

# MARION PROGRESS

A WEEKLY NEWSPAPER DEVOTED TO THE BEST INTEREST OF THE PEOPLE OF McDOWELL COUNTY.

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## READING-CIRCLE WORK ORGANIZED

### Groups for High School, Grammar Grade and Primary Teachers to Be Held.

At a meeting in the office of the county Superintendent of Public Schools, on last Saturday the Reading Circle work for McDowell county teachers was mapped out and leaders for the different groups selected. The work is planned to meet the needs of the different classes of teachers, under the scheme as worked out for McDowell county. All teachers holding high school, grammar grade or primary certificates will meet at Marion every two weeks for five meetings, beginning Saturday, Oct. 15th. The group leaders will be as follows:

High school teachers and principals, Miss Mary Greenlee; primary teachers, Mrs. C. S. Briggs, of the Marion Graded school faculty; grammar grade, Miss Celestia Penny, principal of Glenwood High school. These groups will meet at the Marion Graded school at 10 o'clock a. m.

The elementary teachers have been divided into two groups. The teachers of Marion, Montford Cove, Bracketts, Dysartville, Nebo and North Cove townships will meet with the Marion group, with Supt. N. F. Steppe as group leader. Supt. G. B. Strickland, of the Old Fort High school, will have charge of the group at Old Fort which will include Old Fort, Crooked Creek and Broad River townships. The initial meeting of the Marion and Old Fort groups will be held on Saturday, Oct. 15th, the Old Fort group holding its meeting at the auditorium of the Old Fort school, and the Marion group holding its meeting in the auditorium of the county court house.

Under the new plan of Reading Circle work all teachers are required to take the work. Heretofore teachers were able to renew their certificates by doing the reading circle work, and certificates could also be renewed by work in the summer school. Under the new plan renewal of certificates will be largely by summer school work, but before any certificate will be renewed the Reading Circle work must have been completed at the group center. Reading Circle work now becomes a part of the requirements for the renewal of certificates, and there is no way for it to be completed except in the county.

The texts adopted for study for the various groups are as follows:

High school teachers, "Administration of Rural and Village Schools"—Finney & Schafer. Copies of this book can be secured from the MacMillan Company, 64-66 Fifth Ave., New York City, \$1.50, postpaid.

Primary teachers will study "Children's Literature," Curry-Clippinger; Rand McNally, Chicago, Ill., \$2.98, postpaid.

Elementary teachers will study "The Elementary School Curriculum," F. G. Bonser, MacMillan Company, 64-66 Fifth Ave., New York City, \$1.70 postpaid.

Grammar grade teachers will study "Story-Telling for Upper Grades," Cross & Statler; Row, Peterson & Co., 628 South Wabash Ave., Chicago, Ill., price \$1.25 postpaid.

Supt. N. F. Steppe has sent out a circular letter to all teachers of the county, notifying them of the organization of the Reading Circle work and urging upon every teacher to secure the appropriate text and make preparation for the initial meeting on Oct. 15th. Every teacher in the county will be required to complete the Reading Circle work in some manner. It is expected that practically all teachers will make arrangements to attend the group meetings and thus secure the benefit of organized class instruction.

The percentage of foreign born people in the United States is lower today than it has been since 1860.

## SUNDAY SCHOOL SUPERINTENDENTS' CONFERENCE

A superintendent's conference for Baptist Sunday Schools in Western North Carolina was held in the Marion Baptist church last week. A splendid program had been arranged for the conference and was carried out.

The personnel of the program was equal to the best, among whom were Mr. Arthur Flake, Nashville, Tenn., Secretary of Sunday-School Administration of Baptist Sunday-School Board; Dr. B. W. Spilman, Winston, N. C., Field Worker of Baptist Sunday-School Board; Mr. E. L. Middleton, Raleigh, N. C., State Baptist Sunday-School Secretary; Rev. J. J. Gentry, of Asheville, enlistment secretary in Buncombe county, and several prominent and successful Sunday school superintendents.

