

## A Good Example

"I am a good example," writes Mrs. R. L. Bell, of McAlester, Okla., "of what Cardui will do for suffering women.

"I suffered with my head and back, for over six years, and although I tried everything, I never could get anything to do me any good, until I began to take Cardui.

"Cardui has surely helped me and built me up and I am so thankful that I have found something that will do me good. I feel so much stronger and better than I have in a long time."

It is well to make up your mind before you are sick what medicine you will take when you are sick.

# Take CARDUI

## The Woman's Tonic

You will be glad to take it when you are tired, miserable and when life seems a weary grind. It will put new thoughts into your head, fresh courage into your mind. If not sick now, at least burn Cardui on to the pages of your memory, so that when you are sick you will ask for it without thinking.

If sick or weak, get a bottle today. At all druggists.

Write to: Ladies' Advisory Dept., Chattanooga Medicine Co., Chattannooga, Tenn., for Special Instructions, and 64-page book, "Home Treatment for Women," sent free.

# Foundryman Talks

Number 18.

Answer this, Please!

What Governor of North Carolina "Our baby cries for Chamberlain's It is the most economica by refusing a nomination for Vice-President thereby lost an opportunity to be President of the United States?

And this, Please!

How much will it cost you to neglect slarm clock. having those machinery repairs, etc., made?

An hour of my time costs less than a minute of your neglect.

Believe me.

# Pangle Foundry and Machine Shop

Send your orders for Job Printing to The Progress Office.

## NEW YORK CAPITAL PARTIALLY BURNED

The Damage is Estimated at \$5,-000,000-Valuable Records Lost.

Albany, N. Y., March 29. -The damage to the New York state capitol caused by a fire which raged from 2:45 a. m., until noon today before it was finally brought under control, is estimated at \$5,000,000

The books, documents in the library and historic relics which were destroyed are valued at \$3, 000,000, although many of these can never be replaced.

A careful examination will be necessary before it can be definitely determined whether or not the \$25,000,000 structure, which cost twice the amount of the national capitol, will have to be rebuilt.

### Midnight in the Ozarks

and yet sleepless Hiram Scranton, of Clay City, Ill., coughed and coughed He was in the mountains on the advice of five doctors, who said he had consumption, but found no help in the cli mate, and started home. Hearing of Dr. King's New Discovery, he began to use "I believe it saved my life," he writes, "for it made a new man of me. so that I can now do good work again." For all lung diseases, coughs, colds, la grippe, asthma, croup, whooping cough, hay fever, hemorrhages, hoarseness or quinsy, it's the best known remedy. Price 50c and \$1.00. Trial bottle free. Guaranteed by J. W. Streetman.

Can't you fix it so that you will not have to buy any garden stuff this year? Of course you can. What any farmer can do, you can. Get right at it now and make the best garden in town. Surprise yourself and the neighbors.

Constipation brings many ailments in its train and is the primary cause of much sickness. Keep your bowels regular madam, and you will escape many of the ailments to which women are subject. Constipction is a very simple thing, but like many simple things, it may lead to serious consequences. Nature often needs a little assistance and when Chamberlain's Tablets are given at the first indication, much distress and suffering may be avoided. Sold by all druggists

Mama: "Willie, what do you mean by breaking all those eggs?" Willie: "I heard papa say that there's money in eggs, and I'm trying to find it."

When a medicine must be given to young children it should be pleasant to take. Chamberlain's Cough Remedy is made from loaf sugar, and the roots used in its preparation give it a flavor similar to maple syrup, making it pleasant to take. It has no superior for colds, croup and whooping cough. For sale by all dealers.

What two letters aptly describe the condition of the man who is taken in by sharpers? E. Z.

Heavy, impure blood makes a muddy, pimply complexion, headache, nausea, indigestion. Thin blood makes you weak, pale, sickly. Burdock Blood Bitters makes the blood rich, red, purerestores perfect health.

Many a man has made a fool of himself by trying to show people how smart he is.

Cough Remedy," writes Mrs. T. B. Kendrick, Rasaca, Ga. 'It is the best cough remedy on the market for coughs, colds and croup." For sale by all dealers.

"I'm so run down that I can give no more tick," sighed the

"Dr. Thomas' Electric Oil is the best remedy for that often fatal diseasecroup. Has been used with success in our family for eight years." Mrs. L. Whiteacre, Buffalo, N. Y.

He that has ears to ear should now begin to think of planting

# The Kind You Have Always Bought

## The Orchard.

Rubbish and brush in the orchard yet? Gather and burn at once, and thus destroy harboring places of insect, fungi and other pests.

Too many trees of one variety alongside one another is not the best way to plant them. Mix them up, then they will pollenize one another better and give you choicer fruit and more of it.

Pick off, and burn, all "mummied" fruits on peach, plum or other trees, thus destroying the spores of brown rot and other fungous diseases which winter over on these dried-up specimens.

The only successful way to fight fungous troubles in the orchard is to begin early, before the disease appears. Remember that fungicidal sprays are preventives, not cures. - From April Farm Journal.

### Kicked by a Mad Horse

Samuel Birch, of Beetown, Wis., had a most narrow escape from losing his leg, as no doctor could heal the frightful sore that developed, but at last Bucklen's Arnica Salve cured it completely. It's the greatest healer of ulcers, burns, boils, eczema, scalds, cuts, corns, cold-sores, bruises and piles on earth. Try it. 25c at J. W. Streetman's.

Every man is said to have his Office in Streetman Bldg. price but he rarely gets it.

### Never Out of Work.

The busiest little things ever made are Dr. King's New Life Pills Every pill is a sugar-coated globule of health, that changes weakness into strength, languor into energy, brain fag into mental powers; curing Constipation, Headache, Chills. Dyspepsia, Malaria. Only 25c at Streetman's drug store

Love at first sight may look like blind love to disinterested persons.

# Mexican Mustang Liniment

# For Man and Beast.

remedy because it is made of oils and don't evaporate like alcohol liniments. It pen strates to the bone in a hurry and healing begins instantly.

One of our enthusiastic friends writes:

ENTLEMEN :-

WAVERLY, ALA.

I think Mexican Mustang Liment one of the greatest medicines I co iaw, and always keep a bottle or so in it stables. I've never known a single instar where it failed to give satisfaction, and save been selling and using it for 10 y... Respectfully yours,

PAUL HOFFMA

Full directions with every bottle. At druggists. Three sizes, 25c., 50c. and \$1. LYON MFG. CO., 11-45 South Fifth St. BROOKLYN, %

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-- DENTIST

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## DR. ARTHUR M. DULA. Bentist of Morganton

will work in Marion on Mondays and Tuesdays regularly.

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# McCall Bros. UNDERTAKERS

Coffins and Burial Supplies

Any business intrusted to our care will receive prompt and careful attention.

Over McCall & Conley's Furniture Store.

## NOTICE.

Take notice that William Clark has filed less tion in my office for 50 acres more or less of land in Marion township, McDowell County, on the head waters of north muddy creek and timber tree branch adjoining of William England, Mary A. Clark, Katle Bond, and others: Beginning on a poplar, William England's northeast ourner and ruos various courses and distauces for complement so as to include the vacant land be ween these parties. Entered this March the 6th 1911.

C. A. Dale, E. T.