

Sabine's "Soup" Harvest

There is an island of the coast of China that has but one industry. It is soup. To those not initiated, birds' nests soup may easily summon up a picture of stewed twigs, string, green bits of cotton and feathers; but connoisseurs of the exotic know that the nests from which this brand of soup is made are composed entirely of a glutinous substance excreted by the birds as they build. On this island, where an intensive soup industry is conducted (it is sometimes called Birds' Nest Island, sometimes the Island of a Hundred Peaks), there are caves in which the birds construct their dwellings in great numbers. These are regularly harvested after each breeding season and the delicacy is prepared for export.

Lonsdale Romance

There is a romantic story, remembered perhaps by very few, connected with the wonderful dinner set of Sevres china at Lonsdale castle. It had been stolen in Paris during the revolution, and subsequently purchased by the second earl of Lonsdale.

There were three pieces wanting, and for these the earl searched for many years without success. At last—his age was eighty—he heard that they were catalogued in a sale in London. He sent a friend to purchase them, and, being very foolish, waited outside in his brougham. The missing pieces were purchased. Lord Lonsdale took them home—and died that night.

Buried Treasure

A grim statistic announces that under the sod in the cemeteries of this country a treasure estimated at \$20,000,000,000 has been buried since the beginning of American history. No one can dispute these figures. No one will care to analyze them carefully.

The ancient tombs of Egypt have given up treasure of priceless value. Excavations in buried cities have shown that man has ever held to the custom of burying jewels and baubles and valuable trinkets with the dead. The sword and helmet of many a warrior have gone with him into his dark and narrow bed.—Thrift Magazine.

Notice—Trustee's Sale of Land

By virtue of authority vested in the undersigned trustee in a certain deed of trust executed by W. D. Puckett and wife, Thanie Puckett, for the State Mountain Orchard Co., and recorded in the office of the Register of Deeds of Surry County, in book 71, page 573, to secure an indebtedness of \$1,000 default having been made in the payment of the notes therein secured and at the request of the holder I will sell for cash to the highest bidder at public auction in front of the Bank of Mount Airy, Mount Airy, N. C., on

Saturday, March 19, 1927

at 1 P. M.

the following described real estate: Beginning at a stake in the center of the road in the line of lot No. 3, and runs thence with the line of lot No. 3 west 4d var. 38 3-4 chains (about) to a stake, corner of Lots 3 and 4; thence N. 24d E. 27 chains to pointers; thence E. 10 chains to a chestnut on the edge of the road; thence down the road S. 40d E. 2 chains; thence S. 54d. E. 2 1-4 chains; thence S. 76d. E., crossing branch 1-2 chains; thence S. 44d. E. 3 chains; thence S. 5d. W. 2 chains to the branch; thence S. 31d. E. 6 chains, leaving the branch; thence S. 29d. E. 4 1-2 chains; thence S. 37d. E. 5 chains; thence S. 37d. E. 4 chains to the beginning; containing 65.4 acres, more or less. The same being lots 4 and 5 of the State Mountain Orchard Land. See plat of R. L. Lovelace, Feb. 15, 1918.

Sale made to satisfy an indebtedness of \$1,000 principal, interest and cost of sale to add.

This the 16th day of Feb., 1927.

EDW. M. LINVILLE, Trustee.

Notice.

North Carolina, Surry County, in the Superior Court.
Floyd Ward vs. Mrs. E. F. Ward, Truman Ward, et al. The defendant Truman Ward above named will take notice that an action entitled as above has been commenced in the Superior Court of Surry County to sell the lands belonging to the Estate of W. T. Ward, deceased, for division among the heirs at law of said W. T. Ward, and the said defendant will further take notice that he is required to appear April 3rd, 1927, at the courthouse of said county in Dobson, N. C., and answer or demur to the complaint in said action, or the plaintiff will apply to the court for the relief demanded in said complaint.

This 16th day of March, 1927.

P. T. Lowell, Clerk of Superior Court.

Watch Elimination!

Good Health Depends Upon Good Elimination.

RETENTION of bodily waste in the blood is called a "toxic condition." This often gives rise to a dull, languid feeling and, sometimes, toxic backaches and headaches. That the kidneys are not functioning properly is often shown by burning or scanty passage of secretions. Thousands have learned to assist their kidneys by drinking plenty of pure water and the occasional use of a stimulant diuretic. 50,000 users give Doan's signed endorsement. Ask your neighbor!

