

**DOCTOR SAYS NUXATED IRON WILL INCREASE STRENGTH OF DELICATE PEOPLE 200 PER CENT. IN TEN DAYS**

Physician Says Ordinary Nuxated Iron Will Increase Strength of Delicate Folk 200 Per Cent. in Two Weeks' Time in Many Instances

New York, N. Y.—In a recent discourse, Dr. L. J. ... said: "If you were to make an actual blood test on all people who are ill you would probably be greatly astonished at the exceedingly large number who lack iron and who are ill for no other reason than the lack of iron. The moment iron is supplied all their multitude of dangerous symptoms disappear. Without iron the blood at once loses the power to change food into living tissue, and therefore nothing you eat does you any good; you don't get the strength out of it. Your food merely passes through your system like corn through a mill with the rollers so wide apart that the mill can't grind. As a result of this continuous blood and nerve starvation, people become generally weakened, nervous and all run down, and frequently develop all sorts of conditions. One is too thin; another is burdened with unhealthy fat; some are so weak they can hardly walk; some think they have dyspepsia, kidney or liver trouble; some can't sleep at night; others are sleepy and tired all day; some fussy and irritable; some skinny and bloodless, but all lack physical power and endurance. In such cases it is worse than foolishness to take stimulating medicines or narcotic drugs, which only whip up your flagging vital powers for the moment, maybe at the expense of your life later on. No matter what anyone tells you, if you are not strong and well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and

see for yourself how much you have gained. I have seen dozens of nervous, run-down people who were ailing all the time double, and even triple their strength and endurance and entirely get rid of their symptoms of dyspepsia, liver and other troubles in from ten to fourteen days' time simply by taking iron in the proper form, and this, after they had in some cases been doctoring for months without obtaining any benefit. You can talk as you please about all the wonders wrought by new remedies, but when you come down to hard facts there is nothing like good old iron to put color in your cheeks, and good sound, healthy flesh on your bones. It is also a great nerve and stomach strengthener and the best blood builder in the world. The only trouble was that the old forms of inorganic iron, like tincture of iron, iron acetate, etc., often ruined people's teeth, upset their stomachs and were not assimilated, and for these reasons they frequently did more harm than good. But with the discovery of the newer forms of organic iron all this has been overcome. Nuxated Iron, for example, is pleasant to take, does not injure the teeth and is almost immediately beneficial.

NOTE.—The manufacturers of Nuxated Iron have such unbounded confidence in its potency that they authorize the announcement that they will forfeit \$100.00 to any Charitable Institution if they cannot take any man or woman under sixty who lacks iron and increase their strength 200 per cent. or over in four weeks' time, provided they have no serious organic trouble. Also they will refund your money in any case in which Nuxated Iron does not at least double your strength in ten days' time. It is dispensed in this city by J. E. Hood & Co., and all other druggists. adv.

**Boy Choir at Chautauqua**



Aside from the delightful and refreshing novelty of seeing on the platform the sweet, youthful faces of these boys, you may expect to hear a perfectly trained organization of uncommon merit and musical worth. Their program will be divided

into distinct features. "The Angelus," presented with special scenery and the vestments, introduces secular and sacred songs. The other half will be given without the vestments and will feature more the interesting, cheery songs so dear to the American boy.

**LITTLE ORPHAN LAD WALKED SIXTY MILES TO GET BACK 'HOME'**

(Special to The Free Press) Asheville, June 14.—Dewey Willis, 12, is back at the Buncombe County Reform School—the only home he ever knew—after walking 60 miles from a farm since Saturday night. Dewey was turned over to the county in his infancy. He has no kin. He loves Supt. and Mrs. Penland. A few days ago he was sent to a farmer's family to live with them. "They've got four children of their own down there," he declared. He was a wee little figure, almost starved, wet and muddy. "I wanted to come home."

**KINSTON MAYBE DOESN'T EVEN KNOW IT'S FLAG DAY**

Today was Flag day. Kinston paid about as much attention to the fact as it does to the Fourth of July. There was practically no effort at observance reported. New Bern has begun another anti-vagrancy campaign.

**SOCIAL And PERSONAL**

Mr. Jack Skinner went to Weldon today.

Mr. R. H. Ammons of New Bern was here yesterday.

Mrs. A. T. Redditt has gone to Richmond to spend some time.

Mr. William Milam of New Bern was a visitor in the city Tuesday night.

Dr. J. M. Mumford has returned to New Bern after a business visit here.

Miss Virginia McEwan of New York State is visiting Miss Virginia Copeland.

Miss Myra Outlaw is back from Aurora, where she taught school the past term.

Miss Helen Drew of Florida is a guest of the Misses Hood, daughters of Mr. and Mrs. J. E. Hood.

Miss Reade Pittman has returned from New Bern, where she attended the State Epworth League conference.

