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SATURDAY EVENING, JULY 15, 1916

President Wilson's appointments continue to strike like lightning—that is, where they are not expected.

Luck to Captain Koenig when he takes his undersea merchantman back across the ocean and luck to all the sister ships of the craft contributed by German genius to ocean transportation facilities!

The proposed country club for Kinston will be a decided asset for those who take membership, and who have automobile facilities for reaching the club grounds. It is to be regretted that a suitable site could not have been found more accessible to the fellow without an automobile.

It was good news which The Free Press was able to give its readers Saturday afternoon to the effect that the marines and crew believed to have been lost in the wreck of the collier Hector off the South Carolina coast had been saved. The reports of large loss of life at a distance have become so general within the past year or two that the public ceases to be startled and horrified by the terrible reports, but it is nevertheless true that there is gratification when such reports are found to have been in error.

A TRIBUTE WORTH WHILE.

When William G. Shepherd, noted war reporter for the United Press, answered that the abolition of alcohol as a beverage from Russia had been responsible for the remarkable development in the efficiency of the Russian army now as compared with its former record, in response to a question from one of his auditors at the Press Club convention a few nights ago, he paid splendid tribute to prohibition, and The Free Press believes that his answer was correct.

It means much that the men who are placed in the trying positions to which soldiers are subject, should be in possession of their highest mental faculties, and that their physical bodies be in the very best condition possible. There was, in days gone by, a false idea that alcohol was a stimulant. That idea no longer prevails in the best medical circles. Alcohol is classed as a poison instead of a stimulant and Russia, in spite of what other shortcomings it may be criticized for, has given the United States and other nations of the world a most splendid example.

Russia declared prohibition in order and by one fell swoop the nation became dry. That, perhaps, could not be done in this country because of the false application of the doctrine of personal liberty. Russia stands out as a forceful contradiction of the theory that great hardships will be worked upon those who are accustomed to alcohol and who are suddenly deprived of its use. There have been no stories of such terrible hardships suffered by the Russians who were perhaps as dissipated a people as is to be found on the top side of the earth.

It is the same old story, one by one, the arguments put forth for liquor crumble when the test is applied.

HOW DOCTORS VIEW SITUATION

The Free Press was very glad to give space Saturday to the various views of the practicing physicians in this community, of the health conditions and particularly with reference to typhoid fever. None of the physicians report the situation as at all alarming. One of them stated that the number of cases was not unusual for this time of the year. Others, that there was no cause for alarm, and that a good many cases which were at first thought to be typhoid had been found, when the blood test was applied, to have been something else.

The Free Press feels reassured at the statement of the doctors, for it has confidence in their ability and qualifications for advice upon such matters. However, The Free Press is inclined to disagree with the doctors in that the situation is not such as to cause some anxiety. The presence of any typhoid fever whatsoever in the community should be a cause for concern.

The fact that there are no more cases here than usual at this time of the year, if such really is the case, is not at all satisfying. There is no evidence of progress being made by employing modern methods of prevention and elimination, if we are simply going along year after year making about the same average. The thing that every community should strive to reach is not simply to stand still and continue year after year to suffer from diseases, which are pronounced by physicians to be preventable. We are living in an age when there is no such thing as standing still. There must be motion either forward or backward, and even if the average cases of typhoid fever now in Kinston are no more than suffered heretofore there is certainly nothing to brag about.

Kinston needs a health officer—a whole-time health officer—a man who is competent to take charge of sanitary and hygienic conditions, a man who is empowered to enforce the proper observance of health laws, and Kinston needs an adequate inspection system for the milk, meat and all food supplies offered for sale here. There can be no assurance of safety until these requisites are provided.

If our health conditions are now satisfactory and our people are enjoying average blessings in that regard, it is a matter of sheer good luck and is not to be attributed to the fact that those precautions, which should be taken in every municipality and community, have been employed.

The Free Press has contended before and still contends that there is no reason to wait until the horse is stolen to lock the stable door in this matter of health conservation. Why not profit by the experience of others?

WHAT OTHERS SAY

"YOU HAVE GOT TO RUN FAST TO STAY WHERE YOU ARE."

Progressive Farmer: "A great English statesman once said: 'There is nothing so conservative as progress.' In other words, the tree that doesn't grow dies; the stream that doesn't flow dries up; the man who doesn't go forward falls behind. 'Let well enough alone,' says the moss-back or standpatter, not realizing that 'well enough' never remains 'well enough' if it is wholly let alone. The individual, the county, or the state that is not progressing is falling behind.

"President Woodrow Wilson in an address before the Washington City Press Club, May 15, expressed this idea in language that should become proverbial. Citing the expressions of 'Alice in Wonderland,' who with the queen, 'ran very hard to find themselves where they started, and learned that they had to run twice as fast to get anywhere else,' he added:

"That is also true, gentlemen, of the world and of affairs. You have got to run fast merely to stay where you are, and in order to get anywhere you have got to run twice as fast as that. That is what people do not realize. That is the mischief of those hopeless dams against the stream known as reactionaries and standpatters and other words of obloquy. That is what is the matter with them: they are not even staying where they are. They are sinking further and further back in what will some time comfortably close over their heads as the black waters of oblivion. I sometimes imagine that I see their heads going down, and I am not inclined even to throw them a life-preserver. The sooner they disappear, the better! We need their places for people who are awake."

