

# THE DAILY FREE PRESS.

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## A REAL NEED AND PROFITABLE INVESTMENT.

For some time the question of the further extension and development of the railroad of the Goldsboro Lumber company has been agitated, still nothing definite appears to have been done in the matter.

We hope the much needed improvement will be undertaken and perfected. It would no doubt pay the A. & N. C. railroad to secure the right to use the lumber road now in operation and extend and equip it so as to furnish efficient service to the people of Jones, Onslow, Duplin and adjoining counties.

True, the existing lumber road was not built as a public freight or passenger highway. But it is reported that over two thousand dollars were received last season from the transportation of fertilizers alone for farmers on the route. This is a most productive country, and the people would gladly and freely sustain an efficient railroad service.

The Atlantic and North Carolina company could make no better investment than in providing the road in question. The State would ultimately be the gainer by the transaction, and the resources of the prosperous section traversed would be developed wonderfully.

Let our capitalists and railroad men consider the proposition.

## THE VALUE OF AN EDUCATION.

There are many and widely differing estimations of the value of an education by different people.

Some people consider education upon the bread and butter plane. If education will fit a person for making a living more easily and certainly it is a good thing, otherwise it is not worth the while. Others look upon it as affording a short cut to social prominence. Then there are others who consider education a good way by which work may be evaded and a general way time secured.

These views are all, of course, inadequate and if unduly emphasized, thoroughly vicious.

The following from a letter written by Dr. John F. Crowell for the N. C. Christian Advocate is valuable for its high conception of the value of an education. The subject of the letter was "a thought or two for a student's vacation." Dr. Crowell writes:

"There are a few things that every one can do, and do well to this end, to make the people feel that it has been a good thing for them that their neighborhood has sent out and received back again some of its younger members.

First among these is the duty of being neighborly. It is a mistake for a student to be exclusive in his relations with his neighbors. He may be much superior to them in information, he may be far superior in manners and in knowledge of the ways of the great world outside; but he cannot give expression to one of the main objects of higher education without showing that neighborliness which feels a pride and pleasure in the people among whom one has his home. And to give expression to this sense of appreciation is one of the best ways of awakening the love of higher things in others.

A second duty is equally valid—the duty of taking an interest in the plain people. There is no nobler field of appreciation than the heart of the people who make no pretensions to position but who go along in the plain path of a work-a-day life. Some of them in earlier days may have entertained ambitions, but circumstances seemed to keep them at the post they still occupy, and which has no promise of anything else. To such people the open-hearted interest of a young mind in their work and wants, is like giving a cup of cold water in the name of the brotherhood that is as deep as the spiritual experience of the race.

Finally there is no country in the world where the sense of being educated for the common good should be cultivated more diligently than in the United States. The democracy of learning is the end of educational effort. It is the secret of our vast endowments. It is the only justification for public taxation for personal training. The student ought to feel that it is his duty and privilege to leave the lamp, if only to a small extent, with some of the life that generations of workers for truth have communicated to him. We go to school—why? To get in order to give of the accumulated assets of civilization. The duty of diffusion is usually argued with the duty of acquisition.

By being a good neighbor, by proving a true friend to the plain people, and by enriching to some substantial extent the content of the common good of the neighborhood when status one as its own—by these ways one may prove that no mistake has been made in educating him."

Who is He?


Who is it that makes the Fever-gal-lous, wears longer pants?

## CASTORIA

For Infants and Children.  
The Kind You Have Always Bought

By  
**President  
DRAPER,  
University of  
Illinois**

# LABOR, THE VITAL FACTOR



HE vital factor in adding to the world's stores is labor. Thank God every day you live for the strength and the opportunity to work. No matter what position you may have inherited or how much money you may have secured, LIFE WILL BECOME HOLLOW FOR YOU UNLESS YOU ARE AT WORK.

It makes no difference whether your work is mental or manual, whether it makes soft hands or rough, whether you are a captain or a private in the ranks of the employed—it is the sure, strong, sweet law of nature that one is happy if his mind is well adjusted to the subject of labor and if his head and his hands are adding something to the sum of the world's accumulations.

WORK, the steady, persistent doing of things upon a workable plan, is THE FOUNDATION OF ALL ORDINARY ACCOMPLISHMENT. If one gets the idea that the things which he has studied in the books are sufficient to enable him to get on without this persistent doing of things, HIS CASE IS HOPELESS. If he has acquired habits of life and ways of living which unfit him for engaging in this serious labor, it is a great pity he ever went to college.

Still, the average college man has great advantage over the average other man if his head is straight on the work question. If it is not, then this college degree makes his failure unfortunately conspicuous.

Independent rectitude, virile thinking, love of work, regard for all the workers, willingness to learn and quickness in falling in with conditions, rational living, which will conserve the physical powers and accomplish the largest results; an unselfish purpose to serve others, an ability to accumulate and to use one's accumulations for his own upbuilding; culture, not artificially produced, but born of things done, and expressive of kindness; a quick sense of reciprocal relations between man and man, with a courage that can stand pat and a patriotism that never flags—THESE ARE VITAL FACTORS IN ANY SUCCESS FOR WHICH A UNIVERSITY CARES.

