

Alcohol to Children

Ask your doctor how often he prescribes an alcoholic stimulant for children. He will probably say, "Very, very rarely. Children do not need stimulating." Ask him how often he prescribes a tonic for them. He will probably answer, "Very, very frequently." Then ask him about Ayer's non-alcoholic Sarsaparilla as a tonic for the young. Follow his advice. He knows. J. C. Ayer Co., Lowell, Mass.

The first great rule of health—"Daily movement of the bowels." Ask your doctor if it is not so. Then ask him about Ayer's Pills. Sold for nearly sixty years.

A Good Example

"I am a good example," writes Mrs. R. L. Bell, of McAlester, Okla., "of what Cardui will do for suffering women."

"I suffered with my head and back, for over six years, and although I tried everything, I never could get anything to do me any good, until I began to take Cardui. Cardui has surely helped me and built me up and I am so thankful that I have found something that will do me good. I feel so much stronger and better than I have in a long time."

It is well to make up your mind before you are sick what medicine you will take when you are sick.

Take CARDUI

The Woman's Tonic

You will be glad to take it when you are tired, miserable and when life seems a weary grind. It will put new thoughts into your head, fresh courage into your mind. If not sick now, at least burn Cardui on the pages of your memory, so that when you are sick you will ask for it without thinking.

If sick or weak, get a bottle today. At all druggists.

Write to: Ladies' Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn., for Special Instructions, and 64-page book, "Home Treatment for Women," sent free.

Now is the Time to Secure a Lot

Near the the C. C. & O. Depot and near the noted Sorrel Spring and within one-half mile of eleven springs of various kinds of waters as fine as there is in the South, North or anywhere else.

This property is bounded on the south by the land of the East Marion Realty Company, separated only by the Morganton road.

Will sell you a lot 150 by 50 feet, two together, or a dozen in one body either on the Morganton road or on settlement road, just as you like.

These lots will be sold cheaper now than any later day. All are within one-fourth of a mile of the junction of the Southern and C. C. & O. railways from which you can travel east, west, north or south. Also school house with all modern conveniences within 200 to 300 yards of the property.

A plot of these lots may be seen at The Progress office or at my residence. I will take pleasure at any time to show you around if you wish to examine location, etc.

J. N. SORRELS

Marion, N. C.

If 9,896 Farmers

and planters told you that their yields per acre of cotton, corn, tobacco, wheat, fruits, peanuts, rice, sugar cane and truck crops were greatly increased and even doubled

By Using Virginia-Carolina Fertilizers

and which they thought the best and biggest crop producers on earth—wouldn't you feel that you should, in justice to yourself, try these fertilizers and get the same increased yields on your own farm? We have many thousands of un-asked-for letters from farmers blessing the day they bought Virginia-Carolina Fertilizers. Many of these letters are in our 1910 Farmers' Year Book, which can be had free of your dealer, or by mailing us the coupon

SALES OFFICES:

Richmond, Va. Atlanta, Ga. Norfolk, Va. Savannah, Ga. Columbia, S. C. Durham, N. C. Winston-Salem, N. C. Charleston, S. C. Baltimore, Md. Columbus, Ga. Montgomery, Ala. Memphis, Tenn. Sareport, La.



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TRADE WINNER

MORPHINE Opium or Whiskey habits cured at home without pain. In years a specialty. Over 10,000 treated. Endorsed by physicians. Cost within reach of all. Book of testimonials free. Dr. WOOLLEY, 104 N. Pryor St., Atlanta, Ga.

DR. BELL'S ANTI-PAIN

For Internal and External Pains.

PROGRESS advs. bring results.

GREAT IMPROVEMENTS ON SOUTHERN ROAD

President Finley Makes Public Gigantic Plans—In Market For Much Equipment.

Atlanta, Ga., March 19.—President Finley, of the Southern railway, announced today plans for gigantic improvements to the big system he controls and to the Mobile & Ohio. The road is in the market now for seventy-five new locomotives, passenger, freight and switching, including two of the Mallet articulated compound type, which means practically two engines in one. These will weigh, including tender, over half a million pounds each. Three thousand all steel cars carrying capacity of 100,000 pounds of coal; 500 all steel coke cars, same capacity; 150 steel under frame stock cars of 60,000 pound capacity and ten steel under frame combination passenger and baggage cars complete the estimate of new rolling stock, contracts for which will be let out on these does not include the 119 passenger cars recently ordered.

In addition, the company is now building for itself at its Lenoir car works 1,000 steel under frame ventilated box cars and 200 steel under frame stock cars, besides 205 steel under frame box cars for the Georgia Southern & Florida railroad. When this allotment of rolling stock is completed the Lenoir works will commence on an order for the Southern of 1,000 additional box cars of 80,000 pounds capacity.

