SAYS LEMON JUICE WILL REMOVE FRECKLES

Girls! Make this cheap beauty lotion to clear and whiten your skin.

Squeeze the juice of two lemons into a bottle containing three ounces of orchard white, shake well, and you have a quarter pint of the best freekle and tan letion, and complexion beautifier, at very, very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of orchard white for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles and blemishes disappear and how clear, s and white the skin becomes. Yes!

British Armies Rejoice Over Pershing's Arrival

British Headquarters in France, June 14.-Via London. (By Associated Press) .- The news of the arrival of Major General Pershing the American commander, in France, spread through theBritish armies today and was received with the utmost satisfaction. While Feld Marshal Sir Douglas Haig was represented in the welcoming of the American army vanguard at the port of landing, more elaborate British honors await their this country, the department's spe- wounded. visit to this section of the western cialists point out, has not been used "We shall help provide the bare

On his journey to France, General of the American forces with the over- desserts. seas expedition will be largely similar To those who wish to try-wheatless to those which the British have so meals, the department suggests the successfully solved.

Sydnor & Sparger **Insurance Agents** MOUNT AIRY, -:- N. C

Office in Merritt Building.

Life Was a Misery

Mrs. F. M. Jones, of Palmer, Okla., writes: "From the time I en-

tered into womanhood . . I looked with dread from one month to the next. I suffered with my back and bearing-down pain, until life to me was a misery. I would think I could not endure the pain any longer, and I gradually got worse. . . Nothing seemed to help me until, one day, . . . I decided to

TAKE

The Woman's Tonic

"I took four bottles," Mrs. Jones goes on to say, "and was not only greatly relieved, but can truthfully say that I have not a pain. . .

"It has now been two years since I took Cardui. and I am still in good health. . . I would advise any woman or girl to use Cardui who is a sufferer from any female trouble."

If you suffer pain caused from womanly trouble, or if you feel the need of a good strengthening tonic to build up yourrun-down system, take the advice of Mrs. Jones. Try Cardui. It helped her. We believe it will help you.

All Druggists

WHEATLESS MEALS

Corn Meal as a Wheat Substitute-High Nutritive Value Jusifies More General Use.

"Begin to-day to eat more corn meal and bominy grits in place of

the place of those made of wheat, and statement says: supplies more than 50 tested recipes and dinner.

nity to study and witness the various ing habit never have taken the pains army. offensive actions before his division to learn to use corn. There is no im-Pershing had the opportunity to see fuel. Brend is convenient as a the efficiency of the British transport source of starch and protein, but in machinery in operation and was much impressed by it. Later he expects to the difference whether one gets the reimpressed by it. Later he expects to the difference whether one gets the re- ania and western Russia. go more thoroughly man the British quired cereal ration in the form of "We hope to extend aid to those

following:

For a Wheatless Breakfast or Dinner

fresh or dried fruit.

As a substitute for wheat biscuits. They serve without pay. rolls, or toast, the housewife can employ a dozen different forms of corn or spoon corn bread, hominy bread pended. forn meal and rye Boston brown bread. Zuni Indian bread, etc.

Fried corn-meal mush, fried hominy, or corn-meal pancakes, made with very little wheat flour, will be found

Corn-meal codfish cakes, corn-meal scrapple, corn-meal croquettes, corn know how to do it. meal or hominy cooked with meat, fish, cheese, eggs, or milk, will supply nourishing dishes for the hearty

(sometimes called samp) may her wheat pastes to serve as side dishes pose." with meat.

For dessert, Indian pudding, cornmeal and fig or apple pudding, apple dumplings, corn-meal doughnuts, gingerbread, cake, fruit gems, etc., will contribute variety as well as nourishment to the bill of fare.

The housewife who wishes to sub-Indian bread, etc.

That wheat, rice, rye, oats, corn, and potatoes are largely interchangeable as sources of starch in the diet, is made clear in Farmers' Bulletin 808, "How to Select Foods: What the Baby Needs."

They Ask That Their Husbands Be Conscripted.

Washington, June 13 .- Among the thousands of letters reaching the Provost Marshal General's office these hearts, asking exemption for their disappeared. men, officials were amezed to find sev-

WHAT RED CROSS PROPOSES TO DO.

Davison States Specific Purposes of the \$100,000,000 Fund Requested.

Washington, June 11.-The specific wheat flour and wheat breadfast purposes to which the Red Cross exfoods" is the mesage the United peets to donate the \$100,000,000, it State of North Carolina, Department States Department of Agriculture is has asked the American people to sending out broadcast to housewives. contribute are enumerated in a state- co "Try a wheatless breakfast to-morrow, and then extend the wheatless idea to other days or meals," the dietary specialists suggest.

