

## HER WEIGHT INCREASED FROM 100 TO 140 POUNDS.

### Wonderful Praise Accorded Peruna the Household Remedy

Mrs. Maria Goertz, Orienta, Oklahoma, writes:

"My husband, children and myself have used your medicines, and we always keep them in the house in case of necessity. I was restored to health by this medicine, and Dr. Hartman's invaluable advice and books. People ask about me from different places, and are surprised that I can do all of my housework alone, and that I was cured by the doctor of chronic catarrh. My husband was cured of asthma, my daughter of earache and catarrh of the stomach, and my son of catarrh of the throat. When I was sick I weighed 100 pounds; now I weigh 140.

"I have regained my health again, and I cannot thank you enough for your advice. May God give you a long life and bless your work."

### A LIBERAL OFFER

We Guarantee to Relieve Dyspepsia. If We Fail the Medicine Costs Nothing.

To unquestionably prove to the people that indigestion and dyspepsia can be permanently relieved and that Rexall Dyspepsia Tablets will bring about this result, we will furnish the medicine absolutely free if it fails to give satisfaction to any one using it.

The remarkable success of Rexall Dyspepsia Tablets is due to the high degree of scientific skill used in devising their formula as well as to the care exercised in their manufacture, whereby the well-known properties of Bismuth-Subnitrate and Pepsin have been combined with Carminatives and other agents.

Bismuth-Subnitrate and Pepsin are constantly employed and recognized by the entire medical profession as invaluable in the treatment of indigestion and dyspepsia.

The Pepsin used in Rexall Dyspepsia Tablets is carefully prepared so as to develop its greatest efficiency. Pepsin supplies to the digestive apparatus one of the most important elements of the digestive fluid. Without it the digestion and assimilation of food are impossible.

The Carminatives possess properties which aid in relieving the disturbances and pain caused by undigested food. This combination of these ingredients makes a remedy invaluable for the complete relief of indigestion and dyspepsia.

We are so certain of this that we urge you to try Rexall Dyspepsia Tablets on our own personal guarantee. Three sizes, 25 cents, 50 cents, and \$1.00. Remember, you can obtain Rexall Remedies only at our store—The Rexall Store. J. W. Streetman.

### It Wasn't Him.

The story is told of a traveling man of a pretty young lady who stepped into a music store in Springfield, Mo., the other day. She tripped up to the counter where a new clerk was assorting music, and in the sweetest tones asked, "Have you 'Kissed Me in the Moonlight'?" The clerk turned half way round and answered: "It must have been the man at the other counter; I've been here only a week.—Buffalo Commercial.

### Three in Thirty.

You use L. & M. Paint on your house only 3 times in 30, perhaps 40 years; and each time at less cost than any other paint; for you make 1½ gallons of paint ready-for-use, by adding 1 of a gallon of Linseed Oil to each gallon of L. & M., and thus reduce actual cost to about \$1.80 per gallon.

All painters know and recommend it. Longman & Martinez, Manufacturers—The L. & M. Pure Paints, Varnishes and Paints for every purpose, for sale by J. D. Blanton, Marion, N. C.

Write postal for "MONEY SAVER PRICE LIST" No. 60. Longman & Martinez, P. O. Box 1879, New York.

## North Carolina and Her Great Farming Resources.

In view of the effort now being made to bring former residents of North Carolina "back home" with a view to the greater development of this state's resources the following from the pen of Col. Wade Harris, of the Charlotte Chronicle, on "North Carolina and Her Farming Resources" is of peculiar interest:

During the past few years agriculture has come to be recognized as a science as well as an industry and during the same period it has become profitable to a degree that is rather surprising to the person who thinks of the farmer of the caricaturists as typical. As a matter of fact, the most successful farmers of today are men who would be most successful in other lines of business—men with brains and industry. The more education the farmer has the easier is his path and the more certain his success, because the science of farming is developing and advancing very rapidly and it is the man who keeps abreast of the times that gets the most out of his farm.

The high and increasing value of farm products of all classes, together with the increasing cost of living in the cities, is bound to result in an exodus of city and town people to the farms. In fact this movement has been very perceptible during the past two or three years, and strange to say, most of the men who leave the city and go to the farm are successful. They are willing to learn in the first place, and having been used to working all the time, they keep their eyes open for something to do and keep their farms in the best possible shape. Most of them become specialists, growing just a few crops and endeavoring to get the very best results. Many of the most successful fruit, berry and truck growers are city bred men who have learned their business thoroughly and are making tremendous profits.

