

Estimate Cost Of Bus Roads Would Pass 500 Million

Raleigh, Jan. 27—Gov. Kerr Scott's proposal to pave every North Carolina road used by school buses would cost \$519,822,000, the State Highway commission reported today.

The commission issued a study prepared by its division of statistics and planning which showed that school buses travel over 41,315 miles of road every day. Of that total some 28,879 miles is not hard surfaced, the report showed.

Constantly-changing routes might make paving of many of the roads "impractical," a commission spokesman said.

STATE COLLEGE HINTS TO FARM HOMEMAKERS

By RUTH CURRENT
State Home Demonstration Agent

Even small considerations count in saving time and strength on cleaning jobs around the house, household equipment specialists believe. For example, the length of the handle of any cleaning tool is important because it affects the stooping which causes unnecessary fatigue.

In brushing up floors a long-handled dust pan and a push broom are recommended instead of the common short-handled dust pan and dust brush because the long handles save back-bending. Before buying a vacuum cleaner, it is a good idea to try it out to see whether the handle is the right length for comfortable use.

When waxing the floors, spare the back by using a long-handled mop rather than the arduous hands-and-knees method.

Even in dishwashing a handle may prevent stooping. If the sink is too low or too deep, a dish mop is better than a dish cloth because its handle saves that wearisome bend-over. A rack for the sink helps build up the pan.

Few Bacteria in Frozen Foods

Reassurance from experiment station scientists that is properly prepared, foods have few bacteria when home-frozen. This test was made on vegetables. Miss Nita Orr, specialist in frozen foods, State College, will be glad to give you correct methods for properly preparing food for freezing.

Many a housewife has an eager interest in collecting new recipes. Some surveys indicate that the average housewife is more interested in new recipes than in the basic principles of cookery—or the foundation recipes developed from them. Yet a knowledge of these relatively few foundations may make her a better cook than a whole library of cookbooks and recipe clippings, cookery scientists suggest.

Any cook with imagination can develop innumerable new dishes from the simple basic recipes without leaning heavily on cookbooks. In feeding the family on a budget, where skillful use of all leftovers is important, cookbooks may be less helpful than the cook's own knowledge of how to use what she has according to good cookery principles. Even if she takes time to leaf through all her books, she may not find a recipe that just fits that half cup of meat, bit of cheese, or other leftover on hand.

From the simple basic recipe for white sauce, hundreds of "new" sauces can be developed. Add to this basic sauce chopped hard-cooked eggs and a little lemon juice for an egg sauce for fish. Put in chopped green pepper, onion or parsley for extra color or flavor. Add cheese to the white sauce for a cheese sauce. In place of some of the fat in the recipe, use peanut butter for a peanut flavored sauce. All the variations go back to the simple principles of combining and cooking fat, flour and liquid into a smooth sauce of the right thickness.

Again, a vast number of hot breads have come from the standard recipe for baking powder biscuits. Add to that recipe chopped nuts, grated cheese, grated orange rind, egg or a little sweetening—and there's a different biscuit for the family.

"Once familiar with the basic principles of recipes, you are set to take it from there," the cookery scientists say.

Average time for milking a cow by hand is 8.7 minutes per cow. But the average time for milking a cow by machine is only 5.3 minutes.

At the present time, 42 of the 48 states have artificial dairy breeding associations in operation.

NATIONAL FARM NEWS
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