

. Much of the pleasure of the meal depends on the quality of the fruits and vegetables.

All our fruit is in perfect condition and fit for immediate use.

It has been gathered at the right moment and properly protested from contact with anything injur-Being constantly fresh, it is of most delicious ious. flavor.



Bank Vice-President

Tells How Ziron Iron Tonic Helped His Daughter After Operation for Appendicitis.

FTER any serious illness, the * first thing you notice when you begin to get around is your lack feeling.

The sooner you get your strength back the better. The thing to do is to eat plenty of good, nourishing food, get all the fresh air you can, exercise conservatively, and take Ziron Iron Tonic three times a day.

sound advice, and urge you to follow it. on a money-back guarantee. Try it.

Read this letter from Mr. J. B. Kelly, vice-president of the First National Bank, Graceville, Fla.: "My daughter had been in bad health since last April. of strength and energy—a tired, weak She was operated on for appendicitis. to Paris he sat in on a game he did (republican as well as democratic) weeks. Her appetite is better than it she says she feels better . . . I know that Ziron is good for weak and feeble

Ziron is a scientific, reconstructive tonic, prepared from valuable strength-Your doctor will tell you this is with thin blood. Bruggists sell Ziron building ingredients, for weak people

MAKES BEST PAINT-WEARS LONGEST

& M SEMI-PASTE PAINTS

Cost to you \$3.66 a Gallon when made ready to use. Use a gallon out of any you buy, and if not the best paint made, return the balance and get all your money back.

LONGMAN & MARTINEZ, Makers, N. Y. Sold by Dealers

The How and Why of The CALORIC is not a pipe fur-

nace with the pipes left off. Neither is it an experiment, hastily put together to meet a demand. It is specially designed to heat homes, halls, churches, stores, factories, etc., more uniformly, economically and satisfactorily than they have ever been heated by other systems.

CALORIC works thru Nature's own laws of circulation by air currents. Warm air rises. Cold air falls. Warm air and cold air cannot occupy the same space at

HERE'S THE SECRET

In the same volume that the warm air is pumped up into the house, an equal amount of cold air is drawn into the furnace, where it is heated, moistened by the vapor from the two gallon water pan, and then recirculated through the register. This continues as long as the fire burns.

Thus there is a constant circulation of properly moistened warm air, Just as running water puri-

fies itself, so this circulating warm air, passing thru heat of from three hundred to eight hundred degrees, in which no germ can live, is kept pure and healthful.

The CALORIC is guaranteed by the oldest and largest manufacturers of warm air heating systems in the United States. You take no chances when you buy a CALORIC.

Whether your house is old or new, the Caloric is easily installed in one day, without interruption of your present heating arrangement. No holes knocked in your walls, no cellar full of heat-wasting pipes. The Caloric requires but one register and occupies little space. It burns any fuel, and needs hardly any attention. Makes housework one-third easier, as there is no muss from carrying in coal and carrying out ashes-no smoke, gas or soot. Eliminates fire danger and increases the value of your property.

Visit us and we will gladly supply full information without in the least obligating you to buy.

GASTON & TATE, Inc., MARION, N. C.

Made by THE MONITOR STOVE & RANGE CO., Cincinnati, Ohie



Highways.

Asheville Citizen

W. S. Fills, state highway en-Proper O. L. Honger, United Sta es highway engineer from the pureau of public roats, Washing. ton, D. C., and W. M. P. vion, division engineer of the state high way commission, have completed thorough inspection of the Asheville-Murphy Atlanta highway 10 in Haywood and Jackson conities, and of the central high way through Buncombe, McDowell and part of Burke counties.

According to the engineers they found the roads in tair condition for the season. The roads in some places are bad, but are gradually being fixed up.

They are trying to hasten the construction on the contracts recently let for some five miles state highways in four counties of western Morth Carolina, and be lieve that within the next two weeks the actual work on all o them will have commenced.

League Denounced by Johnson a Hickory.

