Suffered Untold Agony for Years

Doctoring for Nervous Weakness

Stomach Liver or Kidney Disease

or Some Other Ailment When Their

Real Trouble Was Lack of Iron In

New York, N. Y .- In a recent dis-

course Dr. E. Sauer, Specialist, of

this city said: If you were to make

an actual blood test on all people

who are ill you would probably be

greatly astonished at the exceeding-

ly large number who lack iron and

who are ill for no other reason than

the lack of iron. The moment iron is

supplied all their multitude of dan-

gerous symptoms disappear. With-

out iron the blood at once loses the

power to change food into living tis-

sue and therefore nothing you eat

the Blood-How to Tell.

THE DAILY FREE PRESS

(United Press Telegraphic Reports) H. Galt Braxton, Editor and Manager

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WEDNESDAY EVENING, APRIL 5, 1916

Friend Britton gets the idea that The Free Press discounts Sanford's prospects for landing a powder mill. Not so at all. The point that The Free Press was endeavoring to make was that Sanford or any other North Carolina community's accomplishment would be of ques_ tionable benefit should they secure such a plant.

GREENE COUNTY MEN BESMIRCH LENOIR'S FAIR RECORD.

For half a century the good citizens of Lenoir County have allowed the law to take its course and the fair name of the county has not been beelouded by the wreak ing of summary vengeance upon any culprit irrespective of the seriousness of his crime.

Tuesday night, under the cover of darkness, when the good people of Kinston were peacefully at rest, a mob supposedly of Greene county citizens, numbering, according to the estimates of the jailer of the Lenoir County pastile, who was overpowered, came into Kinston and took away a negro, the father of the young negro held for a terrible and revolting crime last week, and killed him somewhere en route between Kinston and Greene county, thus besmirching the fair name and reputation v our good county. It is to be hoped that the crime of lynching was not committed in Lenoir. The body of the negro was found in Greene county this morning. Shots were heard by people living along the route followed by the mob. Some of these were fired even before the party left the corporate limits of Kinston, and it is a matter, therefore, of speculation as to the exact location of the killing.

The Free Press is hopeful that some evidence will be found to place the exact spot, and that it will be discovered that Lenoir had part only in this outrage by lending its jail for the incarceration of the negro, who was spirited away from Greene county after dark Tuesday night and brought to Kinston for safe-keeping.

The Free Press does not condone, but condemns the lawiess act of the mob, whether its deed was perpetrated on Lenoir or Greene soil, and it would welcome an inves_ tigation which would place the responsibility. The provocation for revenge against the young negro, son of the one who was lynched Tuesday night, is great, and unquestionably requires much self-control on the part of the white men of this section but, nevertheless, the act of sutlawry committed Tuesday night has in no way remedied the crime, nor served to put a stumbling block in the way of its repetition. It has simply added another crime to a terrible series already committed.

"BUY AT HOME."

The Free Press believes firmly in the policy of "pat_ ronizing home industries." It has consistently advocated buying at home, and for the past five months has carried a good thing and deserves the hearty co-operation of the in its Saturday issue each week a striking cartoon emphaservice has been furnished at quite an expense, and has those things that produce flies."

HOW TO PROLONG LIFE.

Conaro have lived to be 100 years of

age, but with our complex diets of

today, the vitality of the aged is

taxed to its utmost endurance. A

simple diet, therefore, is conducive to

a long life, and if the vitality be-

comes impaired and weakness seems apparent, our local druggists. J. E.

Hood & Co, have in Vinol a reliable,

non-secret remedy which contains

just the elements needed to restore strength to weak, feeble old people,

and prolong a healthy, happy life.

PILLS BEST FOR LIVER.

nauseating for the sweet sugar coat-

ing hides the taste. Dr. King's New

Life Pills contain ingredients that

put the liver working, move the bow-

els freely. No gripe, no nausea, aid

digestion. Just try a bottle of Dr.

King's New Life Pills and notice how much better you feel. 25c at drug-

You will want an automobile to enjoy the warm summer nights. This

is your opportunity to get one.

Because they contain the best liver medicines, no matter how bitter or

(adv.)