## THE SIGNIFICANCE OF CONCILIATORY ARBITRATION

By D. M. PARRY, President  
National Manufacturers' Association

**I**CANNOT UNDERSTAND THE STATESMANSHIP THAT WILL STOOP TO TEMPORIZE WITH THE ENEMIES OF SOCIAL ORDER.

A United States senator is quoted as declaring that conciliatory arbitration must and will come. This conciliatory arbitration business consists of simply taking the union demands framed to meet some such condition, sealing them about one-half and making a decree accordingly. IF THIS IS TO CONTINUE MATTERS MAY COME TO SUCH A PASS THAT SOME EMPLOYERS WILL HAVE TO EITHER REDUCE WAGES OR NAIL UP THE DOORS OF THEIR FACTORIES.

The spirit of SOCIAL BRIGANDAGE is growing apace. A halt must be called in this crusade against those who have built up American industries. You cannot make headway against this great evil as individuals; you must ORGANIZE. The task is no mean one. It will take united effort and some of that spirit in all of us which says, "MILLIONS FOR DEFENSE, BUT NOT ONE CENT FOR TRIBUTE."

## THE SENTIMENT OF JEALOUSY

By P. MANTEGAZZA, Italian Anthropologist

**W**HEN love is offended, should we invent a new sentiment, jealousy? ALL SENTIMENTS, WHEN THEY ARE SATISFIED, BRING US CLOSER TO THE ONE WHO HAS GIVEN THEM SATISFACTION, lead us to lavish caresses on him, to do good to him. Every wounded sentiment, on the contrary, leads us to return the offense, to do ill to him who caused the offense.

If by jealousy we mean the pain suffered when we feel that we are not loved, or have been deceived, EVERY HEART THAT LOVES OUGHT TO BE JEALOUS, just as whoever loves country and mother cannot see them offended without suffering pain. But if we take it to mean that tyrannical suspicion which leads us to torment the person who possesses us I would say, on the contrary, THAT WE NOT ONLY CAN LOVE, BUT CAN LOVE BETTER, WITHOUT BEING JEALOUS, and that we cannot love and experience jealousy.

## VALUE OF THE KINDERGARTEN

By W. I. HARRIS, United States Commissioner of Education

**T**HE kindergarten is THE BEST SYSTEM YET DEvised for the period of transition from the family to the full fledged school. What may be called the discipline of the kindergarten is in the highest degree humane. It resembles the nurture of the home, in which MOTHER LOVE IS THE PRINCIPLE. It resembles the school in that it has regular set tasks, classification of pupils and grading in what may be called a course of study. Its course of study varies from that usually found in the school by having what are called gifts and occupations in it. It does not come to the use of the alphabet, printed or script. THE CHILD DOES NOT LEARN TO READ IN TRUE KINDERGARTEN. It is too abrupt a transition from the home to require the child to learn a new language. A LANGUAGE ADDRESSED TO THE EYE INSTEAD OF A LANGUAGE ADDRESSED TO THE EAR, and to become eye minded instead of ear minded at the

## FOR THE HOUSEWIFE

**A Cool Bedroom.**  
Plan your sleeping chamber along the lines of health and restfulness. Don't have it filled with gewgaws and knickknacks and draperies.

Have bare floors. If not that, then use fresh matting and have it wiped up daily with a damp cloth.

Have no rugs, or at most a very few small ones that may be easily cleaned. Use white washable curtains.

Taboo portieres altogether. The bedding should be light and open, and a pure wool blanket should be used in place of a silk coverlet, which does not allow a use of surrounding vital forces, being a non-conductor.

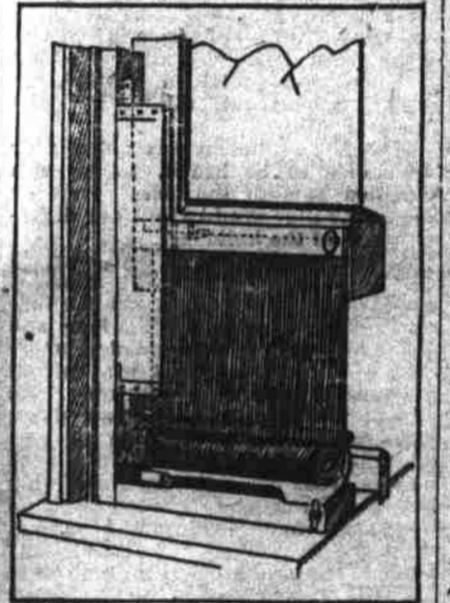
The superstition of standing the bed with its head toward the north pole is based upon the supposition that the cool electric forces from the magnetic needle are needed in the most heated portion of the body—the brain. It does no harm to carry out the idea.

Have two beds by all means if two persons are to occupy the room in order that the stronger may not take the vital force of the weaker. That is not superstition, but science.