Miss Rodman at New Bern. New Bern, June 14.—Miss Cammie Rodman, daughter of Col. W. B. Rodman, chief of the Norfolk Southern's legal department, is the guest of Judge and Mrs. Owen Guion here. She has been the recipient of many social favors in the past three days. Among those who have entertained for her are Miss Lucy Guion, Mrs. Sophia B. Duffy and Mr. and Mrs. T. G. Hyman, and Judge and Mrs. Guion.

Biltmore Wheat Hearts. All grocers. (adv.)

**SHOULD SLOAN'S LINIMENT GO ALONG?**

Of course it should! For after a strenuous day when your muscles have been exercised to the limit an application of Sloan's Liniment will take the soreness and stiffness away and get you in fine shape for the morrow. You should also use it for a sudden attack of toothache, stiff neck, backache, stings, bites and the many accidents that are incidental to a vacation. "We would as soon leave our baggage as go on a vacation or camp out without Sloan's Liniment." Writes one vacationist: "We use it for everything from cramps to toothache." Put a bottle in your bag, be prepared and have no regrets. adv.



JEAN SOUTHERN IN "THE MYSTERIES OF MYRA" A PLAY IN THREE ACTS

First episode in three reels at GRAND THEATRE at The Grand Theatre, Monday, June 19. We want everyone to see the first chapter of this serial. On account of the Chautauqua we begin our show on this day at eleven o'clock in the morning and run until six in the evening, and invite everybody to see the first of this picture free. It costs you nothing between these hours—11 to 6.

Copyright 1916 by Lippett & Myers Tobacco Co., New York



How America's largest cigarette manufacturer accomplished "the Impossible" by producing a MILD cigarette that SATISFIES. It is the CHESTERFIELD Cigarette

ALMOST anybody can make a cup of coffee. But there are said to be not over a half-dozen restaurants in the United States where they know how to make it right.

Similarly, almost anyone can make a cigarette. Just roll up some tobacco in a piece of pure paper—and there you are.

There are, perhaps, over 800 brands of cigarettes sold in this country today. But not one of them does what Chesterfields do—for Chesterfields are MILD; and yet they SATISFY.

Some cigarettes may be mild, but they don't satisfy. Only one cigarette does BOTH—Chesterfield!

This truly unique cigarette has all of that refreshing taste-delicacy (or mildness) which any good cigarette must have. Yet, without sacrificing any of this delightful mildness, Chesterfields go one step further—they do more than merely "please your taste"—they let you know you've been smoking. They satisfy!

And yet they're mild!

**A Step Forward in Cigarette-Making**

WE ARE proud to be the firm that brought about this important development in cigarette enjoyment—for that is exactly what the Chesterfield blend is.

This cigarette is an outgrowth of long, earnest effort on the part of this, the largest cigarette manufacturing concern in the United States.

The mild, yet satisfying Chesterfield blend is not the result of happy chance. It is one of the results of our many years of cigarette experience—of the heavy volume of our purchases of cigarette tobacco—of the prestige and advantage these enormous purchases give us in securing the choicest leaf from the tobacco fields of the world.

Chesterfields are an achievement.

**A New Thing for a Cigarette to Do**

CHESTERFIELDS do the one thing you have always wished a cigarette would do—they satisfy!

Smoke them and we believe you will find that ordinary cigarettes seem by comparison almost flat.

Give Chesterfields a trial. We believe you will be glad to learn what they can teach you about cigarette enjoyment.

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You have been reading here some rather unusual, almost daring, statements about a cigarette. If Chesterfields were an untried cigarette—if we had not been observing their behavior in other cities—if we did not KNOW that they make good with smokers, we could not afford to make these statements to you over our signature.

But these statements, strong as they are, can mean little or nothing to you until you have actually smoked your first Chesterfield.

You will find that your own dealer has Chesterfields waiting for you.

Lippett & Myers Tobacco Co.

Largest cigarette manufacturer in the United States as shown by Internal Revenue records.

**WANT ADS**

ONE CENT A WORD EACH INSERTION

MINIMUM 15 CENTS

One cent a word each insertion, unless order is accompanied with cash and insertions are to be given in consecutive issues of the paper.

**RATES**

Consecutive Insertions

Only When Accompanied By Cash

- 1 Insertion.....1c a word
- 3 Insertions.....2c a word
- 5 Insertions.....3c a word
- 7 Insertions.....4c a word
- 12 Insertions.....6c a word
- 26 Insertions.....12c a word

Positively No Books Kept

Where These Rates Apply

LOST—A bunch of keys. Please return same to Free Press office and receive reward. 6-12-Dly-1f

MULTIGRAPHING — Duplicating letters—in large or small lots at reasonable prices. J. A. Herndon, Jr., Kinston, N. C. -Dly-1wk;eod-1f

LOST MONDAY night 8:30 p. m.—A small White Dog. Please return to G. Colella, 907 E. King street. A reward will be given. 6-13-Dly\*

WANTED—Young man to work in carriage trimming shop. One who has had some experience on tops. J. W. Evans' Son, Raleigh, N. C. 6-8-13 dly \*

**NOTICE**

The annual meeting of the stockholders of Orion Knitting Mills will be held in the company's office in Kinston, N. C., on Monday, June 19, 1916, at 3:30 o'clock. A full attendance is desired. J. F. TAYLOR, Sec'y. 6-10 to 17-Dly

**DR. O. L. WILSON, DENTIST**  
Office Over J. E. Hood & Co's Store

FOR SALE—Norton Yam potatoes \$1 bushel, Plants, \$1.00 per thousand. Phone 3902. 5-30; 14t-eod

**CHAUTAQUA OPENS SEVEN JOYOUS DAYS**

(Continued from Page One) Today's and Thursday's Bill.

