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Main Expo. Building

Commodious Structure Stands on Elevation Overlooking the Pretty Lake.

The main building of the Appalachian Exposition, to be held in Knoxville, Tenn., Sept. 12 to Oct. 12, next, stands on an elevation overlooking the upper lake of the exposition grounds. A wide driveway extends along the lake front, and approaches to the building are formed by three flights of steps, two of them twenty-five feet and one fifty feet wide, running from this driveway over terraces that add much to the natural beauty of the location. The building is 150 feet wide and 250 feet in length, two stories, giving about 30,000 square feet of exhibit space. The lower floor will be agricultural products and displays that will be made by the cities and towns of the Southern Appalachian region. The upper floor, a section of which rests on solid ground—a terrace formed in grading the site—will be filled with exhibits of all kinds, from heavy machinery to the most delicate art work. In appearance the main building will surpass in beauty of architecture and finish the most costly exposition building that has been erected in this country. It is built with a view of housing permanent exhibits, and is, therefore, superior to any temporary exposition structures. The horticultural and woman's building, the forestry building, the cattle and live stock and pet stock building, and other buildings are being arranged for.

Exhibits of the Big Show

Will Come from the Government, Appalachian States, Various Counties and Progressive Cities.

The Appalachian Exposition, to be held at Knoxville, Tenn., Sept. 12 to Oct. 12, next, not only is attracting attention of the counties, agriculturists and mineralogists, but the government has recognized the Exposition and the Naval, War, Agricultural, Horticultural and Forestry Departments and Smithsonian Institute will have exhibits. Among the exhibit from the Navy Department will be shown models of the following battleships and cruisers: Vermont, Mississippi, Tennessee, St. Louis, Olympia and Nashville.

The exhibits from the other departments will be elaborate, instructive and entertaining. Assurances have been received from the states of North and South Carolina that they will have exhibits of their resources at the Exposition. It is more than probable that Georgia and Virginia will also be represented. A number of cities have already applied for space, including Augusta, Columbus, Rome and probably Macon and Atlanta, Ga.; Asheville, Charlotte and Winston-Salem, N. C.; a number of Tennessee and probably a large number of Virginia cities. The number of applications for information and space from states, cities and counties has surprised the management of the Exposition.

EXPOSITION WILL BE PROFITABLE INVESTMENT.

That the Appalachian Exposition at Knoxville, Tenn., Sept. 12 to Oct. 12, will be a profitable investment is now assured beyond a question of doubt. The selection of Knoxville for the holding of this meritorious event is most judicious. The wealth of her resources, her tremendous business, as well as geographical position, and the fact that it is the center of a large population that has not had an exposition of education, means a brilliant outlook for the artistic as well as financial standpoint for this event. It is a fact worthy of note that within a radius of 50 miles of Knoxville there is a population of 425,000; within a radius of 100 miles, of 900,000; within a radius of 200 miles, a population of 6,000,000, and within a radius of 300 miles, a population of 10,000,000 people. The transportation facilities of the trunk lines leading into Knoxville and the affiliated lines are capable of rendering the most efficient service. This added to the great interest that is being taken by the railroads means that success is bound to rebound to the work already inaugurated.

Barns and Sheds for Live Stock

No fair ever held in this country arranged such extensive and attractive accommodations for live stock as have been planned for the Appalachian Exposition, to be held in Knoxville, Tenn., Sept. 12 to Oct. 12, next. The horse barn will be a fine exposition building, and the stalls, 250 in number, will be movable, so that the building may easily be converted into a hall for other attractions, such as bench shows, after the first week. There will be a thousand feet of live stock sheds, built in the most approved style under the direction of experienced fair people.

East Tennessee, the "Hay, Hog and Hominy" section of the South, with adjoining famous blue-grass regions and mountain grazing lands, can furnish and will furnish, a horse, hog and cattle show that will make this feature of the Exposition the greatest success of the kind ever known south of the Ohio.

