

WANT ADS.

For Sale—40 acre farm, 4 miles of Kinston, apply to Dr. Ira M. Hardy Dly & Sw 12-17 ft.
For Rent—Two cottages on East St., at head of King. Dly 12-20 ft.
For sale or rent—4-room house E. Grainger Ave. See H. C. Edwards. Dly 12-11 ft.
For car hire phone W. H. Murphy. 257-J. Sunday phone 277-J. Good service. Dly 1-2 ft.
For Rent—Six room house, water and lights, with large yard and garden, corner Heritage and Blount streets. Apply Box 344, City. Dly 1-1 to 11*
For rent or sale—7 room house on East Vernon Avenue just off Queen All conveniences. Occupancy after 15th. H. C. Edwards. Dly 12-10 ft.
Fifty Thousand Dollars to Loan, five years' time, amounts \$3,000 or more. First mortgage either farm or city real estate. R. C. Strong. Dly 6-23 ft.
Peas for Sale—I have a limited quantity of peas for sale. Farmers wanting peas will do well to correspond with me at once. K. E. Sutton, LaGrange, N. C. Dly & Sw 12-3 ft.
For Sale—We will issue for sale January 1st Fifty Thousand Dollars of 7 per cent. non-taxable Preferred Stock, interest payable semi-annually. Chesterfield Manufacturing Co., J. F. Taylor, President and Treasurer. Dly & Sw 12-6 ft.
We need several hundred telephone electricians. Good wages. Good chance for advancement. Liberal sickness, disability and pension plan. Ages 19 to 35 years. No experience necessary. We will teach at our expense, with full pay while learning. Write or apply in person, 9 a. m. to 3 p. m. Western Electric Co., Inc. Training School for Installers, 925 Filbert St., Philadelphia, Pa. Dly 1-1-18 *

Social and Personal

Mrs. W. Frank Strowd of Chapel Hill has returned home after a visit to relatives here.
Miss Edith Farmer has returned to Raleigh after a visit with Mrs. W. D. Douglass here.
Misses Kathleen and Hortense Moseley have returned to college at Greensboro after spending the holidays here.
Miss Leafy Spear has returned to Greensboro, where she is attending college, after spending the holidays with her parents, Mr. and Mrs. C. E. Spear.
Mr. U. D. Johnson has gone to Elizabeth City, summoned there by a telegram announcing the critical illness of his mother, who is expected not to recover.
Misses Myrtle and Lelia Humble have returned to New Bern after visits to friends here. They are daughters of Rev. and Mrs. H. A. Humble, until recently residents of this City.
Mr. Roger Sutton, an aviation student stationed at a camp near Newport News, Va., is here to visit relatives. Young Mr. Sutton is one of the best-known of the young Kinstonians who have gone to the colors.

