

MARION PROGRESS
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 BY THE
McDOWELL PUBLISHING CO.
 Marion, N. C.

MARION, N. C., MARCH 31, 1910.

The Poultry Yard.
 Perfect cleanliness from now on will cut short the louse crop of one.

Keep your meat scraps where they will not get stale or sour. Fresh feed is what makes healthy fowls.

Feed little and often, and be careful about overfeeding. This is the great secret in feeding rooster chicks.

Cook some beans or peas, mix them with wheat bran and feed rice a week and see if you don't get a lot more eggs.

When the brooder chicks seem very thirsty, wild for water, let them drink and feed very lightly till so feverish.

April is a good month to hatch one egg. It is also a good time getting out ducklings. Stock check now will be best for next year's breeding.

Don't be in a hurry to remove a hen and her brood from the nest. The tender little chicks need warmth more than they do for the first twenty-four days.

Does the old hen lay? Try this she does not: Feed her all the clover she will eat, with ounce of lean meat every day. There is any lay in her that will get it out.

Don't feel heavy after dinner? Coat? Bitter taste? Complexion? Liver needs waking up. Buy a Regulete cure bilious attacks. 25c by drug store.

State Mottoes.
 Nevada—Whom God hath joined together let Reno put asunder.
 Iowa—I insure.
 New Mexico—Saba!
 California—I see yellow!
 Kentucky—Idem (the same).
 Nebraska—Me and Jefferson.
 Colorado—Gold et Guggenheim.
 Wisconsin—Sic semper Cannonis.
 New York—The race is not to the swift.
 Montana—What cannot gold do?

Alabama—E polygamous Union.
 North Dakota—I came, I stayed (months), I am single!
 Oklahoma—If you don't find it, it's constitution, it never happens.
 Missouri—You will have to be late logically, illuminately, exhaustively.

Illinois—The Six-best-seller is higher than the Dreadnought.
 Kansas—Pianos, Prince Alberts, Phonographs, books and Prosperity.
 North Carolina—Arid plains of the Carolina—Shall we never again?

Ohio—Our speaker swore to, in Danville.
 Arizona—Hell hath no torridity Yuma noon.
 Kansas—A busted Trust is than a trusted Trust.

Gives Prompt Relief.
 H. Douglas, Jr., of Washington, C., says: "I take great pleasure in saying you have used Dr. Bell's Pine-Tar-Honey, and it gave me almost relief."

Haskell, of Oklahoma, has generated the charge of oppression and mismanagement of State funds, in a report the Legislature by a composed of five Democrats and five Republicans.

Good's Trade Mark
Mass and
Over Seeds
 Best qualities obtainable, of germination and free from possible weed seeds.

Good's Seed Book for 1910
 The fullest information about Farm and Garden Seeds, about Grasses and Clover, kinds to sow and the best way to plant for successful and early crops.

WOOD & SONS,
 SEEDSMEN,
 Marion, N. C., Virginia.

CAUSES 95 PER CENT OF DISEASES.

Advice Concerning Stomach Trouble And How to Remedy Them.

Do not neglect indigestion which leads to all kinds of ills and complications. An eminent doctor once said that ninety-five per cent of all the ills of human body have their origin from a disordered stomach.

A physician who made a special study of stomach troubles, particularly dyspepsia, after years of study perfected the formula from which Rexall Dyspepsia Tablets are made.

Our experience with Rexall Dyspepsia Tablets leads us to believe them to be the greatest remedy known for the relief of acute indigestion and chronic dyspepsia. Their ingredients are soothing and healing to the inflamed membranes of the stomach. They are rich in pepsin, one of the greatest digestive aids known to medicine. The relief they afford is almost immediate. Their use with persistency and regularity for a short time brings about a cessation of the pains caused by stomach disorders.

Rexall Dyspepsia Tablets will insure healthy appetite, aid digestion and promote nutrition. As evidence of our sincere faith in Rexall Dyspepsia Tablets, we ask you to try them at our risk. If they do not give you entire satisfaction, we will return you the money paid for them, without question or formality. They come in three sizes, price 25 cents, 50 cents and \$1.00. Remember you can only obtain them at our store, The Rexall Store, J. W. Streetman.