Don't use harsh physics. The reaction weakens the bowels, leads to chronic constipation. Get Doan's Backlets. They operate easily, tone the stomach and cure constipation.

Insects and Diseases in Fruit.

"Apple and Pear Insects and Diseases," the subject of a bulletin that is just being issued by the North Carolina Experiment Station, West Raleigh, should supply a much needed want for the fruit growers of the State. This bulletin has been prepared by R. I. Smith, entomologist, and Dr. F. L. Stevens, pathologist of the station. There are over eighty pages of descriptive matter with about forty illustrations which add considerably to the value of the publication for the average fruit grower. All the principal insects and diseases are discussed, together with the best known remedial measures.

Fruit growers must learn to prevent wormy, scabby or otherwise inferior fruit by methods of spraying explained in this bulletin. North Carolina can produce first-class apples, of high market value and greatly increase the present yield of marketable fruit by taking proper precautions to prevent the injury caused by insects and diseases.

Director C. B. Williams states that the experiment station has received numerous requests for a bulletin relating to orchard pests, and the present bulletin was arranged to supply this urgent demand for information along this line. Every grower of apples and pears in North Carolina should have a copy of this bulletin which may be secured upon request.

Hives, eczema, itch or salt rheum sets you crazy. Can't bear the touch of your clothing. Doan's Ointment cures the most obstinate cases. Why suffer. All druggists sell it.

Not Too Proud to Work.

"Here's a nickel," said a thrifty housewife to a tramp at her door. "Now, what are you going to do with it?"

"Well, mum," replied the hungry man, "if I buy a touring car, I sha'n't have enough left to pay my chauffeur; if I purchase a steam yacht, there won't be enough left to defray the cost of manning her; so I guess, mum, I'll get a schooner and handle it myself."—Everybody's Magazine.

Would you have better health, more strength, clearer skin, stronger nerves, more elastic step? Use Hollister's Rocky Mountain Tea, the great vegetable regulator and tonic. One 85c package makes 100 cups tea. J. W. Streetman.

Trespassing on railroad property in violation of the law has caused the deaths of more than fifty thousand people in the United States in the last eleven years. In this same period more than 55,000 trespassers have been injured.

Chamberlain's Cough Remedy is sold on a guarantee that if you are not satisfied after using two-thirds of a bottle according to directions, you money will be refunded. It is up to you to try. Sold by all druggists.

Making Time Profitable. "See here," cried the busy merchant, "don't you know my time is valuable?"

"Well," replied the book agent, "I'm sure it might be valuable to me. If you'll give me five minutes of it, I believe I can sell you a set of these books."—Catholic Standard and Times.

Mrs. Henry Schwenk writes: "I had eczema on my face for over four years. We tried about a half dozen doctors but never found any cure. I have been taking Hollister's Rocky Mountain Tea for about three months and it has done me more good than all the doctor's medicine." J. W. Streetman.

Don't look for wisdom on trees that are without roots in experience.

The Cause of Many Sudden Deaths.

There is a disease prevailing in this country most dangerous because so deceptive. Many sudden deaths are caused by it—heart disease, pneumonia, heart failure or apoplexy are often the result of kidney disease. If kidney trouble is allowed to advance the kidney-poisoned blood will attack the vital organs, causing catarrh of the bladder, brick-dust or sediment in the urine, head ache, back ache, lame back, dizziness, sleeplessness, nervousness, or the kidneys themselves break down and waste away cell by cell.

