# Build Up for Winter

Clear out the congestion that has disturbed your breathing and weakened your digestion, and re-invigorate all the bodily processes to do their full share in cold weather, and thus build yourself up to perfect health.

PERUNA IS INVIGORATION

The Peruna Company, Columbus, Ohio

# Public Speaking

**Governor Locke Craig** will also address the people at Marion on Saturday, Oct. 28, at 2 p. m. and at Old Fort on Saturday Night, Oct. 28,

## Senator Lee S. Overman

at 8 o'clock.

will speak at the court house in Marion on Wednesday, Nov. I, at 2 o'clock ind. ...

These gentlemen are among the State's foremost speakers and it will be to the interest of all citizens to hear them.

A special invitation is extended to ladies to be present.

\*

J. D. BLANTON, Chairman

Co. Dem. Ex. Committee.

# Stop

and think of the money you are wasting yearly.

### Look

at the needy that are daily left to battle with life from lack of foresight by Husband, Father or Son.

### Listen

to the Life Insurance man, he will lead you to the "Gateway of Protection."

> A. E. ALLANACH, Life Insurance.

### Notice of Sale of Real Estate.

Notice of Sale of Real Estate.

By virtue of the powers contained in a certain mortgage deed executed by E. J. Franklin and wife A. E. Franklin on the 18th day of November, 1912. and duly recorded in the office of the Register of Deeds of McDowell County in mortgage deed book 16 at page 37, the undersigned will offer for sale to the highest bidder for cash, at the court house door in Marion, North Carolina, on November 6, 1916 at 12:00 m. the following described land located in Nebot township, McDowell County, state of North Carolina.

Beginning on a stake 200 feet north of W. N. Heaffnear's northeast corner and runs north 4 poles to the public road, thence west on variation of 3½ degrees to solve the solve of the first Monday in November, 1916, at 12 colock m., it being the first Monday in November, 1916, the following described lands, to-wit:

thence west on variation of 3½ degrees 10½ poles to a stake; thence south 12 poles to a stake 20 feet north of W. N. poles to a stage 20 feet horse on a va Heaffner's line; thence east on a va tion of 3½ degrees to the beginning.

This the 26th day of September, 1916. C. T. & T. W. CUTHBERTSON, Mortgagees.

W. M. McNairy, Att'y for Mortgagees

### Executors' Notice.

Having qualified as Executors of the last Will and Testament of Wm. M. Blanton, deceased, late of McDowell County, North Carolina, this is to noticounty, North Carolina, this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned, or either of them, at Marion, N. C., on or before the 5th day of October, 1917, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment to either of the undersigned.

This 29th day of September, 1916.

J. D. BLANTON, A. BLANTON, Executors of the last will and testament of Wm. M. Blanton,

lands, to-wit:

Being that tract of land allotted to Bell T. Neal, Joel K. Bennett and Sal lie Bennett by the commissioners in the aboye entitled proceeding, and being that portion of the Daniel R. Brown lands, which said Daniel R. Brown lands adjoin J. W. Ballew, R. H. Bomar, the late June Tate and others; said portion offered for sale herein being a two-fifths interest in said Daniel R. Brown lands, said land lying east and south of Muddy Creek, and is a valuable farm consisting of bottom land and wooded land.

Terms of Sale: Cash

Terms of Sale: Cash.

This 9th day of October, 1916. D. E. HUDGINS, Commissioner

If you have a news item, personal or any item of local news of interest The Progress will appreciate your giving it in at any time. The small item is appreciated as much as the larger ones.

Renew your subscription, please.

Million Carranza Currency Sells for Only \$6.50.

Mr. Albert S. Richards, who is well known in Broad River township, McDowell sounty, where he owns a 400-acre farm, recently came in possession of more than a million dollars of Carranza currency. He writes that he will spend next next summer in this county and that all he realizes from his "rich" find will be spent in McDowell. And he wishes to advise his McDowell friends who contemplate a trip ta Mexico that he will supply them with this currency at the rate of one per cent face value. Referring to Mr. Richards' "fortune," The Tribune, of Tampa, Fla., says:

"If the Mexican Government should ever recognize all of the paper money issued by the Carranza administration, Tampa can boast of a millionaire in the person of A. S. Richards, proprietor of the Richards Grocery, at Palmetto Beach. Mr. Richards has more than \$1,000,000 "worth" of the Carranza paper, which came to him in an old iron safe, which he purchased for \$6.50 at the "old hoss" sale held here a few days ago by the Southern Express Company. Had Mr. Richards been subject to heart trouble he would have dropped dead when he opened the safe, and as it is, he says he feels just a little shaken over his

"All yesterday and last night was spent in counting the money, and there is a spark of hope burning in the breast of the grocer that the stuff may be worth something some day. He is taking an interest in Mexican diplomatic doings now that he would never have developed had it not been for the little old iron safe.

