

Quick Cold Relief

is usually found through the prompt administration of a mildly laxative, dispersive tonic—one that will scatter the inflammation, remove the waste, and help Nature to build up resistance.

Peruna is That Tonic.

Its action is prompt, usually very effective, and its use is without harmful effects. Every household should keep it at hand for this purpose, and every catarrhal sufferer should regularly use this reliable remedy.

The tablet form will be found very convenient. A tablet or two at the very beginning of a cold will frequently prevent its development, and these tablets may be taken regularly with beneficial results.



Professional Cards

Dr. J. Gillespie Reid DENTIST

Will answer calls at any hour of the night.

Rooms 3, 4 and 5
First National Bank Building
Marion, N. C.

Dr. Alfred W. Dula EYE SPECIALIST

TO SEE BETTER
See Dula
16 Years Experience
The Best Equipment Obtainable.
Glasses Fitted Exclusively
Martin Block, LENOIR, N. C.
If you got it from DULA, It's All Right!

W. A. Sweeney Plumber.

Marion, N. C.
Five years' experience in the business. Satisfaction guaranteed.

Your work solicited
Phone 194.

THE CLINCHFIELD ROUTE
CAROLINA, CLINCHFIELD & OHIO RAILWAY
AND
Carolina, Clinchfield & Ohio Railway
of South Carolina

Effective Aug. 22, 1916.
Eastern Standard Time

Southbound	Pass.	Pass.
	p m	a m
Lv Elkhorn City	*2:10	
Lv Dante, Va	3:38	8:30
Lv St. Paul, Va	3:55	8:52
Lv Speers Ferry, Va	5:15	10:17
Ar Johnson City	6:43	11:40
Lv Johnson City,	6:50	11:45
		p m
Ar Erwin	*7:40	*12:25
Erwin		12:35
Lv Kona, N C		2:04
Lv Altapass		2:45
Lv Mt Mitchell		2:51
Lv Marion		3:55
Bostic		4:57
Ar Spartanburg, S C		*6:05
Northbound		a m
Lv Spartanburg		*11:00
		p m
Lv Bostic, N C		12:07
Lv Marion		1:05
Lv Mt Mitchell		1:59
Lv Altapass		2:20
Lv Kona		3:03
Ar Erwin	a m	4:30
Lv Erwin	*8:15	4:35
Ar Johnson City	8:52	5:12
Lv Johnson City	8:55	5:15
Lv Speers Ferry	10:35	7:02
		p m
Lv St. Paul	12:17	8:35
Lv Dante	12:38	*9:00
Ar Elkhorn City	*2:00	

*—Daily.
Patrons are requested to apply to nearest agent for definite information or to
CHAS. T. MANDEL,
Gen'l Pass. Agt.
Johnson City, Tenn.

Soy Bean A Promising Crop.

Notable progress has been made in bringing about the commercial utilization of soy bean seed for the manufacture of oil, meal, and various more or less complex products, according to the annual report of the Chief of the Bureau of Plant Industry. The soy bean, the report states, is well adapted to the whole cotton belt, and indeed to the whole corn region. In the cotton belt it promises to be an important element wherever the acreage of cotton has been reduced. The immature bean seeds make a very delicious vegetable and are canned with ease. Inasmuch as soy beans can be more cheaply produced than any other bean see, it is believed that there is a large field for the canning of green soy beans. Efforts are now being made to induce canning factories to put the product on the market. In the growing of the soy bean and in manufacturing products there from the United States can successfully compete with the Orient.

Danger Signal

If the fire bell should ring would you run and stop it or go and help to put out the fire? It is much the same way with a cough. A cough is a danger signal as much as a fire bell. You should no more try to suppress it than to stop a fire bell when it is ringing, but should cure the disease that causes the coughing. This can nearly always be done by taking Chamberlain's Cough Remedy. Many have used it with the most beneficial results. It is especially valuable for the persistent cough that so often follows a bad cold or an attack of the grip. Mrs. Thomas Beeching, Andrews, Ind., writes: "During the winter my husband takes cold easily and coughs and coughs. Chamberlain's Cough Remedy is the best medicine for breaking up these attacks and you cannot get him to take any other." Obtainable everywhere.

The Boreland resolution ordering the federal trade commission to investigate all angles of the high cost of living including the producing capacity of the United States violations of the anti-trust law, received a favorable report Thursday.

State of Ohio, City of Toledo, Lucas County, ss.
Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH MEDICINE. FRANK J. CHENEY.
Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1916. A. W. GLEASON,
(Seal) Notary Public.
Hall's Catarrh Medicine is taken internally and acts through the Blood on the Mucous Surfaces of the System. Send for testimonials, free.
F. J. CHENEY & CO., Toledo, O.
Sold by all druggists. 75c.
Hall's Family Pills for constipation.

While corn culture under droughty conditions is largely a matter of taking chances with seasonal conditions, certain controllable conditions of soil and seed often determine the success or failure of the crop.