There were more than two dozen Sunday school superintendents and many other interested Sunday school workers in attendance upon the conference.

One of the finest series of addresses before the conference was a series of five addresses on church advertising by Dr. B. W. Spilman. The subjects of the addresses were, The Necessity of Church Advertising, The People to Be Reached by Our Advertisements, What We Have to Offer the People, and Methods of Advertising. Dr. Spilman believes that our churches and Sunday schools have something that the people need, that it is the church's duty to make that fact known, and to do it in such a way as to make the people want what the churches have. That must be done, as in any other business, by wisely advertising.

In an address on "A Great Sunday School," Secretary Arthur Flake made a deep impression. He declared that the great school is not always the large school numerical. It is the school which reaches all the people who ought to be brought into the school. It is the school that does real teaching of the Bible. It is a soul-winning school. It is a school which uses the church members in its service. Then by a religious census learn who should be at the Sunday school. Grade the school.

Supt. J. N. Barnett spoke on "The Standard Sunday School." It takes a standard superintendent and standard teachers to make a standard Sunday school. Then the standard must be worked out by hard labor and co-operation.

Mr. J. H. Grogg spoke on "A Worthwhile Associational Program." Dr. R. J. Bateman, of Asheville, spoke in a masterly way of the place of the Sunday school in evangelism. The speaker declared that we need the organization of the Sunday school, but that piece of machinery will be dead and helpless if it be not vitalized by the Spirit of God. The chief purpose of the Sunday school is to win souls for Christ, he said.

The conference closed Friday afternoon. The delegates and visitors expressed themselves as being delighted with their visit to Marion and with the generous hospitality which was bestowed upon them while here.

## THE PRESBYTERIAN CHURCH.

Sabbath School 9:45 a. m.  
Preaching 11:00 a. m. Communion of the Lord's Supper observed at this service. All members urged to be present.  
Junior and Senior Christian Endeavor 6:30 p. m.  
Evening service 7:30 p. m.  
Strangers and visitors welcomed.

## WEATHER REPORT.

Thos. McGuire, local government weather bureau observer, reports the temperature and rainfall at Marion for the week as follows:

Maximum, 87 degrees; minimum, 52 degrees; rain, 0.95 of an inch; sunshine, per cent., 57.

Correspondents will please bear in mind that all communications for publication must be signed by writer.

## ITEMS OF INTEREST FROM THE COUNTY

### Brief Mention of Some of the Happenings in McDowell—Items About Home People.

#### OLD FORT

Old Fort, Sept. 27.—Miss Myrtle McCurry, who has been visiting relatives in Canton, has returned home.

Mrs. A. C. Tate and little daughter, Edna, spent Sunday in Black Mountain.

Born, to Mr. and Mrs. Don Gosorn, a daughter.

Mrs. W. H. Wall and children of Lenoir spent the week-end with Mrs. B. Y. Allison.

Mr. and Mrs. B. Y. Allison gave a birthday party last Friday night in honor of their daughter, Emma. Those present were: Misses Daisy and Annie McDaniel, Foy Dell Tate, Vivian Sawyer, Jennie Stirewalt, Mary Hoffman and Essie Mashburn; Messrs. Hubert Rector, Cletus Tate, Kimball Miller, Franz Strickland, Roger Kanipe, Alfred Gibson and Royce McDaniel.

Mrs. H. W. Goswick of Winston-Salem spent the week-end with her daughter, Miss Alva Goswick, who is teaching in Old Fort.

Miss Frances Artz left Saturday for Charlottesville, Va., where she has accepted a position as French teacher in one of the high schools there.

Misses Katherine Bailey, Adeline Wilkerson, Messrs. Teague and Cathy enjoyed a horseback ride to Buck Creek Falls, Sunday.

Alfred Gibson and Burton Vess attended the circus in Asheville, Monday.

Mr. and Mrs. Brock and family have returned from a visit in Washington, D. C.

