

How To Relieve Bronchitis

Creomulsion relieves promptly because it goes right to the seat of the trouble to help loosen and expel germ laden phlegm and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly allays the cough or you are to have your money back.

CREOMULSION
for Coughs, Chest Colds, Bronchitis

B.Q.R.
A good-tasting liquid—a mild laxative and analgesic—relieves cold discomforts fast. At all stores. 35c and 60c. Accept no substitutes.

for COLD DISCOMFORTS

Watch Your Kidneys!

Help Them Cleanse the Blood of Harmful Body Waste

Your kidneys are constantly filtering waste matter from the blood stream. But kidneys sometimes lag in their work—do not act as Nature intended—fail to remove impurities that, if retained, may poison the system and upset the whole body machinery.

Symptoms may be nagging backache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—a feeling of nervous anxiety and loss of pep and strength. Other signs of kidney or bladder disorder are sometimes burning, scanty or too frequent urination.

There should be no doubt that prompt treatment is wiser than neglect. Use Doan's Pills. Doan's have been winning new friends for more than forty years. They have a nation-wide reputation. Are recommended by grateful people the country over. Ask your neighbor!

DOAN'S PILLS

Woman's old problem relieved by 2-way help

What to do for woman's oldest problem, functional monthly pain? Many a girl and woman has found the answer in CARDUX's 2-way help. You see, CARDUX may make things lots easier for you in either of two ways: (1) started 3 days before "your time" and taken as directed on the label, it should help relieve functional periodic pain; (2) taken throughout the month like a tonic, it should improve your appetite, aid digestion, and thus help build up resistance for the trying days to come. CARDUX is scientifically prepared and scientifically tested. If you suffer "at those certain times", get CARDUX today.

NOTICE OF SALE OF LAND UNDER DEED OF TRUST

Take Notice, That Whereas, Roy Hensley and wife, Flora Lee Hensley, on the 21st day of July, 1948, did execute and deliver to Carter Hudgins, Trustee, a deed of trust which is recorded in the office of the Register of Deeds for McDowell County, North Carolina, in Deed of Trust Book 64, at page 64, conveying the lands hereinafter described, and in said deed of trust power of sale was given in default of payment of the indebtedness thereby secured.

And Whereas, the holder of the indebtedness as secured by the aforementioned deed of trust has demanded that the undersigned foreclose and sell the land as described in said deed of trust, and as hereinafter described, for the purpose of satisfying the indebtedness secured by said deed of trust.

Now, Therefore, the undersigned will, on Monday, the 11th day of April, 1949, at 12 o'clock noon, at the court house door, at Marion, McDowell County, North Carolina, for the purpose of satisfying the indebtedness as secured by said deed of trust, offer for sale to the highest bidder, for cash, the following tract of land lying and being in Marion Township, McDowell County, North Carolina, to-wit:

Being all of Lot No. 3, as shown on a certain map of the Morris Snipes property on West Court street in the Town of Marion, North Carolina, surveyed by Clyde C. Corrells May 21st, 1945, and recorded in the office of the Register of Deeds for McDowell County, North Carolina, in Map Book 1, at page 210, to which reference is hereby made for a full and complete description of the land herein conveyed.

And being the same lot or parcel of land as that conveyed by Robert N. Mills and wife, Georgia Hall Mills, to Curtis D. Hawkins, recorded in the office of the Register of Deeds for McDowell County, N. C., in Deed Book 102, at page 371, to which reference is hereby made.

And also being the same lot or parcel of land as that conveyed by Curtis D. Hawkins, a single man, to Roy Hensley and wife, Flora Lee Hensley, by deed dated the 13th day of July, 1948, and recorded in the office of the Register of Deeds for McDowell County, North Carolina, in Deed Book 102, at page 402, to which reference is hereby made.

Said land will be subject to confirmation as provided by law.

This 8th day of March, 1949.
CARTER HUDGINS, Trustee.

LOUISA'S LETTER

My husband and I have recently moved to this town where he has a new job. His boss has tried to be nice to us as has his wife but I do not like either of them.

My husband wants me to act like I do like them and entertain them in my home but I think that is playing the part of a hypocrite, don't you?

I have always been very plain-spoken and let people know exactly where I stand. Don't you admire that quality in people?

WIFE—IOWA.

Answer:

If there is one sure recipe for becoming unpopular, it is that of being plain-spoken and thinking you have a right to broadcast your dislike of people who do not happen to appeal to you.