DOAN'S PILLS
80c
Stimulant Diuretic to the Kidneys
Peter-Millers Co., Mtg. Chas., Buffalo, N. Y.

Wanted—A Freckled Boy

BY DOUGLAS MALLOCH

PERHAPS it's my mistake mind—but where have all the freckles gone?

I very seldom seem to find A youngster who has freckles on. Of course, you sometimes see a nose With six or seven, I suppose.

But what I mean is freckles here, From chin to brow, and ear to ear.

Now, what is (as is often said)

Worth doing is worth doing well!

And freckles should be freely spread Around the face, I'm here to tell. If you possess a freckled face, Then have it freckled ev'ry place. So not a soul can doubt a lot If it's a freckled face or not.

There never was a freckled lad

That other people didn't like. Another thing: he always had A name like Jimmy, Bill or Miss. You never saw an Algernon With very many freckles on,

Or someone freckled who was called A Percival or Archibald.

But somehow, on the topmost branch, You always found the freckled kid. The roughest pony on the ranch.

He said he'd ride, and ride he did. A freckled boy could climb and run And have a lot of freckled fun.

And catch more sunfish from a dock Than all the cherubs in the block.

So if you know (perhaps you do),

The sort of youngster that I meant, I know a bank, a railroad, too.

Both looking for a president. Of course, if Freckles they employ. They'll start him in as office boy.

But he'll be president in time— For freckled kids can always climb.

(6 by McClure Newspaper Syndicate.)

Mother's Cook Book

When we look into the long avenue of the future and see the good there is for each of us to do, we realize, after all, what a beautiful thing it is to work and live and be happy.—Stevenson.

CABBAGE WAYS

CABBAGE, like onions, is not favored because of its odor when cooked, but it is a wholesome vegetable both raw and cooked and contains valuable mineral salts needed in the blood.

The main reason we tire of different vegetables is that they are served so frequently in the same ways. If a change of serving and a little more care in cooking these common vegetables would be more welcome.

Cabbage cooked with one onion and served in a white sauce is a very good way.

Swedish Cabbage.

Boil in salted water for 20 minutes a dozen good-sized fresh cabbage leaves. Drain them and fill with the following mixture: A pound of beef chopped fine, one egg, two tablespoonsfuls of cream, one-half teaspoonful of white pepper, one teaspoonful of salt, one of chopped parsley. Rub the dish with the cut side of a clove of garlic. Mix thoroughly and roll each leaf around a tablespoonful of the mixture; trim the ends neatly and tie or skewer. Lay in a dripping pan with a pint of stock or butter and water. Baste frequently, and bake for half an hour, or until tender. Remove the rolls, thicken with the gravy and pour over the cabbage.

Stuffed Cabbage.

Remove the stalk from a hard head of cabbage, tie in a cloth and cook until tender. Scoop out a cavity from the stem-end and fill with a stuffing of chopped meat, seasoned bread crumbs and butter. Bake in a hot oven until the cabbage is brown.

Hot Slaw.

Shred a head of cabbage and pour over the following dressing: Beat two egg yolks, add two tablespoonsfuls of water, a dish of salt, a tablespoonful of butter, and a cupful of mild vinegar. Cook this dressing over hot water and pour over the shredded cabbage while hot. Heat the cabbage and serve hot.

German Cabbage.

Slice red cabbage and let stand in cold water. Drain, and to one quart of cabbage add two tablespoonsfuls of butter, one-half teaspoonful of salt, one tablespoonful of finely chopped onions, a few gratings of nutmeg and a bit of cayenne, cover and cook until the cabbage is tender. Add two tablespoonsfuls of vinegar and one tablespoonful of sugar and cook five minutes.

Escaloped Cabbage.

Put layers of cooked cabbage and white sauce in a baking dish and sprinkle each with a light layer of mamy cheese. Bake until the buttered crumbs covering the top are brown, then serve at once.

Nellie Maxwell
(6, 1925, Western Newspaper Union.)

Standard of Manhood

Man comes to himself only when he has found the best that is in him and has satisfied his heart with the highest achievement of which he is capable. That alone to him is the true measure of himself, the real standard of his manhood.—Grit.