Hickory, May 28 - Senator Hi ram Johnson spoke to several thousand people in Evangelist M. Lamion's big tent here this after noon in his campaign for the Rs publican nomination for P. esident. She has been taking Ziron for two not understand and the got what and other stir-constituted political has been. Her nerves are better, and happens to every fellow who plays dicintors outside of our district the other fellow's game.

> icans to British and Japanese in their Jung! perialism, and he pleaded for Amercans to follow the path that had been blazed for them for more than ditters who wish to see pres nomiandred years.

Vetoed by Wilson.

Washington, May 27 - President Wilson vetoed the peace resolution today and informed congress he could not become a party to the peace program framed by Republican leaders of the senate and house because ne considered in would put "an ineffaceable stain" on the nation's honor.

To establish technical peace by such a method, the President said in his veto message, would be to preme Court. The only man runaffect "a complete surrender of the ning from the western part of the rights of the United States so far State. as Germany is concerned," and to relinquish all the high purposes which led the nation into war and which were embodied in the rejected treaty of Versailles.

Booze Is Not A Good Cure. From The Ames, Iowa, Intelligencer

When a man comes to you all doubled with pain and declares he will die in your presence unless you pracure him a drink of whiskey, send him to a doct r or else give him a dose of Chamberlain's Colic and Diarrhoea Remedy There is a mistaken notion among a whole lot of people that booze is the best remedy for colic and stomach ache.

Atlanta's new population is 200, 616, increase of 45,777, or 29 6 per cent. over 1910. Norfolk's is 115,777, an increase of 46,335, or 71 6 per cent.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages and that is catarrh. Catarrh being greatly influenced by constitutional conditions requires constitutional treatment. Hall's Catarrh Medicine is taken internally and Catarrh Medicine is taken internally and acts thru the Blood on the Mucous Surfaces of the System thereby destroying the foundation of the disease, giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in the curative powers of Hall's Catarrh Medicine that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address F. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggist, &c.

Engineers Make Tour Over State To the Democratic Voters of the FOREMAN SAYS IT 18th Judicial D strict.

The date of the primaries being hear at hand, and that my been able to see only a few of you in person. I take this method of asking for your support in the primary of June 5th for the democratic nom ination or Judge of the 18th Judicial District.

I am satisfied to leave my fortune in your hands I know that you are competent to decide this contest without a lery list of reco mendations recovered for political purposes and without resolutious prompted by professional courtesy.

It was my great pleasure to serve you for five years as Solicitor, being twice elected by your votes, and resigning oldy to enter the army in time of war. My record as Solicitor stands as an open book, and I feel, therefore, that you are capable of judging as to my ability and courage to perform the important duties of the Judiciary. As to my private life and conduct, I am willing for you to be guided by those with whom I come in daily contact and respectfully refer you to any business or professional man of standing, or minister of the Gospel, in my home county of Henderson, where I live and mingle with the people in public and private

This is a contest to be, and of denounced the league of nations, right ought to be, settled by the and made his usual appeal for what democrats in the counties of Rutherhe called Americanism. In the ford, Transylvania, McDowell, coure of his address he said he did Yancey and Henderson, composing not doubt President Wilson's sin the 18th Judicial District, and not cerity, but said that when he went by certain awyers of Asheville who are attempting to arrogate Senator Johnson declared that a to the merites, the right to say he did not want to dedicate his whom he committatic votes of cur

In this primary I will apprecosts of support of all democratic ared I su not the candidate of a chosen few but am seeking this Joint Resolution to Declare Peace nomination at the hands of all the democratic of the district, without regard to any class or condition. and if nominated and elected, I promise, trusting in God for divine guidance, to serve all the people to the utmost of ability without fear or favor.

> Very respectfully yours. M CHAEL SCHENCK.

Vote for Judge Long for the Su-

In Norway a girl must have a certificate that she can cook before she can be married.

A LEOPARD CANNOT CHANGE ITS SPOTS

Mr. Dodson, the "Liver Tone" Man. Tells, the Treachery of Calomel.

