

Hints for Homemakers
By Jane Rogers



ALTHOUGH pineapple juice is ordinarily chilled in the tin before serving, many persons suffering with intestinal disorders, find the juice more to their liking if it is warmed, or slightly heated, especially when drunk at breakfast time. The chilled juice is much preferred as an eye opener, or an appetizer, but an excellent hot beverage for winter evenings is mulled pineapple juice. Here is the recipe: Tie an inch of stick cinnamon; 3 whole cloves; ¼ teaspoon ground allspice; ¼ teaspoon grated nutmeg in a small piece of cheesecloth. Add to one quart of Hawaiian pineapple juice and bring to boiling point. Add a little salt, and serve with crackers and cheese.

Brazil nuts add nutriment and distinctive new flavor to countless other foods. As appetizers and as an integral ingredient in entrees, salads, breads, buns and in numerous desserts, these Amazon jungle nuts are winning wide favor. Every few weeks during the year fresh stocks arrive in this country. Ideal for summer use, they keep indefinitely in a refrigerator or other cool place. Shelled nuts should be kept tightly covered. Brazil nuts may be used raw or roasted, whole, chopped, sliced or ground.

**SEE
Belk's
Extra Pants
VALUES**

Almost Magical--

It freezes with heat!

Wherever You Live
ELECTROLUX, equipped

with a kerosene burner, makes modern refrigeration a practical possibility today in any location where such conveniences would otherwise be wholly out of the question.

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**PERSONAL AND LOCAL
NEWS ITEMS FROM NEBO**

Nebo, April 7.—Miss Lottie Wilson spent the week-end with her sister, Mrs. Robert Bland, of Caroleen. W. N. Giles has gone to a hospital in Charlotte where he will remain for treatment several days.

Mr. and Mrs. Forest Knupp, of Asheville, were guests of the latter's parents, Mr. and Mrs. W. C. Fortune, Sunday.

Arnold Owens and Ralph Mickey, of Long Beach, California, were week-end guests of Denison Gibbs.

Mrs. Harry Hunter and children spent Saturday in Asheville.

Mr. and Mrs. W. J. Kincaid, Mrs. R. V. Wilson and Mary Bell Hunter were visitors in Charlotte Sunday.

H. C. Giles of Raeford visited his father, W. N. Giles, last week.

Mr. and Mrs. A. J. Taylor of Morganton, visited the latter's mother, Mrs. C. J. Hunter, Saturday.

HE OUGHT TO KNOW

That newspaper advertising brings better results and at less cost than circulars is certified to by H. A. Sweeney, advertising manager of the National Retailer Owner Groceries. Mr. Sweeney says his organization has planned to increase its newspaper advertising 20 per cent during the year.

"Circular advertising by the individual grocers has proved ineffective," he said at the association's annual convention. "Newspaper advertisements more readily reach the consumers and are less expensive."

Last year Mr. Sweeney's organization spent two-million dollars for advertising. So he ought to speak with authority when he says newspaper advertising not only pays better, but costs less for the same effects. And did you ever stop to think that the very business men who boost newspaper advertising most are those who have made their business a success through advertising. Surely such authorities should be heeded by business men who have had less experience and whose success has been more limited.—The Mocksville Enterprise.

Sonny—Daddy, do you think Job ever had stone bruises on his heel?
Daddy—No, son. I don't suppose he did.

Sonny—Gee, Daddy, he didn't know anything about suffering, did he?

**A SPECIAL EASTER
SERVICE, OLD FORT;
WOMAN'S CLUB MEET**

A special Easter service will be presented at the Methodist church next Sunday night, featuring an Easter pageant, under the direction of Mrs. D. T. Roughton, and a chorus of mixed voices singing "O Divine Redeemer," under the direction of Mrs. Madeline Taylor. This service will take the place of the regular evening services in the Baptist, Methodist, and Presbyterian churches, and is scheduled to begin at 7:30. It promises to be one of the most interesting services ever attempted here, and it is hoped that a large audience will enjoy it.

The Beta Club of the Old Fort high school enjoyed a very fine program and banquet last Monday night in the dining room of the Old Fort Baptist church.