And it is certainly nothing to admire in people that they care so little about hurting other's feelings that they sound off whenever they get a chance to make disagreeable remarks and comments on theirs.

Have you ever heard of a trait called tact? Well, tact is something that every cultured, kind person tries to develop. It doesn't mean that you have to lower your standards or change your principles but it does keep you from saying mean or cutting things, unnecessarily. It makes you pleasant to people even if you do not care for them and, in your case, there is certainly need for it unless you wish to be a mill-stone around your husband's neck and hinder him in his work and chance of promotion.

Do you know that many people who do not appeal to us at first are

much nicer as we come to know them better? You say that the boss and his wife have tried to be nice to you? If such be the case, it certainly is nothing but courtesy on your part to return their hospitality. If you accept courtesies, you should expect to make a return.

Be nice to these people. This doesn't mean that you have to become intimate. You can be pleasant to anyone and do stop bragging about being plain-spoken. Some of the most disagreeable people I've ever met prided themselves on being crude enough to insult other people.

LOUISA.

Dear Louisa:-

I am a girl of seventeen and get very lonesome at times. My father objects to me going out with boys and now won't even let them date me at home so I am staying with an aunt.

I have a boy friend whom I love very much and who wants to marry me soon. He was away about three months and while he was gone, another boy started writing to me and is still writing to me. I wrote and told him I was engaged. What will I do?

WORRIED L.—V A.

Answer:

I think what you need is a good job for if you were really crazy about your fiance, you would not be worrying about what to do with this other boy.

Get you a good job and try to make a success of it until you are certain who Mr. Right is.

LOUISA.

Damage By Frost To S. C. Peaches Heavy

Spartanburg, S. C., March 19—Far more than half of South Carolina's 1949 peach crop was ruined even before Friday night's freeze did more damage, the manager of the South Carolina Peach Growers' association said today.

Troy Cribb said this week's freezes and frosts have done "serious damage" and that this year's peach crop will be "very light."

HEADACHE

Fast-acting "BC" relieves headaches, neuralgic pains and muscular aches. Use as directed. Tablets or Powder.



10c and 25c

Camels FOR Mildness!

MAKE THE CAMEL 30-DAY TEST IN YOUR "T-ZONE" (T FOR TASTE, T FOR THROAT)



HERE'S THE TEST that tells you how mild and flavorful some a cigarette can be. Smoke Camels, and only Camels, for 30 days. Test them in your own "T-Zone." See how your taste cheers for Camel's rich, full flavor. Let your throat report on Camel's cool, cool mildness.

In a recent test of hundreds of people who smoked only Camels for 30 days, noted throat specialists, making weekly examinations, reported

NOT ONE SINGLE CASE OF THROAT IRRITATION due to smoking CAMELS

ADVERTISE IN THE PROGRESS Best Advertising Medium

2 1/2 Per Cent Penalty ON TAXES

AFTER APRIL 1ST

Pay Your 1948 County Taxes Now and Avoid Further Penalty

C. M. POOL,

SHERIFF and TAX COLLECTOR.

CONSERVATION NEWS

By L. B. HAIRR

Fertilizer will help to keep a meadow producing high quality hay, according to W. E. Lonon of Dysartsville. He fertilized his meadow west of the creek recently. Mr. Lonon says his meadow has been yielding good quality hay for several years. His livestock likes meadow hay and it is a good land use practice, too, so Mr. Lonon decided to seed another meadow this spring.

W. G. Rice of Harmony Grove church community says, "plant lespedeza for a summer legume and cover crop. Lespedeza will check the soil washing and build up the fertility of the land too," Mr. Rice recently pointed out. He says that he has several good examples of this on his farm.

G. F. Cathey, Martin McGinnis, and B. A. Higgins of Old Fort Rt. 1, Edward Washburn of Glenwood and others have built terraces on their farms recently.

Edward Washburn, T. W. Goforth, and Z. W. Hawkins of Glenwood, and Martin McGinnis of Old Fort were assisted by the Catawba Soil Conservation District in surveying terrace lines on their farms.

Bobby Gene M'Swain Champ State Orator

Greensboro, March 19—Bobby Gene McSwain, of Newton-Cover high school won the State championship in the American Legion oratorical contest here last night.

He will compete in the regional contest in Richmond, Va., for a chance in the sectional and national contests. The top national prize will be a \$4,000 college scholarship.

For his state victory young McSwain will receive a \$100 United States saving bond. The second prize winner, Wiley Mitchell, Jr., of Youngsville High school, will get a \$50 bond.