Calomel loses you a day! You know what calomel is. It's mercury; quick-silver. Calomel is dangerous. It crashes into sour bile like dynamite, cramping and sickening you. Calomel attacks the bones and should never be

attacks the bones and should never be put into your system.

When you feel bilious, sluggish, constipated and all knocked out and believe you need a dose of dangerous calomel just remember that your druggist sells for a few cents a large bottle of Dodson's Liver Tone, which is entirely vegetable

12:30p35 Rock Hill-Marion
36 Manion-Rock Hill
10:00p113 Kingy-Camd-Mario
1:28a 35 Salisbury-Asheville
7:45a 36 Asheville Salisbury
9:35a 15 Salisbury-Asheville and pleasant to take and is a perfect substitute for calomel. It is guaranteed to start your liver without stilling you up inside, and can not salivate.

Don't take calomel! It can not be

trusted any more than a leopard or a wild-cat. Take Dodson's Liver Tone which straightens you right up and makes you feel fine. Give it to the children because it is perfectly harmless and doesn't gripe.

SAVED HIS LIFE

Mahoney Never Expected to Get Out of Bed Again-Now Back at Work.

"It was talked among my friends that I was going to die and I don't believe anyone ever had a much closer call," said James Mahoney. well-known foreman of the Richard-Naustadt Construction Co., tiving at 22 East 15th St,, Los Angeles, Cal.

"Closely following an injury to my back, my whole system seemed to give way," he continued. "There seemed to be a lump in my stomach and I could not eat a thing without intense pain afterward. My appetite left me completely and I got so weak I could not even lift my feet to go up the steps. I was in misery all the time and could not straighten up for the pain in my stomach. Then I became constipated and my kidneys began troubling me so I could not sleep sound at night. Before these troubles started I weighed a hundred and forty five pounds but dropped off until I actually did not weigh but sixty-five, and if ever there was a living skeleton I was. I could hear my friends who came to see me say: 'Poor Jim! He can't last much longer,' and I had no hope of ever getting up. Finally I was told that nothing more could be done except operate and I was too weak to stand that,

"A friend urged me to try Tanlac and agreed to slip me a bottle as my wife objected to anything but prescribed medicines. Well. to make a long story short. I soon improved so much that I quit taking everything but Tanlac and now Fam back at work feeling as strong and fit as I ever did in my life. I weigh one hundred and thirty pounds and I haven't an ailment of any kind. My wife now thinks as I do. That Taplac is the greatest medicine in the world."

Tanlac is sold in Marion by J. W. Streetman Drug Co., and in Old Fort by P. H. Mashburn.

ASPIRIN

Name "Bayer" on Genuine



"Bayer Tablets of Aspirin" is genui Aspirin proved safe by millions and prescribed by physicians for over twenty years. Accept only an unbroken "Bayer" package" which contains proper directions to relieve Headache, Toothache, Earache, Neuralgia, Rheumatism, Colds. and Pain. Handy tin boxes of 12 tablets cost few cents. Druggists also sell larger "Bayer packages." Aspirin is trade mark Bayer Manufacture Mono aceticacidester of Salicylicacid.

Southern Railway System Schedules

Arrival and Departure of Passensenger Trains at Marion.

Schedule figures published as information and not guaranteed. Ar No. Between . No. Dr

114 Marion-Camd-Kingy 114 5:450 12:30p35 Rock Hill-Marion 36 4:50m 10:00p113 Kingy-Camd-Marion 118

1:28a 35 Salisbury-Asheville 35 1:20a 7:45a 36 Asheville Salisbury 36 7:45e. 15 9:358 9:55a 22 Ashe-Greensb-Goldsb 22 9:556 1:10p 11 Salisbury-Asheville 11 1:10p 4:15p 12 Asheville-Richmond 12 4:15p 7:00p 21 Goldsb-Greensb-Ashe 21 7:00p 6:35p 16 Asheville-Salisbury 16 6:35p

For further information call on L. A. Peacock, Ticket Agent, Marion, N.C. R. H. Graham, D. P. A., Charlette, N. C.