Mary Ruth Oates enjoyed a happy birthday party last Monday when a number of her little friends joined her in celebrating her fourth birthday at her home on Main and Church streets. Appropriate settings, cakes and cream were enjoyed by all.

The Woman's Club was delightfully entertained at the home of Mrs. George Sandlin on Main street last Friday afternoon. Under the direction of the art chairman, Mrs. R. L. Smith, appropriate selections were read by various members. A number of prize winning pictures, shown recently in a regional exhibit at Asheville from the Old Fort school were shown. Mrs. Graybeal read a review of Mrs. Lindbergh's "North to the Orient."

Mrs. W. E. Teague, president, announced the local Boy Scouts, under the direction of their scoutmaster, Rev. C. R. McCubbins, are cooperating with the club in a safety campaign for automobile drivers in this vicinity.

The hostess had lovely decorations with an Easter motif prevailing. Mrs. P. H. Mashburn poured tea and Mrs. Kathryn Beasley assisted the hostess in serving.

Mrs. H. C. Marley, who has been ill for some time, is improving and is now able to be about again.

**BRIEF NEWS ITEMS FROM
MUDDY CREEK COMMUNITY**

Nebo, Rt. 1, April 4. — Mr. and Mrs. Jack Patton made a business trip to Marion Friday.

Mr. and Mrs. T. B. Dysart of Asheville were visitors here last week.

Miss Essie Laughridge of Marion spent the week-end with her parents, Mr. and Mrs. Alfred Laughridge.

Mr. and Mrs. Jack Farris of Bethel were visitors at the home of the latter's parents, Mr. and Mrs. A. H. Crawley, during the week.

Miss Arkie Plemmons of Clinchfield, visited her parents here last week.

Mrs. C. E. Jarrett and children of Dysartville were visitors at the home of Mr. and Mrs. Alfred Laughridge last Sunday.

S. C. Morgan made a business trip to Marion Saturday.

Mr. and Mrs. Robert Lail and baby of Charlotte are spending some time with the former's mother, Mrs. Mary Jo Lail.

Mr. and Mrs. Sam Patton and son Garland were visitors in the Laurel Hill section last Sunday.

Ben Daves and daughter, Zonia, of Dysartville, visited the former's daughter, Mrs. Alfred Laughridge, here Sunday.

Carroll Patton of Shelby spent the week-end with homefolks here.

Mr. and Mrs. Howard Plemmons of Clinchfield visited Mr. and Mrs. W. A. Plemmons here Sunday.

Carl Laughridge has accepted a position with the State Hospital in Morganton.

STARLINGS PUSH WESTWARD

Brought to this country 45 years ago to combat insect pests the European starling has become more or less an undesirable alien because of its habit of congregating around homes and public buildings. It has also driven more desirable birds from their native haunts. From a few dozen pairs they have increased to countless millions. Recently they have pushed beyond the Mississippi and it is predicted they soon will range to the Pacific. Their good qualities include waging a vigorous war on Japanese and May beetles, clover leaf weevil and other insect pests. Many native birds will not eat the Japanese beetle.

A schoolboy writing a composition on the surrender of Lee at Appomattox, stated that General Lee came to the scene clad in all the regalia of the Southern Army, but that General Grant was clad in his simple Union suit.

A number of Franklin county farmers will start definite crop rotation systems this season by first combining several small fields into larger ones.

AS I SEE IT

E. C. KLONTZ

Do we have ambition? Doubtless we think we have, but have we? Do we really know what ambition is? Says Herbert N. Carson: "Probably not more than one man out of ten has any ambition at all. Ambition is not merely wishing and hoping and painting pictures in your mind of what a great man you will be. Day-dreaming! That is not ambition. Being discontented with what you've got is not ambition. Reading about glorious deeds and imagining yourself doing things like that—that is not ambition."