Bladder troubles almost always result from a derangement of the kidneys and better health is in that organ is obtained quickest by a proper treatment of the kidneys. Swamp-Root corrects inability to hold urine and scalding pain in passing it, and overcomes that unpleasant necessity of being compelled to go often through the day, and to get up many times during the night. The mild and immediate effect of Swamp-Root, the great kidney remedy, is soon realized. It stands the highest because of its remarkable health restoring properties. A trial will convince anyone. Swamp-Root is pleasant to take and is sold in all druggists in fifty-cent and one-dollar size bottles. You may have a sample bottle and a book that tells all about it, both sent free by mail. Address: Dr. Kilmer & Co., Binghamton, N. Y. When writing mention reading this generous offer in this paper. Don't make any mistake, but remember the name Swamp-Root, and don't let a dealer sell you something in place of Swamp-Root—If you do you will be disappointed.

Alcohol to Children

Ask your doctor how often he prescribes an alcohol stimulant for children. He will probably say, "Very, very rarely. Children do not need stimulating." Ask him how often he prescribes a tonic for them. He will probably answer, "Very, very frequently." Then ask him about Ayer's non-alcoholic Sarsaparilla as a tonic for the young. Follow his advice. He knows. J. C. Ayer Co., Lowell, Mass.

The first great rule of health—"Daily movement of the bowels." Ask your doctor if this is not so. Then ask him about Ayer's Pills. Sold for nearly sixty years.

THE CONNECTICUT MUTUAL

That means the best Life Insurance to have and the best to sell, for it furnishes insurance protection at actual cost, pays annual dividends, and sells a model policy. :: :: ::

Connecticut Mutual Life Insurance Co. of Hartford, Conn.

W. R. CRAWFORD, General Agent, Raleigh, N. C.
W. M. PATT, Agent, Marion, N. C.

Talks With The Foundryman

Number 7.

I have accepted the local agency for the well known Fairbanks, Morse & Co. I will handle their machinery, tools, etc. I want the farmers and manufacturers to advise with me before buying elsewhere as I know that I can please you with "the goods" and "the price." Will have something to say about some specialties in my next advertisement. Read it.

Pangle Foundry and Machine Shop

Shop on Corner Garden and Court Streets

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Maintained by the State for the boys and girls of Western North Carolina. Special Course For Teachers

FOR FURTHER INFORMATION ADDRESS
R. L. MADISON, Principal, Cullowhee, Jackson County, N. C.

Each street cleaning wagon in London has one driver and one leader, each of whom receive \$1.12 a day, fifty-six hours constituting a week.

Don't Be Annoyed. With skin troubles, chaps, pimples, black heads, eczema or sores. When one 25c box of Dr. Bell's Antiseptic Salve will cure you. Try it at once.

Chamberlain's Stomach and Liver Tablets will brace up the nerves, banish sick headache, prevent dizziness and invigorate the whole system. Sold by all druggists.

Place a solid silver spoon in a fruit jar when it is filled with hot preserves, and the jar will not break.

The Best Remedy. For all kinds of sore eyes is Sutherland's Eagle Eye Salve. It is a creamy snow white ointment and would not injure the eyes of a babe. Guaranteed, 25c.

House plants intended for winter blooming should not be allowed to flower during the summer.

A Dreadful Wound from a knife, gun, tin can, rusty nail, fireworks, or of any other nature, demands prompt treatment with Becken's Arnica Salve to prevent blood poisoning or gangrene. It's the quickest, surest healer for all such wounds as also for Burns, Boils, Sores, Skin Eruptions, Eczema, Chapped Hands, Corns or Piles 25c. at J. W. Streetman.

A nut pick on top of the refrigerator will be found just the thing to remove paper from milk jars.

Deafness Cannot be Cured by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces. We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circular, free. F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

The Country Weekers.

Jerome S. McWade, addressing a children's country week association of Duluth, cited many striking similes and metaphors that had been used by slum children in unaccustomed pastoral surroundings. "A boy," he said, "had his attention called to the sunset. 'Kook,' said the missionary. 'Isn't the sunset beautiful—the round, yellow sun sinking in the midst of white clouds?' 'It's fine,' the boy agreed. 'It's just like a fried egg.' 'In the same party was a little girl. She rose at dawn one morning, and her eyes was caught by the sparkle of the dew on the grass. 'It's hotter'n I thought,' she said. 'The grass is all covered with perspiration.'"