SPRING.
 Spring is coming, Spring is coming. You can feel it in the breeze. You can see it everywhere. In the field and budding trees. On the hill the thrush is singing. And the brook goes rippling by. Everything is bright and smiling. And the sun shines in the sky. Sing a song of Springtime. A song of Summer that's coming. Bringing fruits and harvest time. And bees a-merrily humming. See the breeze is gently stirring. All the stumbling poses. Oh, so many there will be! Buttercups, daisies, violets and roses! The wood-bine and honey-suckle vine. Soon will be clambering o'er the hill. The by-paths and lanes will be o'er run. Flowers the children's hands will fill. Oh, if I were a poet I would sing A song of glowing Spring. And all the songs I would unfold. And yet the half could ne'er be told. —By Cordelia Erwin, Old Fort.

Medicines that aid nature are always most successful. Chamberlain's Cough Remedy acts on this plan. It loosens the cough, relieves the lungs, opens the secretions and aids nature in restoring the system to a healthy condition. Sold by Marion Drug Co. and all druggists.

A man in Philadelphia has given up his fiancée so that he can inherit a legacy of \$15,000 from a brother who left it to him on the condition that he remain single.

"Generally debilitated for years. Had sick headaches, lacked ambition, was worn out and all run down. Burdock Blood Bitters made me a well woman." —Mrs. Chas. Frietoy, Moosup, Conn.

There are so many ways of being no account, that a fellow who wants to be that way, has no trouble whatever in falling into one of these ways.

Bees Laxative Cough Syrup contains no opiate or narcotic. It is a gentle and easy laxative, by which it drives the cold from the system and at the same time heals irritation of the throat and stops the cough. Sold by M. F. Morphey.

When a hen attains her third year her laying capacity is at its best. She will lay on an average from 300 to 500 eggs in her lifetime.

200,000 Tubes
 Of Sutherland's Eagle Eye Salve were sold in 1908 and not one word of complaint, though every tube was sold under a positive guarantee. It is good for nothing but the eyes. Ask your druggist.

Authoritative opinions hold that the number of sheep in all the countries of the world decreased from 400,000,000 in 1873 to 300,000,000 in 1908.

Saved A Soldier's Life.
 Facing death from shot and shell in the civil war was more agreeable to J. A. Stone, of Kemp, Tex., than facing it from what doctors said was consumption. "I contracted a stubborn cold," he writes, "that developed a cough, that stuck to me in spite of all remedies for years. My weight ran down to 130 pounds. I began to use Dr. King's New Discovery, which completely cured me. I have never felt the same. For Coughs, Colds, La Grippe, Asthma, Hemorrhage, Hysteria, a Croup, Whooping Cough and Lung Trouble, it supersedes all other remedies. Guaranteed by J. W. Streetman.

The Castle of Despond.

One of the finest French tourist buildings in France is the Castle of Despond, famous in the legendary lore of the Toulouse country in which it stands. Over the window of one of the inner courtyards is sculptured in the stone a head above the motto "Plus d'Espoir." These were the last words of Rose de Martial, whose story has been sung by the poets of Toulouse. She was the daughter of the house of Martial, to whom the castle belonged, and she was courted by the lord of Castelnet, whose manor she could see from her window. But, although she was beautiful and tender hearted, the lord jilted her, and she fell into a melancholy. She got every day by the window, whence she could see the sickle lord of Castelnet's manor. One morning he passed by in the valley below. She sang to him, but he never looked up. "Plus d'Espoir" she cried, and threw herself out of the window on to the flag below, where she was killed. The manor of Martial was known thenceforward as the Castle of Despond. The fine building was falling to ruins when M. Pennelle bought it, and he had it completely and skillfully restored before making a gift of it to the nation.

Farmers, mechanics, railroaders, laborers rely on Dr. Thomas' Electric Oil. It takes the sting out of cuts, burns and bruises at once. Pain cannot stay where it is used.

The Diagnosis.
 The disastrous results of interference by relatives in the course of courtships was well exemplified in the case of a young Baltimore couple not long ago. They had been engaged for some time when it became generally known that the affair was at an end.

"What was the trouble, Jack?" an intimate friend asked the youth, who, by the way, is a recent medical graduate.

"Well, as it was nothing relating to Nan personally, I don't know why I shouldn't tell you," he replied, with a sigh.

"I suppose it was some outside influence—you seemed to fairly dote on her," the friend commented.