Stop That Cough

A hacking cough weakens the whole system, drains your energy and gets worse if neglected; your throat is raw, your chest aches and you feel sore all over. Believe that cold at once with Dr. King's New Discovery. The soothing pine balsams heal the irritated membranes, and the antiseptic and laxative qualities kill the germs and break up your cold. Don't let a cold linger. Get Dr. King's New Discovery to-day at your Druggist, 50c.

It has been found that a few through applications of crude petroleum to the interior of poultry houses will destroy completely the common red mite infesting chickens.

Sloan's Liniment Eases Pain

Sloan's Liniment is first thought of mothers for bumps, bruises and sprains that are continually happening to children. It quickly penetrates and soothes without rubbing. Cleaner and more effective than musky plasters or ointments. For rheumatic aches, neuralgia, pain and that grippy soreness after colds, Sloan's Liniment gives prompt relief. Have a bottle handy for bruises, strains, sprains and all external pain. For the thousands whose work calls them outdoors, the pains and aches following exposure are relieved by Sloan's Liniment. At all Druggists, 25c.

Morganton Man Faced Three Wives

Morganton, Dec. 14.—James Poteat, a well known young man, and at one time chief of police, faced three pretty wives in the Superior Court this week on trial for marrying at least two more women than the law allows, and was quickly found guilty and received a sentence of one year on the chaingang from Judge Ferguson.

Poteat's last adventure was in Concord where he married the daughter of a well-to-do citizen and it was the new bride's suspicion of his frequent trips to Morganton that led to his undoing.

His plea in defence was that he had married one of the trio in South Carolina under the contract law and that North Carolina couldn't recognize the South Carolina laws at that time as legal in North Carolina. Also that another wife had secured a divorce, but he failed to convince the jury and will in a few days join the gang.

Free-Will Baptists Build Orphanage.

Wilson, Dec. 14.—The executive committee of the board of trustees of the Free-Will Baptist Orphanage to be established at Middlesex will begin the construction of a \$100,000 building in the early spring, it has been announced here. The Rev. B. B. Beans of Middlesex has donated forty acres of land to the institution and the trustees already have pledges of \$5,000 with which to begin work. The orphanage will accommodate fifty persons.

Neglected Colds Grow Worse

A cough that racks and irritates the throat may lead to a serious chronic cough, if neglected. The healing pine balsams in Dr. Bell's Pine Tar Honey—Nature's own remedy—will soothe and relieve the irritation, breathing will be easier, and the antiseptic properties will kill the germ which retarded healing. Have it handy for croup, sore throat and chronic bronchial affections. Get a bottle to-day. Pleasant to take. At all Druggists, 25c.

Immigration Bill Passes Senate.

Washington, Dec. 14.—The immigration bill containing the restrictive literacy test for admission of aliens which has caused three presidents to veto such a measure was passed by the senate today, 64 to 7. The bill passed the house last session.

Constipation Causes Bad Skin

A dull and pimply skin is due to a sluggish bowel movement. Correct this condition and clear your complexion with Dr. King's New Life Pills. This mild laxative taken at bedtime will assure you a full, free, non-gripping movement in the morning. Drive out the dull, listless feeling resulting from overloaded intestines and sluggish liver. Get a bottle today. At all Druggists, 25c.

About 216,037 canaries, 7,080 partridges, 15,841 pheasants, 5,345 miscellaneous game birds, and 25,747 nongame birds were imported in 1914 under Federal permit.

Cough Medicine for Children

Mrs. Hugh Cook, Scottsville, N. Y., says: "About five years ago when we were living in Garbutt, N. Y., I doctor two of my children suffering from colds with Chamberlain's Cough Remedy and found it just as represented in every way. It promptly checked their coughing and cured their colds quicker than anything I ever used." Obtainable everywhere.

Limestone soils in general are particularly well suited to alfalfa, but even such lands are frequently acid and require liming to grow this crop successfully.

Nervous Women

When the nervousness is caused by constipation, as is often the case, you will get quick relief by taking Chamberlain's Tablets. These tablets also improve the digestion. Obtainable everywhere.

Senator Saulsbury of Delaware has been elected president pro. tem. of the Senate.

"Christmas Jewelry"

When you come to Asheville, do your Christmas Shopping at H. L. Finkelstein's Loan Office, where you will find a complete stock of Diamonds, Watches, Jewelry, Trunks, Bags and Suit Cases.

Sporting Goods, Guns, Revolvers and Ammunition.

"Appropriate Gifts for Every Member of the Family."

H. L. Finkelstein

23-25 Biltmore Ave, Asheville, N. C.

Report of Clerk of Superior Court.

North Carolina, Office of Clerk Superior
McDowell County Court, December 4, 1916.

To the Honorable Board of Commissioners of McDowell County.

