A Clean Man

Outside cleanliness is less than half the battle. A man may scrub himself a dozen times a day, and still be unclean. Good health means cleanliness not only outside, but inside. It means a clean stomach, clean bowels, clean blood, a clean liver, and new, clean, healthy tissues. The man who is clean in this way will look it and act it. He will work with energy and think clean, clear, healthy thoughts.

He will never be troubled with liver, lung, stomach or blood disorders. Dyspepsia and indigestion originate in unclean stomachs. Blood diseases are found where there is unclean blood. Consumption and bronchitis mean unclean lungs.



Dr. Pierce's Golden Medical Discovery prevents these diseases. It makes a man's insides clean

and healthy. It cleans the digestive organs, niekes pure, clean blood, and clean, healthy flesh.

It restores tone to the nervous system, and cures nervous exhaustion and prostration. It contains no alcohol or habit-forming drugs. Constipation is the most unclean uncleanliness. Dr. Pierce's Pleasant Pellets cure it. They never gripe. Easy to take as candy.

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The Secret of Youth

Do you ever wonder how you can remain young, or why other women older than you, look younger than you do? The secret can be put in a few words: "Preserve your health, and you will preserve your youth."

By "health" we mean not alone physical health, but nerve health, as, sometimes, magnificently strong-looking women are nervous wrecks.

But whether you are weak physically or nervously, you need a tonic, and the best tonic for you is Cardui. It builds strength for the physical and nervous systems. It helps put flesh on your bones and vitality into your nerves.

Take CARDUI

The Woman's Tonic

"My mother," writes Mrs. Z. L. Adcock, of Smithville, Tenn., "is 44 years old and is passing through the change of life.

She was irregular and bloated and suffered terribly. My father stepped over to the store and got her a bottle of Cardui, which she took according to directions and now she is up, able to do her housework and says she feels like a new woman." Try Cardui in your own case.

Write to: Ladies' Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn., for Special Instructions, and 64-page book, "Home Treatment for Women," sent free.

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PICTURES OF THE KINGDOM

Matthew 13:31-33; 44-52,-July 3, "The Kingdom of God is not meat and drink, but righteousness and peace and say

in the Holy Chost." -- Itomans 14:17. ET us keep in memory that the Muster's parables of the Kingdom of Heaven relate to the class of people whom he is calling out of the world of mankind to be associated with him in his Millennial Kingdom soon to be inaugurated Let us remember that sometimes this class is spoken of as including, nominally, not merely the saintly, the wheat class, but also, to some extent, the tares, as shown in our study of last week. These different parable-pictures represent the same subject from different standpoints, just as we take a photograph of a building from the north, the

south, the east and the west, internally and externally. As a mustard seed is very small, yet produces a large bush, so that the fowls of the air may lodge in its branches, so this illustrates how the gospel of the Kingdom would, from a small beginning, attain to a considerable size. The mustard would not be great among the trees, but great among bushes or herbage. Thus the message of Christ received at first only by the poor and the few of Israel, has finally grown to such important dimensions that the fowls like to gather in its branches. But let us remember that the fowls, according to our Lord's interpretation of a previous parable, represent the servants of the Wicked One. So then the teaching of this parable would lead us to conrlude that the Church of Christ, at one time, was so unimportant in the world that it was a shame and a dishonor to belong to it, but that ultimately it would become honorable and great and the Adversary's servants would have pleasure in its shade. This development the Scriptures represent as being Bubylon, declaring that, as a whole, with the various branches and denominations, the nominal Church of Christ is Babylonish. Hearken to the Lord's words: "She has become the hold of every foul spirit and the cage of every unclean and bateful bird." (Revelation 18:2.) The intimation is that there is a large outward development of the Church which is not to her advantage and glory but contrariwise. Nevertheless, this is, nominally, the Church of Christ. However his spirit may have been misrepresented and there may have been an preciate. The exposition being expeimproper development, ultimately the great Head of the Church will bring order out of chaos and confusion and will glorify and use his "elect."