Orders will be placed in a few days for 46,000 tons of steel rail, of which 36,000 tons are for the Georgia Southern and Florida, the Virginia and Southwestern, the Mobile and Ohio, the Alabama Great Southern and the Cincinnati New Orleans and Texas Pacific.

The company will at once erect new freight houses at Atlanta, a new boiler shop and store room at Spencer, N. C., and will rebuild about 1,000 feet of dock property owned by it between St. Anthony street and Adams street in Mobile.

Rings Little Liver Pills are small, easy gentle and pleasant. A healing, cooling, cleansing and soothing salve is Pinesolve Carbolic. It is good for cuts, burns, bruises and scratches. They are sold by M. F. Morphew.

Concert Tour Oxford Singing Class

The Singing Class of 1910 from the Oxford Orphanage will start on its first or Eastern concert tour on Monday, March 28th. The first tour will close before June 24th, the date of the annual Saint John's Day exercises on the grounds of the institution.

Near the last of July the second or Western tour will begin.

Chamberlain's Stomach and Liver Tablets invariably bring relief to women suffering from chronic constipation, headache, biliousness, dizziness, salowness of the skin and dyspepsia. Sold by Marion Drug Co. and all druggists.

Batts and His Corn.

Mr. Batts, of Wake county, who raised 226 2-3 bushels of corn on one acre, did so at a cost of 60 cents per bushel, and sold every grain of his corn for seed at \$5 per bushel, making a profit of over \$1,095 on one acre. Does that look like a paying crop?

There is nothing so annoying or so disagreeable as piles. We know of nothing so effective in blind, bleeding, itching piles as Manzan. You apply Manzan over conveniently by means of the nozzle attached to the tube in which Manzan is put up. Sold by M. F. Morphew.

Many thousands of dollars worth of weeds are imported to this country every year to be used in making medicine. Wild mustard, burdock, jimson, dandelion and similar plants, which are regarded as nuisances by American farmers, are sold to our chemists in large quantities. A quarter of a million dollars was paid last year for 5,000,000 pounds of wild mustard.

There is more Catarrh in this section of the country than in all other sections put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proved catarrh to be a constitutional disease and therefore requires constitutional treatment. H. H. Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address: F. J. CHENEY & CO., Toledo, O. Sold by all Druggists, 75c. Take Hall's Family Pills for constipation.

A Mud House

By EVELYN B. EMERSON

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Among the Boers of South Africa forty years ago lived a farmer named Van Wyk. He was very poor—so poor that he could not choose a desirable place or a decent house in which to live. Indeed, his farm was a circular depression, and when too much rain came it was flooded, and his crops were rotted. As for his house, it was but a hut and was plastered with mud.

But Van Wyk had not always lived thus. Time was when he had been well off, and the eldest daughter, Katherine, was educated. Katherine was a comely Dutch girl, with blue eyes, fair complexion and hair almost white. Her mother did the best she could to keep her girl well dressed and, having fabrics that she had worn in better days, made them over so successfully that Kate, especially on Sundays, made a very good appearance.

Some distance from the Van Wyks lived a prosperous farmer named Greutner—that is, he was considered prosperous for that region, though his farm produced only a fair living for himself and his family. He had a number of daughters and but one son; therefore he was anxious that his children should marry with those who were well to do. He had saved a small dowry for each of his daughters, and, as for his son Hans, he proposed to leave him his farm. But he required from any girl his boy should marry a dowry equivalent to his value.

Unfortunately Hans met Katherine at a dance at one of the neighboring farmhouses, and one glance at her pink and milk face, her robin's egg eyes and the two deep colored cables that hung from the back of her head to her ankles put all ideas of his father's plans out of his head. He danced with her several times during the evening, and when the two separated theirs was one of those cases wherein two young hearts rush together like a couple of electric sparks.

When Farmer Greutner heard of his son's love affair he called the boy to him and said:

"Hans, I am ashamed of you. What do you mean by making love to a girl who lives in a cabin plastered with mud? You certainly can't marry her; for if you do I will give this farm to your sisters, and you and your mud but wife will have nothing to live upon."

Hans only irritated his father by making no reply. People with whom we are angry cannot make us more angry than by listening to what we say and giving us no word in return. Hans went away determined that nothing should separate him from the girl he loved, even to the surrendering of his inheritance, but he did not see how her father could be persuaded to give her to one who could not support her. So the matter went on, as such matters usually do, with hard feeling between Hans and his father and opposition enhancing the attachment of the young couple. Greutner never lost an opportunity to sneer at the mud cabin in which his son's beloved lived, and since the rest of the family considered Hans would demean himself by taking a wife out of such a home they were constantly taunting him about his mud married girl who lived in a mud plastered house.