... a complimentary dance given by the groom's brother and sister, Mr. and Mrs. Douglass MacMillan to their son and daughter at the Cape Fear Country Club, and they are leaving on the early Seaboard Air Line train today for Charlotte, where they will reside temporarily at least.
Hines-Peirce.
A Warsaw special gives the following account of the wedding at that Duplin County town recently of Miss Anna Peirce and Mr. James Hines of Greenville, son of Mr. Lovit Hines of Kinston and a well-known former resident of this City:
"Of interest to many in several states was the marriage, marked by elegant simplicity and informality, no cards being issued, which was solemnized at 7:30 o'clock in the First Presbyterian Church on the evening of New Year's Day, when Miss Anna Peirce became the bride of James Murphy Hines, of Greenville.
"The architectural arrangement of the church added effectively to the decorations of smilax, mistletoe and Southern pine, the chancel being brilliantly illuminated with numberless wax tapers. On each side of the altar, were tall white pedestals, entwined with smilax and surmounted with silver candelabra.
"Mrs. James Hines Peirce rendered a musical program of beautiful selections, prior to the ceremony, while the 'Bridal Chorus' from 'The Rose-Maiden' was sung by a chorus of voices, as the wedding party entered in the following order: First, the ushers, H. Faison, Peirce, Thomas B. Peirce, of Durham; John B. Hill, Phil Hines, and Henry Tull, of Kinston, and Dr. James Williams. These were followed by the maid of honor, Miss Elizabeth Berry, of Washington, D. C., attired in a Callot creation of cerise taffeta and silver-embroidered lace, carrying shiver bouquet of valley lilies and orchids. Then came the matron of honor, Mrs. Erie Best, dressed in white georgette, embroidered with crystal beads, with corsage of violets. Immediately preceding the bride was Master James Hicks Peirce, Jr., carrying the ring in the heart of a rose.
"The bride, handsome in a Paquin model of white duchess satin, with court-train, and embellished with opalescent and pearl trimming, the wedding veil of tulle being fastened with wreath of orange blossoms, while she carried a shower bouquet of lilies of the valley, entered on the arm of her brother, Jas. H. Peirce, who gave her in marriage. She was followed by the little train-bearer, Miss Lewellyn Best, lovely in a frock of pink tulle. She was met at the altar by the groom with his brother, Harvey Hines, of Kinston, who acted as best man. Here the vows were spoken, Rev. George Mathis, pastor of the bride, officiating.
"Mr. and Mrs. Hines left on the Northbound train for New York and other Northern cities for a honeymoon trip, after which they will be at home in Greenville, where Mr. Hines is engaged in business. Mrs. Hines is the youngest daughter of Mrs. T. B. Peirce, and is an attractive and talented young lady, deservedly popular with a host of friends.
"The out-of-town guests included Mr. and Mrs. Oscar Green, Mr. and Mrs. Walter LaRogue, Phil Hines and Henry Tull, of Kinston; Miss Laura Ives, of New Bern; Mrs. J. T. Berry, Miss Elizabeth Berry, Miss Margaret Peirce, of Washington, D. C.; Thos. B. Peirce, of Durham; Mr. and Mrs. Lovit Hines, of Kinston; Mr. and Mrs. Marshall Williams, Mr. and Mrs. Chris Peirce, Mrs. Mary Simmons, Mrs. Annie Witherington, Miss Winifred Faison, Mr. and Mrs. Isaac Faison, Miss Georgia Hicks, Mr. and Mrs. C. E. Weatherby, of Faison, and Mrs. George Mathis, of Clinton."

Missionary Society Friday.
The Woman's Missionary Society of the Gordon Street Christian Church will meet Friday afternoon at 3:30 o'clock in the Baraca class room of the church. A full attendance is requested.

Mrs. Rountree a Bride.
The following from Wednesday's Wilmington Morning Star will be of much interest in this City, the bride having extensive and prominent family connections here:
"Of pleasing interest to a host of friends in Wilmington and elsewhere throughout the State where both are socially prominent, will be the announcement of the marriage of Miss Cynthia Polk Rountree, daughter of Judge and Mrs. George Rountree, and Lieut. Sidney G. MacMillan, Company L, Seventh Infantry, U. S. A., now stationed at Camp Greene, Charlotte, N. C.
"The wedding was solemnized at half after nine o'clock last night in St. James' Protestant Episcopal Church in the presence of relatives and a few intimate friends, the Rev. Wm. H. Milton, D. D., rector of the parish, officiating. The ceremony took place earlier than had been appointed on account of the fact that Lieutenant MacMillan's furlough from the army had been cut short by an urgent telegram, recalling him to his post, therefore the announcement will come with some measure of surprise for the friends and acquaintances of the young people, both of whom are held in the highest esteem in a wide circle of acquaintances here and throughout the State. Both are members of leading North Carolina families and were born and reared in this city.
"The wedding was very quiet, there being no attendants. Immediately after the ceremony the bride and groom were entertained, with other guests, briefly at the home of the bride's uncle, Capt. Donald MacRae, British vice consul, No. 75 South Third Street. Later they at-

400,000 NEW FOOD INSTRUCTION CARDS IN NORTH CAROLINA

Every Patriotic American Household Urged to Observe "Porkless" Day.

SAVE AND SUBSTITUTE SAYS HERBERT HOOVER

At Least One Meatless and Wheatless Meal Each Day is Requested in Statement From Mr. Hoover - Vital Suggestions Given - Food Instruction Card for Every Household in Entire State.

Raleigh, Dec. 22.—The State Food Administration has just let contracts for the printing of 400,000 supplementary home instruction cards to be distributed one for each household in the entire State. The issuance of these additional instruction cards is prompted by the increased seriousness of the food situation in Europe both from the standpoint of military necessity and for the relief of hundreds of thousands of Europeans who are threatened with starvation unless immediate relief can be given them.

The supplementary instruction card calls for a "porkless" day each week in addition to "Meatless" and "Wheatless" days, and for a wheatless and meatless meal each day. The consumer is urged to use sugar on a basis of not more than three pounds per person per month. Mr. Hoover, on one side of the card, frankly and impressively presents the food situation as it is.