By adopting a simple diet men like

Free Tickets TO THE GRAND AND DIXIE THEATRES

READ THIS LIST **OVER**

These are the Merchants that are Giving away a five cent Admission Ticket with each Dollar Cash Purchase made at their store. Each Ticket is worth five cents at the Grand or Dixie

When Making a purchase don't fail to ask for Your tickets.

Mark Cummings Shoe Store E. B. Marston Drug Co. **Barrett & Hartsfield** D. V. Dixon & Son **Oettinger's Furniture Store** Mosely & Ballard Bicycle and Repair Store Lynch Jewelry Company.

been made possible by the co-operation of the business DOCTOR SAYS NUXATED IR ON WILL men whose firms are carrying advertising on the Community Builders' page

The responsibility for building up the home market is a two-fold one. It very naturally rests upon the merchants as well as the consumers. The law of supply and demand must largely govern and very naturally when prospective customers make repeated inquiry for articles desired without success in finding them on the local markets or assurance from the merchants that such articles will be stocked, they go elsewhere. The mail-order house comes in for a share of the patronage.

The Free Press believes that it ought to be possible to buy practically any article in Kinston that is to be found in the average store of the country. It, or course, is not practical for Kinston merchants to carry as large variety of goods as can be carried in larger cities, but by a co-operative effort of merchant and buyer the needs of Kinston people should be very largely supplied by the local merchants. There should be a combine of merchants and consumers against the mail-order octopus,

POWDER TRUST LOBBY

DENOUNCED.

There are few people who will doubt the correctness of Senator Underwood's charges that the DuPont interests are maintaining a strong lobby at the Capitol in an effort to defeat the Government's proposed establishment of nitrate plants and other munition works. In variably "the interests" oppose and endeavor in every way to defent any plans of government ownership or maintenance, which will in any way affect their profits. The Steel Trust has shown its hand, and has virtually acknowledged that it has been gouging the Government for armor plate by offering to furnish the same plate at a greatly reduced price for a term of years. This offer was made to forestall the proposed establishment of armor plate factories by the Government. With the elimination of a considerable amount of the red tape usually marking the conduct of the Government affairs, it is decidedly preferable that the Government make its own munitions and war supplies. By so doing it can positively control its supplies -- a point which is uncertain take stimulating medicines or narcotwhere the manufacture is in the private plant.

It is gratifying that Senator Underwood is courageous enough to call attention to the work of the lobbyists and hurl defiance at the big and powerful interests. Their plans should be uncovered and those congressmen and senators yielding to their influence should be known. The time of monopolistic control of the legislative bodies of this country has passed! Let the people rule!

WHAT OTHERS SAY

JUDGE MANNING A CANDIDATE.

Wilmington Dispatch: "The blow has fallen. Judge James S. Manning has shied his hat in the ring for the Democratic nomination of attorney general. Like the chorus of some musical comedy, the other candidates troop on and cavort merrily about for some time and then star appears, because undoubtedly Judge Manning at present shines as the big luminary of the constellation

"Just what the other candidates are going to do about remains to be seen. Undoubtedly his entrance must ave upset their calculations, and they will have a difficult time straightening out their lines. With a fine record as a jurist, occupying one of the highest positions in his respect in North Carolina, widely known throughout the State, strong in the friendship of some big party leaders, who, along with admiring the man, are indebted to him for service in their behalf, and undoubtedly a man of pleasing personality and popular among his brethren of the legal profession. Judge Manning looms up big in the race. His service as a member on the bench of the has found relief. Read what a Kin-Supreme Court, settles any question of his ability, and the fact that he is more widely known throughout the State than any other of the candidates, unless it be Judge Frank Carter, gives him odds at the very start, and must throw cold water upon the ardor that had been rising in the breasts of the aspirants for several months."

THE NEXT BEST THING.