One day the little Van Wyk children prospected the mud plastering for playthings. From a part of it that had given away they pulled out some queer looking stones. Whether they wanted them for jackstones or for some other childish game, they certainly wanted them and did not spare the plastering. When their father came in and saw that they had made rents in the wall he raved them soundly and asked them why they had done so, whereupon they showed him the stones that they had pulled out.

Farmer Van Wyk forgot the damage to the plastering in the stones. They were rough and did not possess either the appearance or weight of common stones. He studied over them a long while, then borrowed a magnifying glass and examined them with it carefully. Then he called his wife and told her that the plastering of their cabin was sprinkled with diamonds.

The next day before the dawn had hardly broken he went to the place on his farm where he had taken the clay to plaster his cabin and, digging up the earth, found that it was full of the same kind of stones. He could not believe his eyes. Taking one of the diamonds to an emery wheel, he ground one side of it and exposed a white surface. Then he ground different parts of it, leaving intersecting planes, and, holding the stone up to the rising sun, produced flashes like the rainbow.

Not long after that Farmer Greutner came over to Van Wyk to congratulate him on his good fortune and to say that his son being bent on marrying Katherine, he would like to know what dowry her father had for her. Van Wyk had heard from Katherine the taunts her father had been obliged to bear at loving a girl who lived in such a house, and his eyes kindled as he said sharply:

"This mud house." Greutner made no reply, but went away to tell his son that he might marry Katherine, and Hans forced him to admit that her humble abode was a splendid dowry.

Van Wyk's sinner shaped farm is now the site of Kimberley, one of the great diamond mines of the world.

How Good News Spreads

"I'm 70 years old and travel much of the time," writes B. F. Tolson, of Birmingham, Ala. "Everywhere I go I recommend Electric Bitters, because I have experienced their health and vitality benefits. I feel that a cure every time. They purify the blood, stimulate the liver, invigorate the nerves, and give strength, vigor and health to the system. They work wonders for weak, run-down men and women, restoring strength, vigor and health to a daily joy. Try them. Only Dr. S. J. Streetman is positively guaranteed by J. W. Streetman.

His First Taste of Discipline. Admiral Joubert, probably one of the fittest seadogs our navy ever knew, once told an amusing story of his early days as a cadet.

"I was a sociable youngster," he says, "and when I went to my first assignment, the Independence, and saw the stars and stripes floating over it I remembered my mother had taught me that my first duty was to the flag. So I attempted some conversation on this line with the executive officer who had received me when I came on board and who was one of the strictest disciplinarians in the navy of that day."

"Silence, sir!" he roared at my first question, his face red with anger. "I know, sir! Who gave you permission to speak? Let me hear only six words from you, sir, while you are on this ship—'yes, sir,' 'no, sir,' 'yes, sir,' and 'no, sir.'"

"And this was my first discipline in the navy."

A Ludicrous Word Twister.

Professor William Archibald Spooner of Oxford university became famous as a ludicrous word twister. Once at a special service, seeing some women waiting at the back of the church standing to be seated, he rushed down the aisle and addressed the women as follows: "Gentlemen, gentlemen, see these ladies in their seats." "Being asked at dinner what fruit he would have, he promptly replied, "Plum Spoon." This is the way in which Dr. Spooner proposed to his wife, being one afternoon at the home of her father, Bishop Harvey Goodwin of Carlisle. Mrs. Goodwin said, "Mr. Spooner, will you please go out into the garden and ask Miss Goodwin if she will come in and make tea?" The professor on finding the young lady said, "Miss Goodwin, your mother told me to ask you if you would come in and take me."

The Colds that Hang on

Are readily cured by Dr. Bell's Pine-Tar Honey. It relieves the cold and stops the cough. There is only one genuine.

The Oldest Old Fellow in North Carolina

died at Fayetteville last week. He was Hiram Whaley, and was 86 years old.

Stubbard as a Man

are liver and bowels sometimes seem to talk without cause. Then there's trouble—Loss of Appetite—Indigestion, Nervousness, Depression, Headache. But such troubles fly before Dr. King's New Life Pills, the best 30 man's and Liver remedy. So easy to get at J. W. Streetman.

A mortgage on the house will not prevent the roof from leaking.