"As a nation we eat and waste 80 per cent more protein than we require to maintain health," the directions declare. "Therefore, we can reduce the amount of meat we eat without harm. We eat and waste 240 per cent more fat than is necessary."

What is Called for Now.
Aside from the general directions contained in the first home instruction card the new card asks everyone to maintain right economy of at least:

ONE WHEATLESS day each week and one WHEATLESS MEAL each day, the wheatless day to be Wednesday. By wheatless we mean to eat no wheat products.

ONE MEATLESS DAY each week, which shall be Tuesday and one meatless meal each day. By meatless we mean to eat no red meat—beef, pork, mutton, veal, lamb; no preserved meat—beef, bacon, ham or lard.

ONE PORKLESS day each week in addition to Tuesday, which shall be Saturday. By porkless we mean no fresh or salted pork, bacon, lard or ham.

SUGAR—You can materially reduce sugar by reducing the use of candy and sweet drinks. We will make every endeavor to see that the country is provided with a supply of household sugar on the basis of three pounds of sugar for each person per month. Do not consume more.

We Are a Wasteful People.
Human foodstuffs comprise three principal elements:

PROTEIN: Mainly present in meat, beans, fish, poultry, milk, and to some extent in grains.

FATS: That is, butter, cream, lard, bacon, margarine, cooking fats, beans, cotton seed oil and other vegetable oils.

CARBOHYDRATES: Grain, sugar, potatoes and other vegetables.

As a nation we eat and waste 80 per cent more protein than we require to maintain health. Therefore, we can reduce the amount of meat we eat without harm.

We eat and waste 240 per cent more fat than is necessary.

Of the carbohydrates we can just as well consume corn, oats and other cereals as wheat and we have abundant supplies of potatoes and vegetables.

Do not limit your supplies of milk and table butter, but consume it all. Don't waste any.

You can reduce the consumption of fats by reducing pastry and fried foods.

Remember the Gospel of the Clean Plate, the serving of small portions, the purchase of less supplies.

What Hearing Does.

Any person in the United States who buys more foodstuffs than he customarily keeps at home in peace times is defeating the Food Administration in its purpose to secure a just distribution of food and in its great endeavor to reduce prices. The hoarding of food in households is not only unnecessary, as the government is protecting the food supply of our people, but

it is selfish and is a cause of high prices.

Such actions multiplied by thousands increase the demands upon our railways for cars and already, because of our military demands, it is with extreme difficulty we can now move the vitally necessary food to market.

There is much insidious propaganda in the country against conservation and increased production. All opposition to these services is direct assistance to the enemy.

The Situation Grave.

The reverse side of the card carries a message to those who have signed the pledge card of the Food Administration. It is as follows: To Members of the United States Food Administration:

The food situation in Europe is far graver than when the preliminary survey of the food supply of the world for this year was made. We have an abundance for ourselves, and it is the firm policy of the Food Administration, by the prevention of exports, to retain for our people an ample supply of every essential foodstuff. The harvests of our Allies have proved less than we had contemplated, and the great curtailment of shipping by the submarines during the last few months has further prevented them from access to more remote markets. Beyond the demands of the Allies there is a call upon us by the friendly neutrals for food supplies, and if we cannot at least in part respond to these neutral calls, starvation on an unparalleled scale must ensue.

Greater Sacrifice Necessary.

Food has now taken a dominant position in the war, and we must ask the American people to sacrifice far more than was at first thought necessary. We have exported the whole of the surplus of the wheat from this harvest after reserving to ourselves an amount sufficient for our normal consumption of seed and flour until the next harvest, and therefore the amount of wheat flour that the United States can contribute to mix with the war bread of our Allies during this winter will be simply the amount that our people reduce their consumption month by month. In other words, every grain of wheat or its products that the Allies receive from the United States from now until the next harvest will be exactly the amount which our people have saved each month on their behalf.

The Allies today ask for 25 per cent more meat and fats (pork, dairy products and vegetable oils) than we consider our monthly production permits us to send them without trenching on our own supplies, or, on the other hand, unless we can consume less. Due to the shortage in shipping, our available sugar supplies must be less than normal from the present time forward.

Every Particle Saved Will Count.

Thus every particle of diminished consumption by the American people is one particle more for the soldiers, men, women and children of our Allies and for the starving people in other countries. This is a personal obligation upon every one of us toward some individual abroad who will suffer privation to the extent of our own individual negligence.