"The safe in itself is a study to one who has delved into history. It bears no name of any safe company or of any city. There is not the slightest mark to give a clue to where the safe was manufactured, and it is a queer looking piece of ancient workmanship."

## WHY YOU ARE NERVOUS

The nervous system is the alarm system f the human body.
In perfect health we hardly realize that

we have a network of nerves, but when health is ebbing, when strength is declining, the same nervous system gives the alarm in headaches, dredness, dreamful sleep, irritability and unless corrected, leads straight to a breakdown.

le.ds straight to a breakdown.

To correct nervousness, Scott's Emulsion is exactly what you should take; its rich nutriment gets into the blood and rich blood feeds the tiny nerve-cells while the whole system responds to its refreshing tonic force. It is free from alcohol.

Scott & Bowne, Bloomfeld, N. J.

Attention is called to the fact that we charge five cents a line for resolutions of respect, obituaries, card of thanks and similar notices.

When you feel discouraged and de-spondent do not give up but take a dose of Chamberlain's Tablets and you are almost certain to feel all right within a day or two. Despondency is very often due to indigestion and biliousness, for which these tablets are especially valu-able. Obtainable eyerywhere.

Notice of Service by Publication. State of North Carolina, In the Superior Court, County of McDowell January Term, 1917. Louisa Mace, plaintiff,

Robert Mace, defendant,

The defendant, Robert Mace, named above, will take notice that an action entitled as above has been commenced in the Superior Court of McDowell County to obtain an absolute divorce by the plaintiff from the defendant; and the said defendant will further take notice that he is required to appear as the said defendant will further take notice that he is required to appear at the term of the Superior Court of said county to be held on the sixth Monday before the first Monday in March, 1917, at the court-house of said county in Marion, North Carolina, and answer or demur to the complaint in said action, or the plaintiff will apply to the Court for the relief demanded in said complaint. Said complaint will be deposited with the Clerk of the said Court more than thirty days prior to the commencement of the said term of the said Court. This 12th day of October. A. D. 1916.

This 12th day of October, A. D. 1916. THOMAS MORRIS, Clerk of the Superior Court.

# DRY GOODS

Just received a large shipment of Dry Goods, consisting of all kinds of

# Dress goods, Blankets and Comforts

My prices are right considering the quality of the goods.

One price to everybody.

J. D. Blanton, Marion, N. C.

# 

It Always Helps

says Mrs. Sylvania Woods, of Clifton Mills, Ky., in writing of her experience with Cardui, the woman's tonic. She says further: "Before I began to use Cardui, my back and head would hurt so bad, I thought the pain would kill me. I was hardly able to do any of my housework. After taking three bottles of Cardui, I began to feel like a new woman. I soon gained 35 pounds, and now, I do all my housework, as well as run a big water mill.

I wish every suffering woman would give

I wish every suffering woman would give

The Woman's Tonic

a trial. I still use Cardui when I feel a little bad,

a trial. I still use Cardui when I reel a little bad, and it always does me good."

Headache, backache, side ache, nervousness, tired, worn-out feelings, etc., are sure signs of womanly trouble. Signs that you need Cardui, the woman's tonic. You cannot make a mistake in trying Cardui for your trouble. It has been helping weak, ailing women for more than fifty years.

Get a Bottle Today!



Is the Gibraltar of the Home!

If you are a man of family you must have a bank account. A BANK ACCOUNT IS THE BULWARK, THE GIBRALTAR, OF YOUR HOME

It protects you in time of need.

It gives you a feeling of independence.

It strengthens you.

It Is a Consolation to Your Wife, to Your Children

# THE FIRST NATIONAL BANK

Resources Over \$600,000.00 THE BANK THAT APPRECIATES YOUR BUSINESS

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By virtue tained in a c the 26th day made by W. tha Laughter Hageman Hegeman, as Ledbetter th Dowell Cour

secured in sa request of the public auctic for cash, at the Dowell count day the 30th o'clock noor conveyed in All that celying and beity, North Calof W. A. B. scribed as fol stake and Lygaid Murphy acre tract, as west fifty poland a spanish 63 degrees easeven poles to 27 degrees easeven poles to the scribe of the stake and Lygaid Murphy acre tract, as west fifty polar as some poles to 27 degrees easeven poles to the scribe of the s seven poles to side of a hill; west one hu poles to a sta phy's line; th degrees west beginning, co same more or

This 26th d