"No. Ambition is active, not passive. Ambition is the process of self-development. It is a day-by-day matter. It is something you DO, not something you WISH. Ambition is wishing plus will power and perseverance. An ambitious man is one who does his job better today than he did it yesterday. He is a man who is improving—gaining—climbing—moving steadily up towards the top. No lazy man is ever ambitious. Ambition is only another word for Growth. And growth depends on courage and industry and reading good books, and common sense, and keeping at it. If a young man wants to become more ambitious, he can do so by following these two simple rules: (1) Learn something new every day. (2) Do something better every day.

"The test of true ambition is action" Now, let us ask ourselves again if we really are ambitious and are genuinely striving to make our ambitions materialize.

A genius is one who shoots at something no one else can see and hits it.

Campbell soup company deliberately advertises "21 kinds of soup to select from," and then lists 22. And every year since 1931, from 400 to 700 people write to the company calling attention to the discrepancy—which pleases the company immensely, the error being written in to make people talk about it and to give an idea of how thoroughly the advertisement is read.

Wisconsin has a law compelling restaurant owners to serve one-third of an ounce of cheese and two-thirds of an ounce of butter with all meals costing 25 cents or more, to advertise the home industries. Wisconsin, as you know, is one of our great dairy states.

There is plenty that is important to be done in the world, but it will all be done, to the end of time, by those who are trained to do it.

Few persons utilize their reasoning powers; most of them act blindly, like automatons.

They say that man is the only animal that can be skinned more than once.

Have you helped somebody today?



**Eases Headache
In 3 Minutes**

also neuralgia, muscular aches and pains, toothache, earache, periodical and other pains due to inorganic causes. No narcotics. 10c and 25c packages.

NEW REVISED TIME TABLE (Effective April 1)

ASHEVILLE—MORGANTON—LENOIR—HICKORY—STATESVILLE—SALISBURY—CHARLOTTE

READ DOWN					READ UP					
PM	PM	PM	AM	AM	AM	PM	PM	PM	PM	
6 00	4 00	1230	1030	8 00	Lv. Asheville	Ar. 1000	1 05	3 35	6 00	1000
6 35	4 35	1 05	1105	8 35	Black Mtn.	9 25	1230	3 00	5 25	9 25
7 00	5 00	1 30	1130	9 00	Old Fort	9 00	1205	2 35	5 00	9 00
7 20	5 20	1 50	1150	9 20	Marion	8 40	1145	2 15	4 40	8 40
7 50	5 50	2 20	1220	9 50	Glenn Alpine	8 10	1115	1 45	4 10	8 10
8 00	6 00	2 30	1230	1000	Ar. Morganton	Lv. 8 00	1105	1 35	4 00	8 00
8 00		2 30	1230		Lv. Morganton	Ar. 8 00		1 35		8 00
8 30		3 00	1 00		Ar. Lenoir	Lv. 7 30		1 05		7 30
8 00	6 00	2 30		1000	Lv. Morganton	Ar. ----	1105	1 35	4 00	8 00
8 15	6 15	2 45		1015	Valdese	Lv. ----	1050	1 20	3 45	7 45
8 40	6 45	3 15		1045	Ar. Hickory	Lv. ----	1020	1250	3 15	7 15
9 00	6 45	3 20		1100	Lv. Hickory	Ar. ----	1020	1245	3 10	7 10
9 15	7 00	3 35		1115	Conover	----	1005	1230	2 55	6 50
	7 05			1120	Newton	----	1000			6 45
9 45	7 35	4 05		1155	Statesville	----	9 25	1201	2 25	6 15
1030	8 15	4 50		1240	Ar. Salisbury	Lv. ----	8 40	1115	1 30	5 30
8 45		3 20		1105	7 30 Lv. Hickory	Ar. ----	1010		3 10	7 10
9 05		3 40		1125	7 50 Newton	----	9 50		2 50	6 50
9 20		4 10		1150	8 15 Lincolnton	----	9 20		2 20	6 20
1000		4 40		1220	8 45 Mt. Holly	----	8 50		1 50	5 50
1025		5 05		1245	9 10 Ar. Charlotte	Lv. ----	8 30		1 30	5 30
PM	PM	PM	PM	PM	AM	AM	AM	AM	PM	PM

For further information call your Eus Station, Phone 364.

QUEEN CITY COACH COMPANY, Charlotte, N. C.