

County Agent Suggests Resolution on Safety

"Safety for me and mine throughout 1949" is a New Year's resolution suggested today by S. L. Homewood, county agent for the State College Extension Service.

Such a resolution, he said, is not only thoroughly practical but also of great importance. It can be carried out by the whole family to the benefit of all.

Making and keep of New Year's safety resolutions on the part of each member of the farm family is a practice recommended by the National Safety Council. It is much more than a pastime; it is a practice for assuring the happiness and well-being of farm people everywhere.

The National Safety Council offers the following farm family suggestions as resolutions to be kept in 1949:

"We will check the farm and farmstead periodically to locate hazards and remove them to make safer working conditions."

"We will keep shields in place on power machinery at all times and observe rules for safe operation."

"We will encourage members of our family and neighbors to work, play, and drive safely."

"We will consider safety features in farm buildings and structures when we plan to build or remodel."

"We will handle poisons and explosives carefully, keeping them well labeled and out of reach of children."

"Regardless of the emergency, we will not permit young children to

operate or ride upon farm machinery."

"We will speak to animals when approaching them and be especially cautious around bulls."

"We will keep guns unloaded and out of reach of children."

"We will encourage and participate in farm safety activities in all the organizations to which we belong."

"We will practice rules of safety 52 weeks a year."

Library Notes



BY ALICE BRYAN
County Librarian

"Book! Book! Wead to Chippy!" demanded a little boy, not quite two years old, the day after Christmas. With an armload of books he climbed to his grandfather's knee. For more than an hour, this energetic little fellow was "a lamb instead of a tiger" while his "Big Daddy" was "weading".

At the library in Marion the week after Christmas young people and adults were as interested in books as before the holiday season. More than a hundred books were checked out each day of the week.

"I have stacks of 'em! I want all of 'em!" explained little John Gilkey to his mother. Mrs. Gilkey was selecting a book or two for herself from the shelves in the adult reading room and was taking a bit longer to make her book selections than her eager, young son.

Like John, the youngsters are wanting to check out "lots of library books" to read themselves or for others to read aloud to them. Already they have claimed the new tables and chairs for their own. They enjoy spreading out their books to choose the ones they want to take home and then settling down in the chairs or on the benches to read in one or two before they check them out.

Many children will enjoy the books given to the library by Sam Rowe: "Chip Chip" by Wright, "Uncle Ben Jay's Wonder Book" by de la Motte, "Monkeyface" by Evers, "Dumbo" by Disney, and "Toys" by Osswald. Also appreciated are the books given by Mrs. George Rowe: "Give Us Our Dream" by Arthemise Goertz, "Woman of Property" by Mabel Seeley, "Eagle in the Sky" by Van Wyck Mason, and "Aatermath" by Hans Habe.

Mrs. E. B. Wright gave the library two popular books for children: "The Little Farm" by Lois Lenski and "Storyland" by Roberta Paflin.

Mrs. Dickey Gibson gave the library a copy of "Elizabeth, Captive Princess" by Margaret Irwin.

Miss Bonnie Hill and Miss Doris Hill gave the library a generous collection of popular magazines.

Among the new names added to our registration files are: Macky L. Boone, Mrs. Archie Burell, Charles Ray Ellis, Tommy Hicks, Thomas Huskins, Bobby Lee Martin, Dr. Lloyd D. Miller, Mrs. Clara E. Rayburn, Tommy Ross, Joseph W. Silver, Herman Stepp, Mrs. James Taylor, Mrs. Zora Turner, J. B. Walker, Jr., Rev. H. M. Wellman, and Eugene Woodby.

Among the new books are several light romances, westerns, and mysteries: "Boss of the Far West" by Herbert Shappiro, western; "Dark Canyon" by Tex Holt, western; "A Good Place for Murder", mystery; "The Tender Melody" by Leslie Lynd, "The Road Leads Home" by Rebecca Marsh, and "Both Were Young" by Bennie Hall—Romances.

New Books for Young People
"Niles" by Ingrid and Edgar Parin d'Aulaire—All little boys who received their first cowboy outfits for Christmas will enjoy this story of a little Norwegian boy who wanted to be an American cowboy. The story of what happened to Nils and his school friends is told and pictured with real humor and with a deep understanding of the problems of a small boy or girl growing up, going to school and standing on his own two feet in the United States today.

