OUT OF SORTS

When you feet lazy, stretchy, half dick, "blue" and discouraged, look to the liver. It is torpid.

SIMMONS

(THE POWDER FORM)

IS THE REMEDY YOU NEED

It is not only an invigorating tonic for a torpid liver, but it extends its cleansing and restorative influence to the stomach and bowels. Helps digestion and food assimulation, purifies the bowels and brings back the habit of regular daily bowel movements. When the stomach, liver and bowels are active, bilious impurities no longer obstruct functional processes, the result of which is renewed energy, mental activity and cheerful spirits.

Sold by Dealers, Price, large package, \$1.00 Ask for the genuine with the Bed Z on the label. on exempt get it, remit to us, we will send by mal costpaid. Simmons Liver Begulance is also put up in iquid form for those who prefer it. Price, \$1.00 per

J. H. ZEILIN & CO., Props., St. Louis, Mo.

Cana News.

mud at Cana for the past ten of haul 9.4 miles, days. All through Christmas the only borden which the American weather was very rough.

of Round Peak, N. C., were visit- country isolated from markets by reaing their uncle A. M. Towe, son of lad roads one is struck by the Thursday after Christmas. They wastes of untilled land and by the visited the wife's father Mr. J. W. Boyd Friday and returned home Saturday.

Messrs J. F. and Roscoe and ligence of the inimbitants. Misses Victoria and Mary Town were visiting theri sister Mrs. R. S. Blackburn on the Piper Gap road near Aaron Thursday and Friday of last week. Mr. and tmas day at Mr. A. M. Towe's.

by Mr. B. C. Ward who resigned on account of ill health Nov. 29, started up again Jan. 1 1912, Mr. Posie Vass, of Fancy Gap, is teach ing it.

Gap is boarding at Mr. E. S Smith's and attending Brushy Fork School.

West Liberty senool has s on account of it. The teacher, Mr. Walter Edwards, at Faney Gap is very bad with the disease.

Mr. T. F. Samuel formerly deputy sheriff of Fancy Gap mov- ing the character of his crops. The last week.

Cutting wood, making fires, and staying out of the mud ceives better supplies at lower prices, seems to be the order of the day. In an ever widening circle. Rip.

Study Circle.

All members of the Woman's erally believed that the average in-Foreign and Home Mission societ ies of Central Methodist church who are interested in the study of missions are invited to meet at the home of Mrs. R. H. Leonard on Franklin street Friday afternoon at 2:30 o'clock. The object of this meeting is to organize a Mission Study Uircle.

Notice fo Land Sale.

By virtue of an order of the Clerk of the Superior Court, made in the case of Ed. Parker, administrator of Franklin Parker, deed. vs. Delia Parker and others, I will sell for eash to the highest bidder, on the premises on the 2 day of February, 1912, at 2.30 P. M., the following real estate towit: Lying and being in the adjoining the lands of John M. Acres more or less, and being the gate increase in value are enermous. lived at the time of his decease, the common roads. They do more-

pay the debts and cests of ad- millions musistration.

This Jan. 2nd, 1912. Ed. Parker. Admr. and Comr.

\$100 Per Plate

ly for those with stemach trouble or the insanitary and unwholesome city countles are now considering the openindigestion. Today people everywhere use Dr. Kings New Life Pills for these troubles as well as liver, kidmey and bowel disorders. Easy, safe sure. Only 25c at Henis Drug Co.

You can't make any money out

GUUL HUAUS

They Tend to Increase the Value of Property.

WILL LOWER COST OF LIVING

Farm Lands Will Be Settled More Rapidly, More Good Crops Will Be Raised, and the Consumer Will Receive Supplies at Smaller Prices.

A team of horses struggling along a mud road in the endeavor to draw half a load affords a striking object lesson of road improvement when compared to a team drawing a heavily along a stone surfaced road. This isolated example must be multiplied by 3,000,000 in order to obtain the cumulative effect of bad roads upon traffic in the United States. Not less than \$250,000,000 is the useless tribute nunually levied upon the people of the United States by its bad roads,

In 1896 a widespread inquiry made by the office of public roads indicated that the average cost of hauling on roads in the United States was 25 cents per ton per mile. In 1906 the bureau of statistics ascertained from Its 2,800 county correspondents that the average cost per ton per mile was We have plenty of rain and about 23 cents and the average length

people are carrying by reason of their Mr. and Mrs. Jesse Richards, bud roads, in inversing a region of lack of variety in the products. This is a condition more frequently due to: lack of adequate transportation facilities than to lack of industry and intel-

suming a series of concentric circles officials in the United States; each and to be drawn about a market town or all receiving compensation. railroad station, constituting zones of production in all of which the roads than a fraction of their time to road are uniformly bad. Within the first work, because their interests lie eise-Mrs. R. S. Blackburn spent Chris- zone all products can be delivered to market at a profit. Within the second small to enable them to devote their The Brushy Fork school taught zone certain products must be elimi- entire time to the work. It is not surnated because of the length of haal. Milk, small fruits and certain kinds of this kind of supervision has resultof vegetables requiring quick delivery ed in the present chaotic condition of and careful transportation might be our public roads. The reforms that cited as examples.