No state in the entire union can offer such opportunities and advantages to the man who would make his living and fortune out of the soil as can North Carolina. No state can offer such variety of crops and soils. No state can offer such a climate as the people of this state enjoy. Almost any staple crop of fruit that can profitably be grown anywhere in the United States can be profitably grown somewhere in North Carolina. This state raises more cotton to the acre than any other cotton state. With one or two exceptions this state raises more corn to the acre than any other state. Wheat and oats and rye and barley can be grown in many of our counties as profitably as in the great wheat states. Clover, alfalfa and other hay crops grow luxuriantly in most sections of the state. No greater opportunities can be offered to the trucker and berry and fruit grower by Florida or any other section.

The state of North Carolina has an era of unprecedented prosperity and wealth before her. The great trucking belt on the east has come into its own. The middle section and the Piedmont section are advancing very rapidly in the intensive cultivation of cotton and corn and other staple crops. The mountain section is just becoming known for the unsurpassed advantages for the apple grower and for the cattle raiser. The mountain section promises to develop very rapidly. The Chronicle of last Saturday carried a comprehensive story of the very remarkable development during the past two or three years of the sandhill section of the state. No section of North Carolina has a brighter outlook than this. About

a million acres of land cleared of its timber and long considered absolutely worthless for farming purposes because of the sandy character of the soil, has been found to be the equal of any farming land in the state for staple crops and unsurpassed for peaches, berries and grapes. All it required was the right sort of cultivation and this has been found to be so simple that on account of the excellent lay of the land and the lightness of the soil it is the most easily cultivated land in the country.

### Big Timber Deal.

Asheville, Oct. 13.—An 8,000-acre tract of spruce timber on the slopes of Mount Mitchell, changed hands today when S. Montgomery Smith, of this city; F. A. Drewery and Marcus L. Foster, of Massachusetts, sold it to Campbell and Dickey, of Virginia. The consideration was \$857,000.

Lame back is one of the most common forms of muscular rheumatism. A few applications of Chamberlain's Liniment will give relief. For sale by all dealers.

The Lumberton Robesonian is informed that in accordance with an act of the last Legislature antitoxin for diphtheria can now be had at manufacturers' cost, which means, says the Robesonian, that a dose which formerly cost \$7.50 can now be had for \$1.95.

Any skin itching is a temper-tester. The more you scratch the worse it itches. Doan's Ointment cures eczema—any skin itching. At all drug stores.

Wanted—500 new subscriptions during the fair. Who won the premiums, etc., will be published in The Progress. Don't forget to give in your subscription.

Five well-defined cases of pellagra have been successfully treated at the McKanna sanatorium in Reidsville, and in at least some of the cases the recovery of the patients is regarded by Reidsville people as well nigh miraculous.

## Leap's Prolific Wheat

The Most Prolific and Best of Milling Wheat

Yields reported from our customers from twenty states five bushels per acre. When grown side by side with other kinds this splendid beardless wheat yielded from five to six bushels more per acre on same land and under same conditions as other standard wheats.

Wherever grown it is superseding all other kinds and it should be sown universally by wheat growers everywhere. Write for prices and "Wood's Crop Special" giving information about all Seasonable Seeds.

T. W. WOOD & SONS, Seedsmen, Richmond, Va.

## Notice!

Bring your fat Calves to Nebo, N. C. after November the first from 3 to 6 weeks old. Will pay 3c per pound on foot.

Will buy them all times during the week except Saturdays.

C. F. Smith

# Shoes! Shoes!

This is the season of the year that almost everyone will be wanting heavier Shoes, and I am well prepared to take care of the Men, Women and Children in their Fall Shoes.

Men's Heavy weight Shoes \$1.40 to \$4.00 the pair. Men's Dress Shoes \$2.00 to \$4.50 the pair.

Ladies Shoes \$1.50 to \$3.50 the pair. I have several weights and makes for the boys and girls.

See my Jack and Jill line of Children Shoes, they have broad toes and flexible soles.



# J. D. BLANTON

## YOUR CHILDREN MIGHT NEED YOUR MONEY SOME DAY



## PUT SOME IN THE BANK FOR THEM NOW IT WILL WORK FOR THEM IN THE BANK

Suppose you died today, would you leave behind helpless little children? You will not fear for the future of your family if you have money in our bank.

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