The parable of the "leaven" (v. 33) illustrates the process by which, as was foretold, the Church would get into the wrong condition. As a woman would take her batch of flour for baking and put leaven (yeast) in it and the result would be that the mass would become leavened, so it would be with the Church of Christ; the food of the entire household would become leavened or corrupted. Every portion would become more or less vitiated with the leaven of false doctrines, which would permeate the entire mass. Thus today nearly every doctrine inculcated by Jesus and his Apostles has become more or less

perverted or twisted by the errors of the dark ages. The desirability of obtaining joint-heirship with Christ in his Millennial Kingdom, is pictured in the parable of "the treasure hidden in the field." The finder, realizing its value, desired it for himself and had such faith in it that he disposed of all of his property in order to buy that field, which he believed to contain the precious treasure. Only those who will appreciate the Gospel message will gain its glorious promises. If we love the present life with its joys and prospects, its hopes and ambitions, then we will labor for these, but if we intelligently hear and, by faith, believe the Gospel offer of this age of a share with Christ in his Millennial Kingdom, then in proportion to our faith | Ohio and Potomac rivers and east of and appreciation will be our self-sacrificing zeal to attain that prize. Whoever believes the message of the Kingdom will find his faith an inspiration. indeed a necessary inspiration, to the attainment of the prize, for it will cost all that he has of earthly blessings; and unless he has faith that he will find the prize, he will surely be unwilling to sacrifice all he has for it. The field belongs to God. He has put the treasure there. He offers it for sale to any willing to pay the price. The buyer is the Lord and those who accept his invitation to join with him to the sacrifice of their earthly interests that they may be sharers with him in his heavenly glories—in the work of the Millennial Age, to unearth all that treasure in the blessing of the world of mankind. The hiding of the trensure is necessary; as our Lord said, "Cast not your pearls before swine;" they will not understand you, they will think you foolish, and in their disappointment may do you injury. "Hast thou faith, have it to thyself before God." Make your sacrifice of earthly things to him and he who seeth in secret will reward you openly.

Pearls were much more in vogue in ancient times than now. Pearl buyers traded in these gems and carried them to the market, where they were highly estimated. The parable represents one of these pearl merchants as coming across the finest pearl be had ever seen. He considered it so priceless that be was quite rejoiced to sell or trade all of his other pearls and property, that he

This parable represents the Gospel offer of a share with Christ in his Kingdom as being superior to all other propositions in the world. The honors of the world, of name and fame, position and wealth, are indeed desirable; as the Scriptures say. "A good name is rather to be chosen than great riches;" but when our eyes behold "the pearl of great price," the Kingdom offer of joint-heirship with our Lord Jesus in his heavenly glory and the association with him in his work of blessing all the families of the earth, we realize that this is a priceless thing, worth more by far than all the honors and dignities and pleasures of the world. Those worthy to buy this pearl will giadly exchange all earthly things therefor—even their good name, and this will be necessary, as the Master forewarned them, saying, "They shall say all manner of evil against you falsely for my sake; rejoice and be exceeding glad, for great is your reward in beaven, for so persecuted they the prophets who were before you." (Matthew 5:11, 12). He that is not willing to have the Kingdom at such a cost is not worthy of the Kingdom. The Apostle has said, "Through much tribulation must we enter the Kingdom" (Acts 14:22); and only those who willingly endure such tribulations for righteousness' sake-for the sake of the truth, in obedience to the Heavenly calling-are overcomers. And only to the "overcomers" has the Lord given "the exceeding great and precious promises." "To him that overcometh will I grant to sit with me in my throne." -Rev. 3:21.

Another parable of the Kingdom represents the gospel message as a "net." Only one kind of fish is desired, but the net gathers every kind. Not every kind will inherit the Kingdom as joint-heirs with Christ Jesus, hence the end of this age will be a sifting, separating time, as represented in the parable. The desirable fish will be gathered into vessels; the remainder will be cast back into the sea as unfit for the Kingdom, but not necessarily unfit for any purpose. During Christ's Millennial reign that class unfit for the Kingdom will be dealt with and blessed and, if possible, made-useful and fit for eternal

Here, as in the parable of the wheat and the tares, the furnace of fire, and the weeping and gnashing of teeth in connection therewith, symbolizes the great time of trouble with which this age will end, giving place to the Millennial Kingdom, the Kingdom for the establishment of which upon the earth the Church has been praying so unceasingly for nineteen centuries, "Thy Kingdom come; thy will be done on earth, as it is done in heaven." What a Kingdom that will be! It will be a Kingdom entrusted to a "Little Flock"-"Fear not, little flock, it is your Father's good pleasure to give you the Kingdom"-and it will be fully empowered to establish the rule of heaven among

Our study closes with the Lord's exhortation that all who are instructed respecting the things pertaining to the Kingdom should set their affairs in

Weak Throat—Weak Lungs

Cold after cold; cough after cough! Troubled with this taking-cold habit? Better break it up. We have great confidence in Ayer's Cherry Pectoral for this work. No medicine like it for weak throats and weak lungs. Ask your doctor for his opinion. He knows all about it. His approval is valuable. Follow his advice at all times. No alcohol in this cough medicine. J.C. Ayer Co., Lowell, Mass. Always keep a good laxative in the house. Take a dose when your cold first comes on. What is the best laxative for this? Ayer's Pills. Ask your doctor his opinion. Let him decide.

