

GOSPEL LIGHT

By R. VON KING, Pastor
East Marion Baptist Church

CASTING A SHADOW

Did you ever stop to think just what kind of shadow you are casting? It's worth thinking about. In Acts 5:15 we have an account of one of the great apostles whose shadow was the source of hope and helpfulness and healing, "Inasmuch that they brought forth the sick into the streets, and laid them on beds and couches, that at the least the shadow of Peter passing by might overshadow some of them." Verse sixteen certainly includes these when it says

"Build-Up" Good News For Suffering Women

Much of women's periodic distress may be unnecessary!

Many who suffer from headaches, nervousness, cramp-like pain, other symptoms of functional dysmenorrhea due to malnutrition are helped by CARDUI.

Main way it helps relieve periodic distress is by increasing appetite and flow of gastric juice. Thus it often aids digestion; helps build strength, energy, resistance to periodic disturbances.

Others find help for periodic discomfort this way: Start a few days before and take CARDUI until "the time" has passed. Women have used CARDUI more than 50 years.

NOTICE OF SALE OF LAND UNDER MORTGAGE

Under and by virtue of the power of sale contained in a mortgage deed from John F. Pead and Minnie Pead to G. L. Payne and J. E. Decker, to secure the indebtedness therein stated, which mortgage deed was dated November 12, 1914, and recorded in the office of the Register of Deeds of McDowell County, N. C., in mortgage book No. 33 at page 84, default having been made in the payment of said indebtedness the undersigned will, on the 29th day of April, 1940, at 10:00 o'clock A. M., at the courthouse door in Marion, N. C., sell to the highest bidder, for cash, that certain tract or parcel of land lying and being in Marion township, McDowell county, N. C., and more particularly described as follows, to-wit:

Lot No. 33 according to Gibson's Map of Grantville, Beginning at a stake, the Southwest corner of the Lavendar lot and runs North 40 West with his line 150 feet to a stake; thence South 52 West 50 feet to a stake; thence South 40 East 150 feet to a stake on the North side of Ridge street; thence North 52 East 50 feet with said street to the beginning. Also the lot upon which is located the John Pead store house, built by him, and also the dwelling house situated within about six feet of said store house, which dwelling was also built by John Pead and is now occupied by Will Crisp, including the width of ten feet of ground beyond said dwelling house, and on the opposite side of same from the said store house, according to a line running parallel with the line of the adjoining lots, so that the lot and lots herein conveyed will include all the land upon which is located said store house and the ground between said store house and said dwelling house, and also the ground upon which is located said dwelling house and the ground surrounding said dwelling house for a distance of ten feet beyond the same upon the opposite side from said store house, and upon all other sides of said dwelling house, so as to include a lot herein conveyed upon which is located both of said buildings and a distance of ten feet in all directions beyond said dwelling house.

This 27th day of March, 1940.
JOYCE DECKER,
Surviving Partner

NOTICE OF SALE OF LAND UNDER MORTGAGE

Under and by virtue of the power of sale contained in a mortgage deed from Vester Logan and wife Emma Logan, to J. E. Decker and Adah P. Decker, to secure the indebtedness therein stated, which mortgage deed was dated April 5, 1933, and recorded in the office of the Register of Deeds of McDowell County, N. C., in Mortgage book No. 44 at page 167, default having been made in the payment of said indebtedness, the undersigned will, on the 29th day of April, 1940, at 10:00 o'clock A. M., at the courthouse door in Marion, N. C., sell to the highest bidder, for cash, that certain tract or parcel of land lying and being in Marion Township, McDowell county, N. C., and more particularly described as follows, to-wit:

Adjoining the lands of Delia Fields and others, described as follows: Beginning on a stake in Delia Field's line in the line of the C.C.C.'s R. R., and runs S. 60 feet to a stake; then E. 66 feet with Abe Rosman's line to a stake, corner of Rosman's in the Epps Field line; then N 60 feet with the Epps Field line to a stake in the C.C.C.'s R.R., the northeast corner of the Delia Field lot; then with Delia Field's line and the line of the C. C. C.'s R.R. to the beginning, and being that same lot, land which was conveyed by deed from Oscar Logan and wife Bertie Logan to the said Vester Logan, which deed is recorded in the office of the Register of Deeds of McDowell county, N. C., in deed book No. 77 at page 181.

This 27th day of March, 1940.
Joyce Decker, only heir at law of J. E. Decker, dec'd, and Adah P. Decker, deceased.

