

THE DAILY FREE PRESS

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THURSDAY EVENING, DECEMBER 28, 1916

All work and no play gets to be awfully monotonous.

Almost time for the annual rejuvenation of resolutions.

Private Secretary Martin will probably remember his old pals and tip 'em off to a good story occasionally.

Making good resolutions and failing to keep them is no worse than making bad resolutions and keeping them.

The paper manufacturers continue to turn the screws and sit back and watch the poor newspaper fellows squirm.

The Winston-Salem Journal inquires: "Has a mule no rights?" Well, old man, be careful about trespassing on the nether limbs of the hybrid or your answer will be forthcoming with unpleasant emphasis.

Every one of these warm spells revives a few of the fly pests to remind us that unless the swatter is now worked, the 1917 crop will be as prolific as usual.

The time for the 1917 legislature is near at hand. There are matters of concern to this section which should be considered before the arrival of the "eleventh hour." Enough of the latter kind of legislation, if you please.

If the Independents really have the balance of power in the House, which is very likely, the organization of that historic lawmaking body will furnish the most interesting of fights. And then after organization the "on tops" must keep a full house always or else the others will put something over them.

QUITS JOURNALISM FOR OFFICE

Governor-elect Bickett has made a good selection in choosing Sanford Martin, editor of the Winston-Salem Journal to be his private secretary, but the press of North Carolina loses one of its best editors. Sanford Martin is one of the younger men in the State, placed in the responsible position in charge of the editorial policy of one of the State's leading papers, who has made good. His ability is evidenced by the splendid progress that the Winston-Salem Journal has made since he was placed at the helm.

The editor of The Free Press congratulates Governor Bickett in being able to secure Mr. Martin, and congratulates Mr. Martin for the honor shown him. The editor of The Free Press, however, regrets exceedingly to see Editor Martin give up even for a short time his editorial work, and is pleased to note that his connection with The Journal will not be entirely severed, even though he will not give as much time to the editorial desk as heretofore. The North Carolina press can ill afford to spare the services of editors of the Martin type, even when they are called for higher service.

THE STATE LOSES.

Largely because the Farm Loan Bank districts were not arranged so as to place the States of Virginia and North Carolina in the same district, the coveted bank for this, the third, district has been lost to the State, and instead of being located in Raleigh or somewhere in North Carolina, goes to Columbia.

North Carolina being the northern state in the third district, logically lost its claim to become the center or capital. One of the intermediate states very naturally had to be chosen by the Farm Loan committee. The Free Press regrets that the bank was not located at Raleigh. It would have meant a good deal to Raleigh and the State, to have had this center created within its confines. Be that as it may, let us not be unmindful of the good work that was done to land the bank and for the assistance rendered by our Virginia friends, who did what they could to advance the claim of Raleigh.

With a word of thanks and appreciation for those outside the state, who worked in behalf of North Carolina in this matter, we congratulate our friends of the Palmetto State for having secured the prize, and we speak for the new institution success in promoting the interests of the planters of the district.

President Wilson is today celebrating his sixtieth birth anniversary. It has been sixty years full wrought and replete with achievement. The Free Press is glad to add its word of congratulation to the thousands, which go forth to the executive mansion today, and to wish for Mr. Wilson many more years of active usefulness in the councils of the nation.

Congressman Adamson of eight-hour law fame is reputed to be a connoisseur on the water question, and especially kindly disposed to spring water. So much so that like the old lady who claimed to be able to tell good butter from oleomargarine, he boasts of being able to distinguish spring water from that which comes from any other source. Mr. Adamson is invited to Kinston to partake of some "sure-enough" good water.

Iron Is Greatest of All Strength Builders, Says Doctor

A Secret of the Great Endurance and Power of Athletes

Ordinary Nuxated Iron Will Make Delicate, Nervous, Run-down People 200 Per Cent. Stronger in Two Weeks' Time In Many Cases.

New York, N. Y.—Most people foolishly seem to think they are going to get renewed health and strength from some stimulating medicine, secret nostrum or narcotic drug, said Dr. Sauer, a specialist who has studied widely both in this country and Europe why, as a matter of fact, real and true strength can only come from the food you eat. But people often fail to get the strength out of their food because they haven't enough iron in their blood to enable it to change food into living matter. From their weakened, nervous condition they know something is wrong but they can't tell what, so they generally commence doctoring for stomach, liver or kidney trouble or symptoms of some other ailment caused by the lack of iron in the blood. This thing may go on for years, while the patient suffers untold agony. If you are not strong or well, you owe it to yourself to make the following test: See how long you can walk without becoming tired. Next take two 5-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens of nervous, run-down people who were ailing all the while, double their strength and endurance and entirely get rid of all symptoms of dyspepsia, liver and other troubles in from ten to fourteen days' time simply by taking iron in the proper form. And this after they had been doctoring for months without obtaining any benefit. But don't take the old forms of reduced iron, iron acetate or tincture of iron simply to save a few cents. You

must take iron in a form that can be easily absorbed and assimilated like nuxated iron if you want it to do you any good, otherwise it may prove worse than useless. Many an athlete or prize-fighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the fray, while another has gone down to inglorious defeat simply for the lack of iron.