"I did," the dejected lover replied. "She is the sweetest little girl in the world, but terribly fond of her relatives. Her old maid aunt from Kansas came along the other day and announced that she was going to live with us after we were married, and well she proved an antidote." —Detroit Free Press.

There is Only one Pine-Tar-Honey
 That is Dr. Bell's. It is the original and can be relied on in croup, coughs, colds and all lung and bronchial troubles. Look for the bell on the bottle.

During the last seventeen years American coal mines have killed 22,640 men, made at least 10,000 widows and upward of 40,000 orphans.

A Smooth Skin
 Black Heads, Chaps, Pimples, Sores and all unhealthy conditions of the skin are unsightly and detract from the looks. Buy a box of Dr. Bell's Antiseptic Salve—a creamy, snow-white ointment, apply as directed and your skin will be as clear as a babe's. At all dealers in medicines.

According to a Cornell University professor, insect pests cost the farmers of the country over \$700,000,000 a year.

An Awful Eruption
 of a volcano excites brief interest, and your interest in skin eruptions will be as short, if you use Burdock Blood Bitters, their quickest cure. Even the worst boils, ulcers, or fever sores are soon healed by it. Best for Burns, Cuts, Bruises, Sore Lips, Chapped Hands, Chills and Piles. It gives instant relief. 25c. at J. W. Streetman.

Electric power is used on 3,286 miles of street railways in Great Britain to 48 miles operated by other means.

Be careful when you notice pains in the back, swelling of the ankles, and feet, backache or urinary disorders. In such cases try Pinesol. They will be found an excellent remedy in all cases of kidney trouble. Pinesol is antiseptic; they assist the kidneys. Sold by M. F. Morphey.

During the 20 years from 1870 to 1890 divorce in the United States increased about three times as fast as the population.

Thousands Have Kidney Trouble and Never Suspect It.
 Most people do not realize the alarming increase and remarkable prevalence of kidney disease. While kidney disorders are the most common diseases that prevail, they are almost the last recognized by patient and physician. *Do not tempt themselves with doctoring the effects, while the original disease undermines the system.*

What To Do.
 There is comfort in the knowledge so often expressed, that Dr. Kilmer's Swamp-Root, the great kidney remedy, will relieve every ailment arising from the back, kidney, liver, bladder and every part of the urinary passage. It corrects inability to hold water and scalding pain in passing it, or bad effects following use of liquor, wine or beer, and overcomes that unpleasant necessity of being compelled to go often during the day, and to get up many times during the night. The mild and extraordinary effects of Swamp-Root is soon realized. It stands the highest for its wonderful cures of the most distressing cases. If you need a medicine, you should have the best. Sold by druggists in fifty-cent and one-dollar sizes. You may have a sample bottle and a book that tells all about it, both sent free by mail. Address Dr. Kilmer & Co., Birmingham, N. Y. When writing mention this paper and don't make any mistake, but remember the name Dr. Kilmer's Swamp-Root, and the address, Birmingham, N. Y.

HANDICAPPED

This is the Case With Many Marion People.
 Too many Marion citizens are handicapped with a bad back. The unceasing pain causes constant misery, making work a burden and sleeping or lifting an impossibility. The back aches at night, preventing refreshing rest and in the morning is stiff and lame. Plasters and liniments may give relief, but cannot reach the cause. To eliminate the pain and aches you must cure the kidneys.

Doan's Kidney Pills cure sick kidneys and cure them permanently. The following statement should convince every Marion reader of their efficiency.

James C. Cloer, Lenoir St., Morganton, N. C., says: "I used Doan's Kidney Pills and the results were so satisfactory that I have no hesitation in recommending them. Some months ago I began to suffer from a soreness across my kidneys and at times the kidney secretions were very unnatural. I at length procured Doan's Kidney Pills and used them in accordance with the directions. In a short time I felt a great deal better and continued taking them until I was rid of every symptom of my trouble."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States.

Remember the name—Doan's—and take no other.

