

**THE MARION PROGRESS**

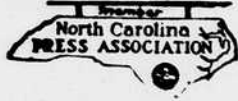
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**EMBLEMS OF THE FREE**

The flag of the United States, with its thirteen stripes and a star for each State, was adopted by the Continental Congress on June 14, 1777, upon motion of John Adams.

Of course, in that day, the flag had thirteen stripes and thirteen stars. Thereafter, a new stripe and a new star was added when new states were admitted, so that, at one time, the flag had fifteen stripes and fifteen stars. However, in 1818, President Monroe signed a bill which provided the present design, with the thirteen stripes and a star for each state.

The observance of Flag Day was suggested by President Woodrow Wilson, in 1916, who proclaimed June 14th as the anniversary to be commemorated since that time, the people of the United States have used the day as an occasion to pay homage to the flag and what it represents.

It is very important, in connection with the observance of Flag Day, that the people of the country give thought to what the emblem of this nation means to them and to the world. There must be no blind obsequiousness to the flag but rather a rededication of all Americans to the principles for which the banner stands.

**OPPORTUNITY ON THE FARM**

Senator Clinton P. Anderson, of New Mexico, a former Secretary of Agriculture tells college graduates that they will have no shortage of opportunity in the nation's farms where there exists "a great field for practical endeavor."

This is an interesting statement because many persons have been under the impression that agricultural activity fails to present opportunities sufficient to attract the younger generation. While there are exceptions in McDowell county and all over the nation, the general impression is that the farmer has a hard life, beset by the perils of weather and with not much promise for a competency in connection with financial rewards.

It is encouraging to hear the opinions of Mr. Anderson. It tends to confirm the belief that agriculture, like other economic enterprises, offer improving rewards for intelligent, hard-working and industrious individuals.

**"DON'TS FOR SWIMMERS"**

Something like 6,000 American citizens were drowned last year, many of them because they thought they were perfectly safe.

While the Summer bathing season in full swing, it might be a good idea to remind all persons, including good swimmers, that the water can be dangerous. There are certain rules to be followed if one wishes to exercise caution in the water.

The "don'ts" that might save your life include an admonition against swimming alone, swimming in unpatrolled waters or too quickly after eating. In addition, you are urged not to depend on inner tubes as safety belts and to exercise care in boats and canoes.

These simple rules might save the life of some boy and girl in McDowell county this summer if parents will take the time to call them to the attention of their children. In addition, good swimmers should be cautioned against over-confidence which might lead them to over-exertion.

**WHY READ?**

Why Learn to read?  
This sounds like a silly question but there are so many people who seldom seek to expand their mental vision through the simple process of reading a book.

With public libraries available, there is no need for an individual to go to any unnecessary expense to become informed. For a few cents, or less, a volume can be secured upon almost any subject that interests the individual.

Repeated Financial Advice: The year 1949 is a good year in which to save some money even if no depression develops.

Despite the generations of those who have viewed-with-alarm, the world seems to be getting along about as well as one might expect.

**NOTHING TO DO**

To many people work is nothing but a means to eventual retirement. Happiness, they believe, consists of sitting in the sun with folded hands and doing nothing.

Now the American Psychiatric Association has been told that many aged persons who are "hopeless" cases in hospitals and mental asylums are simply suffering from the disease of "nothing to do". Work is what is needed to save them, says Dr. Howard A. Rusk of the Department of Rehabilitation and Physical Medicine, New York University.

He cites the work of the community "day centers" for the aged in New York City, where the participants do some of the work, all of the government, and find social life. The incidence of mental illness among these people is far below that of their age group as a whole; the expense to taxpayers is far less than for mental asylums.

Britain's "Darby and Joan" clubs, under the auspices of the Women's Voluntary Service, are proving the value of centers of activity, initiative, and social recreation for this class of "displaced persons." Welfare programs, public or private, which take care of the minimum material needs of the aged but leave them in a sense of frightened, inactive isolation are self-defeating, as Dr. Rusk's remarks suggest.

Most important of all is the recognition that useful work is a normal concomitant of happy lives, not merely before but after the age of "retirement." The therapeutic value of this recognition has been proved in bringing many a "has-been" back to an "is."—Christian Science Monitor.

**LITTLE THINGS CAN CAUSE TROUBLE**

One of the perversities of human nature is that very often individuals blessed with many things in common, disagree violently and intelligently upon the merits of a relatively minor matter.

There seems to be a trait in many individuals that compels them to be fighting about something all the time. If no major issues appear, they vigorously pump up minor questions, arousing feeling and promoting them into positions of seeming importance.

Much the same characteristic is evidenced in our attitude towards the institutions of mankind. Without giving proper proportion to the great and overwhelming good, many of us incline to hunt up minor irritations and in the excitement of the search, we often lose sight of the tremendous good that exists.