"Pass that Puck" by Richard Flood—A fast-moving hockey story for boys, with the setting in New England, where hockey is played on ice.

The old charter of New Jersey was third shortest among the 48 states. Now Connecticut, Indiana, Iowa, Arkansas, Rhode Island, Tennessee and Vermont rank ahead of it in brevity.

Sarah Ann's Cooking Class

This time of year your hopes are higher, your resolves firmer than any other time of the whole year. You plan to systematize your servings or to visit shut-ins—to do many things this coming year that you left undone in the past. One resolution you can keep without much trouble—that is to serve better and more attractive meals. And I'm wishing for you and yours a "Happy New Year."

Cabin Casserole

6 pork chops, cut 1/2-inch thick
2 tablespoons flour
2 cups sliced potatoes
Salt and pepper
2 cups milk
1 tablespoon parsley
Brown the chops on both sides in a frying pan. Place 3 of the chops in a greased casserole and sprinkle with salt and pepper. Cover with the sliced potatoes and sprinkle flour over the top. Place the remaining pork chops on top, sprinkle with the parsley, salt and pepper, and add the heated milk. Cover and bake for 1 1/2 hours in a moderate oven. Uncover for the last half hour to brown the top.

Banana Circles

Slice sponge cake or any plain cake and cut into circles. Dip in melted butter and granulated sugar, then brown delicately in the oven meantime slice the bananas, allowing one to each serving and cook them slowly in a syrup made of 1 cup of sugar and 1 cup of water, with enough lemon juice to flavor. When they are tender, drain and arrange in circles on the cake. Then boil the sugar down slightly and add 1 1/2 teaspoons of gelatine, softened in a little cold water, also enough tart jelly to tint nicely. Cool the syrup and pour over the circles just before serving, top each with a rosette of whipped cream.

Bread Sticks

1/2 cup corn meal
1 cup flour
1 cup buttermilk
1 tablespoon sugar
1 tablespoon melted shortening
1/2 teaspoon salt
1/2 teaspoon soda
Combine all dry ingredients and add buttermilk. Beat until thoroughly mixed and add melted shortening. Heat breakfast pan in the oven end when very hot, remove and grease. Fill sections with batter and bake in an oven 425 degrees about 20 minutes.

Pruneot Souffle

1/2 cup cooked prunes, seeded
1/2 cup apricot pulp
1/4 cup granulated sugar
1/2 teaspoon lemon extract
1/4 cup chopped nut meats
3 egg whites
1/4 teaspoon cream of tartar
2 tablespoons powdered sugar
Add granulated sugar and lemon extract to prunes and apricots and beat until sugar is thoroughly dissolved. Add nuts. Sprinkle egg whites with cream of tartar and beat until stiff. Add powdered sugar and continue beating until sugar is blended with egg whites. Fold the beaten whites into the fruit mixture and place in a greased baking dish. Set baking dish in a pan of hot water and bake in moderate oven for about 40 minutes or until firm. Serve with cream or soft custard.

Jellied Fruit Salad

2 cups grapefruit juice
1 cup canned pears, diced
2 tablespoons gelatin
1/4 cup cold water
1/2 cup Malaga grapes, peeled and cut in half
1/2 cup orange sections, free from membrane
1 cup cream cheese
1/2 cup chopped cherries
1/2 cup chopped toasted almonds
Lettuce
Place cold water in a bowl, sprinkle with the gelatin and soak until the water is absorbed. Heat the grapefruit juice to boiling point and pour over the soaked gelatin.

Miserable with backache?

WHEN kidney function badly and you suffer a nagging backache, with dizziness, burning, scanty or too frequent urination and getting up at night when you feel tired, nervous, all upset... use Doan's Pills.
Doan's are especially for poorly working kidneys. Millions of boxes are used every year. They are recommended the country over. Ask your neighbor!

DOAN'S PILLS

Stir until dissolved. Cool and arrange fruit in ring mold. Add gelatin and chill in refrigerator until firm. Unmold on lettuce and fill the center with cream cheese, mixed with cherries and almonds. Serve with mayonnaise.