Winston-Salem Journal: "A swat-the-fly campaign is people. Its the next best thing to a prevent-the-fly camsizing the importance of trading at home. This cartoon paign by which is meant an organized effort to destroy

does you any good; you don't get the the best blood builder in the world. strength out of it. Your food mere-The only trouble was that the old y passes through your system like forms of inorganic iron like tincture orn through a mill with the rollers of iron, iron acetate, etc., often ruinso wide apart that the mill can't ed people's teeth, upset their stomgrind. As a result of this continuous achs and were not assimilated and blood and nerve starvation, people for these reasons they frequently did become generally weakened, nervous more harm than good. But with the and all run down and frequently dediscovery of the newer forms of orvelop all sorts of conditions. One is ganic iron all this has been overcome. too thin; another is burdened with Nuvated Iron for example, is pleasunhealthy fat some are so weak ant to take, does not injure the teeth, they can hardly walk; some think and is almost immediately beneficial. they have dyspepsia, kidney or liver NOTE-The manufacturers of trouble; some can't sleep at night, Nuxated Iron have such unbounded others are sleepy and tired all day; confidence in its potency that they some fussy and irritable; some skinthey will forfeit \$100,000 to any ny and bloodless, but all lack physicthat they will forfeit \$100,000 to any al power and endurance. In such Charitable Institution, if they cannot cases it is worse than foolishness to take any man or woman under sixty who lacks iron and increase their ic drugs, which only whip up your strength 200 per cent, or over in four fagging vital powers for the moment, weeks' time, provided they have no maybe at the expense of your life

you can walk without becoming tired. J. E. Hood & Co. and all other drug-

INCREASE STR ENGTH OF DELICATE

In Many Instances-Persons Have | ordinary nuxated iron three times per

PEOPLE 20 0 PER CENT. IN TEN DAYS

day after meals for two weeks. Then

test your strength again and see for

ourself how much you have gained.

I have seen dozens of nervous run

down people who were ailing all the

lime double, and even triple their

strength and endurance and entirely

get rid of their symptoms of dyspep-

in liver and other troubles in from

ten to fourteen days' time, and this,

after they had in some cases been

doctoring for months without obtain

ng any benefit. You can talk as you

derse about all the wonders wrought

by new remedies, but when you come

down to hard facts there is nothing

like good old iron to put color in your

cheeks and good sound, healthy flesh

on your bones. It is also a great

nerve and stomach strongthener and

GOOD FOR COLDS.

later on. No matter what any one

tells you, if you are not strong and

well to make the following test. See

how long you can work or how far

Next take two five-grain tablets of gists,

Honey, Pine-Tar and Glycerine are recognized cold remedies. In Dr. Bell's Pine-Tar-Honey these are combined with other cough medicine in a pleasant syrup. Dr. Bell's Pine-Tar-Honey quickly stops your cough. checks your cold, soothes irritation of the throat. Excellent for young, adult and aged. It's one of the best cough syrups made. Formula on every bottle. You know just what you are taking and your doctor knows it's good for coughs and colds. Insist on Dr. Bell's Pine-Tar-Honey. Only 25c at draggists.

NO REASON FOR IT.

reader of this who suffers the tortures of an aching back, the annoyance of urinary disorders, the pains and dangers of kidney ills will fail to heed the words of a neighbor who ston woman says:

Mrs. H. M. Bradshaw, 401 E. Washington St., Kinston, says: "I had pains in my back and loins and in the morning, I was sore and stiff and tired so easily that I could hardly do my housework. I had headaches and dizzy spells and the kidney secretions caused me annoyance. Doan's Kidney Pills procured at J. E. Hood & Co.'s Drug Store, relieved me of all trouble."

Price 50c, at all dealers. Don't simply ask for a kidney remedy-get Doan's Kidney Pills-the same that Mrs. Bradshaw had. Foster-Milburn Co., Props., Buffalo N. Y.

Energy and effort together with support of your friends will make you a winner on the 13th of May Make your spare time profit time Win a Golden prize in the Free Press

When Croup Comes Treat Externally

The old method of dosing delicate little stomachs with nauseous drugs is wrong and harmful. Try the external treatment —Vick's "Vap-O-Rub" Salve. Just rub a little over the throat and chest. The vapors, released by the body heat, loosen the choking phlegm and ease the difficult breathing. A bedtime application insures sound sleep. 25c, 50c, or \$1.00.

