

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

**GENUINE CASTORIA ALWAYS**

Bears the Signature of

*Chas. H. Fletcher*

The Kind You Have Always Bought

In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

## The Secret of Youth

Do you ever wonder how you can remain young, or why other women older than you, look younger than you do? The secret can be put in a few words: "Preserve your health, and you will preserve your youth."

By "health" we mean not alone physical health, but nerve health, as, sometimes, magnificently strong-looking women are nervous wrecks.

But whether you are weak physically or nervously, you need a tonic, and the best tonic for you is Cardui.

It builds strength for the physical and nervous systems. It helps put flesh on your bones and vitality into your nerves.

# Take CARDUI

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The Woman's Tonic

"My mother," writes Mrs. Z. L. Adcock, of Smithville, Tenn., "is 44 years old and is passing through the change of life.

"She was irregular and bloated and suffered terribly. My father stepped over to the store and got her a bottle of Cardui, which she took according to directions and now she is up, able to do her housework and says she feels like a new woman." Try Cardui in your own case.

Write to: Ladies' Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn., for Special Instructions, and 64-page book, "Home Treatment for Women," sent free.

## Engines and Saw Mills

We sell the Frick Co's Traction, Portable and Stationary Engines and Saw Mills which are all right. Come and get prices on same. Also Threshing Machines and Gas Engines.

Repairing for Boilers, Safety Valves, Steam Guages, Etc., and general repair work.

Yours to serve,

### Pangle Foundry and Machine Shop

Send your orders for Job Printing to The Progress Office.

## Suggestions for Fly Time.

Keep the flies out of dwellings. Get screen doors and windows. Be on guard all the time against them.

Keep screen over articles of food. Don't let flies get near the pantry, kitchen or dining room.

Be doubly careful about keeping flies out of the sick room. They are likely not only to bring complications of new diseases, but carry the invalid's disease to many others.

The fly season will soon be here, and those who put in their screens promptly will be taking the best precautions against having disease germs introduced into their homes by flies.

"Health is wealth" and "an ounce of prevention is worth a pound of cure."

There is more health in a house well screened than in many a doctor's visit.

Never can tell when you'll mash a finger or suffer a cut, bruise, burn or scald. Be prepared. Dr. Thomas' Electric Oil instantly relieves the pain—quickly cures the wound.

Judge J. C. Pritchard has been designated to sit with Circuit Judge Goff and District Judge Rose in the celebrated case of the United States vs. the Standard Sanitary Manufacturing Company, which is to be heard in Richmond June 15. The suit is brought under the Sherman anti-trust law and the case is known as the "bath tub" case. About 16 corporations are involved.

J. M. Howell, a popular druggist of Greensburg, Ky., says, "We use Chamberlain's Cough Remedy in our own household and know it is excellent." For sale by all dealers.

Gold—the sovereign and half-sovereign—is now being largely used in India instead of silver. Traders, instead of going about with bags of rupees, have taken to carrying gold in their pockets. Last year \$90,000,000 in gold was imported into India, compared with \$35,000,000 in 1908 and \$50,000,000 in 1909.

Don't let the baby suffer from eczema, sores or any itching of the skin. Doan's Ointment gives instant relief, cures quickly. Perfectly safe for children. All druggists sell it.

There are 1,000 churches in the state of Washington and 1,500 saloons. However, the number of churches is on the increase, while 345 saloons have been abolished within the last two years.

For soreness of the muscles whether induced by violent exercise or injury, Chamberlain's Liniment is excellent. This liniment is also highly esteemed for the relief it affords in cases of rheumatism. Sold by all dealers.

Dr. Wiley is now "going after" some of the headache remedies. He might also attack some of the headache causes.

**It Startled The World**  
when the astounding claims were first made for Bucklen's Arnica Salve, but forty years of wonderful cures have proved them true, and everywhere it is now known as the best salve on earth for burns, boils, scalds, sores, cuts, bruises, sprains, swellings, eczema, chapped hands, fever sores and piles. Only 25c at J. W. Streetman's.

Bessemer, Ala., is now in the race for the Democratic National Convention. Pittsburg delegates ought to vote for it if merely on account of its name.

Now is the time to get rid of your rheumatism. You will find Chamberlain's Liniment wonderfully effective. One application will convince you of its merits. Try it. For sale by all dealers.

If a man does not seek wisdom he will never be very wise.

Any woman with pimples, skin eruptions, sores or boils does not appear attractive and cannot enjoy life. Bloodline Ointment cures them and makes the skin soft and velvety. Cures cold, sores, cracked lips, chapped hands, sore eyes, itching and bleeding piles. J. W. Streetman, special agent.

## No Man is Stronger Than His Stomach

A strong man is strong all over. No man can be strong who is suffering from weak stomach with its consequent indigestion, or from some other disease of the stomach and its associated organs, which impairs digestion and nutrition. For when the stomach is weak or diseased there is a loss of the nutrition contained in food, which is the source of all physical strength. When a man "doesn't feel just right," when he doesn't sleep well, has an uncomfortable feeling in the stomach after eating, is languid, nervous, irritable and despondent, he is losing the nutrition needed to make strength.

