

## YOU MAY READ THIS LETTER

Danville, Va., July 18th 1910.

The Milan Medicine Co.,  
Danville, Va.

Gentlemen:-

My niece suffered for many years with a trouble pronounced by her physicians to be uric acid rheumatism and although he treated her, she never obtained relief.

Being well acquainted with Milan and knowing it had been used successfully very frequently in similar cases, I determined to put her on it. She took six bottles with the happiest results. I regard her as entirely relieved and will always take pleasure in recommending Milan for uric acid troubles.

Yours truly,

*C. B. McBryer*

**YOUR DRUGGIST  
CAN SUPPLY YOU  
WITH MILAM—IF HE  
DOES NOT KEEP IT HE CAN  
GET IT FROM ANY DRUG JOBBER**

### NOTICE!

The undersigned having been appointed and qualified as executors of the last will and testament of M. B. Bright, deceased, this is to notify all persons having claims against said estate to produce them to the undersigned within twelve months from this date, or this notice will be plead in bar of the collection of the same.

All persons indebted to said estate will please make immediate settlement with the undersigned This Sept. 12th, 1911.

A. L. BRIGHT and COLUMBUS BRIGHT,  
executors of the estate of  
M. B. Bright, deceased.

The corporation commission is notified that the Rockingham Railroad Company, extending 21 miles, from Rockingham, Richmond county to Gibson, Scotland county, will begin October 1 to operate as a passenger carrying road. It connects at Rockingham with the Seaboard Air Line and at Gibson with the Atlantic Coast Line.

## Farm and Garden

### TRY A CROP OF SORGHUM.

It is Hardy, Prolific, a Wonderful Cattle Food and Good For Humans.

In one of the most interesting of the always instructive bulletins sent out by the United States department of agriculture the extension of sorghum growing is urged by Carleton R. Ball, one of Uncle Sam's first agronomists. "It is only thirty-five years," he says, "since the first grain sorghums were introduced into the United States. It is only twenty years since any of them have become crops of recognized importance. Although grain producing varieties had probably been introduced from time to time since the early colonial days, none had remained in cultivation.

"The first permanent introductions were the two durras, brown durra and white durra, which reached California in 1874 under the names 'brown Egyptian corn' and 'white Egyptian corn.' On account of its earliness and drought resistance the white variety became popular in the central plains region during two different series of dry years. The first was from 1880 to 1884, when it was known as 'rice corn.'

"Meal made from the grain sorghums, ground locally, is not infrequently used in the making of batter cakes and similar articles on the farm.

## QUEEN OF ACTRESSES PRAISES PE-RU-NA.

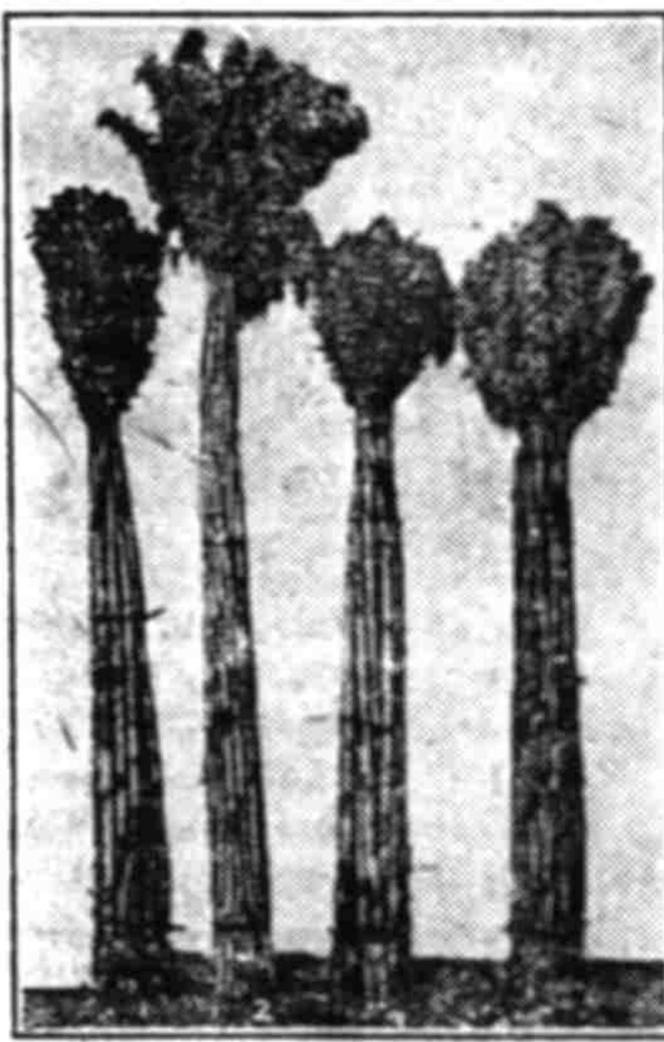


Miss Julia Marlowe

"I am glad to write my endorsement of the great remedy, Peruna. I do so most heartily."—Julia Marlowe. Any remedy that benefits digestion strengthens the nerves. The nerve centers require nutrition. If the digestion is impaired, the nerve centers become anemic, and nervous debility is the result.