The program for this afternoon was: Greetings by an official of the local organization; address by Dr. Downing; concert by the Brookline Choir Boys.

Tonight The Choir Boys will render another concert and Dr. Lincoln Wirt will lecture on "The Conquest of the Arctic." Chronophotographs will be shown.

Dr. Lincoln Wirt's lecture covers three years of life, adventure and exploration in the lands bordering the circum-polar sea. The Choir Boys are youthful singers from leading Boston churches. Their performance is fascinating.

Thursday Victor's band, a famous musical organization, will play both afternoon and evening. Dr. Downey will lecture on "Eugenics," a subject that should be particularly interesting to Kinstonians, in the afternoon. Rosani, a juggler of international fame, will be on the bill at night with the bandmen.

**KINSTON MARKETS**

Prices prevailing here for farm produce today, as quoted by the Kinston Peanut Company, were:

- Eggs .. 20
- Shoulders, lb. .. 15
- Hams, lb. .. 20
- Pork .. 10
- Lard .. 14
- Hens, lb. .. 10
- Country butter .. 30
- Roosters, apiece .. 25
- Corn, bushel .. 80

**Catarrh Cannot Be Cured**

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly upon the blood and mucous surfaces. Hall's Catarrh Cure is not a quick landing. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free.

DR. F. FITTS, Osteopath, Upstairs, Next Door to Dixie, Phone 579-J.

DR. F. FITTS, Osteopath, Upstairs, Next Door Old Postoffice EXAMINATION FREE. Phone: Office—89. Res.—523

**C. B. WOODLEY, M. D.,**

Special treatment of Rectal and Skin Diseases a Specialty.

Temporary Office in Hood Building

**Joseph Dawson J. Frank Wooten**

DAWSON & WOOTEN, Attorneys at Law Practice Wherever Service Desired Accounts and Rents Collected.

**CAROLINA RAILROAD**

TIME TABLE No. 1 FIRST-CLASS FREIGHT AND PASSENGER SERVICE.

Southbound	Northbound
332	333
A. M.	P. M.
7:35 Ar. Kinston	5:00 Lv. Hines Junction
7:29 Ar. Hines Junction	5:05 Lv. Pools
7:06 Ar. Pools	5:20 Lv. Dawson
7:00 Ar. Dawson	5:27 Lv. Glenfield
6:47 Ar. Glenfield	5:41 Lv. Suggs Siding
6:40 Ar. Suggs Siding	5:50 Lv. Snow Hill
6:30 Ar. Snow Hill	6:00 Lv. Snow Hill

All trains governed by the Norfolk Southern rules while using the track from Kinston to Hines Junction, and subject to the orders of its superintendent.

The above schedule is given as information only, and is supposed to be the time that trains will arrive and depart, but it is not guaranteed.

WILLIAM HAYES, General Superintendent. G. A. JONES, Freight and Passenger Agent. SNOW HILL, N. C.

**Take Notice!**

TO THE CITIZENS OF KINSTON The sewer connections have now been completed and are ready for use.

It will be to the interest of those desiring plumbing done to see me promptly, or call Phone No. 498. Respectfully

**R. E. L. RHODES**

**SEASHORE ROUND TRIP FARES FROM KINSTON**

VIA ATLANTIC COAST LINE

Week-End Excursion Fares—\$4.75 to Norfolk.

Tickets on sale for all trains on each Saturday and for forenoon trains on each Sunday from May 27 to Sept. 10, inclusive, limited returning to reach original starting point prior to midnight of Tuesday next following date of sale.

Schedules and further particulars cheerfully furnished upon application to D. J. WARD, Ticket Agent, Kinston, N. C.

**FIRST NATIONAL BANK OF KINSTON**

Capital and Surplus \$160,000

STRONG, SAFE, DEPENDABLE

Your Interest as Well as Ours Will Be Promoted

By Patronizing the

FIRST NATIONAL BANK

N. J. ROUSE, President DR. HENRY TULL, Vice-Prest.

D. F. WOOTEN, Cashier J. J. BIZZELL, Asst. Cashier

T. W. HEATH, Teller

**DIRECTORS**

- W. L. Kennedy
- Dr. Henry Tull
- J. H. Canady
- J. F. Taylor
- H. H. McCoy
- S. H. Isler
- N. J. Rouse
- C. Felix Harvey
- David Outinger
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