SOUTHERN RAILWAY

Train No. 21—Leaves Goldsboro 6:45 a. m., for Raleigh, Durham, Greensboro, Asheville and Waynesville. Through train to Asheville, handles chair car to Waynesville Greensboro. Handles free chair car from Raleigh to Atlanta, making connection for New Orleans, Texas, California and all western points; also connects at Greensboro with through trains for all northern and eastern points.

Train No. 139—Leaves Goldsboro 2:00 p. m. for Raleigh, Durham and Makes connections at Greensboro for all points north and east, and at Asheville with Carolina Special for Cincinnati, Chicago and all western points.

Train No. 111—Leaves Goldsboro 10:35 p. m., for Raleigh, Durham and Greensboro—Handles Pullman sleep-through train for Atlanta and New Orleans, also makes connection for Asheville, Chattanooga, St. Louis, Memphis, Birmingham and all western points.

Train No. 131—Leaves Goldsboro 5:00 p. m. for Raleigh, Durham and Greensboro, making connection for Washington, Baltimore, Philadelphia, New York and points South and West. J. O. JONES, Traveling Passenger Agent, Raleigh, N. C.

CONFEDERATE VETERANS' REUNION
Wilmington, July 26 and 27

This will be one of the most attractive events to be held in the Seashore City this year and the Exceedingly Low Excursion Fares with a comparatively long limit offered by the

ATLANTIC COAST LINE
 The Standard Railroad of the South, Will put within the reach of all, in addition to meeting the Veterans and Sons of Veterans and their families, A TRIP TO

Wrightsville Beach, Carolina Beach, and Southport,

At one of the most attractive periods. Tickets will be sold from Kinston on July 25th and 26th, and for trains scheduled to reach Washington at or before noon of July 27th, limited return to reach original starting point prior to midnight of Monday, July 31, 1916.

\$.425 FOR THE ROUND TRIP. or \$2.50 Via N. S. R. R., Goldsboro and A. C. L.

Children five and under twelve years of age half fare.

Proportionate fares from all points in North Carolina.

For tickets, schedules and information apply to

D. J. WARD, Ticket Agent, Kinston, N. C.

\$2.50

KINSTON TO RICHMOND AND RETURN
TUESDAY, JULY 18TH

Best excursion of the year. Don't forget the date. This is an opportunity you cannot afford to miss. Train leaves 7:50 a. m. and leaves Richmond, returning, 8 p. m., July 19th.

VIA ATLANTIC COAST LINE.
 General Passenger Agent.
 T. S. WHITE,
 W. J. CRAIG,
 Passenger Traffic Manager.

NORFOLK SOUTHERN

Operates Passenger Trains from North Carolina into Terminal Station, Norfolk, without Transfer.

N. B.—The following schedule figures published as information only, and are not guaranteed.

TRAINS LEAVE KINSTON:

East Bound

11:21 p. m.—"Night Express," Pullman Sleeping Cars New Bern to Norfolk and Norfolk. Connects for all points North and West. Parlor Car Service between New Bern and Norfolk.

7:50 a. m.—Daily, for Beaufort

4:41 p. m.—Daily for Beaufort and Oriental.

West Bound

5:40 a. m.—Daily for Goldsboro.

10:03 a. m.—Daily for Goldsboro.
 8:14 p. m.—Daily for Goldsboro.

For further information or reservation of Pullman sleeping car

INSURANCE OF ALL KINDS

C. OETTINGER, Manager
Kinston Insurance & Realty Co.
 Telephone No 182 110 E. GORDON ST.

space, apply to W. J. Nicholson, Agent, Kinston, N. C.

E. D. Kyle, Traffic Manager, Norfolk, Va.

H. S. Leard, General Passenger

SUMMER EXCURSION TO NORFOLK, VA.

JULY 18, 1916
 VIA NORFOLK SOUTHERN

Exceptionally low round trip fares. Tickets on sale July 18th. Good returning July 20th. Two days at the seashore. Visit Virginia Beach

and Cape Henry. Ocean resorts of rare beauty. Consult your ticket agents, or write,
 H. S. LEARD, G. P. A., Norfolk, Va.
 J. F. MITCHELL, T. P. A., Raleigh, N. C.

HICHESTER'S PILLS

THE DIAMOND BRAND. Medical Ask your Druggist for Hichesters Diamond Brand Pills in Red and Gold metallic case, sealed with Blue Ribbon. Take no other. Buy of your Druggist. Ask for HICHESTER'S DIAMOND BRAND PILLS, for 25 years known as Best, Safest, Always Effective. SOLD BY DRUGGISTS EVERYWHERE

MIKE THE MESSENGER **HE FORGOT TO SET HIS WATCH BACK AN HOUR.** **BY WALT DESMOND.**