Chocolate Date Drops

1 cup light brown sugar
1/2 cup melted butter or margarine
1 egg
1/2 cup sour milk
1 1/2 cups flour
1 teaspoon soda
1/2 cup chopped dates dredged in part of the flour
1 square melted chocolate
1 teaspoon baking powder
1/2 teaspoon salt
Add sugar to butter. Mix well. Add egg. Beat well. Add sifted dry ingredients and stir alternately. Add chocolate and floured dates. Beat well. Drop on a greased cookie sheet. Bake in an oven 350 degrees.

Population of Nation Placed at 148,000,000

Washington, Dec. 29—The census bureau reported today that the population of the United States reached a record 148,000,000 in 1948, with the number of employed at an all-time high of 63,842,000 in July.

The bureau issued a year-end report as a non-government organization, the population reference bureau, called for a world population limitation program to give a decent living to its inhabitants.

The population bureau placed the world's peoples at 2,250,000,000 and said they are increasing at the rate of 200,000,000 a decade. It said not even the United States can be assured of Democratic institutions in the next 25 to 50 years in the face of the increase.

The census bureau said that in November, U. S. employment in non-agricultural industries totaled about 51,932,000—more than 5,600,000 higher than the December, 1942 peak.

It said there were about 285,000 industrial establishments, an increase of 100,000 over the 1940 census total.

The population reference bureau said that only about 750,000,000 of the world's 2,500,000,000 persons could be supported at the level of living enjoyed by the people of this country.

The bureau is a non-profit scientific educational organization which was founded in 1929 to gather and

distribute population data.

Its director, Guy Irving Burch, said in an article, "How Many People Can The World Support," that some substitute be found for war, unnecessary disease and under-nourishment as methods of curtailing population.

He said it is "generally agreed" that any program of population limitation will have to include a "simple, safe and inexpensive means of birth control."

FARM CROPS

The Department of Agriculture has asked farmers to reduce their 1949 planting of wheat and potatoes to prevent market-glutting surpluses, while recommending an increase in poultry, vegetables, sheep and lambs, hogs and beef cattle.

In spite of recent scientific advances, one baby in fourteen in the United States is lost at or soon after birth.



TIME TO
RE-TIRE
REG. U. S. PAT. OFF.
BUY **FISK**

Special Sale FISK TIRES

Preferred Fisk Tire Distributor.
All Sizes For Passenger and Truck.
Air-Borne, Safety Flight and Multi-Grip for Mud and Snow.

SAIN-BROOKS MOTOR CO.

105 East Court St. Phone 242

Works Where 3 Out of 4 Colds Start!

Quick! When your head is stuffed-up with a cold, put a few drops of Vicks Va-tro-nol in each nostril and feel relief start instantly! Va-tro-nol works right where trouble is to relieve stuffiness and open up your cold-clogged nose. Actually helps prevent many colds from developing if used at that first warning sniffle or sneeze! Try it. Vicks Va-tro-nol Nose Drops!

Mid-Year Term

OPENS JAN. 10
Day and Evening

Courses can be completed in from 9 months to 24 months in day school.

Secretarial Business Adm. Junior Acctg. Business Mach. Young people who have been working in routine jobs and who wish to qualify for more opportunities for advancement and for prosperous security will be enrolling for these new classes.

Write phone or call at our office for free bulletin Approved for Veterans

KING'S BUSINESS COLLEGE
Charlotte Phone 3-3855

King's Business College, Charlotte, N. C. Please send free bulletin.

My Name

Address

City

State

"Now How Did I Ever Get In This Peculiar Position?"



I'm carrying part of my own fire insurance! We can help you get straightened out on that point. In the process you'll soon see why dividend-paying MUTUAL policies, issued by a financially strong company and serviced by an alert agency, provide better coverage these days.



J. H. TATE

Phone 120-X Marion, N. C.

All kinds of PRINTING



DISTINCTIVE,
HIGH QUALITY
JOB PRINTING
AT REASONABLE
PRICES.

GOOD PRINTING is an essential to most business men and to many private individuals. The McDowell Publishing Company, equipped with fine, modern printing machinery manned by expert craftsmen, is in a position to offer fine printing on time. You'll find printing done to the most exacting standards when it's done by The McDowell Publishing Co.

LETTERHEADS
ENVELOPES
STATEMENTS
INVOICES

RECEIPTS
CIRCULARS
PROGRAMS
INVITATIONS

McDowell Publishing Co.

PROGRESS OFFICE

PHONE 64