**STRESSING THE DARK SIDE**

Radio commentators and newspaper columnists make big money, especially those who are regarded as "authorities" on national and international affairs.

Their continued success lies in continuation of the troublesome condition of the world at the present time, and that probably is why they try to paint the picture as dark as possible.

The worst thing that could happen to their personal welfare would be for peace and amity to reign throughout the world.

The commentators and the columnists could render a great service if they tried to promote this peace and amity, but apparently this is something they have no intention of doing. On the contrary they are doing as much as anyone else to keep things stirred up; to make people uneasy and worried, to continue a feeling of distrust and suspicion, to foster a spirit of hatred.

That, of course, doesn't apply to all of them, but we believe it applies to the majority. And so they continue to emphasize the dark side of the picture and slide over the good points. Incidents that might engender a feeling of animosity are played up; incidents that might help to bring about good will are submerged as much as possible.

These same columnists and commentators could be powerful factors in promoting a better feeling and a better understanding among the nations of the world, but apparently this is the last thing that they want to do.—The State.

To look fearlessly upon life; to accept the laws of nature, not with meek resignation, but as her sons; who dare not search and question; to have peace and confidence within our souls—these are the beliefs that make for happiness.—Maeterlinck.

I believe that thrift is essential to well-ordered living and that economy is a prime requisite of a sound financial structure, whether in government, business or personal affairs.—Edwin Markham.

The problem before the republic today is how to spend money without limit and without taxation.

The wise merchant is the man who put the "ad" in trade.

The world is jammed with people who believe anything nice that is said about them.

**OUR DEMOCRACY**—by Mat



THE EARLIER SETTLERS IN AMERICA WERE, OF NECESSITY, PRIMARILY CONCERNED WITH PHYSICAL SECURITY. ONLY AS THEY ESTABLISHED THIS SECURITY WERE THEY ABLE TO DEVOTE THEIR ENERGIES FULLY TO THE DEVELOPMENT OF THE RICH RESOURCES OF THE NEW WORLD.



TODAY, THE CONFIDENCE AND PEACE OF MIND WE GAIN BY PROVIDING SECURITY FOR OUR FAMILIES THROUGH LIFE INSURANCE AND SAVINGS IS A VITAL ELEMENT IN ENABLING US TO DEVELOP BROADER OPPORTUNITIES FOR THEIR WELL-BEING AND ADVANCEMENT.

**Looking Backward**

From The Progress Files

The following column is reprinted from the local and personal column of The Marion Progress.

JULY 5, 1918

J. Q. Gilkey left Saturday for New York on business.

W. C. Smith is visiting his mother in Newark, Delaware.

Dr. B. L. Ashworth visited his brother at Fairview last week.

A. C. Hewitt, of Hickory, spent Monday in Marion on business.

Miss Martha Whitten has returned home from Monroe, N. C.

R. L. Gilkey has returned from a business trip to New York City.

Johnson and T. B. Ledbetter, of Dome, were visitors here Monday.

Sara, Fred and Doris Troutman are visiting relatives near Statesville.

Charles Giles has accepted a position with the Marion Pharmacy.

Clifton Landis, of Camp Jackson, visited his parents here during the week.

Lieut. K. A. Kirby, of Waco, Texas, is visiting his parents for a few days.

Miss Sarah Kirby, of Charlotte, is visiting her sister, Mrs. W. K. M. Gilkey.

Dr. M. L. Justice has sold his property on South Main street to W. C. Smith.

T. L. Epley succeeds Alonzo Davis as clerk in the Register of Deed's office.

Miss Gladys Goodson spent Sunday with relatives and friends in Spartanburg, S. C.

Prof. D. F. Giles, of Raleigh, spent Saturday and Sunday with his family in Marion.

Mrs. B. G. Carr attended the district meeting of the U. D. C. in Brevard last week.

Miss Minnie Bryson, of Andrews, has returned home after a visit to relatives here.

J. L. C. Bird left Monday for Raleigh to attend a meeting of food administration inspectors.

Mrs. B. S. Skinner and two children, of Durham, are visiting Mr. and Mrs. J. W. Winborne.

Mrs. James Morris left Tuesday for a two weeks' visit to relatives in Knoxville and Chattanooga, Tenn.

"Mrs. Slacker" a special patriotic feature will be shown at the Grand Theatre today, matinee and night.

Ralph Greene, of Statesville, and Miss Kate Green, of Charlotte, spent Sunday with homefolks in Marion.

Mr. and Mrs. O. Roy Keth, of Hendersonville, were guests of Mr. and Mrs. B. G. Carr during the week.

Rev. Parker Holmes, presiding elder of this district, will preach at the Methodist church next Sunday evening.

Mr. and Mrs. R. H. Bumgarner, of Hickory, spent the week-end in Marion with their son, O. H. Bumgarner.