NOTE—Nuxated Iron recommended above by Dr. Sauer is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents is widely prescribed by eminent physicians everywhere. Unlike the older inorganic iron products, it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; on the contrary, it is a most potent remedy, in nearly all forms of indigestion, as well as for nervous, run-down conditions. The manufacturers have such great confidence in Nuxated Iron that they offer to forfeit \$100.00 to any charitable institution if they cannot take any man or woman under 60 who lacks iron and increase their strength 200 per cent. or over in four weeks' time provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed in this city by J. E. Hood & Co., and all good druggists. adv.

Advertisement for Gardui The Woman's Tonic. It Always Helps. Says Mrs. Sylvania Woods, of Clifton Mills, Ky., in writing of her experience with Gardui, the woman's tonic. She says further: "Before I began to use Gardui, my back and head would hurt so bad, I thought the pain would kill me. I was hardly able to do any of my housework. After taking three bottles of Gardui, I began to feel like a new woman. I soon gained 35 pounds, and now, I do all my housework, as well as run a big water mill. I wish every suffering woman would give GARDUI The Woman's Tonic a trial. I still use Gardui when I feel a little bad, and it always does me good." Headache, backache, side ache, nervousness, tired, worn-out feelings, etc., are sure signs of womanly trouble. Signs that you need Gardui, the woman's tonic. You cannot make a mistake in trying Gardui for your trouble. It has been helping weak, ailing women for more than fifty years. Get a Bottle Today!

Job Printing. LETTER HEADS, NOTE HEADS, BILL HEADS, ENVELOPES, CIRCULARS, RECEIPTS, BOOKLETS, ORDER BLANKS, SHIPPING TAGS, BOOKS, LABELS, CARDS, STATEMENTS. In Fact Any Kind of Printing You Desire.

The Kinston Free Press Company. Pictured above is the Hub-Mark Storm Slipper.

HUB-MARK RUBBERS. The World's Standard Rubber Footwear. For sale by all good dealers.

THE PRINCE OF PILSEN AT GRAND NEXT WEEK

Lovers of catchy music and good comedy favorites, "The Prince of Pilsen," will be seen at the Grand on Thursday, January 4. This charming musical entertainment is said to be in full flush of another successful season with the production new in every detail. Theatersgoers are already familiar with the tremendous song favorites: "The Message of the Violet," "Heidelberg," "The Tale of the Sea Shell," "Pictures in Smoke", and the "Song of the Cities", and their hold upon the American amusement lovers is so great that "Pilsen" continues as one of the greatest successes ever produced. The organization is headed by Charles Horne and Estella Birney, and the supporting cast is said to be one of superiority and strength.

How to Prevent DISEASE. Filth-bred rats carry disease and death. Government reports show rats destroy \$100,000,000 worth of food and property yearly. RAT CORN. Exterminates rats and mice with deadly certainty. Harmless to human beings. Rat Corn is safe and sanitary. Dries rats up without odor. 25c, 50c and \$1.00. Sold, Drug, Hardware and General Stores.

LEGGE'S HEAD TOO RED AND FEET TROUBLESOME. CROKER WILL AGAIN RACE HIS HORSES IN AMERICA. MORE RHEUMATISM THAN EVER BEFORE. NOTICE. The annual meeting of the shareholders of the National Bank of Kinston will be held at its banking house, Tuesday, January 9th, at 2 o'clock p. m.

MIKE THE MESSENGER. MIKE MAKES HIS DEBUT AS AN ANIMAL TRAINER BY WALT DESMOND. KID—MY ASSISTANT IS SOJOURNING IN THE CALABOOGUE—SO I WANT YOU TO HELP OUT WITH MY ACT TONIGHT! WHAT'S THE NATURE OF YOUR ACT?—I HOPE IT AIN'T NOTHING BENEATH ME DIGNITY AS A MESSENGER BOY. I HOPE DERE AIN'T NOTHIN' DANGEROUS ABOUT DIS ANIMAL! HULLY GEE!—ME DOCTOR TOLD ME I OUGHTTA TRY TO PUT ON WEIGHT, BUT I DON'T BELIEVE HE MEANT FER ME TO TAKE ON FOUR HUNDRED POUNDS ALL AT WUNST!