

## Get Rid of Tan, Sunburn and Freckles

by using HAGAN'S

## Magnolia Balm.



Acts instantly. Stops the burning. Clears your complexion of Tan and Blemishes. You cannot know how good it is until you try it. Thousands of women say it is best of all beautifiers and heals Sunburn quickest. Don't be without it a day longer. Get a bottle now. At your Druggist or by mail direct. 75 cents for either color, White, Pink, Rose-Red.

**SAMPLE FREE.**

LYON MFG. CO., 40 So. 5th St., Brooklyn, N.Y.

## Professional Cards

### Dr. J. Gillespie Reid

**DENTIST**

Will answer calls at any hour of the night.

Rooms 3, 4 and 5

First National Bank Building  
Marion, N. C.

### Dr. Alfred W. Dula

**EYE SPECIALIST**



TO SEE BETTER  
**See Dula**

16 Years Experience

The Best Equipment Obtainable.

Glasses Fitted Exclusively  
Martin Block, LENOIR, N. C.

If you got it from DULA, It's All Right!

### W. A. Sweeney

**Plumber.**

Marion, N. C.

Five years' experience in the business. Satisfaction guaranteed.

Your work solicited  
Phone 194.

#### NOTICE!

W. M. McNairy enters 100 acres of land in Marion township, McDowell County, on the waters of Toms creek, adjoining the lands of Amos Hensley and others, Beginning at the southeast corner of the little cove tract and runs east to a stake in the line of Grant No. 15120, thence north with the line of that Grant to a stake in the line of Grant No. 16374, thence a west course with the line of that Grant to a stake in the line of the little cove tract, thence to the beginning.

Entered July 17th, 1916.

No. 14122.

C. A. DALE, E. T.

#### NOTICE!

This is to certify that J. W. Winborne has filed location in my office for 100 acres of land in Nebo Township, McDowell County, on the waters of the Catawba river, adjoining the property of the Western Carolina Power Company, formerly lands of S. W. Gray, J. Dellinger, and J. L. Wilson, Beginning on a stake on the south bank of the Catawba river, the northwest corner of J. Dellinger 128 acre tract now Western Carolina Power Company; thence south 3 degrees 11 minutes west 327 feet to a stake in the line of J. L. Wilson's now Western Carolina Power company and the corner of the said Dellinger tract; thence south 89 degrees and 7 minutes west 1720 feet to a point in the center of the Catawba, a corner of said J. L. Wilson tract, thence down the river with its meanders and with the center of the flow of said river to a point north of the beginning point; thence south to the point of beginning.

Entered Aug. 12th, 1916.

No. 14123.

C. A. DALE, E. T.

Ethel had just returned from school and was rehearsing the day's lesson in physiology to her little three-year-old sister.

"Now, what is the most important part of the body?" Ethel asked, expeccing of course to get the answer, "the heart."

"I find what 'oo sits on," was the shrill little answer.

Advertise in The Progress.

#### A Movement of Decided Benefit.

The movement for the holding of community Service schools in various counties of the state seems to us to be a good one that should result in much benefit. The first of such schools is to be held for five days, beginning Saturday, in a township in Mecklenburg county, this to be followed next month in Sampson county. Still others will doubtless be held from time to time.

The idea of the Community Service school, as we understand it, is to bring people in rural districts together with a view to discussing problems of particular interest and receiving information of a helpful nature in connection with such subjects as rural education, the social side of community life, marketing of farm products in most effective manner, as well as other topics. Speakers of statewide prominence attend these schools and participate in the helpful discussions. At the Charlotte gathering Attorney-General Bickett, Editor Clarence Poe and Dr. J. Y. Joyner will be among those taking part.

It seems to us that there is an excellent field in the various counties of this state for such community service work. It is a comparatively new movement in North Carolina but the enthusiasm with which it is being received suggests large possibilities. The work is under the direction of the State Bureau of Community Service, working in cooperation with the State Department of Education and Agriculture, State Board of Health, A. & M. College, State Normal, State Farmers' Union and other agencies.

Every county in North Carolina should have one or more Community Service schools. They cannot fail to be decidedly helpful to people living in rural communities who are desirous of improving conditions along various lines.—The Western Sentinel.

#### Just the Thing for Diarrhoea.

"About two years ago I had a severe attack of diarrhoea which lasted over a week," writes W. C. Jones, Buford, N. D. "I became so weak that I could not stand upright. A druggist recommended Chamberlain's Colic, Cholera and Diarrhoea Remedy. The first dose relieved me and within two days I was as well as ever." Many druggists recommend this remedy because they know that it is reliable. Obtainable everywhere.

#### PRESS YOUR FINGER—PRESTO! PAIN FLIES!

"Zone Therapy" Cure For Headache, Toothache and Hay Fever, Says Doctor.