In the third zone still other products Miss Emma Leftwich of Fancy must be ellumnated because of the prohibitive cost of hauling. The fourth zone will include only those products which can be held until the ronds are passable and then banked in repair. A terrible disease, pronounced long distances and sold at a profit. small pox, is raging west of Cana Beyond this zone the land must be

ing and timber. Every improvement in the reads leading from this market widens these zones, makes unproductive land productive and enables the farmer to exercise a wider discretion in determined his family to North Carolina prosperity of the individual farmer becomes far greater, the traffic of the rallroad increases, the consumer reand thus the bened inteffects continue Oklahoma Governor Advecates a State

While it is impossible to assign an



COUNTRY BOAD UNIMPROVED

crease per acre within the zone of infinence of an improved road would be from \$2 to \$9 per acre. As there are county of Surry, North Carolina, about 850,000,000 acres of farm lands improved and unimproved in the Unit-Doss and others, containing 63 ed States the possibilities of aggre-

These figures constitute conclusive lands whereon Franklin Parker evidence of the immensity of traffic on excepting from the 63 acres tract they give food for reflection as to that portion allotted to Delia where the cumulative losses in wear Parker as dower, description of and tear of wagons, harness and which will be farmished at the feams, due to poor roads, will land us on the debit side. Nobody can ever approximately estimate this drain, but Sale made to make assets to everybody must know it is in terms of

> The loss in dollars is serious enough for grave concern, but when the additional charge is made that bad roadment it constitutes an indictment of beings whose standard of living must handicapped by heavy sand hill roads. result in their mental, moral and phys-

It is not generally realized that our 2.155,000 miles of road constitute a a helpful institution, but there are a great source of disease. By means of great many people who would do well of a clerk who uses booze, no dust disease germs enter the human to spend more time in making roads

tuberculosis germs. Iteads of the fature in great centers of population will be practically duelless, and the bituminous and other binders which will be used in the construction of such reads will not only minimize the danger of disease by reducing the dust nuisance, but they are in a measure possessed of antiseptle properties.

There is no phase of life in the country, social or economic, which is not affected by good roads. There is a direct relation between improved highways and the value of land, the attendance of children at school, the health of the community and everything else that tends to make life in the country efficient. And this, in turn, affects the people in the cities who live on the country products. It is a task-the maintenance of good roads -which affects every person in the country, no matter where he lives or what his profession.

Road building is an art based upon a science. In this age of specialists it londed wagon at a comfortable trace almost surpasses belief that the American people, so practical in all other lines of endeavor, should permit their goiden millions to be frittered away



THE BAME BOAD MACADAMIZED.

by men who for the most part know little or nothing about either the science or the art of road building. There The point may be illustrated by as are today more than 1,000 petty road

Very few of these men devote more where and their compensation is too prising that a century and a quarter should take place will provide a comparatively small body of trained, competent road builders devoting their entire time to continuous road work.

Not only must the roads be built by trained men, but they must be kept

The road build been made in recent years towar bringing about these needed reforms In the road laws and administration, in providing more adequate revenues and in devising methods of construction and maintenance adapted to the requirements of modern traffic.-Logan W. Page in World's Work.

HASKELL'S HIGHWAY PLAN.

Good Reads Commission.

Governor Haskell said recently that arbitrary percentage or amount to rep- he will recommend to the Ohiahema resent the increase in hand values by 'egislature, pensibly at a special sesreason of road improvement, it is gen- sion, the creation of a state good roads commission and the office of state engineer and will favor the continuance of good roads from one county into

"The building of roads-that is, permanent and good reads"-he said, "is quite as large an undertaking as building railroads. They should be of large extent and should not be stopped arbitrarily at the county line Just because the authority of the county commissioners does not extend into the next county. The way to build our roads state wide is to create a good rough commission to not as a consulting board for the various sets of county commissioners. The engineer of the board would, in fact, be a state engineer, who would plan the best surveys for good roads from a state standpoint and lay the plans before the sets of county commissioners for approval and the voting of the necessary bonds to defray the expense by countles as must be done under the present good roads law. The only thing that the state can furnish is convict labor."

