

GIRLHOOD TO MOTHERHOOD

Many Women Found Lydia E. Pinkham's Vegetable Compound Always Helpful

Vinton, Iowa.—When I was seventeen years old I had to stay at home from school. I finally had to quit school. I was so weak. I suffered for about two years before I took Lydia E. Pinkham's Vegetable Compound. When I picked up one of your books and read it, I began taking the medicine. Now I am a housekeeper with six children, and I have taken it before each one was born. I cannot tell you all the good I have received from it. When I am not as well as can be I take it. I have been doing this for over thirteen years and it always helps me. I read all of your little books I can get and I tell everyone I know what the Vegetable Compound does for me.—Mrs. FRANK SHELLEN, 519 7th Avenue, Vinton, Iowa.

Many girls in the fourth generation are learning through their own personal experiences the beneficial effects of Lydia E. Pinkham's Vegetable Compound. Mothers who took it when they were young are glad to recommend it to their daughters.

For over half a century, women have praised this reliable medicine.

What Is a Diuretic?

People Are Learning the Value of Occasional Use.

EVERYONE knows that a laxative stimulates the bowels. A diuretic performs a similar function to the kidneys. Under the strain of our modern life, our organs are apt to become sluggish and require assistance. More and more people are learning to use Doan's Pills, occasionally, to insure good elimination which is so essential to good health. More than 50,000 grateful users have given Doan's signed recommendations. Scarcely a community but has its representation. Ask your neighbor!

DOAN'S PILLS
60c
Stimulant Diuretic to the Kidneys
Foster-McBarn Co., Mfg. Chem., Buffalo, N. Y.

SYSTEM CHOKED

Texas Was Helped by Use of Black-Draught.

Mr. James W. Burnett, who lives on Rural Route No. 4, Whitney, Texas is a great believer in Theford's Black-Draught for the relief of such common ills as indigestion and constipation. He writes:

"Since I first found out about Black-Draught, I have never been without it in the house. For several years, I had been a sufferer with indigestion. Occasionally, my system would become thoroughly choked with poison, and I would have a real sick spell. Now I ward them off by being forehanded, and taking Black-Draught before they come, instead of after."

"We all use Black-Draught in our home, for constipation and indigestion."

Get a package today, and try Theford's Black-Draught the next time you are constipated. Sold everywhere. One cent a dose.

Theford's
BLACK-DRAUGHT
Purely Vegetable

Here It Is!

The Sensation of the Day
In Proprietary Medicine



Only a few years ago it was being made by the originator in his home kitchen, now manufactured in one of the largest laboratories in the United States, and being sold in car load lots from the Lakes to the Gulf at the rate of over a million bottles yearly.

Hundreds have testified that they suffered for years with constipation, indigestion, gas on stomach, coated tongue, no appetite, no vitality, and a general run-down condition. But by the aid of this marvelous cleanser, eliminating the poisonous waste matter from the system through its free action on the bowels, they now owe their good health to same and once more enjoy hearty meals without any ill effect and no longer suffer with the most common ailment of the day—constipation.

This medicine is out-selling any other preparation on the market where it is known. More than a million under absolute guarantee to give beneficial results—and less than a dozen bottles returned—a record probably never before established by any other medicine. Every family needs this Herbal Extract preparation called Herb Juice, as every family necessarily takes a laxative, and this preparation is said to be Nature's most effective tonic laxative and system purifier. Can be given to children same as adults. Mild, pleasant, yet very effective.

Get the original and genuine as shown above and we guarantee beneficial results. Now sold by leading druggists and dealers in medicine everywhere.

SURRY COUNTY FARM AND POULTRY NEWS

By R. E. White,
Surry County Farm Demonstration Agent

Several of our farmers are branching out in new lines of work which promise to aid them materially in improving their economic independence. If we expect to live comfortably like we should we must change our system of farming. A single crop system like tobacco or cotton means that we are bankrupt most of the time. Of course the tobacco farmers are now receiving the fruits of a good market but if he will recall the past few years he will come to the conclusion that he is still in the hole financially. If our farmers would live at home and then devote some of their time to the production of tobacco then we would be independent and use the tobacco for a cash crop and we could bank it for future use. I have from time to time given short sketches of methods used by different farmers in branching out in new ways.

Yesterday I visited the Brook Falls Dairy at Elkin to examine about an acre and half of alfalfa which was seeded September 15. A crop of red clover was cut off this summer to the ground turned and well prepared then was sown to alfalfa which was well inoculated. Lime was applied at the rate of 2½ tons per acre but previous to this lime was put on the red clover. Land was manured before sowing and 600 lbs. of 16% acid phosphate was used and 40 lbs. of seed was sown. In two months time the field is completely covered with a good growth of young alfalfa and some of it is over eight inches high, a few places are barren but this is the best patch of young alfalfa to be found in the county. While alfalfa cannot be recommended to be seeded in large acreage yet we can say that small plots can be seeded at a reasonable expense and will yield a large amount of best quality hay. We should have hundreds of farmers sowing a few acres and thereby adding good easy dollars to the hard ones obtained by growing tobacco.