Lame shoulder is almost invariably caused by rheumatism of the muscles and yields quickly to the free application of Chamberlain's Liniment. This liniment is not only prompt and effectual, but in no way disagreeable to use. Sold by all druggists.

A Chicago man bought a barrel of apples for \$4.00; inside he found a note reading "Dear consumer, I received 76c for this barrel of apples, kindly let me know what you paid for them."

Get The Best. For skin troubles, sores, ulcers, scabies, chaps, black heads, pimples and all eruptions. Use Dr. Bell's Antiseptic Salve and you get the best. We guarantee it. 25c a box every where.

Farmers of Wisconsin are forming mutual insurance companies to insure farm property only, and the movement is rapidly spreading throughout the state.

If you are not satisfied after using according to directions two-third of a bottle of Chamberlain's Stomach and Liver Tablets, you can have your money back. The tablets cleanse and invigorate the stomach, improve the digestion, regulate the bowels. Give them a trial and get well. Sold by all druggists.

You may have noticed that multitude of friends come to visit those who live on Easy street.

Do You Get The Best. If you have a cough, cold, asthma, croup or any throat or bronchial trouble, use Dr. Bell's Pine-Tar-Honey, you do. Look for the Bell on the Bottle.

Rubbers can be brightened by the use of ammonia water.

"My child was burned terribly about the face, neck and chest. I applied Dr. Thomas' Electric Oil. The pain ceased and the skin sank into a restful sleep."—Mrs. Nancy M. Hanson, Hamburg, N. Y.

Meat should generally cook 30 minutes to the pound.

"It cured me," or "It saved the life of my child," are the expressions you hear every day about Chamberlain's Colic, Cholera and Diarrhoea Remedy. This is true the world over where this valuable remedy has been introduced. No other medicine in use for diarrhoea or bowel complaints has received such general approval. The secret of the success of Chamberlain's Colic, Cholera and Diarrhoea Remedy is that it cures. Sold by all druggists.

Mint leaves lend a pleasant flavor to iced tea.

Five Years of Heart Trouble Cured by Dr. Miles' Heart Remedy

"Before I began taking Dr. Miles' Heart Remedy I had been suffering from heart trouble for over five years. I had pains in my left side, and under my shoulder blade, could not sleep on the left side, and was so short of breath the least exertion would bring on the most distressing palpitation. I had scarcely taken a half bottle of the Heart Remedy before I could see a marked change in my condition. When I had taken six bottles I was cured." MRS. C. C. GORKEY, Northfield, Va.

If there is fluttering or palpitation it is an indication of a weakness of the nerves and muscles of the heart. It is not necessarily diseased—just weak from over-work. The heart may be weak just the same as the eyes, stomach or other organs. You can make a weak heart strong by taking Dr. Miles' Heart Remedy. Get a bottle from your druggist, take it according to directions, and if it does not benefit he will return your money.

CASTORIA For Infants and Children. The Kind You Have Always Bought Bears the Signature of *Chas. H. Fletcher*

CASTORIA

For Infants and Children. The Kind You Have Always Bought Bears the Signature of *Chas. H. Fletcher*

ALCOHOL 3 PER CENT. Vegetable Preparation which assimilates the Food and Strengthens the Stomach and Bowels of INFANTS & CHILDREN. Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Meconium. NOT NARCOTIC.

Apertic Remedy For Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP. The Kind You Have Always Bought Bears the Signature of *Chas. H. Fletcher* NEW YORK. 35 Doses—35 CENTS. Guaranteed under the Food and Drug Act.

Exact Copy of Wrapper.

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Bears the Signature of *Chas. H. Fletcher*

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If you want your work done right, send it to me and it will be done PROMPTLY, and at a saving of 25 per cent. Send watches by registered mail and transportation both ways will be allowed.

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