UNUSUAL FIGHT TO SAVE LIFE OF YOUNG MAN FAILS

Hands Of Comrades Pressing Upon Body Kept Up Breathing for Four and a Half Days.

Chicago, March 10.—Albert Frick, 22-year-old youth who lived four and one-half days, although powerless to breathe, lost his game battle tonight. The boy was kept alive through the efforts of three more fellow employees, who breathed for him with their hands through artificial respiration, died tonight at an Evans Hospital at 10:12 o'clock, 108 hours after artificial respiration had been started last Sunday morning.

Marvelous Feat.

Frick, a victim of Landry's Paralysis, a form of creeping paralysis which nearly always proves fatal, amazed medical science by living for four and one-half days while his friends, working in pairs fifteen minutes each, induced respiration by compressing and relaxing pressure on his paralyzed diaphragm.

He died after a valiant fight for life and with many of the three score men who had worked over him in tears as they saw their efforts had proven unavailing to check the creeping palsy that started in his limbs last Saturday and mounted Sunday morning to his diaphragm.

At ten o'clock last Sunday morning Frick stopped breathing. His heart was still beating, however, and doctors resorted to artificial respiration. Then fellow employees of the Public Service Company of Northern Illinois were called in and three more of them have forced him to breathe since that time.

While the youth gasped out encouragement or a jest, his friends, working in pairs, one on each side of the paralyzed boy, compressed his diaphragm. Then relaxed. Then they compressed. Thus they produced the same effects as though Frick himself were breathing.

About an hour before he died, Frick lapsed into unconsciousness. Previously he had been conscious throughout the four days and a half of his fight and had directed the efforts to save him.

At the moment he died two of the fifty-six fellow employees who had kept him alive were at work inducing artificial respiration.

Up until a few hours before his death Frick jested grimly with his fellow workers and several times dur-

ing the day had mouthed brief instructions regarding their work.

Father With His Son.

Norman Frick, the boy's father, was with him when he died, but his mother who had left the hospital earlier in the evening was not summoned as death approached.

Present beside his father and the two men inducing artificial respiration were the two attending physi-

cians, Dr. H. H. Conley and Dr. T. E. Conley, and a nurse.

About two hours before the end Frick slept fitfully for 15 or 20 minutes, but doctors were not encouraged by this, because they said, it indicated he was growing weaker.

PEPSI-COLA has proven a revelation as a refreshing drink.

Many modern words and figures of speech are based upon the descriptive names of food. The word "bag" originally meant to gather or collect; "boot" means to eat or devours; "remove" means to take out and "carry" to transport.

Take industrial and correspondence schools take \$50,000,000 annually from the public according to the Federal Trade Commission.

IF YOU INTEND TO BUILD OR REMODEL, REMEMBER THAT IT IS ECONOMY TO

Buy Only the Best IN BUILDING MATERIALS

We carry in stock everything in building material:

- Flooring
- Ceiling
- Siding
- Windows
- Doors
- Framing
- Paints
- Builders
- Hardware
- Asbestos
- Shingles
- Composition Shingles
- Roll Roofing

We have learned from experience as you will eventually learn that it pays to buy only the best in building material.

When you build, you expect a job of permanence. That calls for skilled workmanship and the best materials. And when you say "best materials" that means your building material should come from us.

Our service is complete, and all orders are executed promptly.

You will find satisfaction in the materials you buy from us, and economy and durability in the finished work. Let's talk over your building needs.

GET OUR PRICES BEFORE YOU BUY LUMBER

J. C. Hollingsworth Lumber Comp'y

PHONE 200

Mount Airy, N. C.

LOOK FOR IT !!**WHAT ?**

The opening announcement of Wagner's, Inc., who will throw open to the public a wonderful opportunity to share in real, reasonable merchandise at opening sale prices, bowing to the public with a complete department store.

NOTHING OVER \$2.98

WAGNER'S, - - Inc.

WHEN ?

Within the next few days this big store will have been re-decorated in the interior; and the big opening sale announced. Watch for it! You will be glad that you did. An advance welcome is extended to all. Come!

NOTHING OVER \$2.98

Main Street :: Mount Airy, N. C.
At Kittrell's Old Stand