To help the public use corn meal

The wheatless breakfast to-morrow, and then extend the wheatless idea to other days or meals," the dietary specialists suggest.

To help the public use corn meal

To help the public today by Henry P.

Davison, chairman of the War Council of the proceedings for the voluntary dissolution thereof by the unanimous consent of all the stockholders, deposited in my office, that the Farmers Produce and Supply Company, a corporation of this State, whose principal of the proceedings for the voluntary dissolution thereof by the unanimous consent of all the stockholders, deposited in my office, that the Farmers Produce and Supply Company, a corporation of this State, whose principal of the proceedings for the voluntary dissolution thereof by the unanimous consent of all the stockholders, deposited in my office, that the Farmers Produce and Supply Company, a corporation of this State, whose principal of the proceedings for the voluntary dissolution thereof by the unanimous consent of all the stockholders, deposited in my office, that the Farmers Produce and Supply Company, a corporation of this State, whose principal of the proceedings for the voluntary dissolution thereof by the unanimous consent of all the stockholders, deposited in my office, that the Farmers Produce and Supply Company, a corporation of this State, whose principal of the proceedings for the voluntary dissolution thereof by the unanimous consent of all the stockholders, deposited in my office, that the Farmers are produced and the proceedings for the voluntary dissolution thereof by the unanimous consent of all the stockholders, deposited in my office, that the Farmers are produced and the proceedings for the voluntary dissol as a wheat substitute, the department son hopes to obtain the full \$100,000,-

Food and Ways of Using It," which "Our first obligation is to render will be sent on request to all who ap- such service as comes within the proply for it. This bulletin shows that vince of the Red Cross to our soldiers corn-meal dishes can be made to take and sailors at home and abroad," the of Dissolution:

"After making every provision necfor its use for breakfast, luncheon, essary for this purpose our endeavor of May, 1917, file in my office a duly will be to supplement the efforts of executed and attested consent in writing to the dissolution of said corpor-Corn, a great natural breadstuff of our allies by caring for the sick and atte

for human food nearly as much as necessities of life to the homeless in ed by law. General Pershing will be a valued its valuable nutritive qualities warmember of the allied war councils in rant. This is due largely to the fact habilitate themselves and thus strenhabilitate themselves and thus strenA. D. 1917. the future and will have the opportu- that many persons with a wheat-us- gthen the manpower of the French

"We shall strive to hearten Russia, portant dietetic difference between by providing additional ambulances corn and wheat as sources of body and other relief for the sick and as Trustee under a certain Deed of Trust, executed by J. E. Smith and fuel. Bread is convenient as a wounded along the battle front. We Roxie Smith on April 11, 1916 duly shall try to succor the nomeless and recorded at Dobson, N. C. in Book

system of handling supplies and men raised or light bread, mixed bread or who are fighting the battles of liberty the at the various bases, for the problems biscuits, or as much, hominy grits, or in Rumania, Serbia and Itlay,-in-

> minimum of our need. It is evident Terms of Sale: Cash. that we could use many times that As a substitute for wheat break- amount. To administer these funds fast foods, try white or yellow corn economically and efficiently we are defast foods, try white or yellow corn economically and emclently we are de-meal or hominy grits, served with veloping an organization headed by Bunker, dec'd., I hereby notify all until they are rooted. They should ing table will help: cream and sugar, butter, sirup, or some of the most competent and expersons holding claims against this perienced business men in the country.

"In due course we shart make a report to Congress so that the public estate will bread, such as hoe cake, dodgers, soft may know the total amounts ex-

"The American people can rely, therefore, upon the fact that the Red Cross fund of \$100,000,000, or how- last will and testament of Sarah E. ever much more than that, the emergency of the situation and the gener-present the same to me within twelve months from the date of this notice or a pleasing variation from wheat osity of the public will enable us to administer it as efficiently and econo- the recovery; all persons indebted to mically and as large-heartedly as we

"We believe firmly that the efforts of our Red Cross can be a vital and possibly decisive agency in helping to win this war. To us of the war coun-Hominy grits and coarse hominy cil that is a humanitarian service in indebted to said estate to make payboiled and used like macaroni or other effectively will be our paramount pur- ing claims against said

Has Seen Service Enough

Judging by the number who claimed exemptions, it is now considered a great honor to have about a dozen dependents on one. Anyhow, we hope the man who would have been 31 June 11 in addition to having a dependent country. I will sell to the highest hid-The housewife who wishes to sub-stitute corn for some but not all of father and mother, a wife, and six der for cash in front of First National the wheat flour can make excellent children under 12 years of age will raised or light bread, pancakes, be exempted. He's already seen at one o'clock P. M., the following enough war service.—Monroe Journal. described real estate:

A certain tract of land lying in

sunk by an armed American steamer in a running fight lasting an hour and fifty feet (150) to line of lot No. 25 Sec. a half in which 35 shots were fired by the submarine and 25 by the steamer. An official announcement by the state department today says the steamer's final shot "apparently struck the submarine which raised clear out of the water and total state of clear out of the water and stood stern days from wives, mothers and sweet- end up for a few seconds. Then she

To all to whom these presents may

-Greeting: Whereas, It appears to my satisoffice is situated at Franklin street charge thereof, upon whom process may be served), has complied with the requirements of Chapter 21, Revisal of 1905, entitled "Corporations," prelim-ina y to the issuing of this Certificate

> Now, therefore, I, J. Bryan Grimes, Secretary of State of the State of North Carolina, do hereby certify that ation, executed by all the stockhold ers thereof, which said consent and the executed by all the stockholdrecord of the proceedings aforesaid are now on file in my office as provid-

A. D. 1917

J. Bryan Grimes, Secretary of State.

TRUSTEE'S SALE.

auction on the premises at 2 o'clock

Saturday, June 30, 1917, remaining unsold part of land mentioned in said Deed of Trust.

EXECUTORS NOTICE

Having qualified as executor of the payment within twelve months from from the hot oun. will be pleaded in bar of recovery all persons indebted to the please make immediate

This May 28th, 1917. C. H. Hayns, Executor.

this notice will be pleaded in bar the estate are requested to make immediate payment to me.

This April 18, 1917. W. T. McKnight, Executor.

Having qualified as administrator of the estate of Robert W. Bray, deits highest sense and to render it ment of said indebtedness to the undersigned at once. All persons havnotified to present same on or before the 24th day of May 1918 or this notice will be pleaded in bar of re-

Covery.

This the 24 th day of May 1917. T. W. Bray, Admir istrator.

Trustee's Sale.

Bank of Mount Airy, N. C.

A certain tract of land lying in Surry County, Mount Airy Township, and bounded as follows: Beginning on North side of Brower Street and Sunk A German Submarine.

Washington, June 6.—A German submarine is believed to have been sunk by an armed American steamer

Washington, June 6.—A German submarine is believed to have been sunk by an armed American steamer with line between 16 and 17 North 27 degrees.

Dated this May 18, 1917. W. F. Carter, Trustee.

Sour Stomach.

men, officials were amezed to find several from wives asking that their husbands be conscripted. One wife said her husband did not want to go, but there was no good reason for him not going, and "tipped" the War Department, that it would be well to make a soldier of him.

This is a mild form of indigestion. It is usually brought on by eating too rapidly or too much, or of feed not suited to your digestive organs. If you will eat slowly, masticate your food thoroughly, eat but little meat and none at all for supper, you will more than likely avoid the sour stomach without taking any medicine what united States.

Woodrow Wilson, President or the United States. This is a mild form of indigestion.

ON WIFE'S DRESSER

Gincinnati man tells how to shrivel up corns or calluses so they lift off with fingers.

Ouch ! ?! ?!! This kind of rough talk will be heard less here in town if people troubled with corns will follow the simple advice of this Cincinnati authority, who claims that a few drops of a drug called freezone when applied to a tender, aching corn or hardened cal-lus stops soreness at once, and soon the

off without pain.

He says freezone dries immediately and never inflames or even irritates the surrounding skin. A small bottle of freezone will cost very little at any drug store, but will positively remove every hard or soft corn or callus from one's feet. Millions of American women will 'welcome this announcement si the inauguration of the high heels. your druggist doesn't have freezone tell him to order a small bottle for you.

Fall Tomatoes From Cuttings.

ting, and an early fall crop may be when they are boiled it is well to had by making cuttings from the prick a small hole in the big end of spring crop. Speedlings are hard to the shell to prevent cracking. raize during summer unless given Mr. Oliver calls attention to the folspecial care. But plants from cut- lowing precautions and directions govtings are comparatively easy to ob- erning the contest: and tain. Then when roots have formed "Selecting Eggs. Those eggs to the plants are two to three weeks be used must be clean, fresh, not

plants, according to C. K. McQuarris, as we wish and can spare them. This State Agent for the University of is a great advantage. consisting of a large front- Florida Extension Division, is to bend "Container.-Any suitable sized deed to relieve human miscry among age on the road opposite the Granite church, near the quarries, Mt. Airy, N. C., and several acres of land in the of it with earth so that the top prothe improvements thereon, trudes. In a few days roots will have be thoroughly boiled and cleaned be-R. M. Simmons, Trustee. formed and the top may be cut off, fore putting the liquid in. be watered frequently and protected

Where the old plants are not diseased they may be pruned back to eight or ten inches and allowed to grow from new tops. This will perhaps give the earliest tomatoes. In Gardner, I hereby notify all persons succession of tomatous may be had, stores do n holding claims against the estate to The cuttings may be made with the it for you.