Sand-clay Roads In Kansas. Sand-clay roads are made of those two materials, and in some parts of the bouth are held to be, for particular regions at least, more practicable than macadam. This construction is now beling introduced in the sand hill country of Kansas, where the sandy roads have hindered agricultural development by imposing great difficulty on

the transportation of farm products. Garden City, which is in the sandy country, solved the transportation problem by building a sand-ciay road through the hills south of that city. are a meanes to our institutions, our Before this road was built farmers had health and our educational develop, to hand their grain more than twentyfive nilles by a roundabout way in orsuch gravity as to demand paramount, ther to reach a marker that is only ten was paid at a banquet to Heary Clay consideration. Hundreds of millions or twelve miles distant. The property in New Octobres in 1842. Mighty cost- of fortile acres remain untilled while owners of Hutchinson and McPherson tenements are crowded with human ing of a big territory that has been

More Real Work Needed.

A good roads convention is always matter how good a salesman he is, system. This is particularly true of instead of attending conventions.

MEN'S AND BOY'S CLOTHING

I will from now until my spring stock arrives, which will be about forty days, sell you the best bargains you ever heard of in Men's and Boys' Clothing and Overcoats. Call and let me show you.

400 suits of Boys Clothing, nice goods, from 75c to \$7.50 per suit.

400 suits of Men's and Youths' suits from \$2.50 to \$22.50 which will be sacrificed in order to make room.

OVERCOATS! OVERCOATS!

I have about 75 Men and Boys Overcoats which you can buy at a bargain, will sell cheap. They are made by the very best Clothiers and were a bargain at the price at first.

SHOES! SHOES! SHOES!

For men and boys. Will sell you a bargain to make room for my spring line of Oxford, which bids fair to be the best line ever shown here. Now anything in the clothing line or overcoats come to see me and you will get a bargain.

Thanking you for your past business and hoping to merit a continuance of the same, and I assure you that I appreciate it. Last year was the best year I ever had in my business career and will try to make 1912 still better by selling better goods for less money. Hoping you a happy and prosperous Yours truly, New Year.

Next to First Nat. Bank C. E. LUNDY



can be yours. A healthy home should always be a happy one. There is no need for anythin but the best of heatlh if you are a regular customer of this drug store. Everything here for the children that medical science has shown to be

Madam's requirements especially catered to-your person al ailments and necessities as earefully attended to as our own. This is no mere market for selling drugs and specialties-we want your whole family to come in and get acquain ed and feel at home.

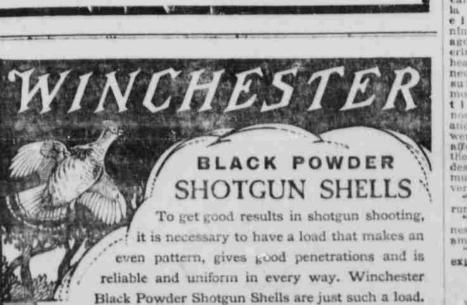
At this drug store you will find all the remedies that assist a beautiful skin and all the lotions and powders that

Peoples Drug Company

The Rexall store

Main Street.

Mount Airy, N. C.



The next time you buy, insist upon having them,

NOTICE.

By virtue of an execution directed to me by the Clerk of the Superior Court of Surry Co., in the case of Blue Ridge Overall Co. vs. C. L. and S. E. Venable, I will sell for eash at public anction to the highest bidder, at the Court House door in Dobson, on Monday the 5th day of February, 1912, all the interest of C. L. Venable in the real estate of Winston Venable, dec., said property lying and being in Surry in and around the town of Pilot Meuntain. For better description of said land see deeds to Winston Venable on record in the office of the Register of Deeds of Surry county, Said property being levied upon by me on the 30th day of Dec. 1911.

This the 1st day of Jan. 1912. C. H. Haynes, Sherif.

COLDS BREED CATARRH

Her Terrible Experience Shows **How Peruna Should Be in Every** Home to Prevent Colds.

Sage rser, 1311 Wood-Mo. "I feel it a duty to others that may be afmyself. speak f o r "My trouble first came after la grippe eightor nine years ago, a gathhead a n neuralgia. t I m e. My and e y

Mrs. C. S. Sagerser.

affected for the last two years. I think from your description of internal catarrh that I must have had that also. I suffered

"Nothing ever relieved me like Peruna. It keeps me from taking cold." "With the exception of some deaf-ness I am feeling perfectly curred. I am forty-six years old.
"I feel that words are inadequate to express my praise for Perupa."

When you want a reliable medicine for a cough or cold take Charberlain's Cough Remedy. It can always be depended upon and is pleasant and safe to take. For sale by all