Such a man should use Dr. Pierce's Golden Medical Discovery. It cures diseases of the stomach and other organs of digestion and nutrition. It enriches the blood, invigorates the liver, strengthens the kidneys, nourishes the nerves, and so GIVES HEALTH AND STRENGTH TO THE WHOLE BODY.

You can't afford to accept a secret nostrum as a substitute for this non-alcoholic medicine of known composition, not even though the urgent dealer may thereby make a little bigger profit. Ingredients printed on wrapper.



## Soldier Remembered Those Who Cared for Him.

Newton News.

A soldier of the Confederacy who was cared for at the home of Mr. J. C. Warlick, in Lincoln county, at the close of the war, and nursed back to health, last week sent Mr. Warlick \$50 and told him to come to Little Rock, where the man lives, and take in the reunion, "on him." Needless to say, the Lincoln veteran is there now.

Constipation causes headache, nausea, dizziness, languor, heart palpitation. Drastic physics gripe, sicken, weaken the bowels and don't cure. Doan's Regulets act gently and cure constipation 25 cents. Ask your druggist.

Last Friday snow fell in Yellowstone Park and freezing weather was reported in Wyoming and Nevada, while the Middle and Eastern states sweltered in the hottest weather of the year.

When you have that awful pain in the back don't delay but go and buy a box of Bloodline Blood and Kidney Tablets. They make sick kidneys well. They even cure Bright's Disease and Diabetes. J. W. Streetman.

There is an asbestos mine at Lowell, Mass., which produces a fine grade of material and is said to promise an output of one hundred tons a day.

**CASTORIA**  
For Infants and Children.  
The Kind You Have Always Bought

Bears the Signature of *Chas. H. Fletcher*

It isn't a man's love for flowers that makes him throw bouquets at himself.

**Saved Child From Death.**  
"After our child had suffered from severe bronchial trouble for a year," wrote G. T. Richardson, of Richardson's Mills, Ala., "we feared it had consumption. It had a bad cough all the time. We tried many remedies without avail, and doctor's medicine seemed as useless. Finally we tried Dr. King's New Discovery, and are pleased to say that one bottle effected a complete cure, and our child is again strong and healthy." For coughs, colds, hoarseness, lagrippe, asthma, croup and sore lungs, it's the most infallible remedy that's made. Price 50c and \$1.00. Trial bottle free. Guaranteed by J. W. Streetman.

Your wife, as well as your sins, will find you out.



## TALK TO US

about anything in the way of repairs to vehicles for pleasure or business purposes and you'll find the conversation to end to your benefit, for the reason that the repair work we do is well done, the materials we employ the best obtainable, and the prices we charge exceedingly moderate.

**Carson's Shop**  
Court Street.

## Executors' Notice.

Having qualified as executors and executrix of the last will and testament of D. N. Lonon, deceased, late of McDowell county, North Carolina, this is to notify all persons having claims against the estate of the said deceased to exhibit them to the undersigned at the Merchants & Farmers Bank, at Marion, North Carolina, on or before the 11th day of May, A. D. 1912, or this notice will be plead in bar of any recovery thereon. All persons indebted to the said estate will please make immediate payment.

This 11th day of May, A. D. 1911  
THE MERCHANTS & FARMERS BANK,  
WILLIAM N. LONON,  
MRS. HESSIE LONON,

Executors and Executrix of the last will and testament of D. N. Lonon, deceased.  
J. L. C. Bird, Atty

## Commissioners Notice.

We the undersigned commissioners will sell at public auction for cash at the court house door in Marion, N. C. on Monday, May 29th, 1911 at 1 o'clock p. m. all the Dental Tools and office fixtures that were formerly in William Fleming's office over J. W. Streetman's Drug Store, also the following items:

1 Oliver typewriter, 1 Hall's safe, 1 Carpet Sweeper, 3 coal heating stoves, 1 oil heating stove, 1 electric fan, 1 drawing outfit, 1 check protector, 1 clock, 1 surgical case and instruments, 1 No. 4A Eastman Kodak, 6 doz towels and napkins, 1 screw saw, 1 barrel dustdown, 2 medicine and instrument cases, 1 typewriter stand, Fishing tackle and rods.

This 8th day of May, 1911.

J. W. STREETMAN,  
J. D. BLANTON,  
Commissioners.

Progress office for tasty printing

Here's  
to Your Good Health and Pleasure

Come—follow the arrow 'til you join the merry throng of palate pleased men and women who have quit seeking for the one best beverage because they've found it—

# Coca-Cola

Real satisfaction in every glass—snap and sparkle—vibrant and go. Quenches the thirst—cools like a breeze.

Delicious—Refreshing—Wholesome

**5c Everywhere**

THE COCA-COLA CO.  
Atlanta, Ga.

Send for our interesting booklet, "The Truth About Coca-Cola"

Whenever you see an Arrow think of Coca-Cola