TRY IT! SUBSTITUTE

Starts your liver without making you sick and can not

Every druggist in town--your drug-gist and everybody's druggist has noticed a great falling-off in the sale of calomel. They all give the same reason. Dodson's

Liver Tone is taking its place.
"Calomel is dangerous and people know

"Calomel is dangerous and people know it, while Dodson's Liver Tone is perfectly safe and gives better results," said a prominent local druggist. Dodson's Liver Tone is personally guaranteed by every druggist who sells it. A large bottle costs 50 cents, and if it fails to give easy relief in every case of liver sluggishness and constipation, you have only to ask for your money back.

Dodson's Liver Tone is a p'easant-tasting, purely vegetable remedy, harmless to both children and adults. Take a spoonful at night and wake up feeling fine; no biliousness, sick headache, acid stomach or constipated bowels. It doesn't gripe or cause inconvenience all the next day like violent calomel. Take a dose of calomel today and tomorrow you will feel weak, sick and nauseated. Don't lose a day's work! Take Dodson's Liver Tone instead and feel fine, full of vigor and ambition. vigor and ambition.

The Beauty Secret.



Ladies desire that irresistible charm-a good complexion. Of course they do not wish others to know a beautifier has been used so they buy a bottle of

Magnolia Balm LIQUID FACE POWDER

and use according to simple directions. Improve-ment is noticed at once, Soothing cooling and refreshing. Heals Sunburn, stope I an. Pink, White, Rose-Red. 75c. at Draggists or by mail direct. ple (either color) for 2c. Stan

Lyon Mfg. Co., 40 South Fifth St., Brooklys, N.Y.

Poultry Club Members to Aid Food Supply

West Raleigh, N. C., June. .- The two thousand or more members of the Poultry Clubs will be called upon by the Animal Industry Division of the Experiment Station to aid in the food supply of the State by preserving eggs, if the present plans are carried out. It has been found, and has been advocated among the women of the State, that the preservation of eggs corn or callus dries up and lifts right by water glass, or sodium silicate, offers the solution of cheap eggs during the winter months.

At the present time eggs are plentiful and cheap. This winter they will be high and scarce. To preserve them now means that they may be consumed in the winter and the nice, fresh, high-priced eggs be sold to aid in the ncome of the farm. The preserved eggs are good for use in every way as the freshly laid ones, with the ex-Tomatoes grow readily from cut- ception that they will not peach, and

Probably the ensiest way to obtain fit. They can be put in each day, just

with the roots, and set. A more diffi- "Size of Container .- Any size can cult way is to make cuttings several be used. This depends on the number inches long and to set them in sand of eggs to be preserved. The follow-

1 gallon 40 eggs 2 gallons..... 80 eggs 3 gallons......120 eggs 4 gallons......160 eggs 5 gallons......200 eggs 10 gallons 400 eggs

"Water-glass, or sodium silicate, the home garden this prusing may be can be had at any drug store at a Having qualified as executor of the extended over several weeks so that a cost of about 35 cents a quart. If the succession of tomatous may be had, stores do not have it have them order

"Mixture.-- Use 1 quart of waterglass to 9 quarts of boiled water, or 1 part to 9 parts.

"Boiling water.-Water must be boiled at least 15 minutes and allowed to cool.

"Mixing Solution. -Mix the water-glass and water together thoroughly, as per above proportion. Then put the eggs in the bottom of the container and pour the water-glass mixture in until the eggs are covered to a depth of about two inches. As you add more eggs put in more waterglass solution. If the mixture becomes jelly-like simply add a little more boiled water. Keep the surplus mixture in a sealed jar, as a fruia jar, to prevent evaporation.

"Testing Egs .-- Use great care by testing every egg before placing in container as one bad egg will, of course, spoil all in that container.

"Where to Place Containers,-Containers should be kept in a cool place and the top must be covered with heavy paper to prevent evaporation. Dirt and dust must be kept out.

"To the boy or girl who preserves the largest number of eggs by above process:

First Prize, \$7.00; second prize, \$5.00; third prize, \$3.00.

"Above prizes to be awarded by the County Agent, the Canning Club Agent, and one other authentic witness not related to competition."

New York's Subscription

To go Over Billion Mark. New York, June 14.- The New York federal reserve district had subscribed for \$950,000,000 worth of liberty bonds at the close of business tonight, it. was estimated by the liberty loan committee. Confidence was expressed that when the books close tomorrow the total will be well beyond the \$1,-000,000,000 mark.