The Klondike Farm adjoining the Brook Falls Dairy has made a wonderful success with Bermuda seeded about June 15 of this year. Forty pounds of seed was used which shows in this case from the results obtained that a smaller amount could be sown thus cutting the expense for seed. Used a light coat of waste wool turned lund, harrowed, sowed and then rolled with cultipacker. This has been clipped twice and secured about one ton of hay. The ground is well covered with a good sod. Bermuda is one of the best grasses we can grow on our thin soils. Many farmers complain of difficulty of getting rid of this grass and some resent the suggestion of sowing it. The idea that Bermuda grass is impossible to eradicate is fallacious. Bermuda will not grow in shade and we can take advantage of this weakness by seeding a crop of cow peas or soy beans on the sod. A heavy growth will kill out Bermuda in one season. On this farm you will find a fine sod of lespedeza which was seeded last April at the rate of 1½ bushels per acre also 10 pounds of Dallas grass was sown. This was an old tobacco field which was double disced seeded and 300 lbs. of basic slag was applied. The lespedeza has furnished splendid pasture for the fine herd of Guernseys kept on the farm. I don't think you could spend your time more profitably than visiting both farms and seeing for yourself the alfalfa, Bermuda and lespedeza—then go home

and start some of this growing on your farm.

Now is a good time to get in wheat and any time before November 1st is considered a good time for sowing. Last fall wheat was sown to almost Christmas and good yield was obtained. While this will happen we cannot consider the late sowing wheat as being as desirable as the wheat sown at the proper time. We can sow barley and vetch any time this month with a good chance of success. Remember the success with vetch is largely controlled with inoculation. If you sow without inoculation your success will be very limited. I cannot urge too strongly the sowing of small grains and cover crops this fall. We should protect the soil from washing and leaching as much as possible and to do so cheaply use cover crops. While I am urging the planting of barley for grain and hay I want to say that this is a new crop and such seeding should be considered as a trial. We should be able to grow this crop profitably but I thought best to call your attention that I want many farmers to try a small amount of barley so we will

have the advice and suggestions of a large group of good practical farmers in making recommendations about this crop next year. We will never know whether this crop is a success until we give it a try under the farm conditions of this section.

Be sure and treat all seed grain for smut, never take chances. Use blus stone or formaldehyde for all grains but copper carbonate is the most satisfactory for loose smut in wheat.

Brothers Buried Alive at Quarry.

Salisbury, Oct. 7.—Two brothers, Buri and Ray Klutz, were today buried alive in one of the very few fatal accidents that have happened in the Rowan County granite belt in recent years. These brothers and a third brother, Lee Klutz, all sons of Welker Klutz, of Faith, were working at a rock quarry near their home. They were probably 25 feet from the top of the ground and Lee had just left the quarry for a minute when a side wall of dirt caved in. Buri's body was badly crushed and he must have died within a very short time. Ray, however, lived for

some time and could be heard calling to the rescuing party for 15 minutes after the accident.

The accident happened at 11:30 this morning and both bodies were recovered during the afternoon. A group of men worked furiously at removing the 10 feet or more of dirt that covered the men, but both were dead when taken out. The bodies were brought to Salisbury to be prepared for burial, but tonight no plans had been announced for the funeral. Buri was 28 years old and leaves a wife and four small sons. Ray was not married.

KING COTTON IS DUE FOR DISCARD

Slight Diversification Last Year Staves Off Disaster For Some.

Shelby, Oct. 26.—Cleveland county farmers will diversify next year.

Times are not so hard—not half as acute as pessimists would make believe—but the low price of cotton has had its effect.