THE CURSE OF THE SOUTH
 What is the matter with the South? According to government report of 1908 "The Secret is out at last: The Southerner, contrary to current opinion is not lazy, shiftless, indolent or careless. "He is Sick." The South is afflicted with, and harbors that most treacherous and destructive of all diseases Anemia, Pernicious Anemia. The average Southerner is a sufferer of this Health destroying Parasite which destroys the red blood cells producing an impoverished condition of the blood, which is characterized by extreme Fatigue, General Debility, Weakness, Loss of Vigor, Lack of Ambition, and general undermining of Vitality. The CLIMATE and ATMOSPHERIC conditions destroy the Vitality. Let him get over it, get rid of it. Get well, and be as good physically as the best American can boast. If there is health of the slightest degree in your system, "WAKE UP! CALL FOR IT! PULL YOURSELF TOGETHER! MAN, WOMAN or CHILD; all men and should be well. To neglect yourself is to reflect upon the wisdom of your Maker. Nature intends all Humanity to enjoy a full measure of Health and Vigor. If you do not? The fault is your own, for you are yourself to blame for it. Wonders have been accomplished for the People of Tennessee, Georgia, Alabama, and Mississippi. Let us now do as much for the People of the Carolinas. A postal will bring you the necessary information. Send no money. Write today. Don't neglect this chance here offered you. Address The Cleveland Institute of Medicine and Surgery, Cleveland, Ohio, Cor. Kinsman Rd. & 62d Street.

ALL POINTS VIA WESTERN
 Quickest and Best Service
 Fewest Changes of Cars
 One Way and Round Trip Tickets
 Write me for Lowest Prevailing Rates and Reliable Information.
 D. S. CHANDLER, Dist. Pass. Agt.
 KNOXVILLE, TENN.

Five Years
 of Heart Trouble Cured by Dr. Miles' Heart Remedy

"Before I began taking Dr. Miles' Heart Remedy I had been suffering from heart trouble for over five years. I had pains in my left side, and under my shoulder blade, could not sleep on the left side, and was so short of breath the least exertion would bring on the most distressing palpitation. I had scarcely taken a half bottle of the Heart Remedy before I could see a marked change in my condition. When I had taken six bottles I was cured."

MRS. C. C. GORKEY, Northfield, Va.

If there is fluttering or palpitation it is an indication of a weakness of the nerves and muscles of the heart. It is not necessarily diseased—just weak from over-work. The heart may be weak just the same as the eyes, stomach or other organs. You can make a weak heart strong by taking Dr. Miles' Heart Remedy. Get a bottle from your druggist, take it according to directions, and if it does not benefit he will return your money.

GRANULATED EYE LIDS
 Do not need to be cauterized or scarified by a physician. Sutherland's Eagle Eye Salve is guaranteed to cure them, without pain. It is harmless and a sure cure for granulated lids. 25c tubes at all dealers.

Little Johnny watching a hon cackling furiously, said: "I know what is the matter with that chicken. She has dropped an egg around here somewhere and has forgotten where she laid it."

Fully nine out of every ten cases of rheumatism is simply rheumatism of the muscles due to cold or damp, or chronic rheumatism, neither of which require any internal treatment. All that is needed to afford relief is the free application of Chamberlain's Liniment. Give it a trial. You are certain to be pleased with the quick relief which it affords. Sold by Marion Drug Co. and all druggists.

There are some men so lazy that they will not even file their liars.

CASTORIA
 For Infants and Children.
 The Kind You Have Always Bought
 Bears the Signature of *Chas. H. Fletcher*

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 Relieve Indigestion and Stomach Troubles.

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Knorrville Business College
 Established 1882. We have taught thousands and can teach you. We secure positions for all our graduates.

A Receipt for a Good Town.

(Give to the Poor, Free Press.)
 Crit.
 Yim.
 Push.
 Supp.
 Energy.
 Schools.
 Morality.
 Churches.
 Harmony.
 Cordiality.
 Advertising.
 Talk about it.
 Write about it.
 Cheap property.
 Speak well of it.
 Healthy location.
 Help to improve it.
 Patronize its merchants.
 Good country tributary.
 Honest competition in prices.
 Faith exhibited by good works.
 Make the atmosphere healthy.
 Fire all croakers, loafers and deadbeats. Let your object be the welfare, growth and promotion of your town and its people. Speak well of the public spirited men, and also be one of them yourself.

Dr. Bell's Anti-Pain
 A sudden attack of Cholera Morbus is dangerous. Keep Dr. Bell's Anti-Pain at hand, a dose relieves almost instantly. It also cures Diarrhoea, Cramps, Flux and Bowel complaints.