VICK'S VAPORUB'S ALVE

The Maxwell holds leadership its class. The Daily Free Press is giving away two Maxwell Touring Cars. It will require only six weeks'

serious organic trouble. Also they

will refund your money in any case in

which Nuxated Iron does not at least

double your strength in ten days'

time. It is dispensed in this city by

Take Notice!

TO THE CITIZENS OF KINSTON The sewer connections have now been completed and are ready for

It will be to the interest of those desiring plumbing done to see me promptly, or call Phone No. 498. Respectfully

R. E. L. RHODES

N. J. Rouse, Edward M . Land Kinston, N. C., Goldsbore, N. C. ROUSE & LAND ATTORNEYS-AT-LAW Offices:

Kinston, N. C., Goldsbore, N. C. 868-864 Borden Building.

DR. GEO. E. KORNEGAY. SPECIALIST In Diseases of Women & Children Office Hours: 10 to 12. Office: 107 West Caswell Street. **PHONE 118.**

Z. V. MOSELEY, M. D. PHYSICIAN and SURGEON.

Back of Lenoir Drug Company Phones-Office 478; Residence 116

DR. JAS. W. POWELL Modern Dentistry-All Branches

Offices Over First National Bank. (No Colored Work) PHONE 595

Dr. Albert D. Parrot Physician and Surgeon Kinston, N. C. Office Back of Hood's Drug Store

KINDS

C. OETTINGER. Manager Kinston Insurance & Realty Co. Telephone No 182 (Next to Posto ffice)

Graceful Styles That Charm



The new J & K strap effects and novelties have all the dainty refinement that appeals to young women. Furthermore, they FIT-Snugly, comfortably, The secret lies in the ability of the J & K designers to build shoes that fit the arch. For when the arch is fitted, the entire foot is fitted For stirring style, see the new J & K's For a real fit, wear the new J. & R.

Mark Cummings

COMPLETE LINE

Stamped Embroidery Goods and Threads of all shades to match

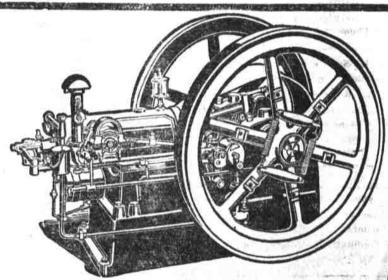
See Display in South Window

Just Received a New Lot of Sample Skirts, Navy Blue and Black Serges

Also New Materials in the Latest Sport Models

New Lot of Silk Shirt Waists

ADLER **BROTHERS**



A SAVING YOU MAY HAVE MISSED

WHAT DOES IT MEAN to you to be told that Titan engines burn kerosene? Not much, does it? Yet because of that fact, you would make the mistake of your life if you bought any other engine.

Gasoline and kerosene engines burn about the same amounts of fuel. .Gasoline now costs, in most places, over 100 per cent. more

A 6H. P. engine, gasoline or kerosene, burns 700 to 800 gallons of fuel in 1,000 hours' work. At present average prices, 700 gallons of gasoline would cost you about \$118, while 800 gallons of kerosene costs but \$61 or thereabouts.

A Titan 6 H. P. engine, burning kerosene, would therefore save you somewhere around \$57 a year. Now do you realize what a startling statement that is? Titan engines burn kerosene. See me before you buy any other engine. Prices right and terms to suit you.

H. H. GRAINGER, KINSTON, N. C.

Screens for the windows and doors make life worth living We've got



DON'T PUT UP A RUSTY, WORN-OUT OLD SCREEN. IT WON'T KEEP THE FLIES, MOSQUITOES AND INSECTS OUT, BUT WILL MAKE IT HARDER FOR YOU TO "DRIVE" THEM OUT.

BUY OUR NEW SCREENS AND SCREEN WIRE. THIS WILL MAKE HOME LOOK PRETTY. THEN YOU CAN BE SAFE FROM THESE LITTLE DISEASE BEARING PESTS—AND BE COMFORTABLE ALL SUMMER.