## CAUSE FOR ALARM

loss of Appetite or Distress After Eating a Symptom That Should not Be Disregarded
Appetite is just a natural desire for food. Loss of appetite or stomach distress after eating indicate indigestion or dyspepsia. Over ating is a habit very dangerous to person's good general health.
It is not what you eat but what yoü digest and assimilate that does you good. Some of the strongest, deaviest, and healthiest persons are moderate eaters.
There is nothing that will cause more trouble than a disordere stomach, and many people daily contract serious maladies simply through disregard or abuse of the tomach.
We urge all in Marion who suffer from any stomach derangement indigestion, or dyspepsia, whether acute or chronic, to try Rexal Dyspepsia Tablets, with the distinc anderstanding that we will refund their money without question or formality, if after reasonable use of this medicine, they are not per fectly satisfied with the results We recommend them to our cus tomers every day, and have yet to hear of anyone who has not been benefited by them. We lionestly believe them to be without equal. They give very prompt relief, aid ing to neutralize the gastric juices strengthen the digestive organs to regulate the bowels, and thus to promote perfect nutrition, and We urge you to try a 25 c . bo We 1 gives 15 days' treatment $4 t$ end of that time, your money wil be returned to you if you are no satisfied. Of cogrse, in chronic cases length of treatment varies. For such cases, we have two large sizes, which sell for 50 c. and $\$ 1.00$ Remember, you can obtain Rexal Remedies in this community only at our store-The Rexall Store. J W. Streetman.

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IIE YOUTHS COMPANIO
Nen Sthbritition Reccived at Thio office
Pay your subscription to $\mathrm{T}_{\mathrm{r}}$ Progress.

NEWS OF THE STATE Record of Happenings General Interest During the

## Past Week.

The Burke County Poultry Assciation announces its second anual exhibition at Morganton on ovember 22,23 and 24
The roller mill and adjoining warehouse of the Home Milling Company at Lenoir was destroyed by fire last Wednesday. The loss estimated at $\$ 6,000$.
Mr. J. Frank Fooshee, a newspaper man from South Carolina, aper man the Wo Sostille Courier rom Mr G. C. Briges and is now in charge of the paper
The Gaston county farmers, says he Gazette, are now. making from 25 to 100 bushels of corn to the cre, whereas only a few years ago hey were making only ten to fifcen bushels.
The North Carolina Electrical Power company will soon have ompleted a duplicate power line rom Marshall to Asheville, the wo lines between these points go g through different territory.
F. A. Gordon, traveling repre sentative of the International Har ester Company, fell dead in Hick ory last Wednesday while prepar ing an exhibit of his company' goods for the street fair at Hickory.
The Supreme court found no rror in the trial of Mrs. Jani oell, convicted in Rowan count of being engaged in the white
slave traffic," and her sentence of slave tramic, and her sentence of
five years in the state penitentiary will stand.
will
No. 35 , the west bound passenger train on the W. N. C. railroad now stops regularly at Cleveland, ElmHeod, Catawba and Bridgewater Heretofore it has been a throug rain, making onls principal stop Asheville.
A charter was issued last week for the Brevard cotton mill of Bre vard, capitol $\$ 100,000$ authorized and $\$ 51,000$ subscribed by W. C Cleveland and J. H. Williams o Greenville and Welch Galloway o Brevard, for the establishment a mill for general textile purposes. Nine millions of tags and a equal number of wire hooks with which to attach the tags to the bugs of fertilizer and cotton seed meal are being stored in the de partment of agriculture as the supply for the fiscal year beginning December 1. Each tag represents路 department
A car load of hogs, consigned to some man in South Carolina, wa broken open last Thursday and the hogs escaped and scattered over
the landscape, when a southbound the lardscape, when a southbound
freight train was derailed near freight train was derailed near Spartanburg road of the Southern Railway. Many of the hogs have been recovered.
The plea of the Southern Railway Company that its having ite passenger station for Rutherford ton incorporated as Hamptonville precluded the possibility, under
the law, of the the law, of the corporation commission requiring the company to join in a passenger station for Rutherforaton at the site of the Seaboard Air Line, is overruled by the commission and the two railroad companies are directed to submit plans for a union station within thirty days.



DOCTORS FAILED. RESTORED BY PERUNA. Catarch of the Lungs Threatened Her Life, Mise Ninetto Portcr, Braintroe, Ver Perana. "I had several hemorthager of the range. The doetore did not help me much and would never have carrod me.
"I esw a teatimontial in : Perume almanio of acease similiar to to mine, sind ${ }^{\text {CI }}$ I was not able to walt on myeelt
 was holping me.
 menced to ralse up a stringy, stticky
 the treatiment.
"I grow more flochy than I bea boen cor a long time, and now 1 dall my well well"

Carlyle Items.
Carlyle, Nov. 6.-Lather Wise has returned home from Lacrosse, Wash,
Born, to Mr. and Mrs. H M. Hensley, the 29th inst., a son. Mr. and Mrs. Monroe Dellinger ave moved from Nebo to Mor zanto where they will make their uture home.
J. B. Lewis of Marion is visiting elatives and friends here
S. C. Hensley has returned to Willerd Crestmont.
Willard and Hugh Lewis and James Gray caught four coons and wo 'possums last week.
John Burkhart has returned from visit to homefolks at Morganton. Sunday Schnol is progressing aicely.
A. A. Hensley was at Black Mountain on business Saturday. The farmers are sowing whent. Jack.

Belgiom-is Earope's most dense populated Nation, having at it st census $7,317,561$ is babitants to is 11,373 square miles of territory.

With hay at twenty dollars a ton who would not be a hayseed)
It doesn't require an axe to co an acquaintance.


## Notice!

Bring your fat Calves o Nebo, N. C. after November the first from 3 to 6 weeks old. Will pay 3 c per pound on foot.

Will buy them all times during the week except Saturdays.
C. F. Smith

## Stoves! Stoves!

Have a very large line of Sheet Iron Heating Stoves for wood at very attractive prices, also have better grades of heating stoves for wood, and an extra heavy box heating stove stuitable for school houses or churches. Several sizes of coal heating stoves. Oil Heating Stoves at $\$ 3.25$ and $\$ 4.00$ the stove. Cook stoves and Ranges.

## J. D. BLANTON



The foundation of every success, business or professional, is monev, Save your money and a good opportunity for you to make a profitable business investment will surely come. Begin saving and keep on saving, and you will get ahead. There is no other way to do so.

Make OUR Bank YOUR Bank.
We pay liberal interest consistent with salety 4 per cent.
The Merchants and Farmers Bank