Lastly, as to the color scheme, nothing is so good as white for walls, ceiling and furnishings. It is the most restful, most even and the least absorbent of germs and odors. No one can be cool in a red bedroom. Yellow is too trying to the nerves. Green is soothing and blue cool and restful. But white is most sanitary and stands less chance of becoming monotonous.

## Automatic Screen.

About the only way in which a housekeeper can keep the house clear of flies in the summer time is to use screens in both the doors and windows, for these must be left open if there is to be any circulation of air through the house. With the use of these screens there arises the necessity of removing at least a portion of them every night if the house is to be protected from burglars, causing no small amount of trouble to the occupant of the house. Perhaps the improved screen, which we here illustrate, will recommend itself to replace the loose screens, as it is much easier to manipulate when it is desired to open or close the window



ATTACHED TO THE SASH.

and affords no opportunity for the entrance of flies or bugs while the change is being made. As will be seen, the screen is mounted on a spring roller attached to the bottom of the window frame, with the upper edge of the netting secured to the lower portion of the sash. As the latter rises or falls the screen moves with it, winding or unwinding from the spring controlled roller at the base. It is a simple matter to attach the screen to any window, and it is likewise easy to remove it and roll it up in small compass for storage through the winter.

## Halibut With Cheese Sauce.

Here is a good recipe for baked halibut served with cheese sauce. Clean two pounds of halibut by wiping it over with a cloth wrung out in salt water. Put in a buttered baking pan. Pour around half a cupful of milk and bake for thirty-five minutes, basting often with the milk. When done the fish will leave the bone, but should not be cooked until dry. Remove the skin and bone and pour over it cheese sauce made as follows: Melt a tablespoonful of butter, add one and a half teaspoonfuls of corn flour and pour on slowly three-fourths of a cupful of milk; add half a pound of cheese cut fine. Season with salt, mustard and cayenne. As soon as the cheese melts add a beaten egg and serve. As will be noted, this sauce is very similar to a rabbit and adds much to the halibut both in food value and palatableness.

## Strawberry Granite.

Here is the way to make strawberry granite: One pint of orange juice, one pint of strawberry juice, one quart of whole strawberries, one and a half pounds of sugar, one quart of water. Boil the sugar and water together five minutes. Drop the whole strawberries into this syrup, lift them carefully with a skimmer and place them on a platter to cool. Then add to the syrup the strawberry and orange juice. Strain and freeze. When frozen stir in the strawberries and serve in glasses.

## Originality in the Home.

Every woman of taste aims to make her home distinctive. Furniture she may have for conventional use, but it need not be conventional or common in form or even in material. As far as the decorative portion, there is no limit to choice since the designs in wall paper are numerous and of every conceivable style. And, after all, the difference between originality and originality is only a matter of degree.

# ALWAYS TIRED NEVER RESTED



To be tired out from hard work or bodily exercise is natural and rest is the remedy, but there is an exhaustion without physical exertion and a tired, never-rested feeling—a weariness without work that is unnatural and shows some serious disorder is threatening the health. One of the chief causes of that "Always-tired, never-rested condition" is impure blood and bad circulation. Unless the body is nourished with rich, pure blood there is lack of nervous force, the muscles become weak, the digestion impaired, and general disorder occurs throughout the system.

For over four years I suffered with general debility, causing a thorough breaking down of my system. My cousin, who had been benefited by S. S. S., told me about it. I tried it and it cured me. I heartily recommend S. S. S. to all who may feel the need of a thoroughly good blood tonic. Yours truly,  
MRS. JORIE A. BRITAIN,  
44 W. Ninth St., Columbia, Tenn.

# SSS

Debility, insomnia, nervousness, indigestion, dyspepsia, loss of appetite, strength and energy, and the hundreds of little ailments we often have are due directly to a bad condition of the blood and circulation, and the quickest way to get rid of them is by purifying and building up the blood, and for this purpose no remedy equals S. S. S., which contains the best ingredients for cleansing the blood and toning up the system. It is a vegetable blood purifier and tonic combined, that enriches the blood, and through it the entire system is nourished and refreshing sleep comes to the tired, never-rested, body.

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Annual Meeting Grand Lodge B. P. O. E., Baltimore, Md., July 21-23. Round trip from Kinston via A. C. L. and all-rail, party of 25 or more, \$10.10. Individual fare, \$11.10.  
Round trip from Kinston via A. C. L. and steamer, party of 25 or more, \$7.70. Individual fare, \$8.70.  
Round trip from Goldsboro via A. C. L. and all-rail, party of 25 or more, \$9.80. Individual fare, \$10.80.  
Round trip from Goldsboro via A. C. L. and steamer, party of 25 or more, \$9.80. Individual fare, \$10.80.  
Tickets on sale July 18th to 20th, inclusive; good returning until July 25th, 1903. Tickets must be deposited with Joint Agent and a fee of 25 cents paid. Limit extended to July 31, upon payment of \$1.  
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