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Have on exhibit the late model Piano Player, also car load Weaver Pianos for your inspection, Wrenn building. Have removed entire stock of Stationery, Office Supplies, Groceries, Etc., to the above quarters and we invite you to visit our store.

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Anneunced for the Appalachian Exposition.

Unprecedented Southern Show to Be Given at Knoxville, Tenn., September 12 to October 12.

The Appalachian Exposition, to be held at Knoxville, Tenn., Sept. 12 to Oct. 12 of this year, will get the lowest coach excursion ratiroad rates ever granted for transportation of exposition visitors in the south. This rate of approximately one cent per mile has been authorized by the Southeastern Passenger association, which includes all the railroads in the southeastern territory, of which the Appalachian region is a greater part.

The splendid rate concessions which the railroads have made the Appalachian Exposition assure its success in point of attendance, as thousands of people will visit the great event who could not do so were the rates not so remarkably cheap. This is a great concession which the people throughout the Appalachian region will apcially designed for the states of this region, Tennessee, Virginia, West Virginia, North Carolina, South Carolina, Georgia, Alabama and Kentucky, they will be splendidly represented in the

The coach rate tickets will be on sale on Tuesdays and Thursdays during the exposition period. Upon other days, a rate of one and one-half cents per mile will be granted.

Coach excursion tickets will be sold from all points within a radius of 250 miles of Knoxville, on Tuesdays, Sept. 13, 20 and 27, and Oct. 4. These tickets will be limited to five days exclusive of date of sale.

Coach excursion tickets will also be sold, from all points south of the the Mississippi river, on Thursdays, on these tickets will be eight days in addition to the date of sale.

Tickets at the rate of one and onehalf cents per mile will be sold every day from Sept. 10 to Oct. 12, inclusive, final limit of ten days, not to exceed

The one cent per mile, or "coach excursion" tickets, will not be good for transportation in Pullman sleepers. being confined to coaches exclusively. The one and one-half cent round trip tickets, however, will be good for any part of the train, from smoker to Pull-

Some of the rates on the coach baeis, from the point of seiling to Knozville and return, are as follows: Washington, \$10.75; Richmond, \$9.45; Norfolk, \$11.05; Memphis. \$8.70; Cincinnati, \$6.40; Atlanta, \$3.80; New Orleans, \$12.45; Jacksonville, \$11.20; St. Louis, \$12.55; Augusta, \$7.20; Charleston, \$10.80; Chattanooga, \$2.22; Bristol, \$2.62; Nashville, \$4.36.

Detailed information as to rates from any point may be obtained from H. F. Cary, general passenger agent of the Southern railway, Washington, D. C.; or W. A. Russell, general passenger agent of the Louisville & Nash- In effect May 5th, 1910 Eastern Stand ville railroad, Louisville, Ky., of the Appalachian Exposition, Arnstein building, Knoxville, Tenn.

The main lines of the Southern and L. & N. railroads reach Knoxville, and Dante through trains and direct connections St. Paul with other roads from all points on Speers Ferry these great systems make fast time into Johnson City Knoxville. The railroads are already Erwin making extensive preparations for ad. Erwin ditional equipment and trains for the accommodation of this exposition business. It is confidently expected that at least 350,000 people will visit the Marion exposition during the four weeks of its duration. Now that such unprecedentedly low railroad rates have been granted, the attendance may be even

The Public Comfort department of Spartanburg the exposition is planning for housing Thermal and feeding every exposition visitor, as Knoxville's homes will be thrown open as well as its many large and new or remodeled hotels. One hos Alfspass telry of 100 rooms has just been com- Erwin pleted and opened, and another of more than 150 rooms is nearing completion and will be opened before the St. Paul

MARBLE BAND STAND FOR APPA LACHIAN EXPOSITION,

be held at Knoxville, Tenn., Sept. the right to vary from the time shown 12 to Oct. 12, next, will have a patrons are requested to apply to near band stand that will become fa- set agent for definite information or to mous as have the two great bands which the exposition has engaged for the month. This band stand will be J. J. CAMPION a beautiful structure and an exhibit. It will be built of the many varieties of marble that are furnished by the great quarries of East Tenniossee, having high foundations and ten large CHICHESTER'S PILLS Martin, N. C., on the 18th-day of July, 18th, daying the legal bears of sale; said time being the the floor being of polished pink and white marble. The size of this stand will be 35x35, the shape being octagonal, and the roof designed to give the most pleasing effect. The marble for this band stand will be furnished by quarry and mill companies of Knozville, which will also make exproducts in the main building of the crite.