"and they were healed every one." This shadow of the apostle is symbolic of the influence that radiates from each individual, "For none of us liveth to himself and no man dieth to himself." Romans 14:7. Even the infant in mother's arms or the child asleep in its little bed will send forth a sweet and wholesome influence in the home. How much we realize this when death has taken them from us and they cease to cast that hallowed shadow that was once the joy of the whole family. The invalid who never has the privilege of the normal social contact and expression oftentimes is the center around which the home life revolves and their sweet life of patience amidst suffering is a benediction to all who visit them. Thus even an invalid's shadow is cast on the lives of many for good. The aged mother, or the grandmother whom God sees fit to spare and leave with us until she reaches the three score and ten, are living examples of the words of the Psalmist, "They shall still bring forth fruit in old age." Faithful "Dad" whose life has been much of labor and sorrow, sometimes compelled in his declining days to depend on others for support and the comforts of life, is often the most dependable source of counsel and information. Surely God hath planned us well, and given each a part and place to fill.

Wherever we go we are casting a shadow, leaving behind us an influence for good or evil. Before the days of the electric light a common scene in many places was that of the village lamp lighter as he went around to each gas lamp and set it to burning. One could easily look at the lamps and tell whether he had been along. May we so live that our lives will be a continual source of light and helpfulness. Jesus said, "Let your light so shine before men that they may see your good works and glorify your Father which is in heaven."

We should consider others. Many times a kindly word or deed lives on after one has forgotten about it. A business man once watched an umbrella mender as he carefully tested each piece of material that he used and skillfully sewed and mended each umbrella. He asked the man who did his work so well if he expected to be back in that neighborhood. When he said that he traveled from place to place and would probably never be back again, the business man asked him "Why then are you so careful with your work and why use such good material if you don't expect to come back?" His answer was "To make it easy for the next umbrella mender who happens to come this way." Yes we should consider others. A blind man was once asked why he carried a lighted lantern, since he could not see. "Well," he remarked, "I don't want other people stumbling over me."

As Christians we should be especially careful that our life is consistent with our profession. It is not always easy to stand by our convictions and cast that shadow of consecration wherever we go, but having stood we have God's approval and even the worldly and unspiritual will respect us. While I was in school in the city of New Orleans, I was approached one day as I walked down Magazine street, accompanied by my wife and another lady, by a nicely dressed man, just in front of a large theatre. He was selling tickets to the theatre. I listened politely as he said something of the nature of the picture to be shown and persuasively informed me of the huge "jack-pot" that ticket purchasers had a chance at. When he had finished I answered, "My friend, we are followers of the Lord Jesus Christ. We do not attend the theatre and we do not believe in gambling I would not be interested in your tickets." He looked squarely at me for a moment and then remarked seriously, "I admire you for it. I admire you for it." I later learned that he was the owner and operator of the theatre, but he admired us for not going.

Is your life a channel of blessing? Is the love of God flowing through you? Are you telling the lost of the Savior? Are you ready his service to do? More than 250,000 school children in South Africa were given free milk or cheese last year under a government aid plan.

EXECUTORS' NOTICE

Having qualified as Executors of the estate of Matilda Hemphill Jaynes, deceased, late of McDowell County, North Carolina, this is to notify all persons having claims against the estate of said deceased, to exhibit them to the undersigned at Nebo, N. C., on or before the 20th day of February, 1941, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment.

This 19th day of February, 1940.
C. H. Hemphill, M. D., and Fred H. Hemphill, Co-Executors of Matilda Hemphill Jaynes, deceased.

MIND YOUR MIND

James Watson, M. D.
Division of Mental Hygiene
State Welfare Department

A lady called me up some time ago and asked, "Don't you think there is much danger in psychiatrists making speeches about mental illness to the common people? There are a great many people in insane asylums who went crazy because they were afraid they would go insane and they worried about it until their brains cracked. It is all right to discuss such things in medical meetings or psychology classes, but to give such talks to unthinking people or to publish them in the papers is criminal."

I don't think the lady would find much support among psychiatrists. I have examined and treated many patients in state hospitals and I do not recall any who got there because the fear of going insane drove them crazy. I will discuss this matter again later.

So far as publicity is concerned I disagree with her entirely. The facts are that the care of mentally ill patients is becoming an increasing burden upon the American people. It costs hundreds of millions of dollars a year. The cost is increasing. Money to give them adequate treatment to cure them is not available. Money to prevent this flow into mental hospitals is needed.

The burden of cost and care and the need of new buildings is insistent. Education of the public is necessary to get cooperation to prevent this increasing tragedy and to provide more adequate treatment and care, and to reduce the enormous cost of going on in the same old way.

