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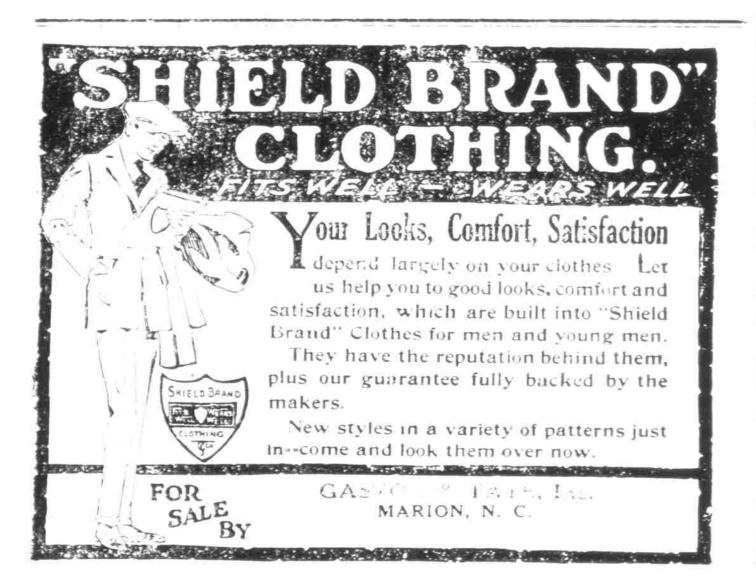
It means economy, satisfaction, good living for you to buy such goods.

In making our purchases our immediate profit is not considered—it is your welfare and, as a result, your permanent trade.

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Smith Grocery Co.

(Successors to McPeeters & Co.) THE HOME OF PURE FOODS MARION, N. C.



Bank Vice-President

Tells How Ziron Iron Tonic Helped His Daughter After Operation for Appendicitis.

FTER any serious illness, the first thing you notice when you begin to get around is your lack of strength and energy-a tired, weak | She was operated on for appendicitis. feeling.

The sooner you get your strength back the better. The thing to do is to eat plenty of good, nourishing food, get all the fresh air you can, exercise people." conservatively, and take Ziron Iron Tonic three times a day.

Read this letter from Mr. J. B. Kelly, vice-president of the First National Bank, Graceville, Fla.: "My daughter had been in bad health since last April. She has been taking Ziron for two weeks. Her appetite is better than it has been. Her nerves are better, and she says she feels better . . . I know that Ziron is good for weak and feeble

Ziron is a scientific, reconstructive tonic, prepared from valuable strengthbuilding ingredients, for weak people Your doctor will tell you this is with thin blood. Druggists sell Ziron sound advice, and urge you to follow it. on a money-back guarantee. Try it.



It'll soon be in Museums

Calomel loses you a day! You know what calomel is. It's mercury; quicksilver. Calomel is dangerous. It crashes into sour bile like dynamite, cramping and sickening you. Calomel attacks the bones and should never be put into your system.

Take "Dodson's Liver Tone" Instead!

believe you need a dose of dangerous calomel, just remember that your is entirely vegetable and pleasant to

When you feel bilious, sluggish, calomel. It is guaranteed to start constipated and all knocked out and your liver without stirring you up

inside, and can not salivate. Don't take calomel! It makes you sick the next day; it loses you a day's druggist sells for a few cents a large work. Dodson's Liver Tone straightbottle of Dodson's Liver Tone, which ens you right up and you feel great. Give it to the children because it is take and is a perfect substitute for perfectly harmless and doesn't gripe,

MARKETING SHEEP AND HOGS

Federal Trade Commission Furnish Figures Showing Cost of Loading and Shipping.

Of 54 carloads of sheep including 11 single-deck and 43 double-deck cars. the cost of loading and bedding cars averaged \$0.019 per 100 pounds live weight, according to figures furnished the federal trade commission by the United States department of agriculture. Other marketing expenses, including freight, varied from \$0.239 to \$1.97 per hundredweight. The shrinkage in weight varied from 3.53 to 8.57 per cent, the majority of the shipments iveraged approximately eight per cent.

Similar records on 252 carloads of hogs showed the cost of loading and hedding to average 1.5 cents per 100 pounds live weight; feed at market approximately 8 to 9 cents; commission charges 4 to 10 cents; discellaneous expense, 2 to 10 cents. averaging approximately 5 cents; and the total cost of marketing, induding freight from varying districts. approximately from 33 to 50 cents. The shrinkage in weight on 873 caroads of hogs varied from 9.88 to minus 4.59 per cent.

AVOID USING "MIXED" BULLS

Esteem With Which Purebred Sires Are Regarded Is Indicated by Texas Cattleman.

"I have nothing but purebred Here ord bulls, have been breeding regis ered Hereford bulls for 35 years, and have never used any mixed breed or

This statement addressed to the United States department of agriculture by a Texas stockman, who recently, joined the "Better Sires-Better campaign, indicates the eseem with which purebred sires are



Registered Hereford Bull, Used in Grading Up a Hard.

regarded in Brown comey. Tex., where he lives. In addition to his herd of 245 cattle, this stock owner listed 700 goats, 600 sheep, and 30 swine, kept for breeding purposes,

Rye Stands at Head of Cereals in Protein Content, but Lacking in Carbohydrates.

Whether fed as a grain ration, pastured, or cut and fed for hay, rye holds a high place for feeding pregnant ewes at wearing time. In its chemical analysis, rye stands at the head of the cereals in protein content, but is somewhat lower in carbohydrates than wheat or corn.

This suggests two things in regard to its feeding value: First, to feed in combination with other things lacking in protein but rich in fat-forming elements, like corn and wheat, Second, as a feed for young animals in which a high development of bone and muscle is required. For either purpose it is highly satisfactory. When sheep are wintered largely on fodder timothy bay, or other roughage, the rye partly makes up for the lack of

a la only sound SIUCK IN STATE

"Permanent das ures"-two rleasing word - those moh have them are a smiling in the talk is about feeding hy

A wood and Tokio, Japan. has carved on and, image of him-



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J. D. Blanton,

MARION, N. C.



The greatest facts are the simplest ones. Two and two make four-and they make it very fast when you begin adding some money eash pay day to what you already have in our bank.

If you have a bank balance add to it. If you have no bank account, start one.

You will receive 4 per cent interest.

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