B. H. Bird of Asheville was in Old Fort, Sunday.

Mrs. Ben Burgin spent Sunday in Black Mountain.

Rev. C. P. Holland spent Monday in Asheville.

#### CROOKED CREEK

Old Fort, Rt. 2, Sept. 26.—Misses Bessie Cuthbertson and Alma Lavender spent the week-end with Miss Estelle Lavender in Old Fort.

Mrs. French Herpst of Detroit, Mich., visited Mrs. O. A. Davis last week.

Mrs. Frank Mills of Marion is visiting relatives here.

Mr. and Mrs. Jesse Davis of Old Fort were visitors at the home of C. C. Davis Sunday.

Mr. and Mrs. Wheeler Davis spent Sunday with Mr. and Mrs. J. A. Lavender.

Mr. and Mrs. Hugh Warren visited the latter's grandfather, Mr. Noblitt, Sunday.

Mrs. J. S. Lavender is visiting her son, W. G. Lavender, in Old Fort.

Rev. R. L. Foster is holding a series of meetings at Bethlehem this week.

Miss Margery Walker has returned home after spending some time at Black Mountain.

Mrs. S. H. Davis and Mrs. Henry Davis made a business trip to Marion today.

#### CATAWBA VALLEY

Old Fort, Rt. 1, Sept. 26.—Mr. and Mrs. Wm. Hicks spent the week-end on Crooked Creek.

Miss Geneva Allison was a pleasant visitor on Curtic creek yesterday.

The school at Siloam is progressing nicely under the management of Misses Zeldia Yelton and Addie Lavender.

A number of people enjoyed a singing at the residence of J. W. Bradley Sunday afternoon.

Miss Janie Parker spent the week-end with Miss Lillie Lytle.

Mr. and Mrs. Wm. Melton of Ridgecrest were visitors here Sunday.

Mr. and Mrs. B. F. Tisdale visited relatives on Crooked creek Sunday.

Everybody is busy getting ready to make molasses.

W. J. Jimerson, who has been

working in Marion, came home Saturday.

#### CHAPEL HILL

Chapel Hill, Sept. 26.—Mr. and Mrs. Tate Moses of Marion spent the week-end with relatives here.

Miss Lena Swann of Marion spent the week-end with her parents, Mr. and Mrs. J. A. Swann.

Chapel Hill graded school opened again today with Mr. Goodman as principal and Miss Lurlene Corpening assistant.

Mr. and Mrs. Jesse Brown of Marion visited the latter's sister, Mrs. Benton Reel, last week.

The revival meeting is to begin October the second, which is next Sunday.

Farmers are about through pulling fodder and making molasses.

#### NOTES FROM THE STATE SCHOOL NURSE

Habit formation, good habits, should be established in infancy. Mothers would not fall back on the excuse, "Yes, I know that but I don't have time."

If mothers only knew that it takes less time to form good habits than it does to break up bad ones, and to nurse the results of bad habits they would take time.

Beginning early in right habits of food, exercise, fresh air and personal cleanliness these habits soon become automatic with children and they do not have to be constantly nagged and reminded.

The use of the tooth brush would become as automatic as the washing of one's face, were it begun at a very early age. We are told that teeth decay for two reasons only, either because they are dirty or the body has not been reinforced with bone-building food. The teeth should be washed at least twice daily.

Sleep, the period for organic reconstruction, is another fundamental and school children should sleep from eight to ten hours in the twenty-four, they should retire early at some regularly fixed hour, sleep each in a separate bed and in loose night clothes and with windows open, winter and summer alike.

Periodicities for bladder and bowel evacuation should be fixed in early life. Constipation, "the curse of modern life," is due mainly to carelessness and is responsible for many ills.

Food habits should be established at the birth of the child, beginning with its milk and water diet in proper quantities and intervals and in addition, after a few months, the fruit juices, orange or tomato juice strained and given in certain quantities each 24 hours. Poor food habits constitute a great factor in producing retarded and defective children.