The following is a report of the monies in the office of the Clerk of the Superior Court of McDowell County on the first Monday in December, 1916:

Heirs at law of John Patterson	\$ 1 00
Heirs at law of Joe Seaman	6 44
Heirs at law of C A Bird	1136 00
Heirs at law of Marion Watkins	471 00
Heirs at law of Garland Epley	50 00
Willie E Mode	500 00
Heirs at law of A C Bird	1 00
C D and Lillie Carson	18 14
Heirs at law of Wesley Jarrett	304 00
Heirs at law of Sam Walton and Timey Conley	14 86
Heirs at law of J S Dysart	68 77
Julius and Cora Logan	51 44
Heirs at law of D L Clements	3160 00
Heirs at law of J B Grayson	20 70
Frazier heirs	215 96
Heirs at law of W H Moody	56 97
Heirs at law of A P Bright	250 00
Heirs at law of Rosa Hogan	130 84
Heirs at law of J H Swofford	1570 00
Heirs at law of Joe Brown	974 10
Heirs at law of Joe Smawley	8 70
Heirs at law of John Simmons	16 73
Heirs at law of Phillip Conley	21 80
Heirs at law of Thos C Ledbetter	224 57
Heirs at law of Mrs C D Elliott	129 12
Heirs at law of Polly and Dnah Bright	222 40
Heirs at law of John W Smith	164 48
Heirs at law of Hennie Whetstone	25 90
Effie Snipes	132 35
Heirs at law of Joe Denton	76 53
Heirs at law of E M Hutchins	133 26
Heirs at law of M M Sisk	102 03
Heirs at law of Geo Peterson	6 20
Heirs at law of Adline Camp	9 70
Heirs at law of John Redrick Autry	9 48
Rosa Lee Mathis	100 00
Heirs at law of Robert A Poteat	222 88
Heirs at law of Tompa Pendergrass	176 76
Heirs at law of James Bright	114 94
Heirs at law of Oscar Wilson	135 30
Heirs at law of Thos Parks	340 00
Lola Enslay et al	144 53
Heirs at law of Rosco Shuford	77 59
Heirs at law of Chas Carson	678 10
Hendley Scott	29 21
Heirs at law of James Reel	105 99
Annie Martin et al	57 20
Heirs at law of Maggie Dula	59 04
Heirs at law of W T Noblitt	131 28
Heirs at law of J G Grant	39 81
Russell Oats et al	73 20
Children of Hattie B Morgan	478 17
Heirs at law of Geo H Gardin	1233 30
Margaret Grant Jennings	208 21
Grover Nichols, witness	2 70
J W Jamison, D S	60
C B Kincaid, D S Burke	60
A T Ledbetter, witness	1 40
W F McMahan, witness	2 10
G G Gladden, witness	1 10
W F McPeeters, witness	1 10
J C Conley, witness	2 60
J L Hogan, witness	2 10
J W Jamison, D S	30
Mrs Tench Carson, witness	2 10
Lura Head, witness	1 70
D S Swain, D S	90
J L Stepp, D S Bancombe	1 20
C C Garland, sheriff	90
W W Rust, D S Burke	30

C G McKinney, witness	3 85
L G Warlick, witness	9 40
Ben Franklin, witness	6 80
J M Mashburn, D S	1 50
J D Leakey, D S	1 50
Chas E Hefner, D S	30
Thos M Gowan, witness	20 50
G S Lane, D S Burke	30
C E Tate, D S Burke	60
Homer Beaman	2 20

Respectfully submitted,
THOS. MORRIS,
Clerk Superior Court.

Report of Register of Deeds.

North Carolina, Office of Register of Deeds,
McDowell County } December 4, 1916.

To the Honorable Board of County Commissioners for McDowell County.

Gentlemen: I beg to report that I have issued during the year ending December 4th, 1916, one hundred, eighty-nine (189) Marriage Licenses, and have collected the sum of Three Hundred, Seventy eight and no one hundredths (\$378.00) Dollars for the same, one-half of which sum, (\$189.00) belongs to the General County Fund, and the remainder, (\$189.00) belongs to the General State Fund, according to Sec. 83, Revenue Act, Session of 1911.

I have made payment of the full amount, Three Hundred, Seventy-eight and no one hundredths (\$378.00) Dollars to John A. Laughridge, Sheriff of said County, and hold his receipt for the same. Respectfully submitted,
R. L. C. GIBSON,
Register of Deeds.

North Carolina, Office of Register of Deeds,
McDowell County } November 30th, 1916.

The following is the annual itemized report of the number of days served and the number of miles traveled, (one way), charged and allowed each member of the Board of County Commissioners for the said County, for the year ending November 30, 1916:

Geo C Conley, Chr, 19 days @ \$2 \$38.90	
No. miles traveled 31 @ 10c	8.10
Total	\$46.10
Miles P Flack, 18 days @ \$3	\$54.00
No. miles traveled 168 @ 10c	16.80
Total	\$53.80
W H Taylor, 19 days @ \$3	\$57.00
No. miles traveled 180 @ 10c	18.00
Total	\$55.00

I, R. L. C. Gibson, Register of Deeds and Clerk ex-officio of the Board of County Commissioners, do hereby certify that the foregoing statements of the number of days served and the number of miles traveled, and the compensation therefor allowed each member of the Board of County Commissioners for the said County, for the year ending November 30, 1916, are true and correct, as appears of record in this office.

R. L. C. GIBSON, Register of Deeds and Clerk ex-officio to Board.

If you will subscribe to The Progress or renew your subscription at once we will include four standard magazines, all one year, for only 25 cents extra. Write or phone.