The general testimony is that these are delicious in quality. Some experiments are now being conducted in a small way to determine the value of the meal for more extended use. There seems little reason why when properly milled it should not be used in much the same manner as cornmeal. Throughout Africa, India and the other parts of southern and eastern Asia, where these crops are largely grown, they are not only commonly used as human food, but in many countries they furnish the chief article of diet.

"The advantages of pure crops are many and easily seen. Pure varieties are most likely to be uniform in height



THREE FINE SPECIMENS OF PROLIFIC SORGHUM.

and in time of ripening, and hence are easy to harvest. The grain is of much greater value for seed purposes and also obtains a higher grade and commands a better price on the grain market. It is also better as a feeding grain because more uniform in quality.

"The formation of various boys' and girls' clubs, especially those for the growing of corn, is helping to create interest in the things of the farm. They are real steps in the right direction and should be extended to cover all farm crops, poultry and live stock. But it is not necessary to await the formation of a neighborhood club in order to interest the boy in selecting better seed. Help him to make selections from the year's crops. Let him prepare it for storing over winter. Set aside a field on which he can plant it the following spring. Plant alongside it some unselected seed. Assist him in comparing the two fields. Encourage him if striking results are not obtained the first year. Give him a fair share of the profit when profit results from his labors. The best result will be the increase of interest and knowledge in the boy."

**No More Thirsty Plowmen.**  
I thought my wife was extravagant when she bought one of those new-fangled bottles for keeping liquids hot, but it has proved very convenient in the house, and now that I have found a new use for it on the farm I am as enthusiastic over it as she is. Before going out into the hot sun to work I fill my double bottle with ice cold filtered water and leave it in the refrigerator so that the whole thing becomes thoroughly chilled. I then carry it out to work with me, put it in the shade or preferably under a bit of sod. The water keeps almost ice cold all day long, even in the hottest weather. This device is about the cutest thing for cold comfort and cool refreshment that I have found yet.—Rural New Yorker.

**A Polite Request.**  
"Dear teacher," wrote little Johnny's mother, "kindly excuse John's absence from school yesterday afternoon, as he fell in the mud. By doing the same you will greatly oblige his mother."

Subscribe to the PROGRESS.

## PROFESSIONAL

DR. J. GILLESPIE REID,

—DENTIST—

Will answer calls at any

hour of the night. :: ::

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First National Bank Building,

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ATTORNEY AT LAW

Prompt Attention Given All

Business Intrusted to My

Care. :: :: :: ::

Up Stairs, Streetman Building

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COUNTY SURVEYOR,

**C. E. HOUSE**

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UNDERTAKERS

Coffins and Burial Supplies

Any business intrusted to our care will receive prompt and careful attention.

Over McCall & Conley's Furniture Store.

## FIRE!

We represent some of the strongest and most reliable Fire Insurance and bonding Companies.

Would be pleased to write your business.

**Burton & Wood,**

AGENTS.

Merchants & Farmers Bank Building.

## Western North Carolina Fair

Riverside Park, ASHEVILLE, October 10, 11, 12, 13.

Great exposition of agricultural and horticultural products, minerals, timbers, blooded horses, cattle, sheep, hogs, poultry.

Splendid exhibits of manufactured products of Western North Carolina, modern farm tools and machinery.

### Magnificent Free Entertainment.

There'll be something doing all the time for the entertainment of Fair visitors.

"Happy Jack" Taylor will make a death daring 1000-ft. slide enveloped in fire on a slender wire across the French Broad river into the Park each night.

Band of original Cherokee Indians will play the ancient game of LaCross.

### Gorgeous Display Fireworks Each Night.

Street Parades

Balloon Ascension

Band Concerts

Fair grounds and Free camp grounds adjoining abundantly supplied with city water.

Thousands of Dollars given away as Premiums;

For Premium List Write

**W. N. C. Fair Association,**

Owen Gudger, Sec'y, Asheville.