Underweight should be regarded as a danger signal as it comes either from some physical cause or from poor food habits as a rule. Ten per cent or seven per cent underweight should cause concern on the part of the parent. That children do not like this or that is no excuse for improper diet. When the child first begins solid food the proper food materials should gradually enlarge his dietary and he would not have the choice of bad ones. Food habits become automatic, personal cleanliness becomes automatic, and so on, if we teach these habits early in life.

Personal cleanliness should be stressed also. It gives self respect, encourages good morals and is conducive to good health.

Insist on regular habits, especially those of bathing, exercise, rest, food, play. Make health a habit. "Habits must be controlled or they will control." The future of the child depends largely on correct habits. His real character is based on good habits established early in life.

Spend your money with your home merchants. They help pay the taxes, keep up the schools, build roads, and make this community worth while. You will find the advertising of the best ones in The Progress.

## NEWS ITEMS FROM OVER THE STATE

### Items Concerning Events of Interest and Importance Throughout the State.

Former Lieutenant Governor Charles A. Reynolds, of Winston-Salem, was unanimously elected chairman of the North Carolina Republican executive committee at a meeting of the committee in Greensboro Tuesday.

Ruth Whitehead Whaley, of Goldsboro, N. C., who will enter Fordham University Law school this fall, is said to be the first negro girl to be admitted to that school, according to Monday's New York World, which carries a picture of the negress. She is twenty years old and graduated from Livingstone college at Salisbury when she was 18 years old. Since then she has been a teacher of the deaf in Raleigh.

Two horses belonging to the Henkel-Craig Livestock company of Statesville were killed instantly at Lenoir Monday night when they came in contact with a live wire. A pole had fallen across the road and a wire was across the street which the horses were driven into. When they struck this live wire, they were killed instantly, and the driver was thrown from the wagon by the shock, but was not seriously hurt.

J. E. Latham, a leading citizen and prominent business man of Greensboro, being advised by J. P. Cook, chairman of the trustees of the Stonewall Jackson Training school, of a pressing necessity at the school, has generously donated a two-story pavilion which will be constructed of native rock and cement, being in every respect fire-proof and weather-proof. The first floor will be divided into a room for the band instruments, and two other rooms to be used as rest rooms for the weekly visitors.

### CONFEDERATE VETS GET LOW RAIL RATES

Chattanooga, Tenn., Sept. 23.—It was officially announced tonight by reunion headquarters that the railroads had granted a rate of one cent a mile to the reunion of the Confederate veterans here in October, the initiative having been taken by the Nashville, Chattanooga and St. Louis railroad. The rate will apply to veterans and their families, United Daughters of the Confederacy and all affiliated organizations.

### TERRIFIC ELECTRICAL STORM IN CALDWELL

Hickory, Sept. 22.—Stunned by a bolt of lightning which set fire to their home Dewey Fox, a Caldwell County farmer, and his family barely escaped from the burning dwelling last night during a terrific electrical storm according to information reaching Hickory today. A house in the Dudley Shoals cotton mill village set on fire by lightning and was burned and a large barn owned by the Granite Falls Manufacturing Company on its farm in Caldwell county was also consumed. Two mules were killed by the bolt which set fire to the barn.

### STATE WILL EXACT PENALTY OF DEATH FROM HARRIS

Raleigh, Sept. 24.—Ex-Governor Locke Craig's fine classic in behalf of commutation for T. J. Harris, well to do Ridgecrest merchant, who is under death sentence for slaying a wealthy Alabama churchman, F. W. Monnish, failed to move Governor Morrison today, and Harris must pay the supreme penalty for his crime on October 20. The decision of Governor Morrison ran counter to most all the guessing that had been done. The son of the prisoner put up as game a fight for the life of his father as will be found in any of the books. But the governor's verdict came just as swift as it was decisive and there is no appeal to a higher court.