If we are to reduce the consumption of the few products which we should export abroad we will need to eat a larger proportion of many different foodstuffs which we cannot export and which we have at home. For this reason we MUST NOT WASTE ANY foodstuffs. A great many individuals in our population eat far more food than is necessary to maintain their health and strength. In this emergency only the simplest of living is patriotic. We want no person in the United States to eat less than is required for good health and full strength, for in this emergency America requires every atom of the productive power of our people. While many can eat less, all of our population can substitute other foodstuffs for the few that are vitally needed for export.

We must not overlook the fact that Russia collapsed not because of the Germans on her borders but largely because of the failure to organize and feed her own citizens, and, IF WE ARE TO emerge victorious from this war, we cannot risk the collapse of another of our Allies from this same cause. There is no waste of food among any of our Allies—there is the most drastic reduction in their consumption; there is actual privation among their women and children; there is starvation in Belgium.

Problem for Individual.

We have already issued a series of suggestions in the Home Card—a card that is now hanging in over ten millions of homes. These suggestions have already shown important results, and to these we now add others. The problem of saving in food is a local and individual one, so that more precise and definite rules just to all cannot be formulated. It is a matter for the conscientious consideration of every individual that he or she should eat only that which is necessary to maintain bodily health and strength and unselfishly to select those foodstuffs the use of which relieves international necessities. In this winter of 1918 lies the period when there will be tested in this great free country of ours the question as to whether or not our people are capable of voluntary individual self-sacrifice to save the world.

HERBERT HOOVER, United States Food Administration.



Like Mellow Sunlight
Specs were for old folks when grandma was young. She wears specs now but often forgets to use them in the mellow sunlight of RAYO LAMPS
Rayo Lamps can be lighted as easily as a gas jet, without taking off either the chimney or the shade. Of strong, simple construction—artistic in design—they give bright flickerless light that saves eye-strain.
Ask for them by name. If your dealer does not have them write to our nearest station.
Aladdin Security Oil guarantees best results from lamps, stoves and heaters.
STANDARD OIL COMPANY
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Tested Buckeye Hulls side by side with old style hulls
Mr. C. H. Noblin, Forest, Miss., states that he is using Buckeye Hulls exclusively. He experimented in the beginning by using old style hulls and Buckeye Hulls side by side, and found by actual comparison that his cows fed on Buckeye Hulls gave more milk than the cows fed on old style hulls. There are several reasons why
BUCKEYE HULLS
LINTLESS
should give these results. They are all roughage. There is no worthless lint to clog the digestive tract and make the assimilation of food difficult. They mix uniformly and thoroughly with other feed. They are free of trash and are unusually clean. Test Buckeye Hulls as Mr. Noblin did and you will have the same results. And remember, they cost you very much less per ton than old style hulls.
To secure the best results and to develop the ensilage odor, wet the hulls thoroughly twelve hours before feeding. It is easy to do this by wetting them down night and morning for the next feeding. If at any time this cannot be done, wet down at least thirty minutes. If you prefer to feed the hulls dry, use only half as much by bulk as of old style hulls.
Book of Mixed Feeds Free
Gives the right formula for every combination of feeds used in the South. Tells how much to feed for maintenance, for milk, for fattening, for work. Describes Buckeye Hulls and gives directions for using them properly. Send for your copy to nearest mill.
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There is only one medicine that really stands out pre-eminent as a medicine for curable ailments of the kidneys, liver and bladder. Dr. Kilmer's Swamp-Root stands the highest for the reason that it has proven to be just the remedy needed in thousands upon thousands of distressing cases. Swamp-Root, a physician's prescription for special diseases, makes friends quickly because its mild and immediate effect is soon realized in most cases. It is a gentle, healing vegetable compound. Start treatment at once. Sold at all drug stores in bottles of two sizes, medium and large. However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention the Kinston Daily Free Press. adv.
Lost—One twenty and one ten dollar bill on street or in store Monday night. Return to "X" care Free Press and get reward. Sw 12-27 ft.

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CHAMBERLAIN & BRAXTON
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All things succeed which really deserve to,—which fill a real need, which prove their worth. The fact that the famous old root and herb remedy, Lydia E. Pinkham's Vegetable Compound, has for three generations been relieving women of this kind from the worst forms of female ills and has won such a strong place in our American homes proves its merit beyond the question of a doubt. It will pay any woman who is in need of such medicine to try it. adv.
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