to relatives who may be charged with the care of ex-slaves. President Mitchell, of the National Industrial Council, at whose request the bill was introduced, issued a statement to night to the effect that no one has authority to charge the petitioners who will benefit should the bill become a law, any money to further its passage. Governor Joseph M. Terrell presided at a banquet which was tendered last week by Atlanta's leading citizens to General William Booth, founder and commander of the Salvation Army. Following the banquet General Booth addressed an immense audience at the Baptist Tabernacle. The best physician. "Once tried and you will always use Chamberlain's Stomach and Liver Tablets," says William A. Girard, Pease, Vt. These Tablets are the most prompt, most pleasant and most reliable cathartic in use. For sale by C. E. Gallaway and J. W. McPherson & Co.

Two colored children, aged three and five years, were burned to death in their home in Lenoir county last week. Their mother locked them in the house and went away—the house caught fire and the children were burned with it. The Value of Expert Treatment. Everyone who is afflicted with a chronic disease experiences great difficulty in having their case intelligently treated by the average physician. These diseases can only be cured by a specialist who understands them thoroughly. Dr. J. Newton Hathaway of Atlanta, Ga., is acknowledged specialist in the United States. Write him for his expert opinion of your case, for which he makes no charge.

A Tragedy of Life.

The tragedy of human life as it may be read in the contemporary history of any town is enough to make the heart of the coldest to bleed. That was a sad, a very sad death which occurred at the Twin City hospital early this morning, when Mrs. Bertha Sonzini succumbed to the burnings of pneumonia fever.

This world may be a stage and each one upon its boards a player, then the part of this good woman was indeed a sad one. Originally living at Ingleside, West Virginia, she was compelled to leave home through the cruelty of an inhuman drunken monster, called—God save the mark—a husband. Arriving in Winston-Salem about ten days ago with her four helpless little children, she sought a welcome shelter with Mrs. Wilson at the corner of Fourth and Church streets. In a day or so she found refuge in the home of Mr. G. D. Jackson, 819 Liberty street, where with the good offices of his wife, the mother and the little ones were tenderly cared for. In a few days by previous exposure, want and suffering, the poor mother was taken ill of pneumonia fever and on Thursday of last week was removed to the Twin City Hospital.

Everything that could be done was done to save her but to no avail, for at 3 a. m. to day the grim reaper claimed her. She made a special request to Mr. Jackson, who by the way deserves the heartiest commendation, that he find homes—good Christian homes—for the children. Three of the children are boys and the youngest an infant of but 7 months. They are now at the home of Mr. Jackson, at the flats, 819 Liberty street—Winston-Sentinel.

At this writing, it seems that the friends of the temperance cause are likely to triumph. It is simply marvelous that, almost without organization, such overwhelming power should have developed in this movement. It must be a surprise even to the members of the General Assembly; and the liquor forces have been in consternation. Notwithstanding their organization, and their lavish use of money, they have by no means been able to cope with the forces arrayed against them. The developments of the last few days show conclusively that the great mass of our citizenship is for the London Bill, and that the party will best take care of itself by enacting it into law. With such an array of support as has been plainly demonstrated by the mass meetings, petitions and delegations of the past week, it would seem a hazardous thing for the present Legislature to even compromise this matter. The fact is, it seems clear that this is the opportunity of the party in power to demonstrate its right to live by enacting a law that will commend it to the decency and intelligence of the State.—Greensboro Christian Advocate.

DeWitt's Witch Hazel Salve. The only positive cure for blind, bleeding, itching and protruding piles, cuts, burns, bruises, eczema and all abrasions of the skin. DeWitt's is the only Witch Hazel Salve that is made from the pure, unadulterated witch hazel—all others are counterfeits. DeWitt's Witch Hazel Salve is made to cure—counterfeits are made to sell. I. W. West, druggist, Mt. Airy, N. C. Does it Pay to Buy Cheap? A cheap remedy for coughs and colds is all right, but you want something that will relieve and cure the more severe and dangerous results of throat and lung troubles. What shall you do? Go to a warmer and more regular climate? Yes, if possible, if not possible for you, then in either case take the ONLY remedy that has been introduced in all civilized countries with success in severe throat and lung troubles, "Boecher's German Syrup." It not only heals and stimulates the tissues to destroy the germ disease, but allays inflammation, causes easy expectoration, gives a good night's rest, and cures the patient. Try one bottle. He recommended many years by all druggists in the world. You can get this reliable remedy at I. W. West's drug store, Mount Airy, N. C. Price 25c and 75c.

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Minnesota calls upon Congress to abolish the duty on lumber. Doubtless this is due to the falling supply of timber in the State and the consequent injury to its water supply. Of course it is expected that the lumber needed will largely come from Canada; as this is a question that affects the water supply of the Great Lakes, as well as of the Mississippi river, it ought to be taken in hand by the Governments of both countries.—Brooklyn Citizen

Buy it Now.
Do not wait until you or some of your family are sick high unto death, and then send for Chamberlain's Colic, Cholera and Diarrhoea Remedy, but buy it now and be prepared for an emergency. It is the one remedy that can always be depended upon in the most severe and dangerous cases. For sale by C. E. Gallaway and J. W. McPherson & Co., druggists.
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