W. L. DOUGLAS

\$3.00, \$3.50, \$4.00 & \$5.00 SHOES Sold in the World UNION MADE Boys' Shoes \$2.00 and \$2.50



W. L. Douglas shoes are the lowest price, quality considered, in the world. Their excellent style, easy fitting and long wearing qualities exceed those of other makes. If you have been paying high prices for your shoes, the next time you need a pair give W. L. Douglas shoes a trial. You can save money on your feet and get shoes that are just as good in every way as those that have been costing you higher prices.

If you could visit our large factories at Brockton, Mass., and see for yourself how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better and wear longer than other makes. CAUTION—W. L. Douglas shoes and prices in Boston as the lowest in the world. High prices and inferior shoes. Take W. L. Douglas shoes. W. L. Douglas, Brockton, Mass. FOR SALE BY J. D. BLANTON

Low Rates to Pacific Coast

From Marion to practically all points in Washington, Oregon, California and British Columbia. Rates \$2.95 to \$4.75, according to destination commencing March 1 and

Daily Until April 15

Tickets at these rates are good in tourist sleeping cars, which are thoroughly comfortable and have all the conveniences of the palace sleeper at one-half the cost. Also good in reclining chair cars, seats free.

Daily Through Tourist Sleepers

St. Louis and Chicago to Seattle, Tacoma, Portland, San Francisco and Los Angeles via Seattle, Colerado, and via Billings, Mont., and via St. Paul through the Great Northwest. The Burlington is the only line with through tourist sleeping cars to all important Pacific Coast cities, via these routes. I will be glad to give you complete information about these excursions, and to arrange for you to make your trip a comfortable one. Write me today. J. M. Seymour, Jr., Trav. Pass. Agt. P. O. Box 245, Bristol, Tenn.

Strong Healthy Women

If a woman is strong and healthy in a womanly way, motherhood means to her but little suffering. The trouble lies in the fact that the many women suffer from weakness and disease of the distinctly feminine organism and are unfitted for motherhood. This can be remedied.

Dr. Pierce's Favorite Prescription

Cures the weaknesses and disorders of women. It acts directly on the delicate and important organs concerned in motherhood, making them healthy, strong, vigorous, virile and stable. "Favorite Prescription" banishes the impurities of the period of expectancy and makes baby's advent easy and almost painless. It quickens and vitalizes the feminine organs, and ensures a healthy and robust baby. Thousands of women have testified to its marvelous benefits. It Makes Weak Women Strong. It Makes Sick Women Well. Honest druggists do not offer substitutes, and urge them upon you as "just as good." Accept no second opinions in place of this well-earned remedy. It contains not a drop of alcohol and has a grain of habit-forming or injurious drug. It is a pure glyceric extract of healing, active American roots.



Sixteenth Annual South Atlantic States Music Festival

Spartanburg, South Carolina

Wednesday, Thursday and Friday, April 13, 14, and 15th. The New York Symphony Orchestra—Fifty Men, Walter Damrosch, Conductor. The Converse College Choral Society—200 Voices, Arthur L. Manchester, Conductor.

TEN GREAT ARTISTS FROM LEADING OPERA HOUSES! Including Madame Gerville-Bache, Contralto and Signor Nicola Zerkis, Tenor.

Three Great Choral Works and Splendid Orchestral Programs. Season Tickets \$6.00 for five concerts now on sale. Send check or money order to DUPRE BOOKSTORE, SPARTANBURG, S. C.

Reduced Railroad Fare. ILLUSTRATED BOOKLET, containing Programs, Sketches of Artists, Descriptions of Principal Works, Sketches of Composers, and Full Information on request. Address ARTHUR L. MANCHESTER, Spartanburg, S. C.

Annual Re-Union Confederate Veterans

Mobile, Ala. April 26th-28th, 1910.

SOUTHERN RAILWAY announces very low rates to Mobile, Ala. and return for the above occasion. The following round trip rate will apply from MARION, N. C., \$12.35. Approximately low rates from other points.

Tickets on sale April 23rd, 24th and 25th; final limit to reach starting point May 2nd, 1910. Tickets can be extended until May 19th if deposited with Special Agent at Mobile, Ala., on or before May 2nd, and upon payment of a fee of fifty (50) cents.

For further information call on any Agent Southern Railway, or write

R. L. VERNON, D. P. A., Charlotte, N. C.

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Dr. Bell's Pine-Tar Honey

For Coughs and Colds.

Dr. Bell's Antiseptic

Good for all Skin Diseases.

Electric Bitters

Success where everything else fails. In nervous prostration and female weaknesses they are the supreme remedy, as thousands have testified. FOR KIDNEY, LIVER AND STOMACH TROUBLE. It is the best medicine ever sold over a druggist's counter.

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D. SWIFT