



If you will subscribe to The Progress or renew your subscrip- al or any item of local news of intion at once we will include four terest The Progress will appreciate estandard magazines, all one year, your giving it in at any time. The for only 25 cents extra. Write or small item is appreciated as much phone.

If you have a news item, personas the larger ones.



Bad Teeth Reduce Physical Effi- MOTHER'S REMEDY ciency.

A recent investigation made by the U. S. Public Health Service in connection with studies of rural school children showed the 49.3 per cent had defective teeth, 21,1 per cent had two or more missing had dental attention. Over 14 per cent never used a tooth brush, 58.2 per cent used one occasionally and only 27.4 per cent used one daily. Defective teeth reduce physical efficiency. Dirty, suppurating, snaggle-toothed mouths are re sponsible for many cases of heart disease, rheumatism, and other chronic affections. The children are not responsible for the neglected state of their teeth. The ignorant and careless parent is to blame for this condition—a condition which hampers mental and physical growth and puts a permanent handicap on our future citizens. School teachers can and are doing much in inculcating habits of personal cleanliness on the rural school child but this will fail of the highest accomplishment unless parents cooperate heartily and continuously. This is a duty which we owe cur

Changing Seasons Bring Colds.

"Stuffed-up head," clogged-up nose, tiget chest, sore throat are sure signs of cold, and Dr. King's New Discovery is sure relief. A dose of this combination of antiseptic balsams soothes the irritated membrane, clears the head, loosens the phlegm, you breathe easier and realize your cold is broken up. Treat a cold persistently; half way measures leave a lingering cough. Take Dr. King's New Discovery until your cold is gone For 47 years the favorite remedy for young and old. At your druggist, 50c.

Cartridge Explodes Injuring Woman.

Statesville, Nov. 2.-Mrs. J. E Deitz, wife of a prominent business man, was painfully hurt by the accidental discharge of a .38caliber cartridge, while superintending the clearing away of trash in the yard at her home; the hired boy set fire to a pile of leaves when several large caliber cartridges that had been accidentally dropped in the sard exploded. One of the missiles struck Mrs. Deitz in the right arm.

\$100 Reward, \$100

The readers of this paper will pleased to learn that there is at 1 one dreaded disease that science been able to cure in all its stages that is catarrh. Catarrh being granfiuenced by constitutional condirequires constitutional treatment. E Catarrh Mediche is taken internally acts thru the Blood on the Mucous faces of the System thereby destroited and the conditional treatment.

A Prayer for Rain.

Old darkey preacher praying for rain-"Oh, Lord, we beseech Thee to fling open the windows of heaven and send forth Thy refreshing rain not one of dem drizzly, drazzly rains, Oh Lord, but one of dem old fashioned gulley washers what make de corn grow long in the Louisa Mace, plaintiff, ear, shiny in the grain and big in Robe the butt, for Oh Lord, if there is one thing I do despise it is shucking out dem pesky little nubbins.

Rheumatism Follows Exposure

Rhéumalism Fellows Exposure

In the rain all day is generally followed by painful twinges of rheumatism or neuralgis. Sloan's Liniment will give you quick relief and prevent the twinges from becoming torture. It quickly penetrates without rubbing and soothes the sore and aching joints. For sore, stiff, exhausted muscles that sche and three from overwork, Sloan's Liniment affords quick relief. Bruises, sprains, strains and other minor injuries to children are quickly soothed by Sloan's Liniment. Get a bottle today at your druggist, 25c.

"Barber pole" signs have been painted on all Southern Railway crossing gates in a further effort to attract the attention of reckless automobile drivers and so prevent accidents at crossings.

FOR BRUISES

Children's Bumps, Sprains and Minor Hurts Quickly Relieved by Sloan's Liniment.

It is the very nature of children to per cent had two or more missing hurt themselves—to come crying to teeth, and only 16.9 per cent had mother with little fingers bruised, with heads bumped, with sprained ankles and wrists.

They are painful hurts, too. But their pain and sting can't survive the gentle use of this liniment. A single application of Sloan's Liniment. A single application of Sloan's Liniment and—the little fellow's bravely kept back tears give way to smiles. His hurt is relieved.

In every home where there are children a bottle of Sloan's Liniment is a necessity.

Aching muscles, rheumatism, lumbago, stiff neck, bachache, chilblains, etc., can be effectively relieved with Sloan's Liniment. Cleaner than mussy pintments or plasters.

Sloan's Liniment can be obtained at all drug stores, 25c., 50c. and \$1.00.



Ladies' and Men's Garments

Cleaned and Dyed in a Superior Manner

We do all kinds of dyeing, cleaning, pressing and repairing.

PALM BEACH SUITS cleaned and pressed, 50e a suit.

PANAMA and STRAW HATS cleaned and reblocked. Our prices are reasonable.

Beaux Monde.

(Under new management.) S. C. ROBERTS, Mgr.

Crawford Bldg.

Forty Years Experience in DENTISTRY



MY WORK SPEAKS FOR ITSELF. Plate Work a Specialty. Dr. R. J. BURGIN, Dentist, Marion, N. C.

Notice of Service by Publication. State of North Carolina, In the Superior Court, County of McDowell January Term, 1917.

ace, defendant.

Robert Mace, defendant,

The defendant, Robert Mace, named above, will take notice that an action entitled as above has been commenced in the Superior Court of McDowell County to obtain an absolute divorce by the plaintiff from the defendant; and the said defendant will further take notice that he is required to appear at the term of the Superior Court of said county to be held on the sixth Monday before the first Monday in March, 1917, at the court-house of said county, in Marion, North Carolina, and an are or demur to the complaint in said action, or the plaintiff will apply to the Court for the relief demanded in said complaint. Said complaint will be deposited with the Clerk of the said Court more than thirty days prior to the commencement of the said term of the said Court.

This 12th day of October, A. D. 1916. This 12th day of October, A. D. 1916.

THOMAS MORRIS, Clerk of the Superior Court.

Be careful you don't overlook our big club of four magazines which we are sending our sub-scribers this year.

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