In 1900 there were 55,751 divorces in the United States. In 1947 there were 450,000.

ADMINISTRATOR'S NOTICE

North Carolina, McDowell County

Having qualified as the administrator of the estate of Laddie Mills Hemphill, deceased, late of McDowell County, North Carolina, this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned at the law office of Roy W. Davis, Marion, North Carolina, on or before the 3rd day of March 1950, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment at the same place.

This 3rd day of March, 1949.
SAMUEL HEMPHILL,
Administrator of the Estate of Laddie Mills Hemphill.

State Schools Are Given Research Funds

WASHINGTON, March 16.—Institutions in 30 states have been given grants totaling \$2,040,900 to finance medical and other research projects, the Federal Security Agency announced today.

The grants included: North Carolina—Bowman Gray School of Medicine, Wake Forest college, \$11,869 for two projects; Duke university, \$38,568 for seven projects; University of North Carolina, \$14,358.

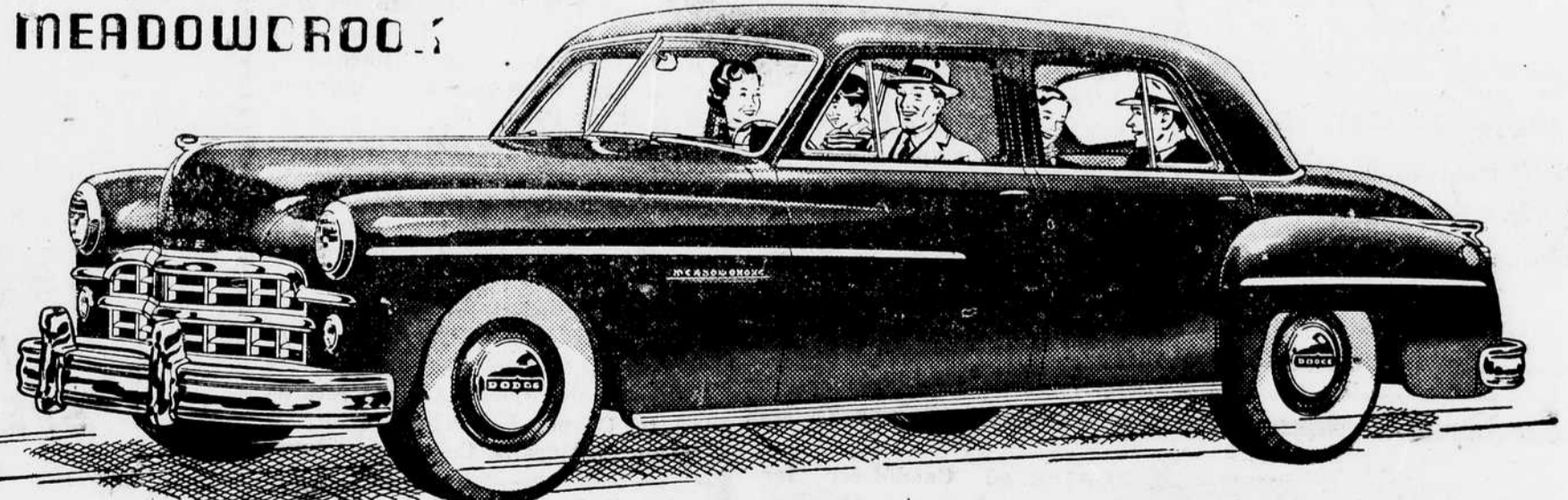
Liquid CAPUDINE for HEADACHE Quick, Long-Lasting! Use only as directed

HERE'S THE CAR THAT DARES TO BE DIFFERENT... INSIDE AND OUT!

The New **DODGE MEADOWCROCK**



LONGER on the inside . . . SHORTER outside!
WIDER on the inside . . . NARROWER outside!
HIGHER on the inside . . . LOWER outside!



SURE, you want roominess—that lets you ride relaxed and comfortable mile after mile! That's why Dodge made this new car bigger three ways inside . . . longer, wider, higher!

But many people don't want a car that's big and bulky outside. So Dodge made this new car shorter outside, narrower outside, lower outside.

Here's an engineering miracle that gives you new

ease of handling in traffic, new ease of parking and garaging. And new beauty, too—because Dodge sleek lines stem from true functional design.

Powering this exciting new Dodge is the famous Dodge "Get-Away" engine—high-compression engineered to deliver extra power with gasoline economy—plus the proved smoothness of gyro Fluid Drive. See how much more Dodge gives for your new car dollar today!

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