Pittsburgh.—How the most irritating toothache may be relieved by pressure on certain fingers, and the cure of lumbago, hay fever, wry necks and other ailments accomplished by almost the same process, was outlined here recently by Dr. Fred Kellogg of Providence, R. I., before the Pittsburgh Osteopathic association, which brought him here to lecture on "zone therapy." Dr. Kellogg, in describing "zone therapy," used stereopticon slides to illustrate his claims for the treatment. According to him, one has but to press a toothbrush against the roof of his mouth to effect a cure for headache. All one has to do when suffering with a troublesome case of hay fever is to press the forefinger of either hand on a hard object. Dr. Kellogg stated that he generally used an aluminum comb to curb the disease.

"Zone therapy," said Dr. Kellogg, "will cure many ills which so far have baffled medical science."

#### The Best Laxative.

To keep the bowels regular the best laxative is outdoor exercise. Drink a full glass of water half an hour before breakfast and eat an abundance of fruit and vegetables, also establish a regular habit and be sure that your bowels move once each day. When a medicine is needed take Chamberlain's Tablets. They are pleasant to take and mild and gentle in effect. Obtainable everywhere.

Take advantage of our splendid club offer—The Progress and three magazines, with McCall pattern free, all one year, for only \$1.35.

#### Mr. Weaver Opens His Campaign in The Tenth.

Asheville, Aug. 16.—Zebulon Weaver, Democratic nominee for Congress, opened his campaign here tonight in a two hours speech before the Buncombe County Democratic club in the courthouse. His audience was small. The speech was devoted mainly to state and national issues. He referred to the speech made by Frank Linney, Republican candidate for governor at the Republican congressional convention here last spring, and criticised Mr. Linney's attack on the Confederate Soldiers home, saying that appropriations for this home were ample at all times. He revied at length a letter Mr. Britt wrote State Senator Herbert and which was published in the Greensboro Daily News in January, 1915, and charged Mr. Britt with insincerity. He said Britt advocated the state-wide primary.

Mr. Weaver said he had heard rumors which came from Republican headquarters here to the effect that he (Weaver) nor his party would have any money to spend in the campaign. He construed this to mean that the Republicans would be flush with money, but said that he would be surprised to know that Britt sanctioned the use of money in the campaign.

#### When You Have a Cold

Give it attention, avoid exposure, be regular and careful of your diet, also commence taking Dr. King's New Discovery. It contains Pine-Tar, Antiseptic Oils and Balsams. Is slightly laxative. Dr. King's New Discovery eases your cough, soothes your throat and bronchial tubes, checks your cold, starts to clear your head. In a short time you know your cold is better. Its standard family cough syrup in use over 40 years. Get a bottle at once. Keep it in the house as a cold insurance. Sold at your druggist.

"Describe water, Johnny," said the teacher.

"Water," explained Johnny, "is a white fluid that turns black when you put your hands in it."—Ex.

#### Children Cry for Fletcher's

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher*

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

#### PREVENT AUTO ACCIDENTS

Law Concerning the Operating and Speed of Automobiles on Public Highways in This State.

It is all very well to gratify our children and even take a pride in their accomplishments, but there are entirely too many serious accidents, involving even loss of life. The following section 13 is taken from chapter 107, Public Laws 1913, and should be obeyed by all:  
Section 13. That no person shall

operate a motor vehicle upon the public highways of this State who is under the age of sixteen years, and no person shall operate a motor vehicle when intoxicated, or in a race, or on a bet or wager, or for the purpose of making a record: Provided, nothing herein contained shall prevent racing on private race courses or tracks.

The sheriffs and police officers are specially charged with its enforcement. Is it enforced? If not, why not?

Subscribe to THE PROGRESS.

## Such tobacco enjoyment

as you never thought could be is yours to command quick as you buy some Prince Albert and fire-up a pipe or a home-made cigarette!

Prince Albert gives you every tobacco satisfaction your smoke-appetite ever hankered for. That's because it's made by a patented process that cuts out bite and parch! Prince Albert has always been sold without coupons or premiums. We prefer to give quality!



# PRINCE ALBERT

the national joy smoke

has a flavor as different as it is delightful. You never tasted the like of it! And that isn't strange, either.

Buy Prince Albert everywhere tobacco is sold in tippy red bags, 5c; tidy red tins, 10c; handsome pound and half-pound tin hand-dors—and that corking fine pound crystal-glass humidor with sponge-moistener top that keeps the tobacco in such clever trim—always!

Men who think they can't smoke a pipe or roll a cigarette can smoke and will smoke if they use Prince Albert. And smokers who have not yet given P. A. a try-out certainly have a big surprise and a lot of enjoyment coming their way as soon as they invest in a supply. Prince Albert tobacco will tell its own story!

R. J. REYNOLDS TOBACCO CO., Winston-Salem, N. C.