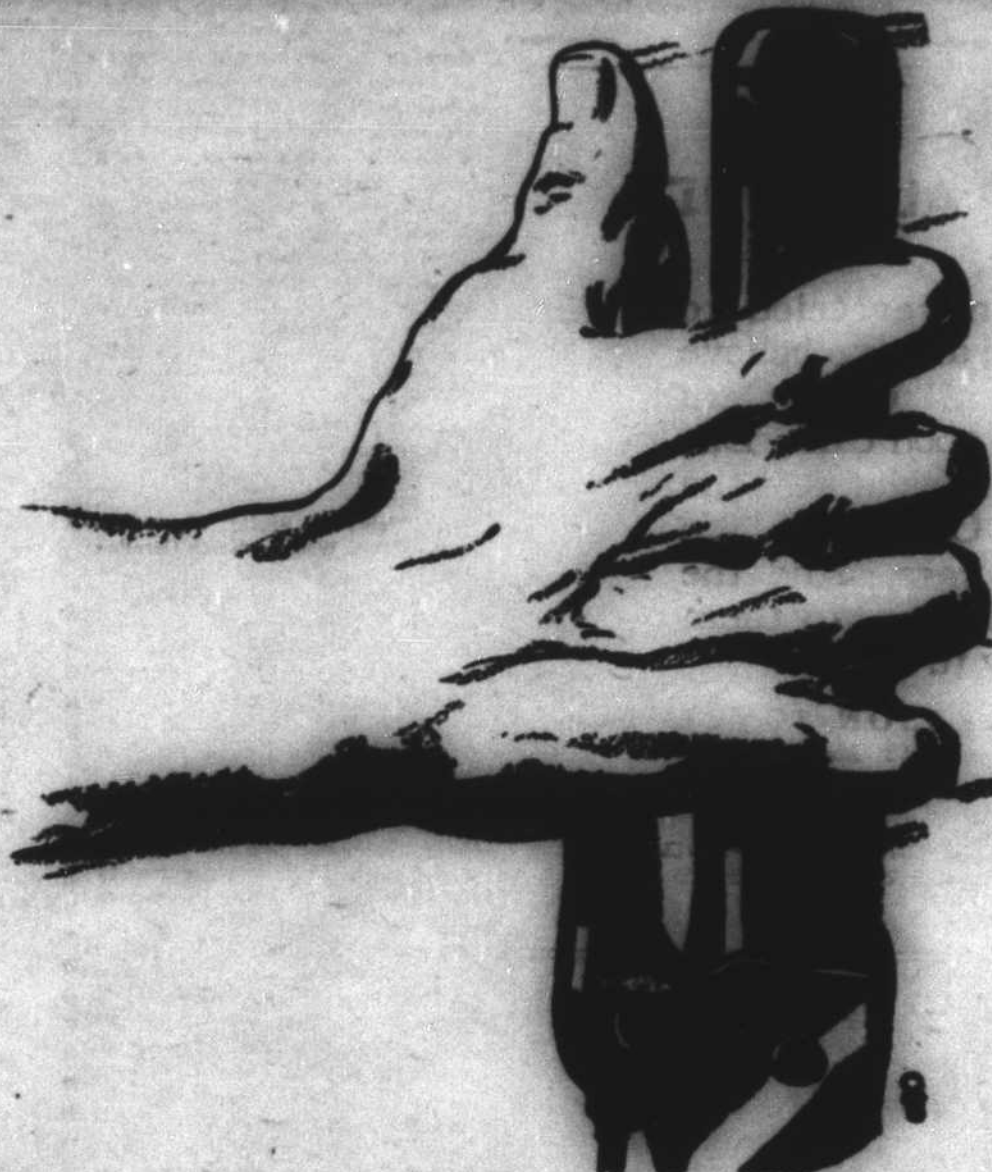
Judging by the conversation one hears among the farmers on the

streets there will be few farmers in this county who will stake their all on cotton next year. The lesson this year was too exacting to be forgotten before another planting season.

It wasn't any particular foresight that makes the cotton crop honorable this year. Rather it was a generous working of nature, according to a consensus of opinion among farm leaders. However, Cleveland farmers did not make more acreage for hay and feed crops this year than last, and that small diversification, together with a great abundance of all field and fruit crops, prevented what might have been a serious situation.

With the present situation prevailing, cotton selling low, everybody offering advice and none confident enough to act upon it, farm leaders—those who think ahead of the calendar—have reached the conclusion that in the coming year chickens and cows will supplant cotton as the cash crop for Cleveland county.

The Japanese people believe that the imperial family of Japan is descended directly from the gods.



Hand on the Throttle! Eyes to the Front!

The engineer of the fast express on the great railroad brings his train in on time, with safety.

AND WHY?

Because welded human endeavor, working as a single unit, keeps the tracks true, the way clear.

Mount Airy,—Surry County and adjoining territory,—Our Community—is our train. Working in unison, co-ordinating our efforts, we can bring it into station "Prosperity" right on the dot—and ready steaming to go onward to the next station "GREATER PROSPERITY."

Mount Airy merchants and business people are working together in a united effort to carry the train of "Prosperity" to every door in this territory. They solicit your cooperation in their undertaking; they ask that before you buy elsewhere that you make an effort to secure your needs from your home merchant. And farmers, study the markets and you will find that Mount Airy offers as good, if not better, market for all your product—tobacco included.

To bring our train in on time we must
all work together. Let's Go!

Mt. Airy Merchants Association