Torturing eczema spreads its burning area every day. Doan's Ointment quick-ly stops its spreading, instantly relieves the itching, cures it permanently. At throat or bronchial trouble. Get a betany drug store.

exposition.

A girl doesn't like the idea of working for a living unless she is married to a shiftless man.

A Cough, A Cold And then no telling what—unless you use Dr. Bell's Pine Tar-Honey. It is Eagle Eye Salve. It is paintent the best, ask your neighbor. Look for harmless and guaranteed. His a the Bell on the Bottle. Sold everywhere.

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Duily Daily: 4:10 p m 10:88 a m 6:13 pm 11:00 am 6:54 p m 12:46 a m Altapass 830 pm 269 pm No. 2 6:00 am 2:09 p 8:55 a.m. 4:22 p.m. 8:15 am 4:27 pm 8:55 am 5:65 pm 10:30 am 6:51 pm Speers Ferry

12:17 pm 8:23 pm Ar 12:45 pm 8:50 pm Through train service daily between Dante, Va., and Spartanburg, S. C., making connections between all points north, east, west and south.

The Carolina, Clinchfield and Ohio The Appalacian Exposition, to Railway, "Clinchfield Route," reserves CHAS. T. MANDEL.

Vice-Pres. & Traffic Mgr.



Anyway, the man who boasts of tensive displays of marble and marble his ability as a liar isn't a hypo- from the A. E. Buffalo home place.

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Are the belies in society for the purpose of giving it tone?

Chronic Sore Eyes Are easily cured with Sotherland

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Use For Over Thirty Years

At6 months old 35 Doses - 35 CENTS Guaranteed under the Po

Land for Sale

Take notice, that the undersigned commissioner, will on the 20th day of July, 1910, under and by virture of a judgment of the Superior Court of Mo-Dowell county, North Carolina, in a special proceeding entitled C. M. Hemp-hill vs. J. H. Outhbertson, et ux., proneed to sell, at the court house door in Marion, N. C., between the hours of 12 o'clock m. and 2 o'clock, p. m., to the highest bidder for cash, the following described tract of land, lying and being in Nebo township, McDowell county, N C., more specifically described as follows, to wit: Adjoining the lands of Jason Finley, W. A. Gibbs, and others, beginning on a stake at the old pine ourner, the north east corner of the old

homestead tract or 100 acre tract known as the Cuthbertson homestead tract (pine now down) on the east side of a ridge and runs south 160 poles with the line of the home tract crossing Shadrick's Creek to a stake on Will Gibb's line: thence east 164 poles to a post calk on the south bank of Shadrick's creek, post oak now down), thence North with the old Duncan line now Jason Finley's line about 160 poles to a stake North of Finley's corner, thence west to the beginning, containing 25; acres more or

This the 23rd day of June, 1916. J. W. WINESCHNEL Commissioner

on potentiality. If yeary precion, \$178.0 PASSING REFERENCES, For the CHIE WASHINGTON, D. C.

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GUARANTEED SATISFACTORS

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ORPHINE cured at bottom withing paints. or years a speciality. Over \$5,000 within reach of all, book of testimentals Prop. Dr. Woodast. 106 N. Pryor St. Affants, Ga

Execution Sale.

NORTH CAROLENA. In the Superior McDowell County Count The Phys National Bank of Market, S.-G.

W. P. Fladey, et als,

By virtues of authority of conception beauty North Carolina, in the above swittled case, fished the ded day of May, 1808, L. P. H. Maskisura, Shartf of NaDowell county, will sell the browle. ing the legal bours of sale; said time being the bet day of the July term of Superior sourt of Ma-Dowell county. faid land bring described as

A track of land simule in the town of Markey, M. C., lying between the feetbern Railway track and the terrgusten road, and known as the Hal-Elegram let, adjusting the land of wee. M. J. Hoover, the old J. H. Platey place, and esheral and being situated immediately across the stress

field sale is made to settely said expending fire \$390, and between us same from the Had day of march, 1967, and cost.

This, the 10th day of June, 1916. P. H. MARRISONS, Shortif of Bollewell County.

Dr. Bell's Pine-Tar-Honey For Coughs and Colds.

Call at THE PROGRESS office and get a Thermometer free.

Dr. Bell's Antiseptic Salve Good for all Skin Dis