However, the lady was very sincere in her opinion and anyone who has honest ideas they would like to have discussed may address Dr. Watson in care of this paper.

THE ANSWERS

1. Approximately 316,000 men.
2. According to Dr. Guy I. Burch, population expert, 26,360,000, between the ages of 18 and 45.
3. Now 3,000; may reach 6,000 by September 1st.
4. Thirteen Russians were killed for every Finn, according to Baron Mannerheim, Finnish Field Marshal.
5. From Sweden, 8,441,430 metric tons in 1938.
6. \$75,000,000.
8. 932,305 at the end of December.
9. An organization formed to disseminate information about the extent of American war aid in Japan. Henry I. Stimson, former Secretary of State, is chairman.
10. The Allies, 8,500,000 men; Germany, 7,350,000 (estimated).

COW TESTING

There were 676,141 cows in 27,948 herds on test in Dairy Herd Improvement Associations in the United States last year, and North Carolina ranked eighth among the states in percentage of new herds on test.

LAND FOR SALE

Notice is hereby given that under and by virtue of the power of sale contained in a certain mortgage deed executed by J. Y. Gilliam and wife, M. M. Gilliam, to the A. Blanton Grocery Company on the 4th day of January, 1928, which said mortgage is recorded in book 44 at page 122 of McDowell County Mortgage Deed Records, there having been default in the payment of the indebtedness thereby secured, as therein provided, the undersigned receivers of the A. Blanton Grocery Company will offer for sale to the highest bidder for cash the lands described in said mortgage at the courthouse door in Marion, N. C., at 12 o'clock noon on

Wednesday, April 24, 1940

said lands being described as follows
1st Tract: Being a certain 40-acre tract of land in Crooked Creek Township, adjoining Crozer Davis and D. C. Davis part of Patent 1005. And fully described in a deed from G. M. Davis and wife to J. Y. Gilliam, dated the 19th day of February, 1927, and registered in McDowell County in Book 73 at page 17.
2nd Tract: Being 4 certain tracts of land in Old Fort Township, adjoining the lands of D. W. Adams and fully described in a deed from W. H. Pritchard and wife to J. Y. Gilliam, dated the 20th day of July, 1927, registered in McDowell County in Book 72 at page 81 to which deeds reference is hereby made for full description.

The terms of the sale are cash, and subject to confirmation by the court.

This the 23rd day of March, 1940.
J. D. Blanton and R. L. Morris, Receivers of A. Blanton Grocery Co.

ADMINISTRATOR'S NOTICE

Having qualified as administrator of the estate of John R. Conley, deceased, notice is hereby given to all persons having claims against the estate of said deceased to present them to the undersigned at Marion, N. C., on or before the 7th day of March, 1941, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will make immediate payment to the undersigned.

This 2nd day of March, 1940.
F. D. CONLEY, Administrator of John R. Conley, deceased.

New Registration

Required Of All

McDowell County Voters

By Statewide act of the 1939 Legislature all counties were required to either completely revise the Registration books or order a new registration. The method of revision provided was deemed too expensive and impractical and a new registration for this county has been called.

REGARDLESS OF WHETHER A PERSON IS REGISTERED NOW OR NOT, HE OR SHE MUST REGISTER TO VOTE IN THE 1940 ELECTIONS.

Registration Books Will Open Saturday, April 27, and close on Saturday, May 11.

Registrars will be at the voting places in each precinct on the following Saturdays: April 27th, May 4th and May 11th, from 9 A. M. until sundown.

A person will be allowed to register any time during the registration period, but the registrars will be required to be at the polling places only on the above dates.

AMONG THE IMPORTANT CHANGES IN THE ELECTION LAWS ARE THE FOLLOWING:

1. No absentee ballots for any office will be permitted in the primary.
2. All voters must declare their party affiliation when registered. All Democrats will be registered in the Democratic Primary Registration Book — All Republicans in the Republican Primary Book. Voters who do not affiliate with either party will be registered, but can not be registered in the Primary Registration Books and will not be permitted to vote in the Primary of either Party.
3. A person may change his party affiliation, but must do so during a registration period.

ALL VOTERS, REGARDLESS OF PARTY AFFILIATION, ARE URGED TO REGISTER. REMEMBER, YOU CAN'T VOTE UNLESS YOU REGISTER.

McDowell County Board of Elections

J. W. Streetman, Chmn. G. W. Kirkpatrick, Sec'y
G. F. Washburn