Mrs. E. A. Padgett, of Charlotte,

spent the week-end with Mrs. J. Q. A. Michael and Mrs. M. F. Hamrick. Richard Atwell, who is taking a business course in Knoxville, Tenn., spent the week-end with his mother here.

Miss Myrtle Allred, of Kingsport, Tenn., is spending a few days with Mrs. M. F. Hamrick and Mrs. J. Q. A. Michael.

Mr. and Mrs. Gwyn Finley, of North Wilkesboro, spent the week-end in Marion with the former's sister, Mrs. E. F. Greenlee.

Sergt. John L. Elliott has arrived safely overseas, according to information received by his sister, Mrs. W. C. Davis, of Cosburn, N. C.

Arthur McCall has resigned his position with the Clinchfield Manufacturing company and accepted a position with The Price Hardware Co.

Miss Annie Greenlee, who has been teaching at Penland, spent the week-end with friends in Marion enroute to her home at Stanley, Va.

A. E. Neal head clerk for J. D. Blanton for a number of years, has resigned and accepted a position with the Clinchfield Manufacturing company.

Bishop Horner, of Asheville, will preach at St. John's church next Sunday morning at 11 o'clock when a class will be presented for confirmation and the Rev. C. R. Cody will be ordained priest.

**TALL TALES**

By ELIZABETH WHITTEN

There's nothing like hearing other people's troubles to make you forget your own. The funniest thing about it is that the people you think are so well off and never seem to have a care in the world are often the ones who think they are worse off than anybody else.

I was making my rounds one day when a woman told me she thought every woman ought to be married. She said, "now if you were married, you wouldn't have to be running around out in this rain getting news. You could be playing bridge with a crowd of married women or sitting by your own fireside reading." She said, "you wouldn't have to worry about earning money—your husband would worry about that and you could go to sleep at night without thinking about the cares of the day."

When I left her and walked on up the street I kept trying to think she was all wrong, but with each step I took her words would sink in just a little deeper. "Life could be simpler," I was telling myself when I walked into an office where a young married woman worked. She said, "you know I'm crazy."

Quick, Long-Lasting  
**HEADACHE**  
Relief  
**CAPUDINE**  
USE ONLY AS DIRECTED



Here I work and slave day in, day out, and then I have to go by the grocery store on the way home and lug an armload of food home. By the time I cook it, we eat supper and I wash the supper dishes it's too late to get ready to go anywhere. I just go to bed, get up and come back to work . . . same old thing, day after day. Last night I watched my neighbor. She has three children, but she has it easier than I have. She doesn't have to work. In the mornings she can order her groceries or she would have time to come down after them and stand around and talk with other people. She has a cook to look after things at home. After supper they sit on the porch or go out together and have the best time. Here I slave away all day—all of the work—none of the fun."

It must have been about two hours later when I was talking with a mother in the post office. She said "you know I guess I'm just not smart. I look at these other women around here working in offices or teaching school and I just think how I work harder than any of them and yet, I don't see any thing I accomplish and don't have my own spending money. With house work you don't have any quitting time, and with the children there's always clothes to be washed, buttons to be sewed on, etc., . . . etc. . . . no rest for weary."

"I look at Mrs. X. She has two children—just like I have, but she dresses up in the morning and heads for the office while I wrap an old worn house dress around me and slave away. She sits by a fan where it's nice and cool while I'm baking my face over the stove. In the afternoon she comes home looking neat and I'm all tuckered out."

I didn't tell her about a conversation I had with Mrs. X when she was saying that she only wished she could be home with her children more and didn't have to stay in that dingy, little, old office. She said she'd like to dress up in the afternoon like a house wife and be fresh and cool when her husband came home but she always had carbon stains on her knuckles and was irritable and cross at night from the strain of office work."

I thought by then I had seen woman's world from all angles—single, married without children and working, mother of children and not working, mother of children and working—no, there was one more.

I went to see the married woman without children who didn't work. Surely she must be the one we all envied. I found her up to her ears in papers. She was president of one club, chairman of the phone committee in another, head of three different drives, and general convenience for her family and friends.

So, there you have it. I guess we're all well off from the other person's point of view and in the worst of conditions from where we sit.

Meat production under Federal inspection for the week ended May 21 totaled 259 million pounds, according to the U. S. Department of Agriculture.

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**ADMINISTRATRIX NOTICE**

North Carolina  
McDowell County  
The undersigned, having qualified as administratrix of the estate of LeRoy Bradley, deceased, late of McDowell County, North Carolina, this is to notify all persons having claims against the said estate to present them to the undersigned on or before the 10th day of June, 1950, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment to the undersigned.

This the 3rd day of June, 1949.  
MRS. KATIE BRADLEY,  
Administratrix of the Estate  
of LeRoy Bradley, deceased.