One hundred dollars per head was paid at Fort Worth, Texas, Friday, for a herd of 450 Oklahoma fed beef cattle. This is said to be the highest price for this class of cattle ever paid in the United States.

Don't think that piles can't be cured. Thousands of obstinate cases have been cured by Doan's Ointment. 50c at any drug store.

In the recently issued report of the steel trust it was stated that the corporation had in its employ last year 195,500 people, against 165,211 the year before. These people received a total of \$151,663,494 in wages.

For Croup
 Dr. Bell's Pine-Tar-Honey is the best known remedy. Do not experiment get the genuine Dr. Bell's Pine-Tar-Honey.

When the leaves begin to grow, the canker-worm may commence to move up on the trunk of fruit and other trees. Bands of tar or printers ink, if put on the trees in time, will catch many of the pests.

Chamberlain's Stomach and Liver Tablets are safe, sure and reliable, and have been praised by thousands of women who have been restored to health through their gentle aid and curative properties. Sold by Marion Drug Co. and all druggists.

There is many a stump speaker who would much better be at home pulling the stumps from his own clearing.

Are you frequently hoarse? Do you have that annoying tickling in your throat? Does your cough annoy you at night, and do you raise mucus in the morning? Do you want relief if so, take Chamberlain's Cough Remedy and you will be pleased. Sold by Marion Drug Co. and all druggists.

The man who sets out in life's race expecting to have a walkover is likely to be run over before he has proceeded far on his way.

Mothers
Endorse It
Children
Like It
Bees Laxative Cough Syrup

A Pure, Wholesome and Harmless remedy, being pleasant and palatable to the taste, it is equally good for children and adults, in the treatment of all Throat, Chest and Bronchial troubles, and is especially recommended for children, as it contains no opiates, narcotics, nor poisons of any kind.

Good for Young and Old
 Cuts the mucus, strengthens the inflamed parts and gives vigor and vitality to the respiratory organs. Removes the cough, and by its gentle, laxative effect upon the bowels, rid's the system of the accompanying predisposition to cold.

We have so much confidence in the merits of Bees Laxative Cough Syrup that we guarantee it to give satisfaction or refund your money. Buy a bottle from your dealer and if it does not do all we say your money will be refunded.

PREPARED BY
JOHN W. KENNEDY & CO.
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CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA
 Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS
 Bears the Signature of

Chas. H. Fletcher

The Kind You Have Always Bought
 In Use For Over 30 Years.

P. P. P.
 (Frishtly Ash, Foke Root and Potassium.)
 MARKS POSITIVE CURE OF ALL FORMS AND STAGES OF

BLOOD POISON
 You will regain flesh and strength. Purified energy and all diseases resulting from impure blood. The cure is in the use of P. P. P.

SCROFULA
 Blood purifying properties of P. P. P., Frishtly Ash, Foke Root and Potassium. Sold by all Druggists.

CATARRH
 Every method of treatment, Catarrh, Blis Diseases, Etc., etc., etc. Frishtly Ash, Foke Root and Potassium. Sold by all Druggists.

RHEUMATISM
 Chamberlain's Stomach and Liver Tablets are safe, sure and reliable, and have been praised by thousands of women who have been restored to health through their gentle aid and curative properties. Sold by Marion Drug Co. and all druggists.

LOMBARD
 Iron Works & Supply Co.
 AUGUSTA, GEORGIA.

BOILERS
 CAST EVERY DAY
 New Work and Repairs Promptly done. Curves Engine Cylinders bored in Place. Boiler Flues and Pipe Cut to Length in Stock. High-grade WELLS. BOILERS built to increase specifications a Specialty. Oil Savings Tanks, Etc.

Foundry, Machine and Boiler Works and Mill supply store
 Engines, Boilers, Bridges, Roads Tanks Tower and Building Construction; Cotton, Saw, Grist, Oil, Mill, Flour, and Shingle Mill Machinery and Repairs; Building, Factories, Furnaces and Railroad Castings Railroad and Mill Supplies; Belling Packing, Injectors, Fittings, Saws, Files, Oilers, etc.; Shafting, Pulleys and Hangers; Turbine Water Wheels, Etc.

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MARION PROGRESS and **New York World** one year for \$1.50

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